

Grand Prix - Puchar Polski
Warszawa, 18. - 19.12.2009

Konkurencja 2
2009-12-18 - 10:20

Mężczyzn, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2009

Pozycja			Rok ur.				Czas				Pkt.	
1.	Goszczycki Dawid		89 Kormoran Olsztyn				4:36.74				672	
	50m:	27.63	27.63	150m:	1:34.31	35.38	250m:	2:48.38	39.42	350m:	4:03.67	33.98
	100m:	58.93	31.30	200m:	2:08.96	34.65	300m:	3:29.69	41.31	400m:	4:36.74	33.07
2.	Kępka Maciej		94 UKS "GIM 92 Ursynów" Warszawa				4:41.93				636	
	50m:	29.54	29.54	150m:	1:41.11	36.67	250m:	2:57.15	38.69	350m:	4:09.49	32.88
	100m:	1:04.44	34.90	200m:	2:18.46	37.35	300m:	3:36.61	39.46	400m:	4:41.93	32.44
3.	Cewińtkiewicz Rafał		93 UKS G-8 Bielany				4:43.25				627	
	50m:	28.97	28.97	150m:	1:39.17	36.84	250m:	2:57.93	42.36	350m:	4:12.08	32.62
	100m:	1:02.33	33.36	200m:	2:15.57	36.40	300m:	3:39.46	41.53	400m:	4:43.25	31.17
4.	Gruła Mateusz		93 UKS G-8 Bielany				4:46.57				605	
	50m:	29.68	29.68	150m:	1:41.91	37.60	250m:	2:59.67	40.74	350m:	4:13.36	33.47
	100m:	1:04.31	34.63	200m:	2:18.93	37.02	300m:	3:39.89	40.22	400m:	4:46.57	33.21
5.	Bić Daniel		95 UKS G-8 Bielany				4:54.60				557	
	50m:	30.34	30.34	150m:	1:43.26	38.32	250m:	3:03.07	41.93	350m:	4:20.79	35.09
	100m:	1:04.94	34.60	200m:	2:21.14	37.88	300m:	3:45.70	42.63	400m:	4:54.60	33.81
6.	Kulesza Karol		94 MKS Polonia Warszawa				5:05.66				499	
	50m:	31.12	31.12	150m:	1:45.46	38.33	250m:	3:08.31	44.49	350m:	4:29.56	35.43
	100m:	1:07.13	36.01	200m:	2:23.82	38.36	300m:	3:54.13	45.82	400m:	5:05.66	36.10
7.	Kielin Łukasz		94 Policyjny Klub Sportowy Gwardia Szczecin				5:16.57				449	
	50m:	32.02	32.02	150m:	1:44.77	36.92	250m:	3:12.03	49.90	350m:	4:40.84	36.76
	100m:	1:07.85	35.83	200m:	2:22.13	37.36	300m:	4:04.08	52.05	400m:	5:16.57	35.73
DYSKW. Pełna	Kubkowski Bartłomiej		95 MKS Medyk Giżycko				4:40.13					
	50m:	30.97	30.97	150m:	1:41.31	34.86	250m:	2:57.03	40.54	350m:	4:09.37	30.87
	100m:	1:06.45	35.48	200m:	2:16.49	35.18	300m:	3:38.50	41.47	400m:	4:40.13	30.76