

Grand Prix - Puchar Polski  
D bica, 22. - 23.10.2011

Konkurencja 1  
2011-10-22 - 10:25

Kobiet, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2010

Pozycja	Rok ur.	Czas	Pkt.
1. SZCZEPANIAK Karolina	92 AZS AWF Warszawa	<b>4:41.73</b>	795
50m: 30.15 30.15	150m: 1:40.35 36.42	250m: 2:55.01 39.68	350m: 4:09.46 33.62
100m: 1:03.93 33.78	200m: 2:15.33 34.98	300m: 3:35.84 40.83	400m: 4:41.73 32.27
2. TCHÓRZ Alicja	92 MKS JUVENIA Wrocław	<b>4:44.46</b>	772
50m: 29.91 29.91	150m: 1:40.42 36.35	250m: 2:57.08 41.04	350m: 4:12.29 33.65
100m: 1:04.07 34.16	200m: 2:16.04 35.62	300m: 3:38.64 41.56	400m: 4:44.46 32.17
3. RADLI SKA Marcelina	93 UKS ORKA Zamo	<b>4:52.92</b>	707
50m: 30.92 30.92	150m: 1:44.47 37.55	250m: 3:02.49 40.36	350m: 4:18.92 34.65
100m: 1:06.92 36.00	200m: 2:22.13 37.66	300m: 3:44.27 41.78	400m: 4:52.92 34.00
4. NAZI BŁO Klaudia	93 MKS JUVENIA Wrocław	<b>4:55.28</b>	690
50m: 30.96 30.96	150m: 1:42.96 36.95	250m: 3:02.70 44.97	350m: 4:21.67 34.66
100m: 1:06.01 35.05	200m: 2:17.73 34.77	300m: 3:47.01 44.31	400m: 4:55.28 33.61
5. SIKORA Paulina SO	93 UKP UNIA O wi cim	<b>4:55.43</b>	689
50m: 31.49 31.49	150m: 1:44.27 38.25	250m: 3:04.88 42.89	350m: 4:23.16 34.71
100m: 1:06.02 34.53	200m: 2:21.99 37.72	300m: 3:48.45 43.57	400m: 4:55.43 32.27
6. URBA SKA Karolina	92 KS AZS-AWFIS Gda sk	<b>4:56.40</b>	683
50m: 31.61 31.61	150m: 1:45.73 37.68	250m: 3:06.16 43.01	350m: 4:23.11 33.92
100m: 1:08.05 36.44	200m: 2:23.15 37.42	300m: 3:49.19 43.03	400m: 4:56.40 33.29
7. SZPUCHA Katarzyna	96 TP OLIMPIJCZYK Aleksandrów Łódzki	<b>4:58.77</b>	666
50m: 32.19 32.19	150m: 1:45.06 37.10	250m: 3:03.52 41.85	350m: 4:22.84 36.85
100m: 1:07.96 35.77	200m: 2:21.67 36.61	300m: 3:45.99 42.47	400m: 4:58.77 35.93
8. CZERNIAK Monika	92 AZS UWM Olsztyn	<b>4:59.31</b>	663
50m: 32.00 32.00	150m: 1:47.33 38.33	250m: 3:06.63 41.43	350m: 4:24.89 35.59
100m: 1:09.00 37.00	200m: 2:25.20 37.87	300m: 3:49.30 42.67	400m: 4:59.31 34.42
9. MAGNER Agata SK	97 GOSiR Piaseczno	<b>5:03.93</b>	633
50m: 31.85 31.85	150m: 1:46.77 37.93	250m: 3:08.09 45.05	350m: 4:29.89 36.32
100m: 1:08.84 36.99	200m: 2:23.04 36.27	300m: 3:53.57 45.48	400m: 5:03.93 34.04
10. KORZENIOWSKA Marta SO	93 UKP UNIA O wi cim	<b>5:04.94</b>	627
50m: 31.43 31.43	150m: 1:46.78 40.36	250m: 3:09.57 42.84	350m: 4:29.51 36.64
100m: 1:06.42 34.99	200m: 2:26.73 39.95	300m: 3:52.87 43.30	400m: 5:04.94 35.43
11. SIE CZYK Jowita	97 MKS AK Biała Podlaska	<b>5:05.08</b>	626
50m: 31.48 31.48	150m: 1:49.00 39.75	250m: 3:09.85 41.98	350m: 4:29.67 36.57
100m: 1:09.25 37.77	200m: 2:27.87 38.87	300m: 3:53.10 43.25	400m: 5:05.08 35.41
12. CIESIELSKA Sylwia	95 KS WARTA Pozna	<b>5:07.15</b>	613
50m: 32.49 32.49	150m: 1:48.44 38.97	250m: 3:11.45 45.39	350m: 4:32.88 35.39
100m: 1:09.47 36.98	200m: 2:26.06 37.62	300m: 3:57.49 46.04	400m: 5:07.15 34.27
13. OLBERT Dominika SWR	95 WKS I sk Wrocław	<b>5:07.63</b>	610
50m: 32.23 32.23	150m: 1:48.30 39.20	250m: 3:08.95 41.67	350m: 4:31.00 38.57
100m: 1:09.10 36.87	200m: 2:27.28 38.98	300m: 3:52.43 43.48	400m: 5:07.63 36.63
14. JANKOWSKA Marta	92 AZS AWF Katowice	<b>5:09.60</b>	599
50m: 32.87 32.87	150m: 1:49.30 39.50	250m: 3:11.97 43.51	350m: 4:33.79 37.67
100m: 1:09.80 36.93	200m: 2:28.46 39.16	300m: 3:56.12 44.15	400m: 5:09.60 35.81
15. WO NICZAK Paulina	97 TP OLIMPIJCZYK Aleksandrów Łódzki	<b>5:15.02</b>	568
50m: 32.41 32.41	150m: 1:49.24 39.31	250m: 3:13.55 45.70	350m: 4:38.25 38.40
100m: 1:09.93 37.52	200m: 2:27.85 38.61	300m: 3:59.85 46.30	400m: 5:15.02 36.77
16. BARTOSZEWICZ Ewelina	95 MUKS OLIMPIJCZYK Suwałki	<b>5:27.59</b>	505
50m: 32.38 32.38	150m: 1:51.00 41.56	250m: 3:21.71 48.97	350m: 4:50.05 38.18
100m: 1:09.44 37.06	200m: 2:32.74 41.74	300m: 4:11.87 50.16	400m: 5:27.59 37.54
17. KARCZEWSKA Joanna	95 UKS SKARPA Lublin	<b>5:32.01</b>	486
50m: 34.11 34.11	150m: 1:56.45 41.32	250m: 3:26.13 49.54	350m: 4:54.40 38.70
100m: 1:15.13 41.02	200m: 2:36.59 40.14	300m: 4:15.70 49.57	400m: 5:32.01 37.61

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Konkurencja 1, Kobiet, 400m zmienny, 14 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.	
18.	ZAWOLIK	Wiktoria		97	KS KSZO Ostrowiec	wietokrzyski			<b>5:46.25</b>	428	
	50m:	36.98	36.98	150m:	2:05.20	43.85	250m:	3:37.61	49.97	350m: 5:07.26	39.70
	100m:	1:21.35	44.37	200m:	2:47.64	42.44	300m:	4:27.56	49.95	400m: 5:46.25	38.99