

Grand Prix - Puchar Polski  
D bica, 22. - 23.10.2011

Konkurencja 2  
2011-10-22 - 10:30

M czynn, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.
1.	DUBIEL Adam		93	MTP Lublinianka				<b>4:25.17</b>	716
	50m:	28.17 28.17	150m:	1:33.58 32.81	250m:	2:44.72 39.16	350m:	3:55.69 31.41	
	100m:	1:00.77 32.60	200m:	2:05.56 31.98	300m:	3:24.28 39.56	400m:	4:25.17 29.48	
2.	SUZIN Marcin SK		93	MKS Jordan Kraków				<b>4:25.50</b>	713
	50m:	28.85 28.85	150m:	1:36.91 35.22	250m:	2:47.92 37.34	350m:	3:56.34 31.05	
	100m:	1:01.69 32.84	200m:	2:10.58 33.67	300m:	3:25.29 37.37	400m:	4:25.50 29.16	
3.	KUCZKO Sławomir		85	AZS AWF Warszawa				<b>4:26.99</b>	701
	50m:	29.29 29.29	150m:	1:38.48 36.05	250m:	2:49.35 35.42	350m:	3:56.62 32.04	
	100m:	1:02.43 33.14	200m:	2:13.93 35.45	300m:	3:24.58 35.23	400m:	4:26.99 30.37	
4.	NACHTMAN Mateusz SK		95	WKS I sk Wrocław				<b>4:30.83</b>	672
	50m:	28.21 28.21	150m:	1:38.03 37.16	250m:	2:51.33 37.26	350m:	4:01.45 32.39	
	100m:	1:00.87 32.66	200m:	2:14.07 36.04	300m:	3:29.06 37.73	400m:	4:30.83 29.38	
5.	KUBKOWSKI Bartłomiej SWR		95	WKS I sk Wrocław				<b>4:31.39</b>	668
	50m:	28.05 28.05	150m:	1:35.95 35.16	250m:	2:48.81 39.21	350m:	4:00.97 32.20	
	100m:	1:00.79 32.74	200m:	2:09.60 33.65	300m:	3:28.77 39.96	400m:	4:31.39 30.42	
6.	TWAROWSKI Jerzy SK		95	MKS Jordan Kraków				<b>4:32.96</b>	656
	50m:	28.35 28.35	150m:	1:37.03 35.63	250m:	2:50.96 39.72	350m:	4:02.26 32.21	
	100m:	1:01.40 33.05	200m:	2:11.24 34.21	300m:	3:30.05 39.09	400m:	4:32.96 30.70	
7.	CI KOWSKI Dominik SK		96	MKS Jordan Kraków				<b>4:34.59</b>	645
	50m:	28.70 28.70	150m:	1:37.73 36.05	250m:	2:52.95 40.37	350m:	4:05.32 31.02	
	100m:	1:01.68 32.98	200m:	2:12.58 34.85	300m:	3:34.30 41.35	400m:	4:34.59 29.27	
8.	JANKOWSKI Paweł		95	CSiR MOS D browa Górnicza				<b>4:36.51</b>	631
	50m:	28.95 28.95	150m:	1:37.18 35.06	250m:	2:52.73 40.89	350m:	4:05.85 32.10	
	100m:	1:02.12 33.17	200m:	2:11.84 34.66	300m:	3:33.75 41.02	400m:	4:36.51 30.66	
9.	PEŁCZY SKI Kacper		92	AZS AWF Katowice				<b>4:38.83</b>	616
	50m:	29.14 29.14	150m:	1:40.24 37.47	250m:	2:54.31 37.71	350m:	4:06.15 33.72	
	100m:	1:02.77 33.63	200m:	2:16.60 36.36	300m:	3:32.43 38.12	400m:	4:38.83 32.68	
10.	BAŁABUCH Krystian SO		95	BOSiR Brzesko				<b>4:39.05</b>	614
	50m:	29.45 29.45	150m:	1:38.78 35.39	250m:	2:53.38 39.47	350m:	4:06.97 32.86	
	100m:	1:03.39 33.94	200m:	2:13.91 35.13	300m:	3:34.11 40.73	400m:	4:39.05 32.08	
11.	WIAK Jakub		95	UKS 23 Lublin				<b>4:42.96</b>	589
	50m:	29.08 29.08	150m:	1:39.99 37.40	250m:	2:57.67 42.07	350m:	4:12.70 32.18	
	100m:	1:02.59 33.51	200m:	2:15.60 35.61	300m:	3:40.52 42.85	400m:	4:42.96 30.26	
12.	ZACZY SKI Karol		91	AZS AWF Katowice				<b>4:44.73</b>	578
	50m:	27.75 27.75	150m:	1:34.98 34.79	250m:	2:48.46 40.18	350m:	4:09.39 37.26	
	100m:	1:00.19 32.44	200m:	2:08.28 33.30	300m:	3:32.13 43.67	400m:	4:44.73 35.34	
13.	ŁUCZAK Piotr		92	AZS AGH Kraków				<b>4:45.62</b>	573
	50m:	28.02 28.02	150m:	1:38.64 37.92	250m:	2:59.00 43.81	350m:	4:14.48 32.26	
	100m:	1:00.72 32.70	200m:	2:15.19 36.55	300m:	3:42.22 43.22	400m:	4:45.62 31.14	
14.	GIERACKI Bartosz SWR		95	WKS I sk Wrocław				<b>4:45.64</b>	573
	50m:	29.16 29.16	150m:	1:40.80 37.94	250m:	2:59.23 41.77	350m:	4:14.30 33.59	
	100m:	1:02.86 33.70	200m:	2:17.46 36.66	300m:	3:40.71 41.48	400m:	4:45.64 31.34	
15.	DUDEK Michał		94	MKP BOBRY D bica				<b>4:45.85</b>	571
	50m:	30.86 30.86	150m:	1:44.07 37.63	250m:	2:59.79 38.75	350m:	4:14.03 34.63	
	100m:	1:06.44 35.58	200m:	2:21.04 36.97	300m:	3:39.40 39.61	400m:	4:45.85 31.82	
16.	SKRZYPCZAK Jakub		93	MKS IKAR Mielec				<b>4:47.20</b>	563
	50m:	30.76 30.76	150m:	1:41.44 35.45	250m:	2:58.52 42.53	350m:	4:15.07 35.63	
	100m:	1:05.99 35.23	200m:	2:15.99 34.55	300m:	3:39.44 40.92	400m:	4:47.20 32.13	
17.	WIERCZY SKI Jakub		95	AZS AWF Katowice				<b>4:47.92</b>	559
	50m:	30.43 30.43	150m:	1:42.93 36.83	250m:	2:57.95 39.07	350m:	4:14.01 35.61	
	100m:	1:06.10 35.67	200m:	2:18.88 35.95	300m:	3:38.40 40.45	400m:	4:47.92 33.91	

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Pozycja			Rok ur.						Czas	Pkt.
18.	SZCZECHURA Patryk		95	KS KSZO Ostrowiec	wietokrzyski				<b>4:50.41</b>	545
	50m: 30.64 30.64	150m: 1:42.65	36.74	250m: 3:00.99	42.52	350m: 4:17.94	34.13			
	100m: 1:05.91 35.27	200m: 2:18.47	35.82	300m: 3:43.81	42.82	400m: 4:50.41	32.47			
19.	KSI EK Sebastian		96	KS KSZO Ostrowiec	wietokrzyski				<b>4:52.65</b>	532
	50m: 29.56 29.56	150m: 1:42.23	38.02	250m: 3:02.73	43.27	350m: 4:21.19	33.75			
	100m: 1:04.21 34.65	200m: 2:19.46	37.23	300m: 3:47.44	44.71	400m: 4:52.65	31.46			
20.	PLACHTA Emil		96	KORMORAN Olsztyn					<b>4:53.12</b>	530
	50m: 30.49 30.49	150m: 1:45.34	39.96	250m: 3:05.90	42.13	350m: 4:21.91	32.77			
	100m: 1:05.38 34.89	200m: 2:23.77	38.43	300m: 3:49.14	43.24	400m: 4:53.12	31.21			
21.	K PKA Maciej		94	UKS GIM 92 Ursynów					<b>4:53.58</b>	527
	50m: 29.72 29.72	150m: 1:42.55	37.82	250m: 3:01.65	41.44	350m: 4:19.38	35.35			
	100m: 1:04.73 35.01	200m: 2:20.21	37.66	300m: 3:44.03	42.38	400m: 4:53.58	34.20			
22.	PERYDZE SKI Damian		96	TP OLIMPIJCZYK Aleksandrów Łódzki					<b>4:57.76</b>	505
	50m: 30.80 30.80	150m: 1:45.27	38.37	250m: 3:05.71	44.29	350m: 4:24.23	34.37			
	100m: 1:06.90 36.10	200m: 2:21.42	36.15	300m: 3:49.86	44.15	400m: 4:57.76	33.53			
23.	KOZAKIEWICZ Jan		96	UKS GIM 92 Ursynów					<b>5:03.49</b>	477
	50m: 33.71 33.71	150m: 1:54.35	40.71	250m: 3:13.58	39.61	350m: 4:30.78	37.37			
	100m: 1:13.64 39.93	200m: 2:33.97	39.62	300m: 3:53.41	39.83	400m: 5:03.49	32.71			
24.	KUSKOWSKI Adam		96	ORKA Ciechanów					<b>5:06.53</b>	463
	50m: 29.84 29.84	150m: 1:45.95	40.42	250m: 3:09.30	44.59	350m: 4:31.22	36.30			
	100m: 1:05.53 35.69	200m: 2:24.71	38.76	300m: 3:54.92	45.62	400m: 5:06.53	35.31			