

Grand Prix - Puchar Polski
D bica, 22. - 23.10.2011

Konkurencja 33
2011-10-23 - 10:40

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.
1.	SZCZEPANIAK Karolina		92	AZS AWF Warszawa				4:12.26	807
	50m:	30.27 30.27	150m:	1:34.75	32.72	250m:	2:39.29 32.07	350m:	3:42.02 31.04
	100m:	1:02.03 31.76	200m:	2:07.22	32.47	300m:	3:10.98 31.69	400m:	4:12.26 30.24
2.	BERNAT Aleksandra		90	KS WARTA Pozna				4:13.27	798
	50m:	29.51 29.51	150m:	1:33.34	32.12	250m:	2:38.07 32.23	350m:	3:42.81 32.41
	100m:	1:01.22 31.71	200m:	2:05.84	32.50	300m:	3:10.40 32.33	400m:	4:13.27 30.46
3.	KILIJA SKA Donata SS		95	KS KSZO Ostrowiec wietokrzyski				4:18.35	751
	50m:	29.90 29.90	150m:	1:34.59	32.67	250m:	2:39.92 32.41	350m:	3:45.85 33.29
	100m:	1:01.92 32.02	200m:	2:07.51	32.92	300m:	3:12.56 32.64	400m:	4:18.35 32.50
4.	TCHÓRZ Alicja		92	MKS JUVENIA Wrocław				4:20.39	734
	50m:	29.24 29.24	150m:	1:35.07	33.29	250m:	2:41.12 33.01	350m:	3:48.09 33.70
	100m:	1:01.78 32.54	200m:	2:08.11	33.04	300m:	3:14.39 33.27	400m:	4:20.39 32.30
5.	WIKIEŁ Manuela		92	AZS UWM Olsztyn				4:20.47	733
	50m:	31.39 31.39	150m:	1:36.33	32.61	250m:	2:41.59 32.60	350m:	3:47.53 33.03
	100m:	1:03.72 32.33	200m:	2:08.99	32.66	300m:	3:14.50 32.91	400m:	4:20.47 32.94
6.	SZCZYTKO Alicja		95	MUKS OLIMPIJCZYK Suwałki				4:22.73	714
	50m:	30.09 30.09	150m:	1:35.60	33.15	250m:	2:42.21 33.42	350m:	3:49.52 33.82
	100m:	1:02.45 32.36	200m:	2:08.79	33.19	300m:	3:15.70 33.49	400m:	4:22.73 33.21
7.	PO AROWSZCZYK Beata		91	MKS JUVENIA Wrocław				4:24.89	697
	50m:	30.55 30.55	150m:	1:35.49	32.50	250m:	2:41.81 33.35	350m:	3:50.49 34.69
	100m:	1:02.99 32.44	200m:	2:08.46	32.97	300m:	3:15.80 33.99	400m:	4:24.89 34.40
8.	RUDAWSKA Adrianna		96	UKS 23 Lublin				4:28.16	672
	50m:	31.61 31.61	150m:	1:39.84	34.36	250m:	2:48.10 34.14	350m:	3:56.46 34.00
	100m:	1:05.48 33.87	200m:	2:13.96	34.12	300m:	3:22.46 34.36	400m:	4:28.16 31.70
9.	WASILEWSKA Barbara		94	LKS OMEGA Kleszczów				4:29.08	665
	50m:	31.53 31.53	150m:	1:38.38	33.56	250m:	2:47.25 34.49	350m:	3:56.11 34.46
	100m:	1:04.82 33.29	200m:	2:12.76	34.38	300m:	3:21.65 34.40	400m:	4:29.08 32.97
10.	STASZKIEWICZ Katarzyna		90	WKS I sk Wrocław				4:29.11	665
	50m:	30.65 30.65	150m:	1:37.93	33.85	250m:	2:46.38 34.31	350m:	3:55.35 34.48
	100m:	1:04.08 33.43	200m:	2:12.07	34.14	300m:	3:20.87 34.49	400m:	4:29.11 33.76
11.	WOŁOSZYN Sonia		95	KS KSZO Ostrowiec wietokrzyski				4:29.59	661
	50m:	31.70 31.70	150m:	1:39.72	34.17	250m:	2:48.55 34.47	350m:	3:57.17 34.21
	100m:	1:05.55 33.85	200m:	2:14.08	34.36	300m:	3:22.96 34.41	400m:	4:29.59 32.42
12.	BAJORSKA Dorota SO		94	UKP UNIA O wi cim				4:30.89	652
	50m:	30.98 30.98	150m:	1:38.35	34.18	250m:	2:47.65 34.90	350m:	3:57.19 34.75
	100m:	1:04.17 33.19	200m:	2:12.75	34.40	300m:	3:22.44 34.79	400m:	4:30.89 33.70
13.	PAWLACZEK Natalia SK		93	MKS ZRYW Opole				4:33.19	635
	50m:	31.37 31.37	150m:	1:39.66	34.44	250m:	2:49.40 34.80	350m:	3:59.21 34.77
	100m:	1:05.22 33.85	200m:	2:14.60	34.94	300m:	3:24.44 35.04	400m:	4:33.19 33.98
14.	KOWALI SKA Oriana		93	KORMORAN Olsztyn				4:33.28	635
	50m:	32.94 32.94	150m:	1:43.18	35.10	250m:	2:52.28 34.37	350m:	4:01.20 34.34
	100m:	1:08.08 35.14	200m:	2:17.91	34.73	300m:	3:26.86 34.58	400m:	4:33.28 32.08
15.	S DŁAK Katarzyna		94	UKS ORKA Zamo				4:36.90	610
	50m:	31.88 31.88	150m:	1:41.70	35.05	250m:	2:51.87 35.14	350m:	4:02.91 35.36
	100m:	1:06.65 34.77	200m:	2:16.73	35.03	300m:	3:27.55 35.68	400m:	4:36.90 33.99
16.	CHODYNA Monika		92	AZS UWM Olsztyn				4:37.17	608
	50m:	32.62 32.62	150m:	1:42.68	35.36	250m:	2:53.09 34.99	350m:	4:02.92 35.19
	100m:	1:07.32 34.70	200m:	2:18.10	35.42	300m:	3:27.73 34.64	400m:	4:37.17 34.25
17.	SIRIGNANO Luigia SK		96	MKS Jordan Kraków				4:37.28	608
	50m:	31.48 31.48	150m:	1:41.25	34.96	250m:	2:51.80 35.19	350m:	4:02.92 35.40
	100m:	1:06.29 34.81	200m:	2:16.61	35.36	300m:	3:27.52 35.72	400m:	4:37.28 34.36

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Konkurencja 33, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
18.	BORDZOŁ Katarzyna		94	UKS SKARPA Lublin				4:44.38	563
	50m:	32.29 32.29	150m:	1:43.34 35.91	250m:	2:55.74 36.11	350m:	4:08.79 36.45	
	100m:	1:07.43 35.14	200m:	2:19.63 36.29	300m:	3:32.34 36.60	400m:	4:44.38 35.59	
19.	LORANTY Patrycja		97	KS KSZO Ostrowiec wietokrzyski				4:44.40	563
	50m:	32.09 32.09	150m:	1:43.37 36.23	250m:	2:56.53 36.60	350m:	4:09.50 36.52	
	100m:	1:07.14 35.05	200m:	2:19.93 36.56	300m:	3:32.98 36.45	400m:	4:44.40 34.90	
20.	ROGACZ Katarzyna SR		96	MKS-SMS Victoria Racibórz				4:44.65	562
	50m:	32.17 32.17	150m:	1:43.28 35.95	250m:	2:55.80 35.95	350m:	4:08.80 36.18	
	100m:	1:07.33 35.16	200m:	2:19.85 36.57	300m:	3:32.62 36.82	400m:	4:44.65 35.85	
21.	ZAWOLIK Wiktoria		97	KS KSZO Ostrowiec wietokrzyski				4:51.77	521
	50m:	32.93 32.93	150m:	1:46.78 37.32	250m:	3:01.11 37.01	350m:	4:16.01 37.32	
	100m:	1:09.46 36.53	200m:	2:24.10 37.32	300m:	3:38.69 37.58	400m:	4:51.77 35.76	
22.	KARCZEWSKA Joanna		95	UKS SKARPA Lublin				4:52.18	519
	50m:	33.01 33.01	150m:	1:46.88 37.40	250m:	3:01.62 37.22	350m:	4:16.32 37.12	
	100m:	1:09.48 36.47	200m:	2:24.40 37.52	300m:	3:39.20 37.58	400m:	4:52.18 35.86	
23.	SZYMA SKA Monika		96	LKS OMEGA Kleszczów				5:04.73	458
	50m:	34.26 34.26	150m:	1:49.12 37.78	250m:	3:07.18 39.53	350m:	4:26.02 39.66	
	100m:	1:11.34 37.08	200m:	2:27.65 38.53	300m:	3:46.36 39.18	400m:	5:04.73 38.71	
24.	SZNAJDER Kamila		97	MOSiR WODNIK Krosno				5:29.59	362
	50m:	35.99 35.99	150m:	1:57.61 41.48	250m:	3:21.32 42.11	350m:	4:46.70 42.59	
	100m:	1:16.13 40.14	200m:	2:39.21 41.60	300m:	4:04.11 42.79	400m:	5:29.59 42.89	