

Mistrzostwa Polski Juniorów 16-lat w pływaniu
D bica, 16- - 18-3-2012

Konkurencja 11
2012-03-16 - 17:44

Dziewcz t, 400m zmienny

16 lat
Wyniki Finał

Punkty: FINA 2011

Pozycja	Rok ur.	Czas	Pkt.
Finał A			
1. SZPUCHA Katarzyna	96	4:47.67	747
50m: 30.92 30.92	150m: 1:40.56 35.27	250m: 2:56.28 40.07	350m: 4:12.69 35.55
100m: 1:05.29 34.37	200m: 2:16.21 35.65	300m: 3:37.14 40.86	400m: 4:47.67 34.98
2. NIENAŁTOWSKA Natalia	96	4:52.96	707
50m: 31.36 31.36	150m: 1:42.56 36.59	250m: 3:01.43 42.39	350m: 4:18.99 34.51
100m: 1:05.97 34.61	200m: 2:19.04 36.48	300m: 3:44.48 43.05	400m: 4:52.96 33.97
3. BAKIES Gabriela	96	4:54.41	697
50m: 31.62 31.62	150m: 1:44.08 36.87	250m: 3:03.46 43.09	350m: 4:21.33 34.01
100m: 1:07.21 35.59	200m: 2:20.37 36.29	300m: 3:47.32 43.86	400m: 4:54.41 33.08
4. ROGACZ Katarzyna SR	96	4:59.11	664
50m: 32.64 32.64	150m: 1:47.34 36.84	250m: 3:06.06 42.41	350m: 4:25.20 35.63
100m: 1:10.50 37.86	200m: 2:23.65 36.31	300m: 3:49.57 43.51	400m: 4:59.11 33.91
5. ZBROJEWSKA Michalina	96	5:00.73	654
50m: 32.44 32.44	150m: 1:49.10 39.38	250m: 3:08.30 41.13	350m: 4:25.75 35.98
100m: 1:09.72 37.28	200m: 2:27.17 38.07	300m: 3:49.77 41.47	400m: 5:00.73 34.98
6. ZYGO Karolina	96	5:01.87	646
50m: 32.20 32.20	150m: 1:45.30 37.10	250m: 3:06.21 43.85	350m: 4:26.86 36.20
100m: 1:08.20 36.00	200m: 2:22.36 37.06	300m: 3:50.66 44.45	400m: 5:01.87 35.01
7. POPIEL Joanna	96	5:05.02	626
50m: 33.12 33.12	150m: 1:48.61 37.76	250m: 3:11.62 45.34	350m: 4:32.09 34.70
100m: 1:10.85 37.73	200m: 2:26.28 37.67	300m: 3:57.39 45.77	400m: 5:05.02 32.93
8. MACIUCH Karolina	96	5:13.15	579
50m: 34.64 34.64	150m: 1:53.90 38.69	250m: 3:16.82 45.46	350m: 4:38.52 37.19
100m: 1:15.21 40.57	200m: 2:31.36 37.46	300m: 4:01.33 44.51	400m: 5:13.15 34.63
Finał B			
9. HALAGIERA Joanna	96	5:08.32	606
50m: 33.38 33.38	150m: 1:51.95 41.19	250m: 3:16.11 44.19	350m: 4:35.67 34.81
100m: 1:10.76 37.38	200m: 2:31.92 39.97	300m: 4:00.86 44.75	400m: 5:08.32 32.65
10. MAJOS Paulina	96	5:09.71	598
50m: 33.20 33.20	150m: 1:50.53 39.15	250m: 3:14.06 45.35	350m: 4:35.13 34.80
100m: 1:11.38 38.18	200m: 2:28.71 38.18	300m: 4:00.33 46.27	400m: 5:09.71 34.58
11. WYDRYSZEK Kinga	96	5:13.76	575
50m: 33.54 33.54	150m: 1:53.01 40.49	250m: 3:16.89 44.54	350m: 4:38.80 36.24
100m: 1:12.52 38.98	200m: 2:32.35 39.34	300m: 4:02.56 45.67	400m: 5:13.76 34.96
12. CIUPA Aleksandra	96	5:19.29	546
50m: 33.68 33.68	150m: 1:53.82 41.33	250m: 3:19.60 45.51	350m: 4:42.63 36.93
100m: 1:12.49 38.81	200m: 2:34.09 40.27	300m: 4:05.70 46.10	400m: 5:19.29 36.66
13. BEDNAREK Paulina	96	5:20.90	538
50m: 35.32 35.32	150m: 1:55.28 39.18	250m: 3:20.71 46.67	350m: 4:44.57 37.30
100m: 1:16.10 40.78	200m: 2:34.04 38.76	300m: 4:07.27 46.56	400m: 5:20.90 36.33
14. KWIATKOWSKA Kaja	96	5:35.39	471
50m: 34.93 34.93	150m: 1:59.76 44.02	250m: 3:29.84 48.70	350m: 4:58.65 38.73
100m: 1:15.74 40.81	200m: 2:41.14 41.38	300m: 4:19.92 50.08	400m: 5:35.39 36.74