

Mistrzostwa Polski Juniorów 15-lat w pływaniu
D bica, 1- - 3-3-2013

Konkurencja 19
2013-03-02 - 9:40

Dziewcz t, 400m dowolny

15 lat
Wyniki Eliminacje

Top Times "Poland" 4:11.12 KILIJA SKA Donata 00612 Lodz 2010-11-21

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.	
1.	NASKR T Agata		98	MKS ASTORIA Bydgoszcz				4:32.82	638	A
	50m: 31.07	31.07	150m: 1:40.55	35.49	250m: 2:51.15	35.54	350m: 4:01.22	35.32		
	100m: 1:05.06	33.99	200m: 2:15.61	35.06	300m: 3:25.90	34.75	400m: 4:32.82	31.60		
2.	NOGAJ Paulina		98	MKS WODNIK Radom				4:33.85	631	A
	50m: 31.34	31.34	150m: 1:40.82	35.28	250m: 2:51.30	35.35	350m: 4:00.88	34.73		
	100m: 1:05.54	34.20	200m: 2:15.95	35.13	300m: 3:26.15	34.85	400m: 4:33.85	32.97		
3.	KOTOWICZ Anna		98	UKS MOS Ełk				4:36.12	615	A
	50m: 31.17	31.17	150m: 1:39.87	34.98	250m: 2:50.41	35.12	350m: 4:01.52	35.47		
	100m: 1:04.89	33.72	200m: 2:15.29	35.42	300m: 3:26.05	35.64	400m: 4:36.12	34.60		
4.	POKRYWKA Karolina		98	UKS 190 Łódź				4:36.90	610	A
	50m: 31.47	31.47	150m: 1:40.32	34.73	250m: 2:51.02	35.26	350m: 4:02.25	35.53		
	100m: 1:05.59	34.12	200m: 2:15.76	35.44	300m: 3:26.72	35.70	400m: 4:36.90	34.65		
5.	WOJCIECHOWSKA Joanna		98	LUKS ORLIK Lublin				4:38.43	600	A
	50m: 31.54	31.54	150m: 1:40.74	35.18	250m: 2:51.51	35.48	350m: 4:04.25	36.65		
	100m: 1:05.56	34.02	200m: 2:16.03	35.29	300m: 3:27.60	36.09	400m: 4:38.43	34.18		
6.	ROGOWSKA Paulina		98	SALOS CORTILE Kielce				4:38.66	599	A
	50m: 32.20	32.20	150m: 1:42.42	35.34	250m: 2:52.68	35.40	350m: 4:03.86	35.59		
	100m: 1:07.08	34.88	200m: 2:17.28	34.86	300m: 3:28.27	35.59	400m: 4:38.66	34.80		
7.	GRUSZCZY SKA Aleksandra SO		98	UKP UNIA Oswiecim				4:38.69	598	A
	50m: 31.09	31.09	150m: 1:41.04	35.32	250m: 2:52.07	35.88	350m: 4:04.07	36.13		
	100m: 1:05.72	34.63	200m: 2:16.19	35.15	300m: 3:27.94	35.87	400m: 4:38.69	34.62		
8.	JANKOWSKA Klaudia		98	UKS GIM 92 Ursynów				4:38.98	597	A
	50m: 31.52	31.52	150m: 1:40.74	35.02	250m: 2:52.40	35.90	350m: 4:04.34	36.05		
	100m: 1:05.72	34.20	200m: 2:16.50	35.76	300m: 3:28.29	35.89	400m: 4:38.98	34.64		
9.	GIEDZICZ Katarzyna		98	MKS MOS JUVENIA Białystok				4:39.84	591	B
	50m: 31.10	31.10	150m: 1:40.95	35.30	250m: 2:53.06	36.02	350m: 4:04.83	35.59		
	100m: 1:05.65	34.55	200m: 2:17.04	36.09	300m: 3:29.24	36.18	400m: 4:39.84	35.01		
10.	WIECZOREK Magdalena		98	UKP FALA Krańnik				4:41.26	582	B
	50m: 31.64	31.64	150m: 1:42.09	35.82	250m: 2:54.09	35.88	350m: 4:06.69	36.38		
	100m: 1:06.27	34.63	200m: 2:18.21	36.12	300m: 3:30.31	36.22	400m: 4:41.26	34.57		
11.	PANKOWSKA Wiktoria SO		98	UKP UNIA Oswiecim				4:41.55	580	B
	50m: 32.70	32.70	150m: 1:44.37	36.15	250m: 2:55.72	35.45	350m: 4:07.02	35.65		
	100m: 1:08.22	35.52	200m: 2:20.27	35.90	300m: 3:31.37	35.65	400m: 4:41.55	34.53		
12.	LESZCZY SKA Zofia		98	KP MZOS Płock				4:41.64	580	B
	50m: 31.58	31.58	150m: 1:41.26	35.33	250m: 2:53.66	36.43	350m: 4:06.49	36.48		
	100m: 1:05.93	34.35	200m: 2:17.23	35.97	300m: 3:30.01	36.35	400m: 4:41.64	35.15		
13.	WARDZI SKA Martyna		98	MKS TRÓJKA Łódź				4:42.09	577	B
	50m: 31.40	31.40	150m: 1:41.85	35.94	250m: 2:54.38	36.08	350m: 4:07.66	36.79		
	100m: 1:05.91	34.51	200m: 2:18.30	36.45	300m: 3:30.87	36.49	400m: 4:42.09	34.43		
14.	LEWANDOWSKA Aleksandra		98	MKP Szczecin				4:42.35	575	B
	50m: 31.21	31.21	150m: 1:41.16	35.44	250m: 2:52.33	35.90	350m: 4:05.83	37.08		
	100m: 1:05.72	34.51	200m: 2:16.43	35.27	300m: 3:28.75	36.42	400m: 4:42.35	36.52		
15.	WO NIAK Weronika		98	UKS 9 Kalisz				4:43.05	571	B
	50m: 31.62	31.62	150m: 1:42.53	36.12	250m: 2:55.50	36.48	350m: 4:08.00	36.11		
	100m: 1:06.41	34.79	200m: 2:19.02	36.49	300m: 3:31.89	36.39	400m: 4:43.05	35.05		
16.	KONDRASIUK Małgorzata		98	UKS GIM 92 Ursynów				4:45.80	555	B
	50m: 31.38	31.38	150m: 1:40.62	35.05	250m: 2:53.05	36.47	350m: 4:08.79	38.22		
	100m: 1:05.57	34.19	200m: 2:16.58	35.96	300m: 3:30.57	37.52	400m: 4:45.80	37.01		
17.	JAROCHA Wiktoria		98	KS KSZO Ostrowiec wi tokrzysk				4:45.86	555	R
	50m: 32.03	32.03	150m: 1:42.07	35.14	250m: 2:54.76	36.35	350m: 4:08.94	37.32		
	100m: 1:06.93	34.90	200m: 2:18.41	36.34	300m: 3:31.62	36.86	400m: 4:45.86	36.92		

Mistrzostwa Polski Juniorów 15-lat w pływaniu
D bica, 1- - 3-3-2013

Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 15 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	OLEBA Małgorzata		98	MKP Szczecin			4:46.67	550 R	
	50m: 33.64	33.64	150m: 1:46.59	37.00	250m: 2:59.11	35.21	350m: 4:11.29	36.21	
	100m: 1:09.59	35.95	200m: 2:23.90	37.31	300m: 3:35.08	35.97	400m: 4:46.67	35.38	
19.	WLEZIE Gabriela		98	AZS AWF Wrocław			4:47.36	546	
	50m: 31.71	31.71	150m: 1:43.36	36.46	250m: 2:57.20	37.08	350m: 4:11.53	36.90	
	100m: 1:06.90	35.19	200m: 2:20.12	36.76	300m: 3:34.63	37.43	400m: 4:47.36	35.83	
20.	W CŁAWIAK Irena		98	UKS Wilanowa			4:48.34	540	
	50m: 31.50	31.50	150m: 1:43.09	36.44	250m: 2:56.67	36.98	350m: 4:11.98	37.72	
	100m: 1:06.65	35.15	200m: 2:19.69	36.60	300m: 3:34.26	37.59	400m: 4:48.34	36.36	
21.	HASPERT Dorota SO		98	UKP UNIA Oswiecim			4:48.60	539	
	50m: 31.75	31.75	150m: 1:43.59	36.66	250m: 2:58.11	37.36	350m: 4:12.40	37.21	
	100m: 1:06.93	35.18	200m: 2:20.75	37.16	300m: 3:35.19	37.08	400m: 4:48.60	36.20	
22.	NOWAK Weronika		98	UKS SMS Galicja Kraków			4:49.56	534	
	50m: 33.74	33.74	150m: 1:46.39	36.69	250m: 2:59.42	37.09	350m: 4:14.36	37.31	
	100m: 1:09.70	35.96	200m: 2:22.33	35.94	300m: 3:37.05	37.63	400m: 4:49.56	35.20	
23.	MYCAK Katarzyna		98	MKS ZRYW Opole			4:49.60	533	
	50m: 32.65	32.65	150m: 1:44.99	36.90	250m: 2:58.86	36.92	350m: 4:13.24	37.30	
	100m: 1:08.09	35.44	200m: 2:21.94	36.95	300m: 3:35.94	37.08	400m: 4:49.60	36.36	
24.	PRZYBYSLAWSKA Aleksandra		98	MKS WODNIK Radom			4:49.67	533	
	50m: 32.77	32.77	150m: 1:46.60	37.20	250m: 2:59.45	35.95	350m: 4:14.12	38.28	
	100m: 1:09.40	36.63	200m: 2:23.50	36.90	300m: 3:35.84	36.39	400m: 4:49.67	35.55	
25.	GAWLICKA Maja		98	KORNER Zielona Góra			4:49.84	532	
	50m: 32.57	32.57	150m: 1:45.52	36.59	250m: 2:59.11	36.51	350m: 4:12.71	37.14	
	100m: 1:08.93	36.36	200m: 2:22.60	37.08	300m: 3:35.57	36.46	400m: 4:49.84	37.13	
26.	RADZIWO Alicja		98	MKS JUVENIA Wrocław			4:50.07	531	
	50m: 30.83	30.83	150m: 1:41.03	35.84	250m: 2:54.91	37.13	350m: 4:13.22	39.73	
	100m: 1:05.19	34.36	200m: 2:17.78	36.75	300m: 3:33.49	38.58	400m: 4:50.07	36.85	
27.	DYKIJ Dominika		98	L SK Wrocław			4:50.38	529	
	50m: 32.36	32.36	150m: 1:44.42	36.58	250m: 2:58.77	37.10	350m: 4:13.98	37.73	
	100m: 1:07.84	35.48	200m: 2:21.67	37.25	300m: 3:36.25	37.48	400m: 4:50.38	36.40	
28.	ZIELENIEWICZ Paula		98	MKS JEDYNKA Łódź			4:50.48	528	
	50m: 31.55	31.55	150m: 1:43.60	36.75	250m: 2:58.88	37.72	350m: 4:14.18	37.68	
	100m: 1:06.85	35.30	200m: 2:21.16	37.56	300m: 3:36.50	37.62	400m: 4:50.48	36.30	
29.	STAWARZ Sandra		98	L SK Wrocław			4:50.53	528	
	50m: 33.08	33.08	150m: 1:44.36	35.73	250m: 2:57.58	36.71	350m: 4:13.32	38.15	
	100m: 1:08.63	35.55	200m: 2:20.87	36.51	300m: 3:35.17	37.59	400m: 4:50.53	37.21	
30.	KRZY AN Maria		98	KS WARTA Poznań			4:50.93	526	
	50m: 32.24	32.24	150m: 1:43.97	36.61	250m: 2:59.01	37.93	350m: 4:15.20	38.09	
	100m: 1:07.36	35.12	200m: 2:21.08	37.11	300m: 3:37.11	38.10	400m: 4:50.93	35.73	
31.	ZARYCHTA Anita		98	SKP BARAKUDA Starachowice			4:50.97	526	
	50m: 1:10.13	1:10.13	150m: 2:24.78	37.49	250m:		350m:		
	100m: 1:47.29	37.16	200m: 3:02.52	37.74	300m: 3:40.11		400m: 4:50.97		
32.	KASPROWICZ Agata		98	MKS ASTORIA Bydgoszcz			4:51.50	523	
	50m: 32.12	32.12	150m: 1:44.07	36.64	250m: 2:58.75	37.63	350m: 4:14.93	38.33	
	100m: 1:07.43	35.31	200m: 2:21.12	37.05	300m: 3:36.60	37.85	400m: 4:51.50	36.57	
33.	POPŁONYK Aleksandra		98	UKS 9 Kalisz			4:52.95	515	
	50m: 32.55	32.55	150m: 1:46.22	37.50	250m: 3:01.83	37.86	350m: 4:18.18	38.38	
	100m: 1:08.72	36.17	200m: 2:23.97	37.75	300m: 3:39.80	37.97	400m: 4:52.95	34.77	
34.	SROCZY SKA Paula SO		98	MKP BOBRY D bica			4:53.07	515	
	50m: 32.97	32.97	150m: 1:47.10	37.47	250m: 3:02.87	37.96	350m: 4:18.95	37.92	
	100m: 1:09.63	36.66	200m: 2:24.91	37.81	300m: 3:41.03	38.16	400m: 4:53.07	34.12	
35.	PIWKO Dominika		98	UKS ABIANKA Gdańsk			4:53.56	512	
	50m: 33.08	33.08	150m: 1:44.90	36.72	250m: 2:59.64	37.68	350m: 4:15.83	38.24	
	100m: 1:08.18	35.10	200m: 2:21.96	37.06	300m: 3:37.59	37.95	400m: 4:53.56	37.73	

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Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 15 lat

Pozycja			Rok ur.			Czas	Pkt.	
36.	MACHULA Sara		98	KS KSZO Ostrowiec	wi tokrzysk	4:53.83	511	
	50m: 32.84	32.84	150m: 1:46.00	36.95	250m: 3:01.45	37.91	350m: 4:17.20	38.09
	100m: 1:09.05	36.21	200m: 2:23.54	37.54	300m: 3:39.11	37.66	400m: 4:53.83	36.63
37.	ZAJ C Oliwia		98	MKS JUVENIA Wrocław		4:54.26	508	
	50m: 33.34	33.34	150m: 1:48.32	37.74	250m: 3:03.99	37.85	350m: 4:18.80	37.04
	100m: 1:10.58	37.24	200m: 2:26.14	37.82	300m: 3:41.76	37.77	400m: 4:54.26	35.46
38.	SMOLUCHOWSKA Magdalena		98	UKS DWÓJKA MORENA Gda sk		4:56.58	496	
	50m: 32.25	32.25	150m: 1:47.29	38.09	250m: 3:04.03	38.56	350m: 4:20.72	38.03
	100m: 1:09.20	36.95	200m: 2:25.47	38.18	300m: 3:42.69	38.66	400m: 4:56.58	35.86
39.	JERUZAL Jowita		98	MKS TRÓJKA Łód		4:56.86	495	
	50m: 33.10	33.10	150m: 1:46.38	37.30	250m: 3:02.68	38.48	350m: 4:19.82	39.18
	100m: 1:09.08	35.98	200m: 2:24.20	37.82	300m: 3:40.64	37.96	400m: 4:56.86	37.04
40.	MAROSZEK Dominika		98	MUKS GILUS Gilowice		4:57.05	494	
	50m: 33.03	33.03	150m: 1:47.36	37.88	250m: 3:03.98	38.11	350m: 4:20.91	38.37
	100m: 1:09.48	36.45	200m: 2:25.87	38.51	300m: 3:42.54	38.56	400m: 4:57.05	36.14
41.	BEDNAREK Aleksandra		98	MKS JEDYNKA Łód		4:57.54	492	
	50m: 34.57	34.57	150m: 1:49.21	37.64	250m: 3:04.77	37.64	350m: 4:21.03	37.99
	100m: 1:11.57	37.00	200m: 2:27.13	37.92	300m: 3:43.04	38.27	400m: 4:57.54	36.51
42.	HASNY Marta SR		98	MKS ZRYW Opole		4:57.69	491	
	50m: 32.98	32.98	150m: 1:47.65	37.57	250m: 3:03.12	37.67	350m: 4:19.92	38.00
	100m: 1:10.08	37.10	200m: 2:25.45	37.80	300m: 3:41.92	38.80	400m: 4:57.69	37.77
43.	MICHAŁOWSKA Olga		98	SKARPA Lublin		5:00.15	479	
	50m: 34.20	34.20	150m: 1:49.95	38.39	250m: 3:06.58	38.40	350m: 4:23.31	38.20
	100m: 1:11.56	37.36	200m: 2:28.18	38.23	300m: 3:45.11	38.53	400m: 5:00.15	36.84
44.	RABCZY SKA Marta		98	KP AVIA widnik		5:00.43	478	
	50m: 34.27	34.27	150m: 1:48.81	37.41	250m: 3:05.03	38.07	350m: 4:22.57	38.62
	100m: 1:11.40	37.13	200m: 2:26.96	38.15	300m: 3:43.95	38.92	400m: 5:00.43	37.86
45.	ZAJ C Aleksandra		98	UKS GIM 92 Ursynów		5:00.46	477	
	50m: 34.15	34.15	150m:		250m: 3:08.18		350m: 4:25.08	38.10
	100m: 1:11.92	37.77	200m:		300m: 3:46.98	38.80	400m: 5:00.46	35.38
46.	ZYGA Natalia		98	UKS NAWA Skierniewice		5:01.50	473	
	50m: 33.60	33.60	150m: 1:50.14	39.02	250m: 3:06.20	38.10	350m: 4:23.89	38.46
	100m: 1:11.12	37.52	200m: 2:28.10	37.96	300m: 3:45.43	39.23	400m: 5:01.50	37.61
47.	GOMOŁA Monika		98	KS WARTA Pozna		5:02.02	470	
	50m: 33.34	33.34	150m: 1:48.10	38.09	250m: 3:05.82	38.97	350m: 4:24.15	39.29
	100m: 1:10.01	36.67	200m: 2:26.85	38.75	300m: 3:44.86	39.04	400m: 5:02.02	37.87
48.	RYZINSKA Daria		98	MKS ROS Pisz		5:04.07	461	
	50m: 33.64	33.64	150m: 1:48.31	37.95	250m: 3:07.21	39.70	350m: 4:26.43	39.55
	100m: 1:10.36	36.72	200m: 2:27.51	39.20	300m: 3:46.88	39.67	400m: 5:04.07	37.64
49.	JAKÓBIK Sara		98	RWKS SPARTA Biłgoraj		5:04.45	459	
	50m: 33.86	33.86	150m: 1:51.22	39.23	250m: 3:09.04	39.07	350m: 4:27.72	39.43
	100m: 1:11.99	38.13	200m: 2:29.97	38.75	300m: 3:48.29	39.25	400m: 5:04.45	36.73
50.	POZNAKOWSKA Magdalena SR		98	MKS-SMS Victoria Racibórz		5:05.35	455	
	50m: 34.61	34.61	150m: 1:51.34	38.81	250m: 3:09.05	38.77	350m: 4:27.80	39.93
	100m: 1:12.53	37.92	200m: 2:30.28	38.94	300m: 3:47.87	38.82	400m: 5:05.35	37.55
51.	DZIUBLI SKA Maja SR		98	TKKF Szczygłowice		5:06.15	451	
	50m: 32.66	32.66	150m: 1:47.60	38.31	250m: 3:06.83	39.85	350m: 4:26.93	39.74
	100m: 1:09.29	36.63	200m: 2:26.98	39.38	300m: 3:47.19	40.36	400m: 5:06.15	39.22
52.	ZIÓLKOWSKA Daria		98	MTKP DELFIN Toru		5:20.24	394	
	50m: 35.94	35.94	150m: 1:56.11	40.52	250m: 3:18.00	40.77	350m: 4:40.15	41.17
	100m: 1:15.59	39.65	200m: 2:37.23	41.12	300m: 3:58.98	40.98	400m: 5:20.24	40.09
53.	WO NIAK Karina		98	MKP Szczecin		5:27.28	369	
	50m: 38.49	38.49	150m: 2:02.46	42.62	250m: 3:25.74	41.09	350m: 4:47.39	41.09
	100m: 1:19.84	41.35	200m: 2:44.65	42.19	300m: 4:06.30	40.56	400m: 5:27.28	39.89

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Pozycja				Rok ur.					Czas	Pkt.		
54.	GRABEK Anna			98	MUKS OLIMPIJCZYK Suwałki				5:31.81	354		
	50m:	33.86	33.86	150m:	1:53.96	41.25	250m:	3:19.97	43.12	350m:	4:47.69	44.27
	100m:	1:12.71	38.85	200m:	2:36.85	42.89	300m:	4:03.42	43.45	400m:	5:31.81	44.12