

Mistrzostwa Polski Juniorów 16-lat w pływaniu  
D bica, 10- - 12-7-2015

Konkurencja 11  
2015-07-10 - 10:57

Dziewcz t, 400m zmienny

16 lat  
Wyniki Eliminacje

|                    |         |                      |       |               |            |
|--------------------|---------|----------------------|-------|---------------|------------|
| Rekord Polski Open | 4:36.95 | BARANOWSKA Katarzyna | 00116 | Beijing (CHN) | 2008-08-09 |
| Rekord Polski 16   | 4:50.40 | SZCZEPANIAK Karolina | 00114 | Prague (CZE)  | 2008-06-21 |
| Rekord Polski 16   | 4:50.40 | ZUKOWSKA Paula       | 00107 | Ostrowiec Sw. | 2009-05-22 |

Punkty: FINA 2014

| Pozycja |                              |             | Rok ur. |                             |         |       |         | Czas           | Pkt.  |         |         |       |
|---------|------------------------------|-------------|---------|-----------------------------|---------|-------|---------|----------------|-------|---------|---------|-------|
| 1.      | PIECHOTA Paulina             |             | 99      | UKS 190 Łód                 |         |       |         | <b>5:05.78</b> | 676 A |         |         |       |
|         | 50m:                         | 32.25 32.25 | 150m:   | 1:48.76                     | 39.74   | 250m: | 3:11.29 | 44.19          | 350m: | 4:30.70 | 35.07   |       |
|         | 100m:                        | 1:09.02     | 36.77   | 200m:                       | 2:27.10 | 38.34 | 300m:   | 3:55.63        | 44.34 | 400m:   | 5:05.78 | 35.08 |
| 2.      | ADAMCZYK Julia               |             | 99      | MTP LUBLINIANKA Lublin      |         |       |         | <b>5:06.13</b> | 674 A |         |         |       |
|         | 50m:                         | 32.37 32.37 | 150m:   | 1:49.29                     | 40.02   | 250m: | 3:12.00 | 44.00          | 350m: | 4:31.33 | 35.96   |       |
|         | 100m:                        | 1:09.27     | 36.90   | 200m:                       | 2:28.00 | 38.71 | 300m:   | 3:55.37        | 43.37 | 400m:   | 5:06.13 | 34.80 |
| 3.      | FILIPEK Jagoda               |             | 99      | WKS L SK Wrocław            |         |       |         | <b>5:08.20</b> | 660 A |         |         |       |
|         | 50m:                         | 31.34 31.34 | 150m:   | 1:49.15                     | 41.06   | 250m: | 3:12.90 | 43.96          | 350m: | 4:33.58 | 36.10   |       |
|         | 100m:                        | 1:08.09     | 36.75   | 200m:                       | 2:28.94 | 39.79 | 300m:   | 3:57.48        | 44.58 | 400m:   | 5:08.20 | 34.62 |
| 4.      | JANISZEWSKA Dominika SWwa    |             | 99      | MKS POLONIA Warszawa        |         |       |         | <b>5:12.59</b> | 633 A |         |         |       |
|         | 50m:                         | 31.76 31.76 | 150m:   | 1:51.48                     | 43.28   | 250m: | 3:16.58 | 43.79          | 350m: | 4:37.51 | 36.10   |       |
|         | 100m:                        | 1:08.20     | 36.44   | 200m:                       | 2:32.79 | 41.31 | 300m:   | 4:01.41        | 44.83 | 400m:   | 5:12.59 | 35.08 |
| 5.      | SAMUŁA Wiktoria              |             | 99      | MTP LUBLINIANKA Lublin      |         |       |         | <b>5:13.06</b> | 630 A |         |         |       |
|         | 50m:                         | 32.47 32.47 | 150m:   | 1:51.55                     | 42.38   | 250m: | 3:15.37 | 42.94          | 350m: | 4:36.67 | 37.73   |       |
|         | 100m:                        | 1:09.17     | 36.70   | 200m:                       | 2:32.43 | 40.88 | 300m:   | 3:58.94        | 43.57 | 400m:   | 5:13.06 | 36.39 |
| 6.      | NIESZPOREK Wiktoria          |             | 99      | UKS 190 Łód                 |         |       |         | <b>5:14.41</b> | 622 A |         |         |       |
|         | 50m:                         | 33.25 33.25 | 150m:   | 1:54.42                     | 42.78   | 250m: | 3:17.25 | 42.03          | 350m: | 4:38.26 | 37.67   |       |
|         | 100m:                        | 1:11.64     | 38.39   | 200m:                       | 2:35.22 | 40.80 | 300m:   | 4:00.59        | 43.34 | 400m:   | 5:14.41 | 36.15 |
| 7.      | TRAFAS Kornelia              |             | 99      | KS WARTA Pozna              |         |       |         | <b>5:15.59</b> | 615 A |         |         |       |
|         | 50m:                         | 33.20 33.20 | 150m:   | 1:52.22                     | 41.12   | 250m: | 3:17.57 | 45.11          | 350m: | 4:40.71 | 36.89   |       |
|         | 100m:                        | 1:11.10     | 37.90   | 200m:                       | 2:32.46 | 40.24 | 300m:   | 4:03.82        | 46.25 | 400m:   | 5:15.59 | 34.88 |
| 8.      | LESZCZY SKA Klaudia Julia SO |             | 99      | UKP UNIA O wi cim           |         |       |         | <b>5:16.19</b> | 611 A |         |         |       |
|         | 50m:                         | 33.56 33.56 | 150m:   | 1:54.38                     | 41.41   | 250m: | 3:18.92 | 43.53          | 350m: | 4:40.63 | 36.92   |       |
|         | 100m:                        | 1:12.97     | 39.41   | 200m:                       | 2:35.39 | 41.01 | 300m:   | 4:03.71        | 44.79 | 400m:   | 5:16.19 | 35.56 |
| 9.      | NOWAK Marta SO               |             | 99      | MMKS K dzierzyn Ko le       |         |       |         | <b>5:20.02</b> | 590 B |         |         |       |
|         | 50m:                         | 34.44 34.44 | 150m:   | 1:56.09                     | 41.70   | 250m: | 3:19.64 | 42.33          | 350m: |         |         |       |
|         | 100m:                        | 1:14.39     | 39.95   | 200m:                       | 2:37.31 | 41.22 | 300m:   | 4:03.31        | 43.67 | 400m:   | 5:20.02 |       |
| 10.     | KRÓL Oliwia                  |             | 99      | MKS TRÓJKA Łód              |         |       |         | <b>5:20.26</b> | 588 B |         |         |       |
|         | 50m:                         | 32.92 32.92 | 150m:   | 1:54.30                     | 43.45   | 250m: | 3:22.51 | 45.75          | 350m: | 4:44.51 | 35.62   |       |
|         | 100m:                        | 1:10.85     | 37.93   | 200m:                       | 2:36.76 | 42.46 | 300m:   | 4:08.89        | 46.38 | 400m:   | 5:20.26 | 35.75 |
| 11.     | SMOŁA Monika                 |             | 99      | MTKP DELFIN Toru            |         |       |         | <b>5:28.62</b> | 545 B |         |         |       |
|         | 50m:                         | 33.97 33.97 | 150m:   | 1:57.07                     | 42.95   | 250m: | 3:27.00 | 46.94          | 350m: | 4:52.64 | 37.34   |       |
|         | 100m:                        | 1:14.12     | 40.15   | 200m:                       | 2:40.06 | 42.99 | 300m:   | 4:15.30        | 48.30 | 400m:   | 5:28.62 | 35.98 |
| 12.     | PROCHOWNIK Olimpia SO        |             | 99      | UKP UNIA O wi cim           |         |       |         | <b>5:30.58</b> | 535 B |         |         |       |
|         | 50m:                         | 34.31 34.31 | 150m:   | 2:00.58                     | 48.03   | 250m: | 3:28.86 | 44.37          | 350m: | 4:52.67 | 39.10   |       |
|         | 100m:                        | 1:12.55     | 38.24   | 200m:                       | 2:44.49 | 43.91 | 300m:   | 4:13.57        | 44.71 | 400m:   | 5:30.58 | 37.91 |
| 13.     | BIELI SKA Karolina           |             | 99      | MKP SŁOWIANKA Gorzów Wlkp.  |         |       |         | <b>5:31.99</b> | 528 B |         |         |       |
|         | 50m:                         | 33.46 33.46 | 150m:   | 1:58.36                     | 45.76   | 250m: | 3:28.81 | 46.23          | 350m: | 4:54.64 | 38.71   |       |
|         | 100m:                        | 1:12.60     | 39.14   | 200m:                       | 2:42.58 | 44.22 | 300m:   | 4:15.93        | 47.12 | 400m:   | 5:31.99 | 37.35 |
| 14.     | CHAMERA Weronika SO          |             | 99      | SP MOTYL MOSiR Stalowa Wola |         |       |         | <b>5:36.54</b> | 507 B |         |         |       |
|         | 50m:                         | 34.32 34.32 | 150m:   | 2:01.54                     | 45.62   | 250m: | 3:31.39 | 44.88          | 350m: | 4:58.54 | 40.78   |       |
|         | 100m:                        | 1:15.92     | 41.60   | 200m:                       | 2:46.51 | 44.97 | 300m:   | 4:17.76        | 46.37 | 400m:   | 5:36.54 | 38.00 |
| 15.     | ZDUNEK Klaudia               |             | 99      | UKS POLONEZ Wyszków         |         |       |         | <b>5:37.49</b> | 503 B |         |         |       |
|         | 50m:                         | 34.17 34.17 | 150m:   | 1:59.73                     | 45.01   | 250m: | 3:30.11 | 46.02          | 350m: | 4:58.00 | 40.71   |       |
|         | 100m:                        | 1:14.72     | 40.55   | 200m:                       | 2:44.09 | 44.36 | 300m:   | 4:17.29        | 47.18 | 400m:   | 5:37.49 | 39.49 |



Mistrzostwa Polski Juniorów 16-lat w pływaniu  
Debica, 10-12-7-2015

Konkurencja 11, Dziewcz t, 400m zmienny, Eliminacje, 16 lat

| Pozycja |   |                 |       | Rok ur.       |                         |               |       |               | Czas           | Pkt.  |
|---------|---|-----------------|-------|---------------|-------------------------|---------------|-------|---------------|----------------|-------|
| 16.     | R | CZKA Marika     |       | 99            | UKS PIRANIA Targówek    |               |       |               | <b>5:40.73</b> | 488 B |
|         |   | 50m: 35.31      | 35.31 | 150m: 2:03.06 | 47.24                   | 250m: 3:37.68 | 48.81 | 350m: 5:03.37 | 37.40          |       |
|         |   | 100m: 1:15.82   | 40.51 | 200m: 2:48.87 | 45.81                   | 300m: 4:25.97 | 48.29 | 400m: 5:40.73 | 37.36          |       |
| 17.     |   | PETTERS Klaudia |       | 99            | UKS OXPRESS Bolesławiec |               |       |               | <b>5:45.94</b> | 467 R |
|         |   | 50m: 36.28      | 36.28 | 150m: 2:03.83 | 43.89                   | 250m: 3:37.45 | 51.07 | 350m: 5:07.26 | 39.15          |       |
|         |   | 100m: 1:19.94   | 43.66 | 200m: 2:46.38 | 42.55                   | 300m: 4:28.11 | 50.66 | 400m: 5:45.94 | 38.68          |       |

