



Zimowe Mistrzostwa MKP Bobry Dębica
Dębica, 29- - 30-1-2016

Konkurencja 20
2016-01-30 - 12:40

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2014

Pozycja	Rok ur.	Czas	Pkt.
11 lat i młodsi			
1. KUSION Judyta	06 BOSiR Brzesko	5:50.31	300
50m: 42.70 42.70	150m: 2:11.63 44.95	250m: 3:38.47 42.16	350m: 5:08.03 45.14
100m: 1:26.68 43.98	200m: 2:56.31 44.68	300m: 4:22.89 44.42	400m: 5:50.31 42.28
2. DADEJ Julia	05 BOSiR Brzesko	6:21.59	232
50m: 43.22 43.22	150m: 2:19.95 48.45	250m: 3:57.90 49.12	350m: 5:36.58 48.66
100m: 1:31.50 48.28	200m: 3:08.78 48.83	300m: 4:47.92 50.02	400m: 6:21.59 45.01
12 - 13 lat			
1. FUKS Aleksandra	03 MUKS GILUS Gilowice	5:00.60	474
50m: 32.96 32.96	150m: 1:49.08 39.06	250m: 3:07.20 39.31	350m: 4:24.54 38.55
100m: 1:10.02 37.06	200m: 2:27.89 38.81	300m: 3:45.99 38.79	400m: 5:00.60 36.06
2. GANCARZ Julia	03 MKS IKAR Mielec	5:01.91	468
50m: 33.39 33.39	150m: 1:49.48 38.22	250m: 3:06.70 38.81	350m: 4:24.79 38.98
100m: 1:11.26 37.87	200m: 2:27.89 38.41	300m: 3:45.81 39.11	400m: 5:01.91 37.12
3. OLIWA Laura	03 DOKiS SP VEGA Dobrodzie	5:30.00	358
50m: 36.93 36.93	150m: 2:00.37 42.27	250m: 3:24.13 41.87	350m: 4:49.82 42.70
100m: 1:18.10 41.17	200m: 2:42.26 41.89	300m: 4:07.12 42.99	400m: 5:30.00 40.18
4. MADEJ Maja	03 BOSiR Brzesko	5:32.81	349
50m: 36.87 36.87	150m: 1:59.89 42.29	250m: 3:25.31 42.57	350m: 4:51.56 43.43
100m: 1:17.60 40.73	200m: 2:42.74 42.85	300m: 4:08.13 42.82	400m: 5:32.81 41.25
5. ADAMCZYK Aleksandra	03 MUKS UNIA Busko Zdrój	5:56.76	284
50m: 40.43 40.43	150m: 2:09.86 45.53	250m: 3:40.88 45.83	350m: 5:12.59 45.37
100m: 1:24.33 43.90	200m: 2:55.05 45.19	300m: 4:27.22 46.34	400m: 5:56.76 44.17
14 - 15 lat			
1. MIETANA Karolina	01 UKS SMS GALICJA Kraków	4:44.63	559
50m: 31.92 31.92	150m: 1:44.29 36.07	250m: 2:57.17 36.21	350m: 4:09.83 36.30
100m: 1:08.22 36.30	200m: 2:20.96 36.67	300m: 3:33.53 36.36	400m: 4:44.63 34.80
2. NITA Daria	01 KS KORONA Kraków	4:48.04	539
50m: 32.92 32.92	150m: 1:46.09 36.93	250m: 2:59.04 36.55	350m: 4:12.16 36.61
100m: 1:09.16 36.24	200m: 2:22.49 36.40	300m: 3:35.55 36.51	400m: 4:48.04 35.88
3. DZIAŁKOWSKA Natalia	01 MUKS GILUS Gilowice	4:48.69	536
50m: 32.52 32.52	150m: 1:46.54 37.47	250m: 3:01.25 37.24	350m: 4:14.49 36.09
100m: 1:09.07 36.55	200m: 2:24.01 37.47	300m: 3:38.40 37.15	400m: 4:48.69 34.20
4. PECIAK Katarzyna	02 Solne Miasto Wieliczka	4:50.29	527
50m: 33.74 33.74	150m: 1:48.49 37.77	250m: 3:00.00 37.15	350m: 4:16.66 36.29
100m: 1:10.72 36.98	200m: 2:25.93 37.44	300m: 3:40.37 37.28	400m: 4:50.29 33.63
5. CERLICH Oliwia	02 MKS IKAR Mielec	4:50.83	524
50m: 33.00 33.00	150m: 1:46.28 36.63	250m: 3:00.68 37.15	350m: 4:14.73 36.77
100m: 1:09.65 36.65	200m: 2:23.53 37.25	300m: 3:37.96 37.28	400m: 4:50.83 36.10
6. KRÓL Wiktoria	02 UKS SMS GALICJA Kraków	4:51.87	518
50m: 34.06 34.06	150m: 1:48.58 37.80	250m: 3:03.44 37.51	350m: 4:16.78 36.23
100m: 1:10.78 36.72	200m: 2:25.93 37.35	300m: 3:40.55 37.11	400m: 4:51.87 35.09





Zimowe Mistrzostwa MKP Bobry Dębica
Dębica, 29- - 30-1-2016

Konkurencja 20, Dziewcząt, 400m dowolny, 14 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.		
7.	KUSION Weronika		02	BOSiR Brzesko				4:53.28	511		
	50m:	33.56 33.56	150m:	1:47.59	37.20	250m:	3:02.78	37.88	350m:	4:17.74	37.48
	100m:	1:10.39 36.83	200m:	2:24.90	37.31	300m:	3:40.26	37.48	400m:	4:53.28	35.54
8.	ZIŁBA Gabriela SO		01	UKP UNIA O w/cim				4:53.36	510		
	50m:	34.03 34.03	150m:	1:49.87	37.76	250m:	3:04.16	37.03	350m:	4:17.54	36.67
	100m:	1:12.11 38.08	200m:	2:27.13	37.26	300m:	3:40.87	36.71	400m:	4:53.36	35.82
9.	SPIK Vanessa		02	DOKiS SP VEGA Dobrodzie				4:54.84	503		
	50m:	33.17 33.17	150m:	1:48.47	38.16	250m:	3:04.07	37.54	350m:	4:19.02	37.33
	100m:	1:10.31 37.14	200m:	2:26.53	38.06	300m:	3:41.69	37.62	400m:	4:54.84	35.82
10.	SROCZY SKA Julia		02	SP MOTYL MOSiR Stalowa Wola				4:56.26	496		
	50m:	32.41 32.41	150m:	1:46.37	37.38	250m:	3:03.27	38.52	350m:	4:20.07	38.46
	100m:	1:08.99 36.58	200m:	2:24.75	38.38	300m:	3:41.61	38.34	400m:	4:56.26	36.19
11.	KULISIEWICZ Adrianna		02	UKS SMS GALICJA Kraków				4:56.41	495		
	50m:	33.98 33.98	150m:	1:48.60	37.67	250m:	3:04.37	37.87	350m:	4:19.65	37.75
	100m:	1:10.93 36.95	200m:	2:26.50	37.90	300m:	3:41.90	37.53	400m:	4:56.41	36.76
12.	BATOR Aleksandra SO		01	UKP UNIA O w/cim				5:01.23	471		
	50m:	35.34 35.34	150m:	1:52.25	38.43	250m:	3:09.13	38.46	350m:	4:25.24	37.83
	100m:	1:13.82 38.48	200m:	2:30.67	38.42	300m:	3:47.41	38.28	400m:	5:01.23	35.99
13.	DEDO Katarzyna		02	Akademia Sportu Progres Kraków				5:01.76	469		
	50m:	34.31 34.31	150m:	2:28.32	1:17.04	250m:	3:45.66	38.65	350m:		
	100m:	1:11.28 36.97	200m:	3:07.01	38.69	300m:			400m:	5:01.76	
14.	SKARWECKA Wiktoria SO		02	UKP UNIA O w/cim				5:02.33	466		
	50m:	34.19 34.19	150m:	1:49.97	38.31	250m:	3:07.55	38.78	350m:	4:25.15	38.88
	100m:	1:11.66 37.47	200m:	2:28.77	38.80	300m:	3:46.27	38.72	400m:	5:02.33	37.18
15.	RAŁNA Aleksandra		02	Akademia Sportu Progres Kraków				5:04.30	457		
	50m:	35.36 35.36	150m:	1:51.72	38.39	250m:	3:08.88	38.50	350m:	4:26.50	38.62
	100m:	1:13.33 37.97	200m:	2:30.38	38.66	300m:	3:47.88	39.00	400m:	5:04.30	37.80
16.	GRYCHTOŁ Weronika		01	UKS WODNIK 29 Katowice				5:05.50	452		
	50m:	33.88 33.88	150m:	1:49.36	38.15	250m:	3:07.41	39.11	350m:	4:26.33	39.45
	100m:	1:11.21 37.33	200m:	2:28.30	38.94	300m:	3:46.88	39.47	400m:	5:05.50	39.17
17.	KUMOREK Kamila SO		02	UKP UNIA O w/cim				5:06.28	448		
	50m:	34.23 34.23	150m:	1:51.97	39.14	250m:	3:10.48	39.44	350m:		
	100m:	1:12.83 38.60	200m:	2:31.04	39.07	300m:	3:49.69	39.21	400m:	5:06.28	
18.	KAPCI SKA Maja SO		02	UKP UNIA O w/cim				5:06.44	448		
	50m:	35.05 35.05	150m:	1:53.63	39.69	250m:	3:12.89	39.51	350m:	4:30.52	38.03
	100m:	1:13.94 38.89	200m:	2:33.38	39.75	300m:	3:52.49	39.60	400m:	5:06.44	35.92
19.	PRZEWO NIAK Patrycja SO		01	UKP UNIA O w/cim				5:06.65	447		
	50m:	35.65 35.65	150m:	1:52.62	38.85	250m:	3:09.99	38.62	350m:	4:27.81	39.21
	100m:	1:13.77 38.12	200m:	2:31.37	38.75	300m:	3:48.60	38.61	400m:	5:06.65	38.84
20.	MAZUREK Gabriela		01	KS KORONA Kraków				5:07.79	442		
	50m:	35.70 35.70	150m:	1:54.04	39.35	250m:	3:12.42	39.12	350m:	4:30.62	39.04
	100m:	1:14.69 38.99	200m:	2:33.30	39.26	300m:	3:51.58	39.16	400m:	5:07.79	37.17
21.	CZICHY Małgorzata		02	MKS Park Wodny Tarnowskie Góry				5:08.42	439		
	50m:	32.90 32.90	150m:	1:49.86	39.94	250m:	3:10.47	40.52	350m:	4:30.42	40.00
	100m:	1:09.92 37.02	200m:	2:29.95	40.09	300m:	3:50.42	39.95	400m:	5:08.42	38.00
22.	PROCHOWNIK Martyna SO		02	UKP UNIA O w/cim				5:11.82	425		
	50m:	35.56 35.56	150m:	1:53.71	39.52	250m:	3:13.51	39.87	350m:	4:33.33	39.58
	100m:	1:14.19 38.63	200m:	2:33.64	39.93	300m:	3:53.75	40.24	400m:	5:11.82	38.49





Zimowe Mistrzostwa MKP Bobry Dębica
Dębica, 29- - 30-1-2016

Konkurencja 20, Dziewcz. t., 400m dowolny, 14 - 15 lat

Pozycja	Rok ur.	Czas	Pkt.
23. ROLNICKA Oliwia	01 UKS SMS GALICJA Kraków	5:12.48	422
50m: 34.62 34.62	150m: 1:53.18 39.90	250m: 3:13.53 39.95	350m: 4:34.04 39.97
100m: 1:13.28 38.66	200m: 2:33.58 40.40	300m: 3:54.07 40.54	400m: 5:12.48 38.44
24. W SIK Anna	01 KS KORONA Kraków	5:16.61	406
50m: 36.24 36.24	150m: 1:56.82 40.68	250m: 3:18.05 40.47	350m: 4:38.52 39.71
100m: 1:16.14 39.90	200m: 2:37.58 40.76	300m: 3:58.81 40.76	400m: 5:16.61 38.09
25. OCHAŁ Maja	01 UKS SMS GALICJA Kraków	5:19.52	395
50m: 36.69 36.69	150m: 1:58.06 41.30	250m: 3:19.49 40.81	350m: 4:39.98 40.17
100m: 1:16.76 40.07	200m: 2:38.68 40.62	300m: 3:59.81 40.32	400m: 5:19.52 39.54
26. WIDURSKA Kinga	02 UKS SMS GALICJA Kraków	5:33.96	346
50m: 36.73 36.73	150m: 2:01.10 43.15	250m: 3:26.08 42.58	350m: 4:51.74 42.86
100m: 1:17.95 41.22	200m: 2:43.50 42.40	300m: 4:08.88 42.80	400m: 5:33.96 42.22

16 lat i starsi

1. KUNKA Kamila	96 KU AZS-AGH Kraków	4:21.78	719
50m: 30.08 30.08	150m: 1:36.00 33.10	250m: 2:42.84 33.44	350m: 3:49.05 33.02
100m: 1:02.90 32.82	200m: 2:09.40 33.40	300m: 3:16.03 33.19	400m: 4:21.78 32.73
2. WOJCIECHOWSKA Joanna	98 LUKS Orlik Lublin	4:27.06	677
50m: 31.00 31.00	150m: 1:36.97 33.14	250m: 2:45.06 34.24	350m: 3:53.86 34.39
100m: 1:03.83 32.83	200m: 2:10.82 33.85	300m: 3:19.47 34.41	400m: 4:27.06 33.20
3. KOŁODZIEJ Katarzyna SO	00 UKP UNIA O wi cim	4:34.72	622
50m: 32.41 32.41	150m: 1:42.79 35.32	250m: 3:27.38 1:09.43	350m: 4:02.26
100m: 1:07.47 35.06	200m: 2:17.95 35.16	300m:	400m: 4:34.72 32.46
4. ADAMIEC Dominika SO	99 UKP UNIA O wi cim	4:34.79	621
50m: 31.85 31.85	150m: 1:42.69 35.51	250m: 2:52.41 34.86	350m: 4:02.05 34.66
100m: 1:07.18 35.33	200m: 2:17.55 34.86	300m: 3:27.39 34.98	400m: 4:34.79 32.74
5. ZAWISZA Alina SO	00 UKP UNIA O wi cim	4:37.48	603
50m: 32.33 32.33	150m: 1:42.90 35.37	250m: 2:53.63 35.29	350m: 4:03.66 35.07
100m: 1:07.53 35.20	200m: 2:18.34 35.44	300m: 3:28.59 34.96	400m: 4:37.48 33.82
6. RZEP CZY SKA Patrycja SO	99 UKP UNIA O wi cim	4:38.87	594
50m: 32.62 32.62	150m: 1:43.21 35.26	250m: 2:54.44 35.62	350m: 4:05.22 35.49
100m: 1:07.95 35.33	200m: 2:18.82 35.61	300m: 3:29.73 35.29	400m: 4:38.87 33.65
7. PALKA Maria SO	99 UKP UNIA O wi cim	4:41.65	577
50m: 32.58 32.58	150m:	250m: 2:55.49 35.34	350m: 4:07.42 36.17
100m: 1:43.88 1:11.30	200m: 2:20.15	300m: 3:31.25 35.76	400m: 4:41.65 34.23
8. SIKORA Aleksandra	97 UKS JASIE Sucha Beskidzka	4:47.36	543
50m: 32.63 32.63	150m: 1:43.66 35.95	250m: 2:57.12 36.86	350m: 4:11.11 37.19
100m: 1:07.71 35.08	200m: 2:20.26 36.60	300m: 3:33.92 36.80	400m: 4:47.36 36.25
9. SZUSTER Aleksandra SO	00 UKP UNIA O wi cim	4:49.59	531
50m: 32.80 32.80	150m: 1:44.09 35.65	250m: 2:57.28 36.80	350m: 4:12.39 37.51
100m: 1:08.44 35.64	200m: 2:20.48 36.39	300m: 3:34.88 37.60	400m: 4:49.59 37.20
10. PYRLIK Paulina SO	99 UKP UNIA O wi cim	4:51.76	519
50m: 34.76 34.76	150m: 1:49.45 36.85	250m: 3:02.29 36.30	350m: 4:16.56 37.19
100m: 1:12.60 37.84	200m: 2:25.99 36.54	300m: 3:39.37 37.08	400m: 4:51.76 35.20
11. NIZIOŁEK Kinga	00 MKS IKAR Mielec	4:51.82	519
50m: 32.78 32.78	150m: 1:46.02 36.91	250m: 3:01.52 37.71	350m: 4:16.24 37.24
100m: 1:09.11 36.33	200m: 2:23.81 37.79	300m: 3:39.00 37.48	400m: 4:51.82 35.58





Zimowe Mistrzostwa MKP Bobry Dębica
Dębica, 29- - 30-1-2016

Konkurencja 20, Kobiety, 400m dowolny, 16 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.			
12.	MICHALSKA Katarzyna			98	AZS AWF Katowice			5:09.30	435			
	50m:	34.59	34.59	150m:	1:53.26	39.86	250m:	3:12.91	40.01	350m:	4:31.18	39.24
	100m:	1:13.40	38.81	200m:	2:32.90	39.64	300m:	3:51.94	39.03	400m:	5:09.30	38.12

