



Zimowe Mistrzostwa MKP Bobry Dębica  
Dębica, 29- - 30-1-2016

Konkurencja 21  
2016-01-30 - 13:20

Mężczyźni, 400m dowolny

Open  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.		
<b>11 lat i młodsi</b>											
1.	GIBUŁA Patryk		05	BOSiR Brzesko				<b>5:44.35</b>	234		
	50m:	37.65 37.65	150m:	2:04.65	43.65	250m:	3:33.08	43.49	350m:	5:03.00	45.11
	100m:	1:21.00 43.35	200m:	2:49.59	44.94	300m:	4:17.89	44.81	400m:	5:44.35	41.35
<b>12 - 13 lat</b>											
1.	KARPI SKI Jakub		03	MKS Park Wodny Tarnowskie Góry				<b>4:44.62</b>	414		
	50m:	32.25 32.25	150m:	1:44.06	36.14	250m:	2:56.65	36.27	350m:	4:09.62	36.28
	100m:	1:07.92 35.67	200m:	2:20.38	36.32	300m:	3:33.34	36.69	400m:	4:44.62	35.00
2.	TOMASZOWSKI Michał		03	MKS Park Wodny Tarnowskie Góry				<b>4:50.08</b>	391		
	50m:	32.83 32.83	150m:	1:47.50	37.57	250m:	3:02.17	37.34	350m:	4:15.37	35.63
	100m:	1:09.93 37.10	200m:	2:24.83	37.33	300m:	3:39.74	37.57	400m:	4:50.08	34.71
3.	SWOJNÓG Igor		03	MKS Park Wodny Tarnowskie Góry				<b>4:59.80</b>	354		
	50m:	33.43 33.43	150m:	1:48.18	38.06	250m:	3:05.85	39.11	350m:	4:23.21	38.51
	100m:	1:10.12 36.69	200m:	2:26.74	38.56	300m:	3:44.70	38.85	400m:	4:59.80	36.59
4.	MASIUK Ksawery		04	BOSiR Brzesko				<b>5:06.38</b>	332		
	50m:	34.74 34.74	150m:	1:54.42	40.38	250m:	3:11.98	39.13	350m:	4:29.88	37.97
	100m:	1:14.04 39.30	200m:	2:32.85	38.43	300m:	3:51.91	39.93	400m:	5:06.38	36.50
5.	ZIMA Igor		04	MKP BOBRY Dębica				<b>6:25.32</b>	167		
	50m:	41.92 41.92	150m:	2:21.24	50.15	250m:	4:00.12	49.25	350m:	5:34.55	44.90
	100m:	1:31.09 49.17	200m:	3:10.87	49.63	300m:	4:49.65	49.53	400m:	6:25.32	50.77
6.	SŁU ALSKI Maciej		03	MUKS UNIA Busko Zdrój				<b>6:33.28</b>	157		
	50m:	42.80 42.80	150m:	2:23.61	51.48	250m:	4:06.47	51.59	350m:		
	100m:	1:32.13 49.33	200m:	3:14.88	51.27	300m:	4:56.29	49.82	400m:	6:33.28	
<b>14 - 15 lat</b>											
1.	KOWALCZYK Michał		01	MUKS GILUS Gilowice				<b>4:22.59</b>	528		
	50m:	29.65 29.65	150m:	1:35.41	33.08	250m:	2:42.12	33.33	350m:	3:49.64	33.87
	100m:	1:02.33 32.68	200m:	2:08.79	33.38	300m:	3:15.77	33.65	400m:	4:22.59	32.95
2.	GORAJ Marcin		01	UKS SMS GALICJA Kraków				<b>4:26.61</b>	504		
	50m:	29.60 29.60	150m:	1:37.39	33.98	250m:	2:45.42	34.11	350m:	3:53.17	33.81
	100m:	1:03.41 33.81	200m:	2:11.31	33.92	300m:	3:19.36	33.94	400m:	4:26.61	33.44
3.	KOZIEŁ Mikołaj SO		02	UKP UNIA O wi cim				<b>4:28.47</b>	494		
	50m:	31.91 31.91	150m:	1:38.75	33.56	250m:	2:47.15	34.42	350m:	3:55.72	34.21
	100m:	1:05.19 33.28	200m:	2:12.73	33.98	300m:	3:21.51	34.36	400m:	4:28.47	32.75
4.	MICHALSKI Wojciech		01	MUKS GILUS Gilowice				<b>4:31.04</b>	480		
	50m:	31.22 31.22	150m:	1:40.34	34.83	250m:	2:49.82	34.41	350m:	3:58.85	34.50
	100m:	1:05.51 34.29	200m:	2:15.41	35.07	300m:	3:24.35	34.53	400m:	4:31.04	32.19
5.	WÓJCIK Paweł		01	UKS SMS GALICJA Kraków				<b>4:31.09</b>	479		
	50m:	30.21 30.21	150m:			250m:	2:47.93	34.55	350m:		
	100m:		200m:	2:13.38		300m:	3:57.37	1:09.44	400m:	4:31.09	
6.	MAJOR Daniel SO		01	UKP UNIA O wi cim				<b>4:33.16</b>	469		
	50m:	30.06 30.06	150m:	1:38.74	34.87	250m:	2:49.42	35.70	350m:	4:00.15	35.10
	100m:	1:03.87 33.81	200m:	2:13.72	34.98	300m:	3:25.05	35.63	400m:	4:33.16	33.01



Konkurencja 21, Chłopców, 400m dowolny, 14 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.			
7.	TWARDOWSKI Piotr		01	UKS SMS GALICJA Kraków				<b>4:33.92</b>	465			
	50m:	30.88	30.88	150m:	1:39.72	34.47	250m:	2:50.05	35.18	350m:	4:00.43	35.00
	100m:	1:05.25	34.37	200m:	2:14.87	35.15	300m:	3:25.43	35.38	400m:	4:33.92	33.49
8.	PAJ K Jakub		02	UKS SMS GALICJA Kraków				<b>4:34.84</b>	460			
	50m:	31.81	31.81	150m:	1:42.49	35.54	250m:	2:54.24	35.98	350m:	4:03.43	34.16
	100m:	1:06.95	35.14	200m:	2:18.26	35.77	300m:	3:29.27	35.03	400m:	4:34.84	31.41
9.	PASZKO Mikołaj		01	UKS SMS GALICJA Kraków				<b>4:36.92</b>	450			
	50m:	31.90	31.90	150m:	1:42.02	35.62	250m:	2:52.75	35.22	350m:	4:03.51	35.21
	100m:	1:06.40	34.50	200m:	2:17.53	35.51	300m:	3:28.30	35.55	400m:	4:36.92	33.41
10.	OCHMAN Michał		01	MKS Park Wodny Tarnowskie Góry				<b>4:37.55</b>	447			
	50m:	33.01	33.01	150m:	2:19.17	1:11.40	250m:	3:28.78	34.45	350m:		
	100m:	1:07.77	34.76	200m:	2:54.33	35.16	300m:	4:01.87	33.09	400m:	4:37.55	
11.	WI NIEWSKI Paweł		01	UKS WODNIK 29 Katowice				<b>4:39.25</b>	439			
	50m:	31.57	31.57	150m:	1:41.09	35.31	250m:	2:50.82	35.10	350m:	4:00.50	34.19
	100m:	1:05.78	34.21	200m:	2:15.72	34.63	300m:	3:26.31	35.49	400m:	4:39.25	38.75
12.	KRAMARCZYK Jakub SO		01	UKP UNIA O wi cim				<b>4:40.72</b>	432			
	50m:	32.68	32.68	150m:	1:44.25	36.12	250m:	2:55.89	35.33	350m:	4:07.08	35.05
	100m:	1:08.13	35.45	200m:	2:20.56	36.31	300m:	3:32.03	36.14	400m:	4:40.72	33.64
13.	NOWAK Jan		02	BOSiR Brzesko				<b>4:41.71</b>	427			
	50m:	32.04	32.04	150m:	1:42.83	36.04	250m:	2:55.07	36.06	350m:	4:07.81	36.30
	100m:	1:06.79	34.75	200m:	2:19.01	36.18	300m:	3:31.51	36.44	400m:	4:41.71	33.90
14.	LEWANDOWSKI Jakub SO		02	UKP UNIA O wi cim				<b>4:42.26</b>	425			
	50m:	32.59	32.59	150m:	1:44.63	35.99	250m:	2:56.60	35.57	350m:	4:07.92	35.58
	100m:	1:08.64	36.05	200m:	2:21.03	36.40	300m:	3:32.34	35.74	400m:	4:42.26	34.34
15.	GUZY Marcel		01	DOKiS SP VEGA Dobrodzie				<b>4:42.51</b>	424			
	50m:	32.50	32.50	150m:	1:43.83	35.75	250m:	2:55.33	35.53	350m:	4:09.06	37.05
	100m:	1:08.08	35.58	200m:	2:19.80	35.97	300m:	3:32.01	36.68	400m:	4:42.51	33.45
16.	WO NIAK Łukasz		01	UKS SMS GALICJA Kraków				<b>4:42.60</b>	423			
	50m:	31.67	31.67	150m:	1:42.85	35.89	250m:	2:55.32	36.37	350m:	4:08.41	36.62
	100m:	1:06.96	35.29	200m:	2:18.95	36.10	300m:	3:31.79	36.47	400m:	4:42.60	34.19
17.	GOLIK Leonard		02	SP MOTYL MOSiR Stalowa Wola				<b>4:43.77</b>	418			
	50m:	31.49	31.49	150m:	1:43.45	36.06	250m:	2:56.19	36.28	350m:	4:09.76	36.84
	100m:	1:07.39	35.90	200m:	2:19.91	36.46	300m:	3:32.92	36.73	400m:	4:43.77	34.01
18.	ROGULIN Bogdan SO		01	UKP UNIA O wi cim				<b>4:45.52</b>	410			
	50m:	31.65	31.65	150m:	1:42.08	36.13	250m:	2:56.60	36.98	350m:		
	100m:	1:05.95	34.30	200m:	2:19.62	37.54	300m:	4:09.36	1:12.76	400m:	4:45.52	
19.	KUBARSKI Kamil		01	UKS WODNIK 29 Katowice				<b>4:47.55</b>	402			
	50m:	31.77	31.77	150m:	1:43.78	36.31	250m:	2:57.30	36.93	350m:		
	100m:	1:07.47	35.70	200m:	2:20.37	36.59	300m:	4:11.61	1:14.31	400m:	4:47.55	
20.	ALENCYNOWICZ Maciej SO		02	UKP UNIA O wi cim				<b>4:48.45</b>	398			
	50m:	31.92	31.92	150m:	1:44.20	36.59	250m:	2:58.09	37.02	350m:	4:12.37	37.45
	100m:	1:07.61	35.69	200m:	2:21.07	36.87	300m:	3:34.92	36.83	400m:	4:48.45	36.08
21.	MORYL Wojciech SO		02	MMKS K dzierzyn Ko le				<b>4:49.90</b>	392			
	50m:	32.93	32.93	150m:	1:46.91	37.17	250m:	3:00.85	36.83	350m:	4:14.48	37.09
	100m:	1:09.74	36.81	200m:	2:24.02	37.11	300m:	3:37.39	36.54	400m:	4:49.90	35.42
22.	MRZYGŁÓD Michał		02	MUKS GILUS Gilowice				<b>4:51.54</b>	385			
	50m:	32.66	32.66	150m:	1:46.16	36.94	250m:	3:00.82	37.23	350m:	4:15.04	37.46
	100m:	1:09.22	36.56	200m:	2:23.59	37.43	300m:	3:37.58	36.76	400m:	4:51.54	36.50

Zimowe Mistrzostwa MKP Bobry D bica  
D bica, 29- - 30-1-2016

Konkurencja 21, Chłopców, 400m dowolny, 14 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.
23.	KAŁU A Jakub		02	MKP BOBRY D bica				<b>4:53.78</b>	377
	50m:	33.68 33.68	150m:	1:47.63 37.02	250m:	3:02.64 37.40	350m:	4:17.26 37.37	
	100m:	1:10.61 36.93	200m:	2:25.24 37.61	300m:	3:39.89 37.25	400m:	4:53.78 36.52	
24.	KOLECEK Dominik		02	DOKiS SP VEGA Dobrodzie				<b>4:54.49</b>	374
	50m:	33.65 33.65	150m:	1:49.02 37.95	250m:	3:04.66 37.66	350m:	4:19.91 38.03	
	100m:	1:11.07 37.42	200m:	2:27.00 37.98	300m:	3:41.88 37.22	400m:	4:54.49 34.58	
25.	PŁATEK Maciej SO		02	UKP UNIA O wi cim				<b>4:54.78</b>	373
	50m:	34.51 34.51	150m:	1:50.81 38.08	250m:	3:05.97 37.13	350m:	4:20.43 36.99	
	100m:	1:12.73 38.22	200m:	2:28.84 38.03	300m:	3:43.44 37.47	400m:	4:54.78 34.35	
26.	KRZEMI SKI Patryk		01	MUKS UNIA Busko Zdrój				<b>4:56.53</b>	366
	50m:	32.42 32.42	150m:	1:45.86 37.60	250m:	3:01.79 38.48	350m:	4:18.23 38.35	
	100m:	1:08.26 35.84	200m:	2:23.31 37.45	300m:	3:39.88 38.09	400m:	4:56.53 38.30	
27.	STANKIEWICZ Kacper		02	Akademia Sportu Progres Kraków				<b>4:59.76</b>	354
	50m:	34.78 34.78	150m:	1:49.72 37.73	250m:	3:06.52 38.67	350m:	4:23.58 38.09	
	100m:	1:11.99 37.21	200m:	2:27.85 38.13	300m:	3:45.49 38.97	400m:	4:59.76 36.18	
28.	NACHYŁA Jakub		02	MUKS GILUS Gilowice				<b>5:01.99</b>	347
	50m:	34.27 34.27	150m:	1:51.17 39.09	250m:	3:09.58 39.13	350m:	4:26.69 38.07	
	100m:	1:12.08 37.81	200m:	2:30.45 39.28	300m:	3:48.62 39.04	400m:	5:01.99 35.30	
29.	SZCZYGIEŁ David SO		02	UKP UNIA O wi cim				<b>5:08.21</b>	326
	50m:	35.19 35.19	150m:	1:51.83 38.62	250m:	3:10.55 39.61	350m:	4:30.18 40.02	
	100m:	1:13.21 38.02	200m:	2:30.94 39.11	300m:	3:50.16 39.61	400m:	5:08.21 38.03	
30.	GO DZIASZEK Krystian		02	MKP BOBRY D bica				<b>5:08.95</b>	324
	50m:	34.84 34.84	150m:	1:53.06 39.01	250m:	3:11.72 39.49	350m:	4:31.50 40.24	
	100m:	1:14.05 39.21	200m:	2:32.23 39.17	300m:	3:51.26 39.54	400m:	5:08.95 37.45	
31.	JAINTA Adrian		02	DOKiS SP VEGA Dobrodzie				<b>5:12.36</b>	313
	50m:	35.29 35.29	150m:	1:54.06 39.98	250m:	3:14.69 39.88	350m:	4:33.92 39.18	
	100m:	1:14.08 38.79	200m:	2:34.81 40.75	300m:	3:54.74 40.05	400m:	5:12.36 38.44	
32.	IWAN Wiktor		01	UMKS Goczałkowice Zdrój				<b>5:18.42</b>	296
	50m:	33.33 33.33	150m:	1:53.97 40.51	250m:	3:16.86 41.65	350m:		
	100m:	1:13.46 40.13	200m:	2:35.21 41.24	300m:	4:40.71 1:23.85	400m:	5:18.42	

16 lat i starsi

1.	TOPOLSKI Arkadiusz SO		98	UKP UNIA O wi cim				<b>4:06.80</b>	636
	50m:	27.55 27.55	150m:	1:30.16 31.53	250m:	2:32.58 31.50	350m:	3:36.16 31.91	
	100m:	58.63 31.08	200m:	2:01.08 30.92	300m:	3:04.25 31.67	400m:	4:06.80 30.64	
2.	KEMPA Mikołaj SO		99	MMKS K dzierzyn Ko le				<b>4:08.56</b>	622
	50m:	28.38 28.38	150m:	1:31.49 31.78	250m:	2:34.57 31.04	350m:	3:37.88 31.54	
	100m:	59.71 31.33	200m:	2:03.53 32.04	300m:	3:06.34 31.77	400m:	4:08.56 30.68	
3.	KRULIKOWSKI Maciej SO		99	UKP UNIA O wi cim				<b>4:10.23</b>	610
	50m:	28.74 28.74	150m:	1:31.63 31.42	250m:	2:34.89 31.53	350m:	3:38.86 31.60	
	100m:	1:00.21 31.47	200m:	2:03.36 31.73	300m:	3:07.26 32.37	400m:	4:10.23 31.37	
4.	KOLANOWSKI Wiktor		99	UKS SMS GALICJA Kraków				<b>4:14.60</b>	579
	50m:	28.71 28.71	150m:	1:31.85 32.18	250m:	2:36.54 32.27	350m:		
	100m:	59.67 30.96	200m:	2:04.27 32.42	300m:	3:08.42 31.88	400m:	4:14.60	
5.	CIASTO Sebastian SO		99	UKP UNIA O wi cim				<b>4:16.46</b>	566
	50m:	28.79 28.79	150m:	1:32.40 32.24	250m:	2:38.09 32.96	350m:	3:44.37 32.82	
	100m:	1:00.16 31.37	200m:	2:05.13 32.73	300m:	3:11.55 33.46	400m:	4:16.46 32.09	



Zimowe Mistrzostwa MKP Bobry Dębica  
Dębica, 29- - 30-1-2016

Konkurencja 21, Mężczyźni, 400m dowolny, 16 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.			
6.	WASIUK Jakub		99	MMKS K	dzierzyn Ko	le		<b>4:17.50</b>	560			
	50m:	29.91	29.91	150m:	1:34.47	32.62	250m:	2:39.86	32.72	350m:	3:45.70	33.16
	100m:	1:01.85	31.94	200m:	2:07.14	32.67	300m:	3:12.54	32.68	400m:	4:17.50	31.80
7.	MAZUR Dominik SO		99	UKP UNIA O	wi	cim		<b>4:20.29</b>	542			
	50m:	29.28	29.28	150m:	1:35.43	33.21	250m:	2:42.24	33.43	350m:	3:48.66	32.97
	100m:	1:02.22	32.94	200m:	2:08.81	33.38	300m:	3:15.69	33.45	400m:	4:20.29	31.63
8.	PAWLINIAK Mariusz		99	UKS WODNIK 29	Katowice			<b>4:21.00</b>	537			
	50m:	30.33	30.33	150m:	1:36.03	33.13	250m:	2:42.61	33.20	350m:	3:48.95	33.05
	100m:	1:02.90	32.57	200m:	2:09.41	33.38	300m:	3:15.90	33.29	400m:	4:21.00	32.05
9.	ZBROEK Radosław SO		99	UKS SMS GALICJA	Kraków			<b>4:21.45</b>	535			
	50m:	30.83	30.83	150m:	1:36.94	33.14	250m:	2:43.04	33.08	350m:	3:49.82	33.42
	100m:	1:03.80	32.97	200m:	2:09.96	33.02	300m:	3:16.40	33.36	400m:	4:21.45	31.63
10.	KOWALSKI Karol		00	MUKS UNIA	Busko Zdrój			<b>4:22.88</b>	526			
	50m:	29.67	29.67	150m:	1:36.66	33.54	250m:	2:43.88	33.71	350m:	3:51.21	33.43
	100m:	1:03.12	33.45	200m:	2:10.17	33.51	300m:	3:17.78	33.90	400m:	4:22.88	31.67
11.	SORDYL Mateusz SO		99	ULKS VICTORIA	Kozy			<b>4:23.25</b>	524			
	50m:	29.71	29.71	150m:	1:37.61	34.16	250m:	2:45.26	33.64	350m:	3:52.04	33.19
	100m:	1:03.45	33.74	200m:	2:11.62	34.01	300m:	3:18.85	33.59	400m:	4:23.25	31.21
12.	KŁAPUT Bartosz		00	UKS SMS GALICJA	Kraków			<b>4:28.32</b>	494			
	50m:	30.28	30.28	150m:	1:39.64	35.02	250m:	2:48.06	33.96	350m:	3:56.33	33.97
	100m:	1:04.62	34.34	200m:	2:14.10	34.46	300m:	3:22.36	34.30	400m:	4:28.32	31.99
13.	PAWŁOWSKI Bogdan		00	MKP BOBRY	Dębica			<b>4:29.64</b>	487			
	50m:	31.56	31.56	150m:	1:39.78	33.74	250m:	2:48.87	34.57	350m:	3:57.12	34.27
	100m:	1:06.04	34.48	200m:	2:14.30	34.52	300m:	3:22.85	33.98	400m:	4:29.64	32.52
14.	WODZIE Szymon		00	MKP BOBRY	Dębica			<b>4:30.87</b>	481			
	50m:	30.50	30.50	150m:	1:38.50	34.53	250m:	2:47.72	34.64	350m:	3:57.80	35.12
	100m:	1:03.97	33.47	200m:	2:13.08	34.58	300m:	3:22.68	34.96	400m:	4:30.87	33.07
15.	MAJERSKI Jakub		00	UKS SMS GALICJA	Kraków			<b>4:34.95</b>	460			
	50m:	30.85	30.85	150m:	1:40.97	35.01	250m:	2:51.33	35.03	350m:	4:01.16	34.93
	100m:	1:05.96	35.11	200m:	2:16.30	35.33	300m:	3:26.23	34.90	400m:	4:34.95	33.79
16.	JODŁOWSKI Mateusz		00	UKS SMS GALICJA	Kraków			<b>4:51.56</b>	385			
	50m:	33.10	33.10	150m:	1:47.75	37.36	250m:	3:02.08	37.17	350m:	4:15.94	36.55
	100m:	1:10.39	37.29	200m:	2:24.91	37.16	300m:	3:39.39	37.31	400m:	4:51.56	35.62

