



TYCHY ✓ DOBRE MIEJSCE
dla sportu



Puchar Polski Masters Tychy 2017
Tychy, 25- - 26-3-2017

Konkurencja 33
2017-03-26 - 12:25

Kobiet, 400m dowolny

20 lat i starsi
Wyniki

| Pozycja | | | Wiek | | | | | Czas | |
|----------------|---------------------|-----------------|-------|----------------------------------|-------|-----------------|-------|------------------|--|
| 0: 20 - 24 lat | | | | | | | | | |
| 1. | SZKUDLAREK Karolina | | 21 | Niezrzeszeni | | | | 5:28.68 | |
| | 50m: | 34.82 34.82 | 150m: | 1:56.00 41.14 | 250m: | 3:20.83 42.91 | 350m: | 4:47.18 43.46 | |
| | 100m: | 1:14.86 40.04 | 200m: | 2:37.92 41.92 | 300m: | 4:03.72 42.89 | 400m: | 5:28.68 41.50 | |
| A: 25 - 29 lat | | | | | | | | | |
| 1. | DRAB Magdalena | | 25 | MASTERS WISŁA Kraków | | | | 4:31.02 | |
| | 50m: | 31.37 31.37 | 150m: | 1:40.11 34.76 | 250m: | 2:49.17 34.37 | 350m: | 3:58.22 34.39 | |
| | 100m: | 1:05.35 33.98 | 200m: | 2:14.80 34.69 | 300m: | 3:23.83 34.66 | 400m: | 4:31.02 32.80 | |
| C: 35 - 39 lat | | | | | | | | | |
| 1. | MICHALIK Dominika | | 38 | MASTERS Białystok | | | | 5:04.35 | |
| | 50m: | 34.51 34.51 | 150m: | 1:50.13 38.43 | 250m: | 3:07.69 38.83 | 350m: | 4:25.82 38.73 | |
| | 100m: | 1:11.70 37.19 | 200m: | 2:28.86 38.73 | 300m: | 3:47.09 39.40 | 400m: | 5:04.35 38.53 | |
| D: 40 - 44 lat | | | | | | | | | |
| 1. | ROMA SKA Alicja | | 42 | KORONA MASTERS Kraków | | | | 8:00.95 | |
| | 50m: | 1:00.00 1:00.00 | 150m: | 3:03.04 1:01.12 | 250m: | 5:02.93 1:00.31 | 350m: | 7:02.57 59.19 | |
| | 100m: | 2:01.92 1:01.92 | 200m: | 4:02.62 59.58 | 300m: | 6:03.38 1:00.45 | 400m: | 8:00.95 58.38 | |
| E: 45 - 49 lat | | | | | | | | | |
| 1. | WIDUCH Joanna | | 48 | UKS WODNIK 29 Katowice | | | | 5:43.63 | |
| | 50m: | 36.92 36.92 | 150m: | 1:59.75 42.30 | 250m: | 3:27.46 43.96 | 350m: | 4:58.94 45.82 | |
| | 100m: | 1:17.45 40.53 | 200m: | 2:43.50 43.75 | 300m: | 4:13.12 45.66 | 400m: | 5:43.63 44.69 | |
| G: 55 - 59 lat | | | | | | | | | |
| 1. | BENEDYK Aleksandra | | 57 | KORONA MASTERS Kraków | | | | 12:02.07 | |
| | 50m: | 1:12.01 1:12.01 | 150m: | 4:12.80 1:32.33 | 250m: | 7:21.89 1:34.83 | 350m: | 10:30.20 1:34.62 | |
| | 100m: | 2:40.47 1:28.46 | 200m: | 5:47.06 1:34.26 | 300m: | 8:55.58 1:33.69 | 400m: | 12:02.07 1:31.87 | |
| J: 70 - 74 lat | | | | | | | | | |
| 1. | LIPPA Maria | | 71 | Rydułowska Akademia Aktywnego Se | | | | 11:26.39 | |
| | 50m: | 1:14.85 1:14.85 | 150m: | 4:11.04 1:29.41 | 250m: | 7:06.74 1:27.44 | 350m: | 10:00.93 1:26.81 | |
| | 100m: | 2:41.63 1:26.78 | 200m: | 5:39.30 1:28.26 | 300m: | 8:34.12 1:27.38 | 400m: | 11:26.39 1:25.46 | |