

I AQUATHLON RZESZÓW 2018
Rzeszów, 10.3.2018

Konkurencja 3
10.03.2018 - 9:45

400m dowolny K14 (Młodziczki 14-15 lat) i M14 (Młodzicy 14-15 lat)
Wyniki

Punkty: FINA 2017

Pozycja			Rok ur.					Czas	Pkt.		
1.	SZCZEPANIK, Szymon		03	KP SOKÓŁ Rzeszów				4:37.19	448		
	50m:	31.15 31.15	150m:	1:42.67	36.10	250m:	2:52.60	34.61	350m:	4:03.77	35.57
	100m:	1:06.57 35.42	200m:	2:17.99	35.32	300m:	3:28.20	35.60	400m:	4:37.19	33.42
2.	POLSKI, Mateusz		04	UKS 51				4:46.18	407		
	50m:	32.08 32.08	150m:	1:43.34	36.37	250m:	2:55.98	36.24	350m:	4:10.39	37.29
	100m:	1:06.97 34.89	200m:	2:19.74	36.40	300m:	3:33.10	37.12	400m:	4:46.18	35.79
3.	GAWRON, Amelia		03	KP SOKÓŁ Rzeszów				4:59.45	480		
	50m:	33.41 33.41	150m:	1:47.66	37.93	250m:	3:04.91	39.18	350m:	4:23.37	39.14
	100m:	1:09.73 36.32	200m:	2:25.73	38.07	300m:	3:44.23	39.32	400m:	4:59.45	36.08
4.	STEFANOWSKI, Maciej		04	Iron Dragon Triathlon Team				5:11.37	316		
	50m:	34.71 34.71	150m:	1:54.10	40.47	250m:	3:15.55	40.72	350m:	4:35.60	39.54
	100m:	1:13.63 38.92	200m:	2:34.83	40.73	300m:	3:56.06	40.51	400m:	5:11.37	35.77
5.	PŁUSA, Maks		04	Iron Dragon Triathlon Team				5:12.52	313		
	50m:	35.15 35.15	150m:	1:55.24	39.84	250m:	3:15.79	40.31	350m:	4:35.81	39.89
	100m:	1:15.40 40.25	200m:	2:35.48	40.24	300m:	3:55.92	40.13	400m:	5:12.52	36.71
6.	MADEJ, Maja		03	PŁYWAK Bochnia				5:12.90	421		
	50m:	35.60 35.60	150m:	1:54.83	40.17	250m:	3:15.77	40.43	350m:	4:35.90	39.94
	100m:	1:14.66 39.06	200m:	2:35.34	40.51	300m:	3:55.96	40.19	400m:	5:12.90	37.00
7.	OBUCHOWICZ, Natasza		03	GOS Raszyn				5:15.44	410		
	50m:	33.46 33.46	150m:	1:50.35	39.10	250m:	3:11.43	40.85	350m:	4:34.48	41.71
	100m:	1:11.25 37.79	200m:	2:30.58	40.23	300m:	3:52.77	41.34	400m:	5:15.44	40.96
8.	WAŁACH, Emilia		04	UKS 51				5:21.64	387		
	50m:	35.26 35.26	150m:	1:55.43	40.57	250m:	3:17.68	41.42	350m:	4:40.75	41.44
	100m:	1:14.86 39.60	200m:	2:36.26	40.83	300m:	3:59.31	41.63	400m:	5:21.64	40.89
9.	MŁYNARSKA, Józefina		03	TRIATHLON YMCA Kraków				5:22.74	383		
	50m:	36.54 36.54	150m:	1:58.94	40.78	250m:	3:21.40	41.25	350m:	4:43.51	41.08
	100m:	1:18.16 41.62	200m:	2:40.15	41.21	300m:	4:02.43	41.03	400m:	5:22.74	39.23
10.	BIENIA, Maciej		04	KP SOKÓŁ Rzeszów				5:30.10	265		
	50m:	35.55 35.55	150m:	1:57.54	42.15	250m:	3:22.29	42.53	350m:	4:49.24	43.52
	100m:	1:15.39 39.84	200m:	2:39.76	42.22	300m:	4:05.72	43.43	400m:	5:30.10	40.86
11.	MASZKOWSKI, Jakub		04	UKS 51				5:36.78	250		
	50m:	36.92 36.92	150m:	2:01.20	42.62	250m:	3:27.72	43.35	350m:	4:55.60	44.80
	100m:	1:18.58 41.66	200m:	2:44.37	43.17	300m:	4:10.80	43.08	400m:	5:36.78	41.18
12.	WRÓBEL, Wiktoria		04	KS BARAKUDA Mi sk Mazowiecki				5:39.04	330		
	50m:	34.50 34.50	150m:	1:59.39	43.90	250m:	3:28.17	44.62	350m:	4:57.79	44.42
	100m:	1:15.49 40.99	200m:	2:43.55	44.16	300m:	4:13.37	45.20	400m:	5:39.04	41.25
13.	GRELA, Amelia		03	Iron Dragon Triathlon Team				5:52.07	295		
	50m:	36.95 36.95	150m:	2:03.48	44.19	250m:	3:36.48	47.26	350m:	5:08.81	46.25
	100m:	1:19.29 42.34	200m:	2:49.22	45.74	300m:	4:22.56	46.08	400m:	5:52.07	43.26
14.	JASZCZUK, Jan		04	Iron Dragon Triathlon Team				6:11.90	185		
	50m:	38.95 38.95	150m:	2:10.77	47.22	250m:	3:48.05	49.06	350m:	5:26.78	49.76
	100m:	1:23.55 44.60	200m:	2:58.99	48.22	300m:	4:37.02	48.97	400m:	6:11.90	45.12
15.	SIERADZAN, Olga		03	TS Akwedukt Kielce				6:15.15	244		
	50m:	38.96 38.96	150m:	2:12.60	49.80	250m:	3:52.76	49.68	350m:	5:30.91	48.88
	100m:	1:22.80 43.84	200m:	3:03.08	50.48	300m:	4:42.03	49.27	400m:	6:15.15	44.24
16.	CHMURA, Anastazja		03	NIEZRZESZENI				7:01.47	172		
	50m:	42.04 42.04	150m:	2:26.50	54.34	250m:	4:18.34	56.58	350m:	6:11.01	56.07
	100m:	1:32.16 50.12	200m:	3:21.76	55.26	300m:	5:14.94	56.60	400m:	7:01.47	50.46

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Konkurencja 3, Wszystkie, 400m dowolny, K14 (Młodziczki 14-15 lat) i M14 (Młodzicy 14-15 la)

Pozycja	Rok ur.								Czas	Pkt.	
17. WIERZBICKA, Łucja	04 Triathlon Siedlce Club								8:10.10	109	
50m:	47.81	47.81	150m:	2:45.47	1:01.49	250m:	4:57.59	1:05.74	350m:	7:07.46	1:02.99
100m:	1:43.98	56.17	200m:	3:51.85	1:06.38	300m:	6:04.47	1:06.88	400m:	8:10.10	1:02.64
18. KOBIERNIK, Bartosz	04 SWIM TRI Rzeszów								8:31.08	71	
50m:	50.13	50.13	150m:	2:54.98	1:04.58	250m:	5:08.81	1:07.46	350m:	7:25.14	1:08.19
100m:	1:50.40	1:00.27	200m:	4:01.35	1:06.37	300m:	6:16.95	1:08.14	400m:	8:31.08	1:05.94