

Puchar Polski Masters Tychy 2018  
Tychy, 24. - 25.3.2018

Konkurencja 33  
25.03.2018 - 11:30

Kobiet, 400m dowolny

20 lat i starsi  
Wyniki

Punkty: DSV Masters 16

Pozycja			Rok ur.							Czas	Pkt.
0: 20 - 24 lat											
1.	MARZEC Sara		97	Niezrzeszeni						<b>6:04.84</b>	348
	50m:	36.24 36.24	150m:	2:02.72	44.89	250m:	3:37.82	47.88	350m:	5:17.82 50.33	
	100m:	1:17.83 41.59	200m:	2:49.94	47.22	300m:	4:27.49	49.67	400m:	6:04.84 47.02	
B: 30 - 34 lat											
1.	WYSOCKA Agnieszka		85	AER Lingus						<b>5:01.00</b>	750
	50m:	33.82 33.82	150m:	1:50.51	38.86	250m:	3:07.42	38.15	350m:	4:24.09 38.33	
	100m:	1:11.65 37.83	200m:	2:29.27	38.76	300m:	3:45.76	38.34	400m:	5:01.00 36.91	
C: 35 - 39 lat											
1.	MICHALIK Dominika		79	MASTERS Białystok						<b>5:07.91</b>	697
	50m:	34.17 34.17	150m:	1:50.93	39.07	250m:	3:09.38	39.16	350m:	4:28.12 39.30	
	100m:	1:11.86 37.69	200m:	2:30.22	39.29	300m:	3:48.82	39.44	400m:	5:07.91 39.79	
D: 40 - 44 lat											
1.	SKALSKA Małgorzata		77	MASTERS WISŁA Kraków						<b>7:43.59</b>	213
	50m:	47.54 47.54	150m:	2:30.25	51.25	250m:	4:16.02	53.90	350m:	6:00.71 52.76	
	100m:	1:39.00 51.46	200m:	3:22.12	51.87	300m:	5:07.95	51.93	400m:	7:43.59 1:42.88	
E: 45 - 49 lat											
1.	ORACZ Marta		71	Niezrzeszeni						<b>6:14.28</b>	436
	50m:	44.08 44.08	150m:	2:20.20	48.40	250m:	3:54.99	47.49	350m:	5:28.93 47.20	
	100m:	1:31.80 47.72	200m:	3:07.50	47.30	300m:	4:41.73	46.74	400m:	6:14.28 45.35	
2.	BALAJCZA Timea		71	Warsaw Masters Team						<b>6:17.04</b>	426
	50m:	41.55 41.55	150m:	2:15.99	48.27	250m:	3:52.37	48.01	350m:	5:29.76 48.84	
	100m:	1:27.72 46.17	200m:	3:04.36	48.37	300m:	4:40.92	48.55	400m:	6:17.04 47.28	
F: 50 - 54 lat											
1.	KOTECKA Anna		65	KS WARTA Pozna						<b>6:14.81</b>	445
	50m:	43.95 43.95	150m:	2:16.48	46.49	250m:	3:51.30	47.40	350m:	5:27.76 48.87	
	100m:	1:29.99 46.04	200m:	3:03.90	47.42	300m:	4:38.89	47.59	400m:	6:14.81 47.05	
G: 55 - 59 lat											
1.	ZAGAŁA Joanna		59	SIKRET Gliwice						<b>6:53.92</b>	361
	50m:	46.92 46.92	150m:	2:30.81	52.67	250m:	4:18.35	53.50	350m:	6:05.19 53.65	
	100m:	1:38.14 51.22	200m:	3:24.85	54.04	300m:	5:11.54	53.19	400m:	6:53.92 48.73	
2.	MOLENDY Gabriela		59	WETERAN Zabrze						<b>7:20.01</b>	301
	50m:	48.40 48.40	150m:	2:39.95	56.84	250m:	4:33.46	56.81	350m:	6:26.19 56.27	
	100m:	1:43.11 54.71	200m:	3:36.65	56.70	300m:	5:29.92	56.46	400m:	7:20.01 53.82	
3.	ORLEWICZ-MUSIAŁ Małgorzata		60	KORONA Kraków Masters						<b>8:50.35</b>	171
	50m:	52.87 52.87	150m:	3:02.21	1:07.12	250m:	5:23.42	1:09.15	350m:	7:41.37 1:08.99	
	100m:	1:55.09 1:02.22	200m:	4:14.27	1:12.06	300m:	6:32.38	1:08.96	400m:	8:50.35 1:08.98	

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H: 60 - 64 lat

1.	BEDNARCZYK Iwona	57	MASTERS WISŁA Kraków	<b>8:39.15</b>	306
	50m: 55.97 55.97	150m: 3:04.94 1:06.08	250m: 5:19.11 1:07.18	350m: 7:33.79 1:07.51	
	100m: 1:58.86 1:02.89	200m: 4:11.93 1:06.99	300m: 6:26.28 1:07.17	400m: 8:39.15 1:05.36	
2.	DEMBECKA Rustana	57	KS WARTA Poznań	<b>8:57.35</b>	276
	50m: 59.39 59.39	150m: 3:15.02 1:08.52	250m: 5:32.82 1:07.43	350m: 7:51.38 1:08.57	
	100m: 2:06.50 1:07.11	200m: 4:25.39 1:10.37	300m: 6:42.81 1:09.99	400m: 8:57.35 1:05.97	

J: 70 - 74 lat

1.	MARIA Lipka	46	Rydultowska Akademia Aktywnego	<b>11:08.57</b>	183
	50m: 1:09.96 1:09.96	150m: 3:58.58 1:25.98	250m: 6:50.90 1:28.72	350m: 9:41.59 1:26.20	
	100m: 2:32.60 1:22.64	200m: 5:22.18 1:23.60	300m: 8:15.39 1:24.49	400m: 11:08.57 1:26.98	