

SPRAWDZIAN WYTRZYMAŁO CI I WSZECHSTRONNO CI W PŁYWANIU DZIECI 11 LAT I MŁODZIKÓW 12 LAT  
Łódź , 15- - 16-11-2018

Konkurencja 3  
2018-11-15 - 9:50

Dziewcz t, 400m dowolny

11 lat  
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
1.	PIETRZYK Hanna		07	TP Olimpijczyk Aleksandrów Ł.				<b>5:07.09</b>	
	50m:	34.46 34.46	150m:	1:51.86 39.01	250m:	3:10.55 39.31	350m:	4:30.04 39.93	
	100m:	1:12.85 38.39	200m:	2:31.24 39.38	300m:	3:50.11 39.56	400m:	5:07.09 37.05	
2.	BER Julia		07	UKS Pi tka Konstantinów Łódzki				<b>5:17.52</b>	
	50m:	34.78 34.78	150m:	1:54.89 40.29	250m:	3:17.05 41.08	350m:	4:39.20 40.69	
	100m:	1:14.60 39.82	200m:	2:35.97 41.08	300m:	3:58.51 41.46	400m:	5:17.52 38.32	
3.	RASZEWSKA Jadwiga		07	MKS Trójka Łód				<b>5:26.61</b>	
	50m:	36.17 36.17	150m:	1:57.89 41.46	250m:	3:22.73 43.00	350m:	4:47.78 43.05	
	100m:	1:16.43 40.26	200m:	2:39.73 41.84	300m:	4:04.73 42.00	400m:	5:26.61 38.83	
4.	RUTKOWSKA Aneta		07	UKS SP-149 Łód				<b>5:32.35</b>	
	50m:	37.74 37.74	150m:	2:02.54 42.70	250m:	3:28.19 43.09	350m:	4:52.67 42.24	
	100m:	1:19.84 42.10	200m:	2:45.10 42.56	300m:	4:10.43 42.24	400m:	5:32.35 39.68	
5.	KACZMAREK Amelia		07	UKS Pi tka Konstantinów Łódzki				<b>5:33.52</b>	
	50m:	38.25 38.25	150m:	2:03.75 43.91	250m:	3:27.19 41.14	350m:	4:54.11 41.76	
	100m:	1:19.84 41.59	200m:	2:46.05 42.30	300m:	4:12.35 45.16	400m:	5:33.52 39.41	
6.	CZERNIK Zuzanna		07	TP Olimpijczyk Aleksandrów Ł.				<b>5:36.69</b>	
	50m:	38.68 38.68	150m:	2:04.67 42.90	250m:	3:31.41 43.29	350m:	4:56.22 41.68	
	100m:	1:21.77 43.09	200m:	2:48.12 43.45	300m:	4:14.54 43.13	400m:	5:36.69 40.47	
7.	W GRZYCKA Małgorzata		07	MKS Trójka Łód				<b>5:38.64</b>	
	50m:	39.42 39.42	150m:	2:06.99 43.57	250m:	3:33.73 43.29	350m:	4:58.55 42.04	
	100m:	1:23.42 44.00	200m:	2:50.44 43.45	300m:	4:16.51 42.78	400m:	5:38.64 40.09	
8.	POŁE Hanna		07	UKS SP-149 Łód				<b>5:46.26</b>	
	50m:	38.87 38.87	150m:	2:06.56 44.26	250m:	3:35.28 43.98	350m:	5:03.71 42.99	
	100m:	1:22.30 43.43	200m:	2:51.30 44.74	300m:	4:20.72 45.44	400m:	5:46.26 42.55	
9.	BIERNACKA Lena		07	MUKS Wiking Tomaszów Maz.				<b>6:01.81</b>	
	50m:	2:12.93 2:12.93	150m:		250m:		350m:		
	100m:	3:00.83 47.90	200m:		300m:		400m:	6:01.81	
	MA KA Lena		07	UKS 190 Łód				<b>6:01.81</b>	
	50m:	37.48 37.48	150m:	2:08.01 46.98	250m:	3:41.60 46.63	350m:	5:17.17 47.62	
	100m:	1:21.03 43.55	200m:	2:54.97 46.96	300m:	4:29.55 47.95	400m:	6:01.81 44.64	
11.	OSYPIUK Milena		07	UKS SP-149 Łód				<b>6:05.25</b>	
	50m:	41.54 41.54	150m:	2:14.00 46.59	250m:	3:48.09 46.53	350m:		
	100m:	1:27.41 45.87	200m:	3:01.56 47.56	300m:	4:35.73 47.64	400m:	6:05.25	
12.	POLI SKA Natalia		07	UKS SP-149 Łód				<b>6:07.70</b>	
	50m:	41.63 41.63	150m:	2:15.21 47.29	250m:	3:51.52 47.87	350m:	5:24.76 45.76	
	100m:	1:27.92 46.29	200m:	3:03.65 48.44	300m:	4:39.00 47.48	400m:	6:07.70 42.94	
13.	GADZALI SKA Maja		07	SP Meduza Paj czno				<b>6:08.75</b>	
	50m:	39.64 39.64	150m:	2:12.03 47.73	250m:	3:49.28 49.21	350m:	5:25.14 47.81	
	100m:	1:24.30 44.66	200m:	3:00.07 48.04	300m:	4:37.33 48.05	400m:	6:08.75 43.61	
14.	IGNATOWSKA Patrycja		07	UKS SP-149 Łód				<b>6:24.58</b>	
	50m:	42.92 42.92	150m:	2:22.31 50.71	250m:	4:00.42 49.69	350m:	5:21.64 31.46	
	100m:	1:31.60 48.68	200m:	3:10.73 48.42	300m:	4:50.18 49.76	400m:	6:24.58 1:02.94	
15.	SKROK Julia		07	SP Meduza Paj czno				<b>6:30.14</b>	
	50m:	48.07 48.07	150m:	2:29.59 50.99	250m:	4:10.00 50.23	350m:	5:47.83 48.16	
	100m:	1:38.60 50.53	200m:	3:19.77 50.18	300m:	4:59.67 49.67	400m:	6:30.14 42.31	
16.	MAREK Nikola		07	UKS 190 Łód				<b>6:32.02</b>	
	50m:	41.49 41.49	150m:	2:19.35 49.57	250m:	4:02.22 52.20	350m:	5:45.63 51.17	
	100m:	1:29.78 48.29	200m:	3:10.02 50.67	300m:	4:54.46 52.24	400m:	6:32.02 46.39	
17.	WAWRZYNIAK Julia		07	SP Meduza Paj czno				<b>6:32.63</b>	
	50m:	44.46 44.46	150m:	2:26.22 51.26	250m:	4:07.81 50.75	350m:	5:48.30 49.24	
	100m:	1:34.96 50.50	200m:	3:17.06 50.84	300m:	4:59.06 51.25	400m:	6:32.63 44.33	

SPRAWDZIAN WYTRZYMAŁO CI I WSZECHSTRONNO CI W PŁYWANIU DZIECI 11 LAT I MŁODZIKÓW 12 LAT  
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Konkurencja 3, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	KLATKA	Nina	07	SKS 137 Delfin Łódź				<b>6:40.24</b>	
	50m:	40.52	40.52	150m:	2:21.38	52.34	250m:	350m: 5:52.58	50.84
	100m:	1:29.04	48.52	200m:	3:14.40	53.02	300m: 5:01.74	400m: 6:40.24	47.66
19.	KACZMARKIEWICZ	Judyta	07	MUKS Wodnik Łask				<b>6:41.83</b>	
	50m:	44.57	44.57	150m:	2:24.98	52.05	250m: 4:09.03	350m:	52.16
	100m:	1:32.93	48.36	200m:	3:16.87	51.89	300m: 5:01.10	400m:	52.07
20.	KUKUŁKA	Zofia	07	SP Meduza Paj czno				<b>6:47.63</b>	
	50m:	50.85	50.85	150m:	2:35.64	52.64	250m: 4:20.59	350m:	52.78
	100m:	1:43.00	52.15	200m:	3:27.81	52.17	300m: 5:12.39	400m:	51.80
21.	JUGOWICZ	Agata	07	MKS Trójka Łódź				<b>6:53.10</b>	
	50m:	42.20	42.20	150m:	2:25.40	52.01	250m: 4:12.13	350m:	53.92
	100m:	1:33.39	51.19	200m:	3:18.21	52.81	300m: 5:01.55	400m:	49.42
22.	JEZIORSKA	Natalia	07	SKS 137 Delfin Łódź				<b>6:53.50</b>	
	50m:	43.77	43.77	150m:	2:26.33	53.08	250m: 4:14.42	350m:	54.07
	100m:	1:33.25	49.48	200m:	3:20.35	54.02	300m: 5:08.54	400m:	54.12
23.	NOWAK	Maja	07	Uczniowski Klub Sportowy 55				<b>6:57.86</b>	
	50m:	43.97	43.97	150m:	2:25.66	52.15	250m: 4:13.60	350m:	54.97
	100m:	1:33.51	49.54	200m:	3:18.63	52.97	300m: 5:07.85	400m:	54.25
24.	DOMAGAŁO	Antonina	07	Uczniowski Klub Sportowy 55				<b>7:01.59</b>	
	50m:	42.62	42.62	150m:	2:26.03	52.99	250m:	350m:	
	100m:	1:33.04	50.42	200m:	3:20.43	54.40	300m:	400m:	7:01.59
25.	SADŁECKA	Natalia	07	MKS Trójka Łódź				<b>7:10.15</b>	
	50m:	3:32.77	3:32.77	150m:		250m: 4:29.33	350m:	6:17.73	1:02.44
	100m:			200m:		300m: 5:15.29	400m:	7:10.15	52.42
26.	TWARDOWSKA	Adrianna	07	SKS 137 Delfin Łódź				<b>7:14.87</b>	
	50m:	47.63	47.63	150m:		250m:	350m:		
	100m:			200m:		300m:	400m:	7:14.87	
27.	NOWAK	Aleksandra	07	SKS 137 Delfin Łódź				<b>7:17.22</b>	
	50m:	45.82	45.82	150m:	2:37.65	56.60	250m: 4:30.71	350m:	56.02
	100m:	1:41.05	55.23	200m:	3:34.69	57.04	300m: 5:27.65	400m:	56.94
28.	KUNERT	Zuzanna	07	UKS Pi tka Konstancynów Łódzki				<b>7:25.56</b>	
	50m:	28.07	28.07	150m:	2:40.72	55.57	250m: 4:34.50	350m:	57.47
	100m:	1:45.15	1:17.08	200m:	3:37.03	56.31	300m: 5:31.58	400m:	57.08
29.	DZI NIE SKA	Julia	07	MKS Trójka Łódź				<b>7:31.07</b>	
	50m:	1:44.94	1:44.94	150m:	3:39.32	58.57	250m: 5:34.73	350m:	57.97
	100m:	2:40.75	55.81	200m:	4:36.76	57.44	300m:	400m:	7:31.07
30.	WOJCIECHOWSKA	Lena	07	MKS Trójka Łódź				<b>7:39.12</b>	
	50m:	47.00	47.00	150m:	2:43.13	59.93	250m: 4:42.15	350m:	58.91
	100m:	1:43.20	56.20	200m:	3:43.24	1:00.11	300m:	400m:	7:39.12
31.	ZYS	Antonina	07	MKS Trójka Łódź				<b>7:50.70</b>	
	50m:	54.80	54.80	150m:	2:54.73	1:00.00	250m: 4:54.34	350m:	1:00.02
	100m:	1:54.73	59.93	200m:	3:54.32	59.59	300m: 5:54.41	400m:	1:00.07
32.	MOLENDY	Aleksandra	07	Uczniowski Klub Sportowy 55				<b>9:15.22</b>	
	50m:	57.78	57.78	150m:	3:19.08		250m: 5:44.18	350m:	1:13.55
	100m:			200m:	4:30.63	1:11.55	300m:	400m:	9:15.22