

Zimowe Mistrzostwa Okręgu Podkarpackiego 2018 w pływaniu
Sanok, 1. - 2.12.2018

Konkurencja 12
01.12.2018 - 12:20

M czynn, 400m zmienny

13 lat i starsi
Wyniki

Rekord POZP Open (wg Swimrankings) 4:25.58 KUT Bartosz 00308 Pulawy 18.03.2011

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.	
13 lat										
1.	UCZEK Paweł		05	MKS IKAR Mielec				5:21.77	392	
	50m:	36.52 36.52	150m:	1:58.92	40.68	250m:	3:24.73	46.54	350m:	4:47.07 36.12
	100m:	1:18.24 41.72	200m:	2:38.19	39.27	300m:	4:10.95	46.22	400m:	5:21.77 34.70
2.	SZCZ CH Mikołaj		05	KP SOKÓŁ Rzeszów				5:24.27	383	
	50m:	34.31 34.31	150m:	1:55.56	40.80	250m:	3:25.54	47.99	350m:	4:48.91 35.76
	100m:	1:14.76 40.45	200m:	2:37.55	41.99	300m:	4:13.15	47.61	400m:	5:24.27 35.36
3.	MAGUDER Hubert		05	PIRANIE SOSiR Nowa D ba				5:56.09	289	
	50m:	38.55 38.55	150m:	2:10.58	46.52	250m:	3:41.84	46.60	350m:	5:13.97 44.16
	100m:	1:24.06 45.51	200m:	2:55.24	44.66	300m:	4:29.81	47.97	400m:	5:56.09 42.12
4.	WA NY Bartłomiej		05	KP DELFIN Horyniec Z.				7:26.58	146	
	50m:	49.24 49.24	150m:	2:45.68	58.14	250m:	4:47.06	1:05.69	350m:	6:41.84 47.98
	100m:	1:47.54 58.30	200m:	3:41.37	55.69	300m:	5:53.86	1:06.80	400m:	7:26.58 44.74
14 lat										
1.	GINALSKI Michał		04	KS Swim2Win Krosno				5:16.67	411	
	50m:	37.69 37.69	150m:	2:02.31	40.42	250m:	3:23.35	40.19	350m:	4:41.96 37.29
	100m:	1:21.89 44.20	200m:	2:43.16	40.85	300m:	4:04.67	41.32	400m:	5:16.67 34.71
2.	BOROWIECKI Jakub		04	PIRANIE SOSiR Nowa D ba				5:40.18	331	
	50m:	38.94 38.94	150m:	2:07.11	42.66	250m:	3:38.86	48.76	350m:	5:03.04 37.81
	100m:	1:24.45 45.51	200m:	2:50.10	42.99	300m:	4:25.23	46.37	400m:	5:40.18 37.14
3.	ZIMA Igor		04	UKP GRYF D bica				5:58.84	282	
	50m:	41.17 41.17	150m:	2:12.76	41.51	250m:	3:47.47	54.34	350m:	5:20.91 39.24
	100m:	1:31.25 50.08	200m:	2:53.13	40.37	300m:	4:41.67	54.20	400m:	5:58.84 37.93
15 lat i starsi										
1.	CERLICH Maksymilian SMS		00	MKS IKAR Mielec				4:30.89	657	
	50m:	29.33 29.33	150m:	1:38.79	35.76	250m:	2:50.50	37.47	350m:	4:00.69 32.48
	100m:	1:03.03 33.70	200m:	2:13.03	34.24	300m:	3:28.21	37.71	400m:	4:30.89 30.20
2.	KSI NICKI Dawid SMS		02	MKS IKAR Mielec				4:35.64	623	
	50m:	30.99 30.99	150m:	1:42.91	37.54	250m:	2:56.86	37.67	350m:	4:05.00 32.56
	100m:	1:05.37 34.38	200m:	2:19.19	36.28	300m:	3:32.44	35.58	400m:	4:35.64 30.64
3.	MAGDA Patryk SMS		02	MKS IKAR Mielec				4:55.89	504	
	50m:	31.59 31.59	150m:	1:44.94	37.54	250m:	3:05.95	43.45	350m:	4:22.87 34.45
	100m:	1:07.40 35.81	200m:	2:22.50	37.56	300m:	3:48.42	42.47	400m:	4:55.89 33.02