

Arena Grand Prix Puchar Polski
Łódź, 9. - 10.11.2019Konkurencja 1
09.11.2019 - 8:30

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.
14 lat i starsi			
1. GU Wiktoria	04	4:49.53	715
50m: 31.58 31.58	150m: 1:44.36 36.75	250m: 3:01.29 40.52	350m: 4:16.30 33.72
100m: 1:07.61 36.03	200m: 2:20.77 36.41	300m: 3:42.58 41.29	400m: 4:49.53 33.23
2. HERBREDEK Gabriela	03	4:51.05	704
50m: 30.65 30.65	150m: 1:44.39 37.75	250m: 3:02.19 40.97	350m: 4:18.72 34.24
100m: 1:06.64 35.99	200m: 2:21.22 36.83	300m: 3:44.48 42.29	400m: 4:51.05 32.33
3. ANDRZEJEWSKA Kamila	99	4:51.61	700
50m: 31.24 31.24	150m: 1:45.08 38.65	250m: 3:04.23 41.91	350m: 4:19.64 33.43
100m: 1:06.43 35.19	200m: 2:22.32 37.24	300m: 3:46.21 41.98	400m: 4:51.61 31.97
4. KNOP Aleksandra	03	4:53.95	683
50m: 31.48 31.48	150m: 1:43.80 37.34	250m: 3:03.70 43.88	350m: 4:21.10 33.57
100m: 1:06.46 34.98	200m: 2:19.82 36.02	300m: 3:47.53 43.83	400m: 4:53.95 32.85
5. NOWAK Maja	03	5:00.53	639
50m: 33.01 33.01	150m: 1:47.91 37.84	250m: 3:09.22 43.84	350m: 4:27.68 34.23
100m: 1:10.07 37.06	200m: 2:25.38 37.47	300m: 3:53.45 44.23	400m: 5:00.53 32.85
6. KOSI SKA Dominika	01	5:01.56	633
50m: 31.93 31.93	150m: 1:46.20 38.24	250m: 3:07.52 44.84	350m: 4:27.80 34.47
100m: 1:07.96 36.03	200m: 2:22.68 36.48	300m: 3:53.33 45.81	400m: 5:01.56 33.76
7. BEDNARZ Julia	04	5:01.76	631
50m: 31.65 31.65	150m: 1:46.27 38.72	250m: 3:07.06 42.56	350m: 4:26.67 36.76
100m: 1:07.55 35.90	200m: 2:24.50 38.23	300m: 3:49.91 42.85	400m: 5:01.76 35.09
8. BERNAT Laura	05	5:03.78	619
50m: 33.04 33.04	150m: 1:48.45 36.71	250m: 3:08.46 44.70	350m: 4:29.92 36.39
100m: 1:11.74 38.70	200m: 2:23.76 35.31	300m: 3:53.53 45.07	400m: 5:03.78 33.86
9. CIOCH-GRADZIK Wiktoria	03	5:03.93	618
50m: 32.60 32.60	150m: 1:49.00 39.41	250m: 3:11.90 44.02	350m: 4:30.41 34.43
100m: 1:09.59 36.99	200m: 2:27.88 38.88	300m: 3:55.98 44.08	400m: 5:03.93 33.52
10. MO D AN Milena	03	5:04.59	614
50m: 32.30 32.30	150m: 1:48.27 38.93	250m: 3:10.59 44.14	350m: 4:30.30 34.83
100m: 1:09.34 37.04	200m: 2:26.45 38.18	300m: 3:55.47 44.88	400m: 5:04.59 34.29
11. LALA Nadia	04	5:04.93	612
50m: 32.80 32.80	150m: 1:49.92 39.60	250m: 3:11.71 42.42	350m: 4:30.91 35.76
100m: 1:10.32 37.52	200m: 2:29.29 39.37	300m: 3:55.15 43.44	400m: 5:04.93 34.02
12. BOCIEK Wiktoria	04	5:05.18	610
50m: 32.16 32.16	150m: 1:48.44 39.57	250m: 3:12.37 44.62	350m: 4:32.25 34.75
100m: 1:08.87 36.71	200m: 2:27.75 39.31	300m: 3:57.50 45.13	400m: 5:05.18 32.93
13. MACIEJEWSKA Beata	03	5:05.61	608
50m: 34.03 34.03	150m: 1:50.36 38.40	250m: 3:12.20 43.32	350m: 4:31.11 35.30
100m: 1:11.96 37.93	200m: 2:28.88 38.52	300m: 3:55.81 43.61	400m: 5:05.61 34.50
14. MIKOŁAJCZYK Maja	04	5:06.74	601
50m: 32.29 32.29	150m: 1:47.76 39.16	250m: 3:10.02 42.85	350m: 4:30.14 36.38
100m: 1:08.60 36.31	200m: 2:27.17 39.41	300m: 3:53.76 43.74	400m: 5:06.74 36.60
15. PROCHOWNIK Martyna	02	5:06.80	601
50m: 31.34 31.34	150m: 1:47.04 39.39	250m: 3:10.12 44.24	350m: 4:31.57 36.57
100m: 1:07.65 36.31	200m: 2:25.88 38.84	300m: 3:55.00 44.88	400m: 5:06.80 35.23

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Łódź, 9. - 10.11.2019

Konkurencja 1, Kobiety, 400m zmienny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
16.	CYGAN Julia		04	MKS „Astoria” Bydgoszcz				5:07.03	599
	50m:	33.44 33.44	150m:	1:50.95 39.80	250m:	3:12.79 42.98	350m:	4:31.96 36.17	
	100m:	1:11.15 37.71	200m:	2:29.81 38.86	300m:	3:55.79 43.00	400m:	5:07.03 35.07	
17.	SZALAST Karolina		05	UKS Tri-Team Rumia				5:08.31	592
	50m:	33.35 33.35	150m:	1:49.88 38.35	250m:	3:13.25 45.27	350m:	4:34.36 35.88	
	100m:	1:11.53 38.18	200m:	2:27.98 38.10	300m:	3:58.48 45.23	400m:	5:08.31 33.95	
18.	KUCHTA Maria		02	UKS „Dwójka” Tczew				5:08.62	590
	50m:	32.03 32.03	150m:	1:49.38 40.73	250m:	3:14.39 46.01	350m:	4:34.73 34.89	
	100m:	1:08.65 36.62	200m:	2:28.38 39.00	300m:	3:59.84 45.45	400m:	5:08.62 33.89	
19.	AK Amelia		04	UKP Unia O wi cim				5:10.64	579
	50m:	33.82 33.82	150m:	1:52.54 40.52	250m:	3:16.06 44.54	350m:	4:36.09 34.90	
	100m:	1:12.02 38.20	200m:	2:31.52 38.98	300m:	4:01.19 45.13	400m:	5:10.64 34.55	
20.	PALICKA Wiktoria		05	TP Skalar Słupsk				5:10.86	577
	50m:	34.34 34.34	150m:	1:51.29 37.12	250m:	3:12.87 45.18	350m:	4:35.99 35.80	
	100m:	1:14.17 39.83	200m:	2:27.69 36.40	300m:	4:00.19 47.32	400m:	5:10.86 34.87	
21.	BEDNAREK Aleksandra		98	UKS SP-149 Łódź				5:11.87	572
	50m:	33.73 33.73	150m:	1:52.36 40.13	250m:	3:14.68 43.13	350m:	4:36.13 37.29	
	100m:	1:12.23 38.50	200m:	2:31.55 39.19	300m:	3:58.84 44.16	400m:	5:11.87 35.74	
22.	SIOMA Zuzanna		04	UKS „ORKA” Zamo				5:12.25	570
	50m:	32.56 32.56	150m:	1:49.40 39.06	250m:	3:12.68 45.35	350m:	4:37.01 38.55	
	100m:	1:10.34 37.78	200m:	2:27.33 37.93	300m:	3:58.46 45.78	400m:	5:12.25 35.24	
23.	NOCO Dominika		02	UKP Unia O wi cim				5:12.74	567
	50m:	32.97 32.97	150m:	1:50.81 40.24	250m:	3:15.81 45.35	350m:	4:36.98 36.03	
	100m:	1:10.57 37.60	200m:	2:30.46 39.65	300m:	4:00.95 45.14	400m:	5:12.74 35.76	
24.	KRYPA Marta		02	UKS Manta Warszawa Włochy				5:13.29	564
	50m:	32.63 32.63	150m:	1:51.14 40.67	250m:	3:16.48 44.75	350m:	4:38.00 36.05	
	100m:	1:10.47 37.84	200m:	2:31.73 40.59	300m:	4:01.95 45.47	400m:	5:13.29 35.29	
25.	TYMI SKA Zofia		04	UKP „Polonia Warszawa”				5:14.75	556
	50m:	33.95 33.95	150m:	1:53.07 40.02	250m:	3:16.54 43.14	350m:	4:38.55 37.70	
	100m:	1:13.05 39.10	200m:	2:33.40 40.33	300m:	4:00.85 44.31	400m:	5:14.75 36.20	
26.	STERNICZUK Weronika		03	UKS Pi tka Konstancynów Łódzki				5:14.79	556
	50m:	32.19 32.19	150m:	1:52.44 42.66	250m:	3:18.02 43.67	350m:	4:39.32 36.90	
	100m:	1:09.78 37.59	200m:	2:34.35 41.91	300m:	4:02.42 44.40	400m:	5:14.79 35.47	
27.	SIWKO Natalia		04	KU AZS UMCS Lublin				5:15.48	552
	50m:	32.80 32.80	150m:	1:50.18 39.11	250m:	3:16.23 47.41	350m:	4:40.14 36.79	
	100m:	1:11.07 38.27	200m:	2:28.82 38.64	300m:	4:03.35 47.12	400m:	5:15.48 35.34	
28.	MACIASZCZYK Weronika		04	UKS SP-149 Łódź				5:15.53	552
	50m:	34.03 34.03	150m:	1:52.31 40.68	250m:	3:17.49 44.95	350m:	4:40.55 37.05	
	100m:	1:11.63 37.60	200m:	2:32.54 40.23	300m:	4:03.50 46.01	400m:	5:15.53 34.98	
29.	KOŁODZIEJCZYK Oliwia		03	KU AZS UMCS Lublin				5:17.72	541
	50m:	33.39 33.39	150m:	1:52.15 39.99	250m:	3:17.31 45.58	350m:	4:41.78 37.51	
	100m:	1:12.16 38.77	200m:	2:31.73 39.58	300m:	4:04.27 46.96	400m:	5:17.72 35.94	
30.	BURDYN Dominika		05	KU AZS UMCS Lublin				5:17.82	540
	50m:	31.90 31.90	150m:	1:50.29 40.41	250m:	3:15.68 46.42	350m:	4:41.42 38.31	
	100m:	1:09.88 37.98	200m:	2:29.26 38.97	300m:	4:03.11 47.43	400m:	5:17.82 36.40	
31.	URBA SKA Patrycja		05	MKS Jedyńka Łódź				5:19.51	532
	50m:	34.48 34.48	150m:	1:54.76 39.32	250m:	3:18.59 44.59	350m:	4:43.58 38.40	
	100m:	1:15.44 40.96	200m:	2:34.00 39.24	300m:	4:05.18 46.59	400m:	5:19.51 35.93	



Arena Grand Prix Puchar Polski
Łódź, 9. - 10.11.2019

Konkurencja 1, Kobiety, 400m zmienny, 14 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
32.	GWAJ Julia				04	Mi dzyszkolny UKS „Olimpijczyk” Suwałki				5:20.83	525	
	50m:	33.98	33.98	150m:	1:52.48	40.57	250m:	3:18.01	45.65	350m:	4:42.79	38.67
	100m:	1:11.91	37.93	200m:	2:32.36	39.88	300m:	4:04.12	46.11	400m:	5:20.83	38.04
33.	JAKUBIK Julia				05	UKP Unia O wi cim				5:21.17	524	
	50m:	34.59	34.59	150m:	1:57.25	41.40	250m:	3:21.67	44.90	350m:	4:45.60	37.45
	100m:	1:15.85	41.26	200m:	2:36.77	39.52	300m:	4:08.15	46.48	400m:	5:21.17	35.57
34.	SAMORAJ Oliwia				05	MKS Piaseczno				5:25.14	505	
	50m:	33.75	33.75	150m:	1:55.60	41.82	250m:	3:22.79	47.23	350m:	4:49.43	38.43
	100m:	1:13.78	40.03	200m:	2:35.56	39.96	300m:	4:11.00	48.21	400m:	5:25.14	35.71
35.	DYDUCH Martyna				04	UKP Unia O wi cim				5:25.34	504	
	50m:	35.82	35.82	150m:	1:59.47	42.33	250m:	3:27.54	46.37	350m:	4:50.41	36.87
	100m:	1:17.14	41.32	200m:	2:41.17	41.70	300m:	4:13.54	46.00	400m:	5:25.34	34.93
36.	MACIASZCZYK Wiktoria				04	UKS SP-149 Łódź				5:25.77	502	
	50m:	33.80	33.80	150m:	1:53.26	40.89	250m:	3:20.18	47.14	350m:	4:47.41	39.58
	100m:	1:12.37	38.57	200m:	2:33.04	39.78	300m:	4:07.83	47.65	400m:	5:25.77	38.36
37.	NOWAK Paulina				05	UKS Tri-Team Rumia				5:27.87	492	
	50m:	38.05	38.05	150m:	2:02.74	41.18	250m:	3:29.26	45.67	350m:	4:51.55	37.23
	100m:	1:21.56	43.51	200m:	2:43.59	40.85	300m:	4:14.32	45.06	400m:	5:27.87	36.32
38.	KESLER Katarzyna				04	UKS Manta Warszawa Włochy				5:28.39	490	
	50m:	34.33	34.33	150m:	1:55.84	41.30	250m:	3:22.70	46.24	350m:	4:49.50	39.65
	100m:	1:14.54	40.21	200m:	2:36.46	40.62	300m:	4:09.85	47.15	400m:	5:28.39	38.89
39.	BUKOWSKA Olga				05	MKS „Pałac Młodzieży”				5:34.62	463	
	50m:	35.37	35.37	150m:	2:01.29	44.31	250m:	3:31.67	47.70	350m:	4:58.05	38.49
	100m:	1:16.98	41.61	200m:	2:43.97	42.68	300m:	4:19.56	47.89	400m:	5:34.62	36.57
40.	ZI BA Anastazja				05	MTPK Delfin Toru				5:34.64	463	
	50m:	33.38	33.38	150m:	2:01.09	46.34	250m:	3:31.44	47.05	350m:	4:57.22	38.78
	100m:	1:14.75	41.37	200m:	2:44.39	43.30	300m:	4:18.44	47.00	400m:	5:34.64	37.42
41.	TOFIL Emilia				05	KS Delfin Gdynia				5:35.90	458	
	50m:	36.27	36.27	150m:	2:02.41	42.33	250m:	3:31.95	48.28	350m:	4:59.13	37.94
	100m:	1:20.08	43.81	200m:	2:43.67	41.26	300m:	4:21.19	49.24	400m:	5:35.90	36.77
42.	KOWALCZYK Katarzyna				05	UKS SP-149 Łódź				5:39.32	444	
	50m:	37.17	37.17	150m:	2:05.12	46.43	250m:	3:36.29	46.12	350m:	5:01.35	38.68
	100m:	1:18.69	41.52	200m:	2:50.17	45.05	300m:	4:22.67	46.38	400m:	5:39.32	37.97

17 - 18 lat

1.	KOSI SKA Dominika				01	AZS AWF Katowice				5:01.56	633	
	50m:	31.93	31.93	150m:	1:46.20	38.24	250m:	3:07.52	44.84	350m:	4:27.80	34.47
	100m:	1:07.96	36.03	200m:	2:22.68	36.48	300m:	3:53.33	45.81	400m:	5:01.56	33.76
2.	PROCHOWNIK Martyna				02	KU AZS UMCS Lublin				5:06.80	601	
	50m:	31.34	31.34	150m:	1:47.04	39.39	250m:	3:10.12	44.24	350m:	4:31.57	36.57
	100m:	1:07.65	36.31	200m:	2:25.88	38.84	300m:	3:55.00	44.88	400m:	5:06.80	35.23
3.	KUCHTA Maria				02	UKS „Dwójka” Tczew				5:08.62	590	
	50m:	32.03	32.03	150m:	1:49.38	40.73	250m:	3:14.39	46.01	350m:	4:34.73	34.89
	100m:	1:08.65	36.62	200m:	2:28.38	39.00	300m:	3:59.84	45.45	400m:	5:08.62	33.89
4.	NOCO Dominika				02	UKP Unia O wi cim				5:12.74	567	
	50m:	32.97	32.97	150m:	1:50.81	40.24	250m:	3:15.81	45.35	350m:	4:36.98	36.03
	100m:	1:10.57	37.60	200m:	2:30.46	39.65	300m:	4:00.95	45.14	400m:	5:12.74	35.76



Arena Grand Prix Puchar Polski
Łódź, 9. - 10.11.2019

Konkurencja 1, Kobiet, 400m zmienny, 17 - 18 lat

Pozycja			Rok ur.					Czas	Pkt.			
5.	KRYPA Marta		02	UKS Manta Warszawa Włochy				5:13.29	564			
	50m:	32.63	32.63	150m:	1:51.14	40.67	250m:	3:16.48	44.75	350m:	4:38.00	36.05
	100m:	1:10.47	37.84	200m:	2:31.73	40.59	300m:	4:01.95	45.47	400m:	5:13.29	35.29

16 lat

1.	HERBREder Gabriela		03	UKS „GIM 92 Ursynów”				4:51.05	704			
	50m:	30.65	30.65	150m:	1:44.39	37.75	250m:	3:02.19	40.97	350m:	4:18.72	34.24
	100m:	1:06.64	35.99	200m:	2:21.22	36.83	300m:	3:44.48	42.29	400m:	4:51.05	32.33
2.	KNOP Aleksandra		03	UKS 190 Łódź				4:53.95	683			
	50m:	31.48	31.48	150m:	1:43.80	37.34	250m:	3:03.70	43.88	350m:	4:21.10	33.57
	100m:	1:06.46	34.98	200m:	2:19.82	36.02	300m:	3:47.53	43.83	400m:	4:53.95	32.85
3.	NOWAK Maja		03	AZS AWF Warszawa				5:00.53	639			
	50m:	33.01	33.01	150m:	1:47.91	37.84	250m:	3:09.22	43.84	350m:	4:27.68	34.23
	100m:	1:10.07	37.06	200m:	2:25.38	37.47	300m:	3:53.45	44.23	400m:	5:00.53	32.85
4.	CIOCH-GRADZIK Wiktoria		03	KU AZS UMCS Lublin				5:03.93	618			
	50m:	32.60	32.60	150m:	1:49.00	39.41	250m:	3:11.90	44.02	350m:	4:30.41	34.43
	100m:	1:09.59	36.99	200m:	2:27.88	38.88	300m:	3:55.98	44.08	400m:	5:03.93	33.52
5.	MO D AN Milena		03	MKP Szczecin				5:04.59	614			
	50m:	32.30	32.30	150m:	1:48.27	38.93	250m:	3:10.59	44.14	350m:	4:30.30	34.83
	100m:	1:09.34	37.04	200m:	2:26.45	38.18	300m:	3:55.47	44.88	400m:	5:04.59	34.29
6.	MACIEJEWSKA Beata		03	UKS SP-149 Łódź				5:05.61	608			
	50m:	34.03	34.03	150m:	1:50.36	38.40	250m:	3:12.20	43.32	350m:	4:31.11	35.30
	100m:	1:11.96	37.93	200m:	2:28.88	38.52	300m:	3:55.81	43.61	400m:	5:05.61	34.50
7.	STERNICZUK Weronika		03	UKS Pi tka Konstancynów Łódzki				5:14.79	556			
	50m:	32.19	32.19	150m:	1:52.44	42.66	250m:	3:18.02	43.67	350m:	4:39.32	36.90
	100m:	1:09.78	37.59	200m:	2:34.35	41.91	300m:	4:02.42	44.40	400m:	5:14.79	35.47
8.	KOŁODZIEJCZYK Oliwia		03	KU AZS UMCS Lublin				5:17.72	541			
	50m:	33.39	33.39	150m:	1:52.15	39.99	250m:	3:17.31	45.58	350m:	4:41.78	37.51
	100m:	1:12.16	38.77	200m:	2:31.73	39.58	300m:	4:04.27	46.96	400m:	5:17.72	35.94

15 lat

1.	GU Wiktoria		04	UKS „Delfin” Piotrków Trybunalski				4:49.53	715			
	50m:	31.58	31.58	150m:	1:44.36	36.75	250m:	3:01.29	40.52	350m:	4:16.30	33.72
	100m:	1:07.61	36.03	200m:	2:20.77	36.41	300m:	3:42.58	41.29	400m:	4:49.53	33.23
2.	BEDNARZ Julia		04	UKS „ORKA” Zamo				5:01.76	631			
	50m:	31.65	31.65	150m:	1:46.27	38.72	250m:	3:07.06	42.56	350m:	4:26.67	36.76
	100m:	1:07.55	35.90	200m:	2:24.50	38.23	300m:	3:49.91	42.85	400m:	5:01.76	35.09
3.	LALA Nadia		04	UKP Unia O wi cim				5:04.93	612			
	50m:	32.80	32.80	150m:	1:49.92	39.60	250m:	3:11.71	42.42	350m:	4:30.91	35.76
	100m:	1:10.32	37.52	200m:	2:29.29	39.37	300m:	3:55.15	43.44	400m:	5:04.93	34.02
4.	BOCIEK Wiktoria		04	KS GÓRNIK Sosnowiec				5:05.18	610			
	50m:	32.16	32.16	150m:	1:48.44	39.57	250m:	3:12.37	44.62	350m:	4:32.25	34.75
	100m:	1:08.87	36.71	200m:	2:27.75	39.31	300m:	3:57.50	45.13	400m:	5:05.18	32.93
5.	MIKOŁAJCZYK Maja		04	UKS SP-149 Łódź				5:06.74	601			
	50m:	32.29	32.29	150m:	1:47.76	39.16	250m:	3:10.02	42.85	350m:	4:30.14	36.38
	100m:	1:08.60	36.31	200m:	2:27.17	39.41	300m:	3:53.76	43.74	400m:	5:06.74	36.60
6.	CYGAN Julia		04	MKS „Astoria” Bydgoszcz				5:07.03	599			
	50m:	33.44	33.44	150m:	1:50.95	39.80	250m:	3:12.79	42.98	350m:	4:31.96	36.17
	100m:	1:11.15	37.71	200m:	2:29.81	38.86	300m:	3:55.79	43.00	400m:	5:07.03	35.07



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Konkurencja 1, Dziewcz t, 400m zmienny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.
7.	AK Amelia		04	UKP Unia O wi cim				5:10.64	579
	50m:	33.82 33.82	150m:	1:52.54 40.52	250m:	3:16.06 44.54	350m:	4:36.09 34.90	
	100m:	1:12.02 38.20	200m:	2:31.52 38.98	300m:	4:01.19 45.13	400m:	5:10.64 34.55	
8.	SIOMA Zuzanna		04	UKS „ORKA” Zamo				5:12.25	570
	50m:	32.56 32.56	150m:	1:49.40 39.06	250m:	3:12.68 45.35	350m:	4:37.01 38.55	
	100m:	1:10.34 37.78	200m:	2:27.33 37.93	300m:	3:58.46 45.78	400m:	5:12.25 35.24	
9.	TYMI SKA Zofia		04	UKP „Polonia Warszawa”				5:14.75	556
	50m:	33.95 33.95	150m:	1:53.07 40.02	250m:	3:16.54 43.14	350m:	4:38.55 37.70	
	100m:	1:13.05 39.10	200m:	2:33.40 40.33	300m:	4:00.85 44.31	400m:	5:14.75 36.20	
10.	SIWKO Natalia		04	KU AZS UMCS Lublin				5:15.48	552
	50m:	32.80 32.80	150m:	1:50.18 39.11	250m:	3:16.23 47.41	350m:	4:40.14 36.79	
	100m:	1:11.07 38.27	200m:	2:28.82 38.64	300m:	4:03.35 47.12	400m:	5:15.48 35.34	
11.	MACIASZCZYK Weronika		04	UKS SP-149 Łód				5:15.53	552
	50m:	34.03 34.03	150m:	1:52.31 40.68	250m:	3:17.49 44.95	350m:	4:40.55 37.05	
	100m:	1:11.63 37.60	200m:	2:32.54 40.23	300m:	4:03.50 46.01	400m:	5:15.53 34.98	
12.	GWAJ Julia		04	Mi dzyszkolny UKS „Olimpijczyk” Suwałki				5:20.83	525
	50m:	33.98 33.98	150m:	1:52.48 40.57	250m:	3:18.01 45.65	350m:	4:42.79 38.67	
	100m:	1:11.91 37.93	200m:	2:32.36 39.88	300m:	4:04.12 46.11	400m:	5:20.83 38.04	
13.	DYDUCH Martyna		04	UKP Unia O wi cim				5:25.34	504
	50m:	35.82 35.82	150m:	1:59.47 42.33	250m:	3:27.54 46.37	350m:	4:50.41 36.87	
	100m:	1:17.14 41.32	200m:	2:41.17 41.70	300m:	4:13.54 46.00	400m:	5:25.34 34.93	
14.	MACIASZCZYK Wiktoria		04	UKS SP-149 Łód				5:25.77	502
	50m:	33.80 33.80	150m:	1:53.26 40.89	250m:	3:20.18 47.14	350m:	4:47.41 39.58	
	100m:	1:12.37 38.57	200m:	2:33.04 39.78	300m:	4:07.83 47.65	400m:	5:25.77 38.36	
15.	KESLER Katarzyna		04	UKS Manta Warszawa Włochy				5:28.39	490
	50m:	34.33 34.33	150m:	1:55.84 41.30	250m:	3:22.70 46.24	350m:	4:49.50 39.65	
	100m:	1:14.54 40.21	200m:	2:36.46 40.62	300m:	4:09.85 47.15	400m:	5:28.39 38.89	
14 lat									
1.	BERNAT Laura		05	KS OLIMPIA Lublin				5:03.78	619
	50m:	33.04 33.04	150m:	1:48.45 36.71	250m:	3:08.46 44.70	350m:	4:29.92 36.39	
	100m:	1:11.74 38.70	200m:	2:23.76 35.31	300m:	3:53.53 45.07	400m:	5:03.78 33.86	
2.	SZALAST Karolina		05	UKS Tri-Team Rumia				5:08.31	592
	50m:	33.35 33.35	150m:	1:49.88 38.35	250m:	3:13.25 45.27	350m:	4:34.36 35.88	
	100m:	1:11.53 38.18	200m:	2:27.98 38.10	300m:	3:58.48 45.23	400m:	5:08.31 33.95	
3.	PALICKA Wiktoria		05	TP Skalar Słupsk				5:10.86	577
	50m:	34.34 34.34	150m:	1:51.29 37.12	250m:	3:12.87 45.18	350m:	4:35.99 35.80	
	100m:	1:14.17 39.83	200m:	2:27.69 36.40	300m:	4:00.19 47.32	400m:	5:10.86 34.87	
4.	BURDYN Dominika		05	KU AZS UMCS Lublin				5:17.82	540
	50m:	31.90 31.90	150m:	1:50.29 40.41	250m:	3:15.68 46.42	350m:	4:41.42 38.31	
	100m:	1:09.88 37.98	200m:	2:29.26 38.97	300m:	4:03.11 47.43	400m:	5:17.82 36.40	
5.	URBA SKA Patrycja		05	MKS Jedyńka Łód				5:19.51	532
	50m:	34.48 34.48	150m:	1:54.76 39.32	250m:	3:18.59 44.59	350m:	4:43.58 38.40	
	100m:	1:15.44 40.96	200m:	2:34.00 39.24	300m:	4:05.18 46.59	400m:	5:19.51 35.93	
6.	JAKUBIK Julia		05	UKP Unia O wi cim				5:21.17	524
	50m:	34.59 34.59	150m:	1:57.25 41.40	250m:	3:21.67 44.90	350m:	4:45.60 37.45	
	100m:	1:15.85 41.26	200m:	2:36.77 39.52	300m:	4:08.15 46.48	400m:	5:21.17 35.57	



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Konkurencja 1, Dziewcząt, 400m zmienny, 14 lat

Pozycja	Rok ur.								Czas	Pkt.	
7. SAMORAJ Oliwia	05 MKS Piaseczno								5:25.14	505	
50m:	33.75	33.75	150m:	1:55.60	41.82	250m:	3:22.79	47.23	350m:	4:49.43	38.43
100m:	1:13.78	40.03	200m:	2:35.56	39.96	300m:	4:11.00	48.21	400m:	5:25.14	35.71
8. NOWAK Paulina	05 UKS Tri-Team Rumia								5:27.87	492	
50m:	38.05	38.05	150m:	2:02.74	41.18	250m:	3:29.26	45.67	350m:	4:51.55	37.23
100m:	1:21.56	43.51	200m:	2:43.59	40.85	300m:	4:14.32	45.06	400m:	5:27.87	36.32
9. BUKOWSKA Olga	05 MKS „Pałac Młodzieży”								5:34.62	463	
50m:	35.37	35.37	150m:	2:01.29	44.31	250m:	3:31.67	47.70	350m:	4:58.05	38.49
100m:	1:16.98	41.61	200m:	2:43.97	42.68	300m:	4:19.56	47.89	400m:	5:34.62	36.57
10. ZI BA Anastazja	05 MTKP Delfin Toru								5:34.64	463	
50m:	33.38	33.38	150m:	2:01.09	46.34	250m:	3:31.44	47.05	350m:	4:57.22	38.78
100m:	1:14.75	41.37	200m:	2:44.39	43.30	300m:	4:18.44	47.00	400m:	5:34.64	37.42
11. TOFIL Emilia	05 KS Delfin Gdynia								5:35.90	458	
50m:	36.27	36.27	150m:	2:02.41	42.33	250m:	3:31.95	48.28	350m:	4:59.13	37.94
100m:	1:20.08	43.81	200m:	2:43.67	41.26	300m:	4:21.19	49.24	400m:	5:35.90	36.77
12. KOWALCZYK Katarzyna	05 UKS SP-149 Łódź								5:39.32	444	
50m:	37.17	37.17	150m:	2:05.12	46.43	250m:	3:36.29	46.12	350m:	5:01.35	38.68
100m:	1:18.69	41.52	200m:	2:50.17	45.05	300m:	4:22.67	46.38	400m:	5:39.32	37.97