

Arena Grand Prix Puchar Polski
Łódź, 9. - 10.11.2019Konkurencja 23
09.11.2019 - 18:12

M cyczn, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.						Czas	Pkt.		
14 lat i starsi												
1.	KAŁU Y	SKI Antoni	99	Mokotowski UKP Warszawianka- Wodny					3:49.20	794		
	50m:	26.40	26.40	150m:	1:24.25	29.18	250m:	2:23.36	29.46	350m:	3:21.84	28.92
	100m:	55.07	28.67	200m:	1:53.90	29.65	300m:	2:52.92	29.56	400m:	3:49.20	27.36
2.	KAROLCZAK	Jan	01	UKS G-8 Bielany Warszawa					3:52.19	763		
	50m:	27.05	27.05	150m:	1:25.61	29.31	250m:	2:24.42	29.27	350m:	3:23.11	29.20
	100m:	56.30	29.25	200m:	1:55.15	29.54	300m:	2:53.91	29.49	400m:	3:52.19	29.08
3.	CHRZANOWSKI	Damian	98	WKS I sk Wrocław					3:55.98	727		
	50m:	27.52	27.52	150m:	1:28.09	30.44	250m:	2:28.61	29.94	350m:	3:27.91	29.42
	100m:	57.65	30.13	200m:	1:58.67	30.58	300m:	2:58.49	29.88	400m:	3:55.98	28.07
4.	DERE	Kacper	98	WKS I sk Wrocław					3:56.04	727		
	50m:	26.79	26.79	150m:	1:25.50	29.52	250m:	2:25.64	30.07	350m:	3:26.61	30.74
	100m:	55.98	29.19	200m:	1:55.57	30.07	300m:	2:55.87	30.23	400m:	3:56.04	29.43
5.	KISZCZAK	Jakub	00	WKS I sk Wrocław					3:56.41	723		
	50m:	26.86	26.86	150m:	1:27.15	30.36	250m:	2:27.78	29.86	350m:	3:27.97	29.88
	100m:	56.79	29.93	200m:	1:57.92	30.77	300m:	2:58.09	30.31	400m:	3:56.41	28.44
6.	KLICH	Kacper	94	KU AZS UMCS Lublin					3:57.62	712		
	50m:	27.29	27.29	150m:	1:27.31	30.00	250m:	2:27.29	29.95	350m:	3:28.14	30.34
	100m:	57.31	30.02	200m:	1:57.34	30.03	300m:	2:57.80	30.51	400m:	3:57.62	29.48
7.	SZCZERBA	Adam	02	KU AZS UMCS Lublin					3:58.29	706		
	50m:	27.12	27.12	150m:	1:27.68	30.53	250m:	2:28.22	30.21	350m:	3:28.74	30.37
	100m:	57.15	30.03	200m:	1:58.01	30.33	300m:	2:58.37	30.15	400m:	3:58.29	29.55
8.	KIEŁCZEWSKI	Amadeusz	00	MKP Szczecin					3:59.97	691		
	50m:	27.61	27.61	150m:	1:28.42	30.47	250m:	2:29.63	30.46	350m:	3:31.82	31.07
	100m:	57.95	30.34	200m:	1:59.17	30.75	300m:	3:00.75	31.12	400m:	3:59.97	28.15
9.	CHODULSKI	Jakub	00	KU AZS UMCS Lublin					4:00.15	690		
	50m:	27.58	27.58	150m:	1:28.36	30.76	250m:	2:29.95	30.64	350m:	3:31.23	30.39
	100m:	57.60	30.02	200m:	1:59.31	30.95	300m:	3:00.84	30.89	400m:	4:00.15	28.92
10.	JAWORSKI	Szymon	01	WKS I sk Wrocław					4:00.19	690		
	50m:	27.20	27.20	150m:	1:27.18	30.35	250m:	2:28.33	30.63	350m:	3:30.26	30.95
	100m:	56.83	29.63	200m:	1:57.70	30.52	300m:	2:59.31	30.98	400m:	4:00.19	29.93
11.	JACKOWSKI	Tomasz	02	WKS I sk Wrocław					4:00.99	683		
	50m:	27.27	27.27	150m:	1:27.91	30.52	250m:	2:28.61	30.06	350m:	3:30.26	31.19
	100m:	57.39	30.12	200m:	1:58.55	30.64	300m:	2:59.07	30.46	400m:	4:00.99	30.73
12.	GŁUSZKOWSKI	Mateusz	01	Uks Cityzen					4:01.63	677		
	50m:	27.94	27.94	150m:	1:28.78	30.21	250m:	2:30.35	30.53	350m:	3:31.51	30.48
	100m:	58.57	30.63	200m:	1:59.82	31.04	300m:	3:01.03	30.68	400m:	4:01.63	30.12
13.	KORONA	Kacper	03	MKP Szczecin					4:02.18	673		
	50m:	27.93	27.93	150m:	1:28.63	30.63	250m:	2:30.60	30.95	350m:	3:32.26	30.34
	100m:	58.00	30.07	200m:	1:59.65	31.02	300m:	3:01.92	31.32	400m:	4:02.18	29.92
14.	MENCEL	Miłosz	02	WKS I sk Wrocław					4:02.43	671		
	50m:	28.22	28.22	150m:	1:30.11	31.16	250m:	2:31.76	30.74	350m:	3:32.43	29.88
	100m:	58.95	30.73	200m:	2:01.02	30.91	300m:	3:02.55	30.79	400m:	4:02.43	30.00
15.	MAŁYSKA	Bartosz	99	KU AZS UMCS Lublin					4:02.47	670		
	50m:	27.86	27.86	150m:	1:28.70	30.60	250m:	2:30.59	30.94	350m:	3:32.80	31.09
	100m:	58.10	30.24	200m:	1:59.65	30.95	300m:	3:01.71	31.12	400m:	4:02.47	29.67



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Konkurencja 23, M cżyn, 400m dowolny, 14 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
16.	KONCKI Bartłomiej				01	KS „Wisła” Puławy				4:02.50	670	
	50m:	28.02	28.02	150m:	1:28.34	30.21	250m:	2:29.92	30.86	350m:	3:32.66	31.29
	100m:	58.13	30.11	200m:	1:59.06	30.72	300m:	3:01.37	31.45	400m:	4:02.50	29.84
17.	OLCZAK Kacper				04	MKS Trójka Łódź				4:02.56	670	
	50m:	27.57	27.57	150m:	1:29.25	31.04	250m:	2:31.29	30.82	350m:	3:33.24	30.81
	100m:	58.21	30.64	200m:	2:00.47	31.22	300m:	3:02.43	31.14	400m:	4:02.56	29.32
18.	KONARSKI Maciej				04	UKS „GIM 92 Ursynów”				4:02.66	669	
	50m:	28.47	28.47	150m:	1:29.72	30.44	250m:	2:31.19	30.56	350m:	3:33.32	30.96
	100m:	59.28	30.81	200m:	2:00.63	30.91	300m:	3:02.36	31.17	400m:	4:02.66	29.34
19.	NOWICZKOW Jakub				01	KU AZS UMCS Lublin				4:02.68	669	
	50m:	27.94	27.94	150m:	1:29.50	30.91	250m:	2:31.39	31.06	350m:	3:33.36	30.78
	100m:	58.59	30.65	200m:	2:00.33	30.83	300m:	3:02.58	31.19	400m:	4:02.68	29.32
20.	WODY SKI Bartosz				02	KU AZS Politechniki Łódzkiej				4:03.09	665	
	50m:	28.13	28.13	150m:	1:28.51	30.47	250m:	2:30.59	31.00	350m:	3:33.03	31.14
	100m:	58.04	29.91	200m:	1:59.59	31.08	300m:	3:01.89	31.30	400m:	4:03.09	30.06
21.	TRYLSKI Wiktor				03	UKS Tri-Team Rumia				4:03.50	662	
	50m:	28.66	28.66	150m:	1:29.95	30.78	250m:	2:32.17	31.18	350m:	3:33.97	30.65
	100m:	59.17	30.51	200m:	2:00.99	31.04	300m:	3:03.32	31.15	400m:	4:03.50	29.53
22.	URBA SKI Michał				01	KS Delfin Gdynia				4:04.18	656	
	50m:	28.46	28.46	150m:	1:29.72	30.77	250m:	2:31.47	30.88	350m:	3:34.82	31.92
	100m:	58.95	30.49	200m:	2:00.59	30.87	300m:	3:02.90	31.43	400m:	4:04.18	29.36
23.	CHMIELEWSKI Krzysztof				04	IUKS „Muszelka” Warszawa				4:04.64	653	
	50m:	27.82	27.82	150m:	1:29.14	30.89	250m:	2:31.17	31.16	350m:	3:34.00	31.59
	100m:	58.25	30.43	200m:	2:00.01	30.87	300m:	3:02.41	31.24	400m:	4:04.64	30.64
24.	CHMIELEWSKI Michał				04	IUKS „Muszelka” Warszawa				4:05.02	650	
	50m:	28.49	28.49	150m:	1:30.47	31.06	250m:	2:32.39	30.82	350m:	3:34.82	31.14
	100m:	59.41	30.92	200m:	2:01.57	31.10	300m:	3:03.68	31.29	400m:	4:05.02	30.20
25.	NIESTUJ Piotr				02	St. Lok. SALOS Cortile Kielce				4:05.32	647	
	50m:	28.12	28.12	150m:	1:30.24	31.26	250m:	2:32.98	31.07	350m:	3:35.72	31.45
	100m:	58.98	30.86	200m:	2:01.91	31.67	300m:	3:04.27	31.29	400m:	4:05.32	29.60
26.	SZARPAK Marcin				01	AZS AWF Katowice				4:05.39	647	
	50m:	27.79	27.79	150m:	1:30.38	31.73	250m:	2:33.11	31.05	350m:	3:35.90	31.39
	100m:	58.65	30.86	200m:	2:02.06	31.68	300m:	3:04.51	31.40	400m:	4:05.39	29.49
27.	LEWANDOWSKI Oliwier				03	KP MZOS Płock				4:05.53	645	
	50m:	28.41	28.41	150m:	1:30.34	31.18	250m:	2:33.68	31.90	350m:	3:36.54	31.29
	100m:	59.16	30.75	200m:	2:01.78	31.44	300m:	3:05.25	31.57	400m:	4:05.53	28.99
28.	PŁOSZKA Kacper				05	MKS Jedyńka Łódź				4:05.58	645	
	50m:	28.09	28.09	150m:	1:29.75	30.92	250m:	2:32.62	31.54	350m:	3:35.73	31.01
	100m:	58.83	30.74	200m:	2:01.08	31.33	300m:	3:04.72	32.10	400m:	4:05.58	29.85
29.	CHYRCHAŁA Rafał				02	UKS „ORKA” Zamo				4:05.70	644	
	50m:	28.89	28.89	150m:	1:30.52	30.98	250m:	2:32.42	30.93	350m:	3:35.10	31.26
	100m:	59.54	30.65	200m:	2:01.49	30.97	300m:	3:03.84	31.42	400m:	4:05.70	30.60
30.	LIK Kacper				02	MKS Jedyńka Łódź				4:06.37	639	
	50m:	28.41	28.41	150m:	1:29.86	30.86	250m:	2:32.33	31.60	350m:	3:35.54	31.63
	100m:	59.00	30.59	200m:	2:00.73	30.87	300m:	3:03.91	31.58	400m:	4:06.37	30.83
31.	KLISZ Krystian				02	MKP Szczecin				4:06.61	637	
	50m:	28.91	28.91	150m:	1:32.09	31.55	250m:	2:35.47	31.57	350m:	3:37.18	30.56
	100m:	1:00.54	31.63	200m:	2:03.90	31.81	300m:	3:06.62	31.15	400m:	4:06.61	29.43



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Konkurencja 23, M czołowy, 400m dowolny, 14 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
32.	DOŁOWY Grzegorz				02	IUKS „Muszelka” Warszawa				4:06.63	637	
	50m:	28.48	28.48	150m:	1:29.70	30.80	250m:	2:32.50	31.34	350m:	3:36.00	31.68
	100m:	58.90	30.42	200m:	2:01.16	31.46	300m:	3:04.32	31.82	400m:	4:06.63	30.63
33.	MICHALSKI Wojciech				01	MKP Szczecin				4:07.91	627	
	50m:	28.52	28.52	150m:	1:32.00	32.02	250m:	2:35.72	31.74	350m:	3:38.16	30.93
	100m:	59.98	31.46	200m:	2:03.98	31.98	300m:	3:07.23	31.51	400m:	4:07.91	29.75
34.	SOBIESZUK Kacper				02	KU AZS UMCS Lublin				4:08.63	622	
	50m:	28.04	28.04	150m:	1:31.27	31.56	250m:	2:34.95	31.62	350m:	3:38.37	31.83
	100m:	59.71	31.67	200m:	2:03.33	32.06	300m:	3:06.54	31.59	400m:	4:08.63	30.26
35.	JÓ KÓW Cezary				01	WKS I sk Wrocław				4:09.24	617	
	50m:	28.85	28.85	150m:	1:30.94	31.34	250m:	2:34.64	31.82	350m:	3:37.95	31.70
	100m:	59.60	30.75	200m:	2:02.82	31.88	300m:	3:06.25	31.61	400m:	4:09.24	31.29
36.	ZDZIEBŁO Piotr				02	WKS I sk Wrocław				4:09.35	616	
	50m:	28.54	28.54	150m:	1:30.65	31.20	250m:	2:33.97	31.69	350m:	3:38.39	32.23
	100m:	59.45	30.91	200m:	2:02.28	31.63	300m:	3:06.16	32.19	400m:	4:09.35	30.96
37.	LECH Filip				01	KU AZS UMCS Lublin				4:09.36	616	
	50m:	28.04	28.04	150m:	1:29.52	30.91	250m:	2:32.66	31.92	350m:	3:37.47	32.75
	100m:	58.61	30.57	200m:	2:00.74	31.22	300m:	3:04.72	32.06	400m:	4:09.36	31.89
38.	GORRA Mikołaj				03	MKP Szczecin				4:09.38	616	
	50m:	28.18	28.18	150m:	1:32.05	32.11	250m:	2:36.04	31.86	350m:	3:39.64	31.76
	100m:	59.94	31.76	200m:	2:04.18	32.13	300m:	3:07.88	31.84	400m:	4:09.38	29.74
39.	SAGAN Jakub				02	KU AZS UMCS Lublin				4:09.63	614	
	50m:	28.74	28.74	150m:	1:33.76	32.33	250m:	2:38.31	31.81	350m:	3:38.04	29.16
	100m:	1:01.43	32.69	200m:	2:06.50	32.74	300m:	3:08.88	30.57	400m:	4:09.63	31.59
40.	BRYŁA Kamil				99	KU AZS UMCS Lublin				4:09.76	613	
	50m:	27.93	27.93	150m:	1:30.15	31.52	250m:	2:34.09	31.83	350m:	3:38.52	32.32
	100m:	58.63	30.70	200m:	2:02.26	32.11	300m:	3:06.20	32.11	400m:	4:09.76	31.24
41.	ZAREMBA Adam				05	WKS I sk Wrocław				4:09.90	612	
	50m:	28.50	28.50	150m:	1:32.72	32.28	250m:	2:36.29	31.01	350m:	3:39.41	31.41
	100m:	1:00.44	31.94	200m:	2:05.28	32.56	300m:	3:08.00	31.71	400m:	4:09.90	30.49
42.	NIEDZIAŁEK Michał				03	MTP Kormoran Olsztyn				4:10.98	604	
	50m:	29.52	29.52	150m:	1:32.63	31.68	250m:	2:36.74	32.16	350m:	3:40.17	31.74
	100m:	1:00.95	31.43	200m:	2:04.58	31.95	300m:	3:08.43	31.69	400m:	4:10.98	30.81
43.	KAPAŁA Szymon				03	MTP Kormoran Olsztyn				4:11.11	603	
	50m:	29.31	29.31	150m:	1:32.75	31.70	250m:	2:36.16	31.73	350m:	3:39.97	31.87
	100m:	1:01.05	31.74	200m:	2:04.43	31.68	300m:	3:08.10	31.94	400m:	4:11.11	31.14
44.	DUDKIEWICZ Kacper				02	MKS Polonia Warszawa				4:11.19	603	
	50m:	28.20	28.20	150m:	1:31.47	32.45	250m:	2:36.04	32.44	350m:	3:40.13	31.35
	100m:	59.02	30.82	200m:	2:03.60	32.13	300m:	3:08.78	32.74	400m:	4:11.19	31.06
45.	LE NIAK Maksymilian				04	UKS 190 Łódź				4:11.34	602	
	50m:	28.50	28.50	150m:	1:32.30	32.20	250m:	2:36.38	32.16	350m:	3:40.60	31.94
	100m:	1:00.10	31.60	200m:	2:04.22	31.92	300m:	3:08.66	32.28	400m:	4:11.34	30.74
46.	PŁATEK Maciej				02	UKP Unia O wi cim				4:11.39	601	
	50m:	29.27	29.27	150m:	1:33.04	32.07	250m:	2:37.03	31.86	350m:	3:39.87	30.97
	100m:	1:00.97	31.70	200m:	2:05.17	32.13	300m:	3:08.90	31.87	400m:	4:11.39	31.52
47.	PIELA Michał				04	UKP Unia O wi cim				4:12.16	596	
	50m:	29.33	29.33	150m:	1:33.70	32.34	250m:	2:38.16	32.31	350m:	3:41.70	31.54
	100m:	1:01.36	32.03	200m:	2:05.85	32.15	300m:	3:10.16	32.00	400m:	4:12.16	30.46

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Pozycja					Rok ur.					Czas	Pkt.	
48.	ZIELI	SKI Konrad			03	UKS 190 Łód				4:12.41	594	
	50m:	29.25	29.25	150m:	1:33.08	32.21	250m:	2:37.69	31.71	350m:	3:40.90	32.21
	100m:	1:00.87	31.62	200m:	2:05.98	32.90	300m:	3:08.69	31.00	400m:	4:12.41	31.51
49.	MY	LIWIEC Bartosz			04	MKP Szczecin				4:12.75	592	
	50m:	29.42	29.42	150m:	1:33.74	32.32	250m:	2:37.82	31.97	350m:	3:41.89	32.12
	100m:	1:01.42	32.00	200m:	2:05.85	32.11	300m:	3:09.77	31.95	400m:	4:12.75	30.86
50.	DOMALEWSKI	Bartłomiej			05	MTP Kormoran Olsztyn				4:13.06	590	
	50m:	28.59	28.59	150m:	1:32.30	32.15	250m:	2:37.22	32.53	350m:	3:42.00	32.37
	100m:	1:00.15	31.56	200m:	2:04.69	32.39	300m:	3:09.63	32.41	400m:	4:13.06	31.06
51.	STANISŁAWSKI	Bartosz			04	MKS Trójka Łód				4:13.13	589	
	50m:	28.88	28.88	150m:	1:33.48	32.68	250m:	2:39.37	32.79	350m:	3:42.91	31.35
	100m:	1:00.80	31.92	200m:	2:06.58	33.10	300m:	3:11.56	32.19	400m:	4:13.13	30.22
52.	GOŁACKI	Sergiusz			04	UKS 190 Łód				4:13.51	586	
	50m:	29.58	29.58	150m:	1:33.91	32.07	250m:	2:37.93	31.81	350m:	3:42.18	32.00
	100m:	1:01.84	32.26	200m:	2:06.12	32.21	300m:	3:10.18	32.25	400m:	4:13.51	31.33
53.	JUDA	Dominik			04	UKP Unia O wi cim				4:13.82	584	
	50m:	30.43	30.43	150m:	1:34.30	32.14	250m:	2:38.77	32.10	350m:	3:43.04	31.90
	100m:	1:02.16	31.73	200m:	2:06.67	32.37	300m:	3:11.14	32.37	400m:	4:13.82	30.78
54.	KLIMCZAK	Kacper			04	MKS Jedyńka Łód				4:14.35	581	
	50m:	29.26	29.26	150m:	1:33.99	32.56	250m:	2:38.86	32.34	350m:	3:43.03	31.88
	100m:	1:01.43	32.17	200m:	2:06.52	32.53	300m:	3:11.15	32.29	400m:	4:14.35	31.32
55.	RODKIEWICZ	Radosław			03	IUKS „Muszelka” Warszawa				4:14.70	578	
	50m:	29.13	29.13	150m:	1:32.11	31.72	250m:	2:37.01	32.61	350m:	3:42.78	32.39
	100m:	1:00.39	31.26	200m:	2:04.40	32.29	300m:	3:10.39	33.38	400m:	4:14.70	31.92
56.	ARENT	Artur			05	MKS Jedyńka Łód				4:16.86	564	
	50m:	29.76	29.76	150m:	1:34.92	32.66	250m:	2:39.86	32.49	350m:	3:44.98	32.67
	100m:	1:02.26	32.50	200m:	2:07.37	32.45	300m:	3:12.31	32.45	400m:	4:16.86	31.88
57.	NOWAK	Jan			02	KU AZS UMCS Lublin				4:16.98	563	
	50m:	28.52	28.52	150m:	1:33.61	32.72	250m:	2:38.63	32.56	350m:	3:44.30	33.24
	100m:	1:00.89	32.37	200m:	2:06.07	32.46	300m:	3:11.06	32.43	400m:	4:16.98	32.68
58.	CIESIELSKI	Artur			04	KU AZS Politechniki Łódzkiej				4:17.00	563	
	50m:	28.79	28.79	150m:	1:33.79	32.71	250m:	2:39.15	32.40	350m:	3:44.52	32.75
	100m:	1:01.08	32.29	200m:	2:06.75	32.96	300m:	3:11.77	32.62	400m:	4:17.00	32.48
59.	WIECZORKOWSKI	Nikodem			04	UKS „Dwójka” Tczew				4:17.46	560	
	50m:	29.61	29.61	150m:	1:34.86	32.72	250m:	2:40.16	32.74	350m:	3:45.51	32.62
	100m:	1:02.14	32.53	200m:	2:07.42	32.56	300m:	3:12.89	32.73	400m:	4:17.46	31.95
60.	CZERNAK	Konrad			98	KU AZS UMCS Lublin				4:17.56	559	
	50m:	28.77	28.77	150m:	1:33.91	32.90	250m:	2:39.65	32.92	350m:	3:45.27	32.81
	100m:	1:01.01	32.24	200m:	2:06.73	32.82	300m:	3:12.46	32.81	400m:	4:17.56	32.29
61.	J DRYKA	Nikodem			04	MKS Trójka Łód				4:17.79	558	
	50m:	29.15	29.15	150m:	1:34.49	33.13	250m:	2:40.12	32.77	350m:	3:45.46	32.65
	100m:	1:01.36	32.21	200m:	2:07.35	32.86	300m:	3:12.81	32.69	400m:	4:17.79	32.33
62.	PARA	Mikołaj			03	UKP Unia O wi cim				4:18.47	553	
	50m:	29.64	29.64	150m:	1:34.89	32.82	250m:	2:40.16	32.52	350m:	3:45.59	32.84
	100m:	1:02.07	32.43	200m:	2:07.64	32.75	300m:	3:12.75	32.59	400m:	4:18.47	32.88
63.	KRUSZEWSKI	Adrian			04	MTKP Delfin Toru				4:19.45	547	
	50m:	29.23	29.23	150m:	1:33.62	32.16	250m:	2:40.71	33.72	350m:	3:47.17	32.65
	100m:	1:01.46	32.23	200m:	2:06.99	33.37	300m:	3:14.52	33.81	400m:	4:19.45	32.28

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Pozycja			Rok ur.				Czas				Pkt.	
64.	DZIEWGU Benjamin		05	MKS Piaseczno				4:20.49				540
	50m:	28.95	28.95	150m:	1:34.78	33.35	250m:	2:42.03	33.57	350m:	3:49.38	33.66
	100m:	1:01.43	32.48	200m:	2:08.46	33.68	300m:	3:15.72	33.69	400m:	4:20.49	31.11
65.	SETLAK Marcel		05	UKS abianka Gda sk				4:20.91				538
	50m:	29.65	29.65	150m:	1:34.27	32.77	250m:	2:40.69	33.29	350m:	3:48.29	33.97
	100m:	1:01.50	31.85	200m:	2:07.40	33.13	300m:	3:14.32	33.63	400m:	4:20.91	32.62
66.	KOZŁOWSKI Konrad		04	MTP Kormoran Olsztyn				4:20.94				538
	50m:	29.41	29.41	150m:	1:35.17	33.35	250m:	2:42.40	33.82	350m:	3:49.00	33.12
	100m:	1:01.82	32.41	200m:	2:08.58	33.41	300m:	3:15.88	33.48	400m:	4:20.94	31.94
67.	TRYDULSKI Oskar		05	UKS „GIM 92 Ursynów”				4:20.97				537
	50m:	28.91	28.91	150m:	1:35.26	33.32	250m:	2:41.64	33.51	350m:	3:47.93	33.34
	100m:	1:01.94	33.03	200m:	2:08.13	32.87	300m:	3:14.59	32.95	400m:	4:20.97	33.04
68.	ROMANOWSKI Dawid		03	UKS Pi tka Konstantynów Łódzki				4:20.99				537
	50m:	27.95	27.95	150m:	1:31.79	32.47	250m:	2:37.35	32.83	350m:	3:46.85	35.40
	100m:	59.32	31.37	200m:	2:04.52	32.73	300m:	3:11.45	34.10	400m:	4:20.99	34.14
69.	DREWEK Jakub		05	UKS „Dwójka” Tczew				4:21.05				537
	50m:	30.68	30.68	150m:	1:37.58	33.75	250m:	2:43.55	32.98	350m:	3:49.32	32.91
	100m:	1:03.83	33.15	200m:	2:10.57	32.99	300m:	3:16.41	32.86	400m:	4:21.05	31.73
70.	BORSUK Piotr		03	UKP Fala Kra nik				4:21.27				536
	50m:	29.09	29.09	150m:	1:33.56	32.86	250m:	2:39.96	33.36	350m:	3:48.10	34.53
	100m:	1:00.70	31.61	200m:	2:06.60	33.04	300m:	3:13.57	33.61	400m:	4:21.27	33.17
71.	KALISIAK Norbert		02	UKS Nawa Skierniewice				4:21.52				534
	50m:	28.71	28.71	150m:	1:34.02	33.33	250m:	2:41.58	33.89	350m:	3:49.31	33.95
	100m:	1:00.69	31.98	200m:	2:07.69	33.67	300m:	3:15.36	33.78	400m:	4:21.52	32.21
72.	MAŁKOWSKI Hubert		05	MTPK Delfin Toru				4:21.89				532
	50m:	29.11	29.11	150m:	1:35.66	33.79	250m:	2:43.36	33.43	350m:	3:50.11	33.79
	100m:	1:01.87	32.76	200m:	2:09.93	34.27	300m:	3:16.32	32.96	400m:	4:21.89	31.78
73.	CIERPIAŁ Wiktor		04	UKS 190 Łód				4:23.20				524
	50m:	30.54	30.54	150m:	1:36.44	33.23	250m:	2:43.33	33.35	350m:	3:50.40	33.57
	100m:	1:03.21	32.67	200m:	2:09.98	33.54	300m:	3:16.83	33.50	400m:	4:23.20	32.80
74.	KOWALSKI Jakub		02	MKP „SŁOWIANKA” Gorzów Wlkp.				4:23.41				523
	50m:	28.76	28.76	150m:	1:34.13	33.55	250m:	2:43.00	34.49	350m:	3:50.73	33.37
	100m:	1:00.58	31.82	200m:	2:08.51	34.38	300m:	3:17.36	34.36	400m:	4:23.41	32.68
75.	KACZMAREK Michał		05	KU AZS Politechniki Łódzkiej				4:23.54				522
	50m:	29.74	29.74	150m:	1:36.16	33.28	250m:	2:43.54	33.61	350m:	3:50.96	33.53
	100m:	1:02.88	33.14	200m:	2:09.93	33.77	300m:	3:17.43	33.89	400m:	4:23.54	32.58
76.	DRABCZYK Krystian		04	UKP Unia O wi cim				4:23.66				521
	50m:	30.63	30.63	150m:	1:37.41	33.32	250m:	2:44.46	33.55	350m:	3:51.58	33.36
	100m:	1:04.09	33.46	200m:	2:10.91	33.50	300m:	3:18.22	33.76	400m:	4:23.66	32.08
77.	BLI NIEWSKI Franciszek		02	MKS Trójka Łód				4:24.57				516
	50m:	28.13	28.13	150m:	1:33.15	33.25	250m:	2:40.75	34.04	350m:	3:49.58	34.80
	100m:	59.90	31.77	200m:	2:06.71	33.56	300m:	3:14.78	34.03	400m:	4:24.57	34.99
78.	PIECHOTA Bartłomiej		04	UKS Pi tka Konstantynów Łódzki				4:24.73				515
	50m:	29.63	29.63	150m:	1:36.22	33.88	250m:	2:44.82	34.46	350m:	3:52.99	33.58
	100m:	1:02.34	32.71	200m:	2:10.36	34.14	300m:	3:19.41	34.59	400m:	4:24.73	31.74
79.	WO NIAK Piotr		05	MTP Kormoran Olsztyn				4:24.85				514
	50m:	30.14	30.14	150m:	1:37.56	34.13	250m:	2:45.55	33.86	350m:	3:53.17	33.78
	100m:	1:03.43	33.29	200m:	2:11.69	34.13	300m:	3:19.39	33.84	400m:	4:24.85	31.68



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Pozycja			Rok ur.					Czas	Pkt.
80.	BETA Szymon		05	UKS G-8 Bielany Warszawa				4:24.88	514
	50m:	29.26 29.26	150m:	1:34.96 33.47	250m:	2:43.63 34.18	350m:	3:52.72 34.20	
	100m:	1:01.49 32.23	200m:	2:09.45 34.49	300m:	3:18.52 34.89	400m:	4:24.88 32.16	
81.	ŁOPACI SKI Wojciech		05	KU AZS Politechniki Łódzkiej				4:25.47	511
	50m:	31.26 31.26	150m:	1:37.74 33.64	250m:	2:45.40 33.76	350m:	3:54.02 34.44	
	100m:	1:04.10 32.84	200m:	2:11.64 33.90	300m:	3:19.58 34.18	400m:	4:25.47 31.45	
82.	NOWACKI Jacek		05	MTP Kormoran Olsztyn				4:25.62	510
	50m:	30.21 30.21	150m:	1:37.59 34.35	250m:	2:45.75 34.10	350m:	3:53.57 33.97	
	100m:	1:03.24 33.03	200m:	2:11.65 34.06	300m:	3:19.60 33.85	400m:	4:25.62 32.05	
83.	RUDZKI Jakub		05	MKS Jedynka Łódź				4:26.13	507
	50m:	29.11 29.11	150m:	1:34.93 33.40	250m:	2:43.30 34.43	350m:	3:52.43 34.47	
	100m:	1:01.53 32.42	200m:	2:08.87 33.94	300m:	3:17.96 34.66	400m:	4:26.13 33.70	
84.	KRZYKAŁA Emil		01	KP AVIA widnik				4:26.20	506
	50m:	28.06 28.06	150m:	1:33.74 33.45	250m:	2:42.70 34.55	350m:	3:51.84 34.63	
	100m:	1:00.29 32.23	200m:	2:08.15 34.41	300m:	3:17.21 34.51	400m:	4:26.20 34.36	
85.	KUBINIEC Mikołaj		04	KU AZS UMCS Lublin				4:26.73	503
	50m:	30.52 30.52	150m:	1:38.60 34.26	250m:	2:46.67 33.86	350m:	3:54.52 33.94	
	100m:	1:04.34 33.82	200m:	2:12.81 34.21	300m:	3:20.58 33.91	400m:	4:26.73 32.21	
86.	BARCZAK Jakub		05	UKS Manta Warszawa Włochy				4:26.84	503
	50m:	30.13 30.13	150m:	1:37.40 33.80	250m:	2:45.41 34.09	350m:	3:53.68 34.19	
	100m:	1:03.60 33.47	200m:	2:11.32 33.92	300m:	3:19.49 34.08	400m:	4:26.84 33.16	
87.	KRYSIAK Kacper		04	MKS Trójka Łódź				4:28.12	496
	50m:	31.33 31.33	150m:	1:39.11 34.11	250m:	2:47.30 34.05	350m:	3:55.25 33.94	
	100m:	1:05.00 33.67	200m:	2:13.25 34.14	300m:	3:21.31 34.01	400m:	4:28.12 32.87	
88.	JARCZEWSKI Franciszek		05	UKS 190 Łódź				4:30.12	485
	50m:	31.05 31.05	150m:	1:38.81 34.19	250m:	2:47.43 34.16	350m:	3:56.08 34.25	
	100m:	1:04.62 33.57	200m:	2:13.27 34.46	300m:	3:21.83 34.40	400m:	4:30.12 34.04	
89.	MICHALAK Jan		03	UKS Nawa Skierniewice				4:30.50	483
	50m:	30.67 30.67	150m:	1:38.23 34.10	250m:	2:47.23 34.58	350m:	3:56.85 34.75	
	100m:	1:04.13 33.46	200m:	2:12.65 34.42	300m:	3:22.10 34.87	400m:	4:30.50 33.65	
90.	MAJEWSKI Maksym		04	UKP Unia O wi cim				4:31.21	479
	50m:	29.79 29.79	150m:	1:39.08 34.90	250m:	2:48.99 34.90	350m:	3:57.82 34.02	
	100m:	1:04.18 34.39	200m:	2:14.09 35.01	300m:	3:23.80 34.81	400m:	4:31.21 33.39	
91.	DARUL Bartosz		04	MKP „SŁOWIANKA” Gorzów Wlkp.				4:31.32	478
	50m:	29.95 29.95	150m:	1:39.50 35.85	250m:	2:48.97 34.56	350m:	3:58.18 33.90	
	100m:	1:03.65 33.70	200m:	2:14.41 34.91	300m:	3:24.28 35.31	400m:	4:31.32 33.14	
92.	WIERC I SKI Kacper		04	UKS „Dwójka” Tczew				4:33.67	466
	50m:	30.99 30.99	150m:	1:39.60 34.80	250m:	2:50.02 35.32	350m:	4:00.03 34.78	
	100m:	1:04.80 33.81	200m:	2:14.70 35.10	300m:	3:25.25 35.23	400m:	4:33.67 33.64	
93.	PAWLAK Hubert		03	KU AZS Politechniki Łódzkiej				4:33.85	465
	50m:	30.11 30.11	150m:	1:38.54 34.35	250m:	2:48.44 35.21	350m:	3:59.21 35.37	
	100m:	1:04.19 34.08	200m:	2:13.23 34.69	300m:	3:23.84 35.40	400m:	4:33.85 34.64	
94.	KUROWSKI Tymon		04	MKP „SŁOWIANKA” Gorzów Wlkp.				4:35.15	459
	50m:	28.82 28.82	150m:	1:34.37 33.49	250m:	2:44.84 35.98	350m:	3:58.23 36.92	
	100m:	1:00.88 32.06	200m:	2:08.86 34.49	300m:	3:21.31 36.47	400m:	4:35.15 36.92	
95.	OSEŁKOWSKI Mateusz		05	MTP Kormoran Olsztyn				4:35.37	457
	50m:	30.95 30.95	150m:	1:40.86 35.31	250m:	2:52.06 35.31	350m:	4:02.25 34.60	
	100m:	1:05.55 34.60	200m:	2:16.75 35.89	300m:	3:27.65 35.59	400m:	4:35.37 33.12	



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96.	RZEPKA Jakub		05	UKS „Dwójka” Tczew				4:35.62	456
	50m:	31.92 31.92	150m:	1:41.35 34.78	250m:	2:51.54 35.48	350m:	4:02.09 35.35	
	100m:	1:06.57 34.65	200m:	2:16.06 34.71	300m:	3:26.74 35.20	400m:	4:35.62 33.53	
97.	SIENKIEWICZ Ignacy		05	IKS Konstancin				4:38.74	441
	50m:	30.68 30.68	150m:	1:41.32 35.78	250m:	2:53.98 36.49	350m:	4:05.23 35.26	
	100m:	1:05.54 34.86	200m:	2:17.49 36.17	300m:	3:29.97 35.99	400m:	4:38.74 33.51	
98.	SZUTER Maciej		05	UKS „GIM 92 Ursynów”				4:38.76	441
	50m:	31.00 31.00	150m:	1:41.85 35.85	250m:	2:53.42 35.93	350m:	4:04.32 35.22	
	100m:	1:06.00 35.00	200m:	2:17.49 35.64	300m:	3:29.10 35.68	400m:	4:38.76 34.44	
99.	HORBATY Klaudiusz		02	UKS „GIM 92 Ursynów”				4:38.86	440
	50m:	31.83 31.83	150m:	1:42.85 35.76	250m:	2:54.55 36.07	350m:	4:05.81 35.17	
	100m:	1:07.09 35.26	200m:	2:18.48 35.63	300m:	3:30.64 36.09	400m:	4:38.86 33.05	
100.	LIBERA Daniel		01	UKS Nawa Skierniewice				4:39.02	440
	50m:	31.82 31.82	150m:	1:42.52 35.50	250m:	2:54.44 35.91	350m:	4:06.87 35.90	
	100m:	1:07.02 35.20	200m:	2:18.53 36.01	300m:	3:30.97 36.53	400m:	4:39.02 32.15	
101.	PASIECZNY Bartłomiej		04	UKP Jedyńka Elbląg				4:45.71	409
	50m:	31.47 31.47	150m:	1:43.08 36.43	250m:	2:56.63 37.13	350m:	4:10.35 36.88	
	100m:	1:06.65 35.18	200m:	2:19.50 36.42	300m:	3:33.47 36.84	400m:	4:45.71 35.36	
102.	REGNOWSKI Kajetan		05	UKS Swim Team Wilanów				4:55.35	371
	50m:	30.90 30.90	150m:	1:43.26 37.08	250m:	2:59.71 38.81	350m:	4:17.64 38.96	
	100m:	1:06.18 35.28	200m:	2:20.90 37.64	300m:	3:38.68 38.97	400m:	4:55.35 37.71	

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1.	KAROLCZAK Jan		01	UKS G-8 Bielany Warszawa				3:52.19	763
	50m:	27.05 27.05	150m:	1:25.61 29.31	250m:	2:24.42 29.27	350m:	3:23.11 29.20	
	100m:	56.30 29.25	200m:	1:55.15 29.54	300m:	2:53.91 29.49	400m:	3:52.19 29.08	
2.	SZCZERBA Adam		02	KU AZS UMCS Lublin				3:58.29	706
	50m:	27.12 27.12	150m:	1:27.68 30.53	250m:	2:28.22 30.21	350m:	3:28.74 30.37	
	100m:	57.15 30.03	200m:	1:58.01 30.33	300m:	2:58.37 30.15	400m:	3:58.29 29.55	
3.	JAWORSKI Szymon		01	WKS I sk Wrocław				4:00.19	690
	50m:	27.20 27.20	150m:	1:27.18 30.35	250m:	2:28.33 30.63	350m:	3:30.26 30.95	
	100m:	56.83 29.63	200m:	1:57.70 30.52	300m:	2:59.31 30.98	400m:	4:00.19 29.93	
4.	JACKOWSKI Tomasz		02	WKS I sk Wrocław				4:00.99	683
	50m:	27.27 27.27	150m:	1:27.91 30.52	250m:	2:28.61 30.06	350m:	3:30.26 31.19	
	100m:	57.39 30.12	200m:	1:58.55 30.64	300m:	2:59.07 30.46	400m:	4:00.99 30.73	
5.	GŁUSZKOWSKI Mateusz		01	Uks Cityzen				4:01.63	677
	50m:	27.94 27.94	150m:	1:28.78 30.21	250m:	2:30.35 30.53	350m:	3:31.51 30.48	
	100m:	58.57 30.63	200m:	1:59.82 31.04	300m:	3:01.03 30.68	400m:	4:01.63 30.12	
6.	MENCEL Miłosz		02	WKS I sk Wrocław				4:02.43	671
	50m:	28.22 28.22	150m:	1:30.11 31.16	250m:	2:31.76 30.74	350m:	3:32.43 29.88	
	100m:	58.95 30.73	200m:	2:01.02 30.91	300m:	3:02.55 30.79	400m:	4:02.43 30.00	
7.	KONCKI Bartłomiej		01	KS „Wisła” Puławy				4:02.50	670
	50m:	28.02 28.02	150m:	1:28.34 30.21	250m:	2:29.92 30.86	350m:	3:32.66 31.29	
	100m:	58.13 30.11	200m:	1:59.06 30.72	300m:	3:01.37 31.45	400m:	4:02.50 29.84	
8.	NOWICZKOW Jakub		01	KU AZS UMCS Lublin				4:02.68	669
	50m:	27.94 27.94	150m:	1:29.50 30.91	250m:	2:31.39 31.06	350m:	3:33.36 30.78	
	100m:	58.59 30.65	200m:	2:00.33 30.83	300m:	3:02.58 31.19	400m:	4:02.68 29.32	



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Pozycja					Rok ur.					Czas	Pkt.	
9.	WODY	SKI	Bartosz		02	KU AZS Politechniki Łódzkiej				4:03.09	665	
	50m:	28.13	28.13	150m:	1:28.51	30.47	250m:	2:30.59	31.00	350m:	3:33.03	31.14
	100m:	58.04	29.91	200m:	1:59.59	31.08	300m:	3:01.89	31.30	400m:	4:03.09	30.06
10.	URBA	SKI	Michał		01	KS Delfin Gdynia				4:04.18	656	
	50m:	28.46	28.46	150m:	1:29.72	30.77	250m:	2:31.47	30.88	350m:	3:34.82	31.92
	100m:	58.95	30.49	200m:	2:00.59	30.87	300m:	3:02.90	31.43	400m:	4:04.18	29.36
11.	NIESTUJ	Piotr			02	St. Lok. SALOS Cortile Kielce				4:05.32	647	
	50m:	28.12	28.12	150m:	1:30.24	31.26	250m:	2:32.98	31.07	350m:	3:35.72	31.45
	100m:	58.98	30.86	200m:	2:01.91	31.67	300m:	3:04.27	31.29	400m:	4:05.32	29.60
12.	SZARPAK	Marcin			01	AZS AWF Katowice				4:05.39	647	
	50m:	27.79	27.79	150m:	1:30.38	31.73	250m:	2:33.11	31.05	350m:	3:35.90	31.39
	100m:	58.65	30.86	200m:	2:02.06	31.68	300m:	3:04.51	31.40	400m:	4:05.39	29.49
13.	CHYRCHAŁA	Rafał			02	UKS „ORKA” Zamo				4:05.70	644	
	50m:	28.89	28.89	150m:	1:30.52	30.98	250m:	2:32.42	30.93	350m:	3:35.10	31.26
	100m:	59.54	30.65	200m:	2:01.49	30.97	300m:	3:03.84	31.42	400m:	4:05.70	30.60
14.	LIK	Kacper			02	MKS Jedyńka Łódź				4:06.37	639	
	50m:	28.41	28.41	150m:	1:29.86	30.86	250m:	2:32.33	31.60	350m:	3:35.54	31.63
	100m:	59.00	30.59	200m:	2:00.73	30.87	300m:	3:03.91	31.58	400m:	4:06.37	30.83
15.	KLISZ	Krystian			02	MKP Szczecin				4:06.61	637	
	50m:	28.91	28.91	150m:	1:32.09	31.55	250m:	2:35.47	31.57	350m:	3:37.18	30.56
	100m:	1:00.54	31.63	200m:	2:03.90	31.81	300m:	3:06.62	31.15	400m:	4:06.61	29.43
16.	DOŁOWY	Grzegorz			02	IUKS „Muszelka” Warszawa				4:06.63	637	
	50m:	28.48	28.48	150m:	1:29.70	30.80	250m:	2:32.50	31.34	350m:	3:36.00	31.68
	100m:	58.90	30.42	200m:	2:01.16	31.46	300m:	3:04.32	31.82	400m:	4:06.63	30.63
17.	MICHALSKI	Wojciech			01	MKP Szczecin				4:07.91	627	
	50m:	28.52	28.52	150m:	1:32.00	32.02	250m:	2:35.72	31.74	350m:	3:38.16	30.93
	100m:	59.98	31.46	200m:	2:03.98	31.98	300m:	3:07.23	31.51	400m:	4:07.91	29.75
18.	SOBIESZUK	Kacper			02	KU AZS UMCS Lublin				4:08.63	622	
	50m:	28.04	28.04	150m:	1:31.27	31.56	250m:	2:34.95	31.62	350m:	3:38.37	31.83
	100m:	59.71	31.67	200m:	2:03.33	32.06	300m:	3:06.54	31.59	400m:	4:08.63	30.26
19.	JÓ KÓW	Cezary			01	WKS I sk Wrocław				4:09.24	617	
	50m:	28.85	28.85	150m:	1:30.94	31.34	250m:	2:34.64	31.82	350m:	3:37.95	31.70
	100m:	59.60	30.75	200m:	2:02.82	31.88	300m:	3:06.25	31.61	400m:	4:09.24	31.29
20.	ZDZIEBŁO	Piotr			02	WKS I sk Wrocław				4:09.35	616	
	50m:	28.54	28.54	150m:	1:30.65	31.20	250m:	2:33.97	31.69	350m:	3:38.39	32.23
	100m:	59.45	30.91	200m:	2:02.28	31.63	300m:	3:06.16	32.19	400m:	4:09.35	30.96
21.	LECH	Filip			01	KU AZS UMCS Lublin				4:09.36	616	
	50m:	28.04	28.04	150m:	1:29.52	30.91	250m:	2:32.66	31.92	350m:	3:37.47	32.75
	100m:	58.61	30.57	200m:	2:00.74	31.22	300m:	3:04.72	32.06	400m:	4:09.36	31.89
22.	SAGAN	Jakub			02	KU AZS UMCS Lublin				4:09.63	614	
	50m:	28.74	28.74	150m:	1:33.76	32.33	250m:	2:38.31	31.81	350m:	3:38.04	29.16
	100m:	1:01.43	32.69	200m:	2:06.50	32.74	300m:	3:08.88	30.57	400m:	4:09.63	31.59
23.	DUDKIEWICZ	Kacper			02	MKS Polonia Warszawa				4:11.19	603	
	50m:	28.20	28.20	150m:	1:31.47	32.45	250m:	2:36.04	32.44	350m:	3:40.13	31.35
	100m:	59.02	30.82	200m:	2:03.60	32.13	300m:	3:08.78	32.74	400m:	4:11.19	31.06
24.	PŁATEK	Maciej			02	UKP Unia O wi cim				4:11.39	601	
	50m:	29.27	29.27	150m:	1:33.04	32.07	250m:	2:37.03	31.86	350m:	3:39.87	30.97
	100m:	1:00.97	31.70	200m:	2:05.17	32.13	300m:	3:08.90	31.87	400m:	4:11.39	31.52



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Pozycja			Rok ur.						Czas	Pkt.
25.	NOWAK Jan		02	KU AZS UMCS Lublin				4:16.98	563	
	50m:	28.52 28.52	150m:	1:33.61 32.72	250m:	2:38.63 32.56	350m:	3:44.30 33.24		
	100m:	1:00.89 32.37	200m:	2:06.07 32.46	300m:	3:11.06 32.43	400m:	4:16.98 32.68		
26.	KALISIAK Norbert		02	UKS Nawa Skierniewice				4:21.52	534	
	50m:	28.71 28.71	150m:	1:34.02 33.33	250m:	2:41.58 33.89	350m:	3:49.31 33.95		
	100m:	1:00.69 31.98	200m:	2:07.69 33.67	300m:	3:15.36 33.78	400m:	4:21.52 32.21		
27.	KOWALSKI Jakub		02	MKP „SŁOWIANKA” Gorzów Wlkp.				4:23.41	523	
	50m:	28.76 28.76	150m:	1:34.13 33.55	250m:	2:43.00 34.49	350m:	3:50.73 33.37		
	100m:	1:00.58 31.82	200m:	2:08.51 34.38	300m:	3:17.36 34.36	400m:	4:23.41 32.68		
28.	BLI NIEWSKI Franciszek		02	MKS Trójka Łódź				4:24.57	516	
	50m:	28.13 28.13	150m:	1:33.15 33.25	250m:	2:40.75 34.04	350m:	3:49.58 34.80		
	100m:	59.90 31.77	200m:	2:06.71 33.56	300m:	3:14.78 34.03	400m:	4:24.57 34.99		
29.	KRZYKAŁA Emil		01	KP AVIA widnik				4:26.20	506	
	50m:	28.06 28.06	150m:	1:33.74 33.45	250m:	2:42.70 34.55	350m:	3:51.84 34.63		
	100m:	1:00.29 32.23	200m:	2:08.15 34.41	300m:	3:17.21 34.51	400m:	4:26.20 34.36		
30.	HORBATY Klaudiusz		02	UKS „GIM 92 Ursynów”				4:38.86	440	
	50m:	31.83 31.83	150m:	1:42.85 35.76	250m:	2:54.55 36.07	350m:	4:05.81 35.17		
	100m:	1:07.09 35.26	200m:	2:18.48 35.63	300m:	3:30.64 36.09	400m:	4:38.86 33.05		
31.	LIBERA Daniel		01	UKS Nawa Skierniewice				4:39.02	440	
	50m:	31.82 31.82	150m:	1:42.52 35.50	250m:	2:54.44 35.91	350m:	4:06.87 35.90		
	100m:	1:07.02 35.20	200m:	2:18.53 36.01	300m:	3:30.97 36.53	400m:	4:39.02 32.15		

16 lat

1.	KORONA Kacper		03	MKP Szczecin				4:02.18	673
	50m:	27.93 27.93	150m:	1:28.63 30.63	250m:	2:30.60 30.95	350m:	3:32.26 30.34	
	100m:	58.00 30.07	200m:	1:59.65 31.02	300m:	3:01.92 31.32	400m:	4:02.18 29.92	
2.	TRYLSKI Wiktor		03	UKS Tri-Team Rumia				4:03.50	662
	50m:	28.66 28.66	150m:	1:29.95 30.78	250m:	2:32.17 31.18	350m:	3:33.97 30.65	
	100m:	59.17 30.51	200m:	2:00.99 31.04	300m:	3:03.32 31.15	400m:	4:03.50 29.53	
3.	LEWANDOWSKI Oliwier		03	KP MZOS Płock				4:05.53	645
	50m:	28.41 28.41	150m:	1:30.34 31.18	250m:	2:33.68 31.90	350m:	3:36.54 31.29	
	100m:	59.16 30.75	200m:	2:01.78 31.44	300m:	3:05.25 31.57	400m:	4:05.53 28.99	
4.	GORRA Mikołaj		03	MKP Szczecin				4:09.38	616
	50m:	28.18 28.18	150m:	1:32.05 32.11	250m:	2:36.04 31.86	350m:	3:39.64 31.76	
	100m:	59.94 31.76	200m:	2:04.18 32.13	300m:	3:07.88 31.84	400m:	4:09.38 29.74	
5.	NIEDZIAŁEK Michał		03	MTP Kormoran Olsztyn				4:10.98	604
	50m:	29.52 29.52	150m:	1:32.63 31.68	250m:	2:36.74 32.16	350m:	3:40.17 31.74	
	100m:	1:00.95 31.43	200m:	2:04.58 31.95	300m:	3:08.43 31.69	400m:	4:10.98 30.81	
6.	KAPAŁA Szymon		03	MTP Kormoran Olsztyn				4:11.11	603
	50m:	29.31 29.31	150m:	1:32.75 31.70	250m:	2:36.16 31.73	350m:	3:39.97 31.87	
	100m:	1:01.05 31.74	200m:	2:04.43 31.68	300m:	3:08.10 31.94	400m:	4:11.11 31.14	
7.	ZIELI SKI Konrad		03	UKS 190 Łódź				4:12.41	594
	50m:	29.25 29.25	150m:	1:33.08 32.21	250m:	2:37.69 31.71	350m:	3:40.90 32.21	
	100m:	1:00.87 31.62	200m:	2:05.98 32.90	300m:	3:08.69 31.00	400m:	4:12.41 31.51	
8.	RODKIEWICZ Radosław		03	IUKS „Muszelka” Warszawa				4:14.70	578
	50m:	29.13 29.13	150m:	1:32.11 31.72	250m:	2:37.01 32.61	350m:	3:42.78 32.39	
	100m:	1:00.39 31.26	200m:	2:04.40 32.29	300m:	3:10.39 33.38	400m:	4:14.70 31.92	



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Pozycja			Rok ur.					Czas	Pkt.
9.	PARA Mikołaj		03	UKP Unia O wi cim				4:18.47	553
	50m:	29.64 29.64	150m:	1:34.89 32.82	250m:	2:40.16 32.52	350m:	3:45.59 32.84	
	100m:	1:02.07 32.43	200m:	2:07.64 32.75	300m:	3:12.75 32.59	400m:	4:18.47 32.88	
10.	ROMANOWSKI Dawid		03	UKS Pi tka Konstantynów Łódzki				4:20.99	537
	50m:	27.95 27.95	150m:	1:31.79 32.47	250m:	2:37.35 32.83	350m:	3:46.85 35.40	
	100m:	59.32 31.37	200m:	2:04.52 32.73	300m:	3:11.45 34.10	400m:	4:20.99 34.14	
11.	BORSUK Piotr		03	UKP Fala Kra nik				4:21.27	536
	50m:	29.09 29.09	150m:	1:33.56 32.86	250m:	2:39.96 33.36	350m:	3:48.10 34.53	
	100m:	1:00.70 31.61	200m:	2:06.60 33.04	300m:	3:13.57 33.61	400m:	4:21.27 33.17	
12.	MICHALAK Jan		03	UKS Nawa Skierniewice				4:30.50	483
	50m:	30.67 30.67	150m:	1:38.23 34.10	250m:	2:47.23 34.58	350m:	3:56.85 34.75	
	100m:	1:04.13 33.46	200m:	2:12.65 34.42	300m:	3:22.10 34.87	400m:	4:30.50 33.65	
13.	PAWLAK Hubert		03	KU AZS Politechniki Łódzkiej				4:33.85	465
	50m:	30.11 30.11	150m:	1:38.54 34.35	250m:	2:48.44 35.21	350m:	3:59.21 35.37	
	100m:	1:04.19 34.08	200m:	2:13.23 34.69	300m:	3:23.84 35.40	400m:	4:33.85 34.64	

15 lat

1.	OLCZAK Kacper		04	MKS Trójka Łód				4:02.56	670
	50m:	27.57 27.57	150m:	1:29.25 31.04	250m:	2:31.29 30.82	350m:	3:33.24 30.81	
	100m:	58.21 30.64	200m:	2:00.47 31.22	300m:	3:02.43 31.14	400m:	4:02.56 29.32	
2.	KONARSKI Maciej		04	UKS „GIM 92 Ursynów”				4:02.66	669
	50m:	28.47 28.47	150m:	1:29.72 30.44	250m:	2:31.19 30.56	350m:	3:33.32 30.96	
	100m:	59.28 30.81	200m:	2:00.63 30.91	300m:	3:02.36 31.17	400m:	4:02.66 29.34	
3.	CHMIELEWSKI Krzysztof		04	IUKS „Muszelka” Warszawa				4:04.64	653
	50m:	27.82 27.82	150m:	1:29.14 30.89	250m:	2:31.17 31.16	350m:	3:34.00 31.59	
	100m:	58.25 30.43	200m:	2:00.01 30.87	300m:	3:02.41 31.24	400m:	4:04.64 30.64	
4.	CHMIELEWSKI Michał		04	IUKS „Muszelka” Warszawa				4:05.02	650
	50m:	28.49 28.49	150m:	1:30.47 31.06	250m:	2:32.39 30.82	350m:	3:34.82 31.14	
	100m:	59.41 30.92	200m:	2:01.57 31.10	300m:	3:03.68 31.29	400m:	4:05.02 30.20	
5.	LE NIAK Maksymilian		04	UKS 190 Łód				4:11.34	602
	50m:	28.50 28.50	150m:	1:32.30 32.20	250m:	2:36.38 32.16	350m:	3:40.60 31.94	
	100m:	1:00.10 31.60	200m:	2:04.22 31.92	300m:	3:08.66 32.28	400m:	4:11.34 30.74	
6.	PIELA Michał		04	UKP Unia O wi cim				4:12.16	596
	50m:	29.33 29.33	150m:	1:33.70 32.34	250m:	2:38.16 32.31	350m:	3:41.70 31.54	
	100m:	1:01.36 32.03	200m:	2:05.85 32.15	300m:	3:10.16 32.00	400m:	4:12.16 30.46	
7.	MY LIWIEC Bartosz		04	MKP Szczecin				4:12.75	592
	50m:	29.42 29.42	150m:	1:33.74 32.32	250m:	2:37.82 31.97	350m:	3:41.89 32.12	
	100m:	1:01.42 32.00	200m:	2:05.85 32.11	300m:	3:09.77 31.95	400m:	4:12.75 30.86	
8.	STANISŁAWSKI Bartosz		04	MKS Trójka Łód				4:13.13	589
	50m:	28.88 28.88	150m:	1:33.48 32.68	250m:	2:39.37 32.79	350m:	3:42.91 31.35	
	100m:	1:00.80 31.92	200m:	2:06.58 33.10	300m:	3:11.56 32.19	400m:	4:13.13 30.22	
9.	GOŁACKI Sergiusz		04	UKS 190 Łód				4:13.51	586
	50m:	29.58 29.58	150m:	1:33.91 32.07	250m:	2:37.93 31.81	350m:	3:42.18 32.00	
	100m:	1:01.84 32.26	200m:	2:06.12 32.21	300m:	3:10.18 32.25	400m:	4:13.51 31.33	
10.	JUDA Dominik		04	UKP Unia O wi cim				4:13.82	584
	50m:	30.43 30.43	150m:	1:34.30 32.14	250m:	2:38.77 32.10	350m:	3:43.04 31.90	
	100m:	1:02.16 31.73	200m:	2:06.67 32.37	300m:	3:11.14 32.37	400m:	4:13.82 30.78	



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Pozycja					Rok ur.					Czas	Pkt.	
11.	KLIMCZAK Kacper				04	MKS Jedyńka Łódź				4:14.35	581	
	50m:	29.26	29.26	150m:	1:33.99	32.56	250m:	2:38.86	32.34	350m:	3:43.03	31.88
	100m:	1:01.43	32.17	200m:	2:06.52	32.53	300m:	3:11.15	32.29	400m:	4:14.35	31.32
12.	CIESIELSKI Artur				04	KU AZS Politechniki Łódzkiej				4:17.00	563	
	50m:	28.79	28.79	150m:	1:33.79	32.71	250m:	2:39.15	32.40	350m:	3:44.52	32.75
	100m:	1:01.08	32.29	200m:	2:06.75	32.96	300m:	3:11.77	32.62	400m:	4:17.00	32.48
13.	WIECZORKOWSKI Nikodem				04	UKS „Dwójka” Tczew				4:17.46	560	
	50m:	29.61	29.61	150m:	1:34.86	32.72	250m:	2:40.16	32.74	350m:	3:45.51	32.62
	100m:	1:02.14	32.53	200m:	2:07.42	32.56	300m:	3:12.89	32.73	400m:	4:17.46	31.95
14.	J DRYKA Nikodem				04	MKS Trójka Łódź				4:17.79	558	
	50m:	29.15	29.15	150m:	1:34.49	33.13	250m:	2:40.12	32.77	350m:	3:45.46	32.65
	100m:	1:01.36	32.21	200m:	2:07.35	32.86	300m:	3:12.81	32.69	400m:	4:17.79	32.33
15.	KRUSZEWSKI Adrian				04	MTKP Delfin Toru				4:19.45	547	
	50m:	29.23	29.23	150m:	1:33.62	32.16	250m:	2:40.71	33.72	350m:	3:47.17	32.65
	100m:	1:01.46	32.23	200m:	2:06.99	33.37	300m:	3:14.52	33.81	400m:	4:19.45	32.28
16.	KOZŁOWSKI Konrad				04	MTP Kormoran Olsztyn				4:20.94	538	
	50m:	29.41	29.41	150m:	1:35.17	33.35	250m:	2:42.40	33.82	350m:	3:49.00	33.12
	100m:	1:01.82	32.41	200m:	2:08.58	33.41	300m:	3:15.88	33.48	400m:	4:20.94	31.94
17.	CIERPIAŁ Wiktor				04	UKS 190 Łódź				4:23.20	524	
	50m:	30.54	30.54	150m:	1:36.44	33.23	250m:	2:43.33	33.35	350m:	3:50.40	33.57
	100m:	1:03.21	32.67	200m:	2:09.98	33.54	300m:	3:16.83	33.50	400m:	4:23.20	32.80
18.	DRABCZYK Krystian				04	UKP Unia O wi cim				4:23.66	521	
	50m:	30.63	30.63	150m:	1:37.41	33.32	250m:	2:44.46	33.55	350m:	3:51.58	33.36
	100m:	1:04.09	33.46	200m:	2:10.91	33.50	300m:	3:18.22	33.76	400m:	4:23.66	32.08
19.	PIECHOTA Bartłomiej				04	UKS Pi tka Konstantynów Łódzki				4:24.73	515	
	50m:	29.63	29.63	150m:	1:36.22	33.88	250m:	2:44.82	34.46	350m:	3:52.99	33.58
	100m:	1:02.34	32.71	200m:	2:10.36	34.14	300m:	3:19.41	34.59	400m:	4:24.73	31.74
20.	KUBINIEC Mikołaj				04	KU AZS UMCS Lublin				4:26.73	503	
	50m:	30.52	30.52	150m:	1:38.60	34.26	250m:	2:46.67	33.86	350m:	3:54.52	33.94
	100m:	1:04.34	33.82	200m:	2:12.81	34.21	300m:	3:20.58	33.91	400m:	4:26.73	32.21
21.	KRYSIAK Kacper				04	MKS Trójka Łódź				4:28.12	496	
	50m:	31.33	31.33	150m:	1:39.11	34.11	250m:	2:47.30	34.05	350m:	3:55.25	33.94
	100m:	1:05.00	33.67	200m:	2:13.25	34.14	300m:	3:21.31	34.01	400m:	4:28.12	32.87
22.	MAJEWSKI Maksym				04	UKP Unia O wi cim				4:31.21	479	
	50m:	29.79	29.79	150m:	1:39.08	34.90	250m:	2:48.99	34.90	350m:	3:57.82	34.02
	100m:	1:04.18	34.39	200m:	2:14.09	35.01	300m:	3:23.80	34.81	400m:	4:31.21	33.39
23.	DARUL Bartosz				04	MKP „SŁOWIANKA” Gorzów Wlkp.				4:31.32	478	
	50m:	29.95	29.95	150m:	1:39.50	35.85	250m:	2:48.97	34.56	350m:	3:58.18	33.90
	100m:	1:03.65	33.70	200m:	2:14.41	34.91	300m:	3:24.28	35.31	400m:	4:31.32	33.14
24.	WIERC I SKI Kacper				04	UKS „Dwójka” Tczew				4:33.67	466	
	50m:	30.99	30.99	150m:	1:39.60	34.80	250m:	2:50.02	35.32	350m:	4:00.03	34.78
	100m:	1:04.80	33.81	200m:	2:14.70	35.10	300m:	3:25.25	35.23	400m:	4:33.67	33.64
25.	KUROWSKI Tymon				04	MKP „SŁOWIANKA” Gorzów Wlkp.				4:35.15	459	
	50m:	28.82	28.82	150m:	1:34.37	33.49	250m:	2:44.84	35.98	350m:	3:58.23	36.92
	100m:	1:00.88	32.06	200m:	2:08.86	34.49	300m:	3:21.31	36.47	400m:	4:35.15	36.92
26.	PASIECZNY Bartłomiej				04	UKP Jedyńka Elbl g				4:45.71	409	
	50m:	31.47	31.47	150m:	1:43.08	36.43	250m:	2:56.63	37.13	350m:	4:10.35	36.88
	100m:	1:06.65	35.18	200m:	2:19.50	36.42	300m:	3:33.47	36.84	400m:	4:45.71	35.36



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Konkurencja 23, M cżyn, 400m dowolny

14 lat

1.	PŁOSZKA Kacper	05	MKS Jedyńka Łódź	4:05.58	645
	50m: 28.09 28.09	150m: 1:29.75 30.92	250m: 2:32.62 31.54	350m: 3:35.73 31.01	
	100m: 58.83 30.74	200m: 2:01.08 31.33	300m: 3:04.72 32.10	400m: 4:05.58 29.85	
2.	ZAREMBA Adam	05	WKS I sk Wrocław	4:09.90	612
	50m: 28.50 28.50	150m: 1:32.72 32.28	250m: 2:36.29 31.01	350m: 3:39.41 31.41	
	100m: 1:00.44 31.94	200m: 2:05.28 32.56	300m: 3:08.00 31.71	400m: 4:09.90 30.49	
3.	DOMALEWSKI Bartłomiej	05	MTP Kormoran Olsztyn	4:13.06	590
	50m: 28.59 28.59	150m: 1:32.30 32.15	250m: 2:37.22 32.53	350m: 3:42.00 32.37	
	100m: 1:00.15 31.56	200m: 2:04.69 32.39	300m: 3:09.63 32.41	400m: 4:13.06 31.06	
4.	ARENT Artur	05	MKS Jedyńka Łódź	4:16.86	564
	50m: 29.76 29.76	150m: 1:34.92 32.66	250m: 2:39.86 32.49	350m: 3:44.98 32.67	
	100m: 1:02.26 32.50	200m: 2:07.37 32.45	300m: 3:12.31 32.45	400m: 4:16.86 31.88	
5.	DZIEWGU Benjamin	05	MKS Piaseczno	4:20.49	540
	50m: 28.95 28.95	150m: 1:34.78 33.35	250m: 2:42.03 33.57	350m: 3:49.38 33.66	
	100m: 1:01.43 32.48	200m: 2:08.46 33.68	300m: 3:15.72 33.69	400m: 4:20.49 31.11	
6.	SETLAK Marcel	05	UKS abianka Gdańsk	4:20.91	538
	50m: 29.65 29.65	150m: 1:34.27 32.77	250m: 2:40.69 33.29	350m: 3:48.29 33.97	
	100m: 1:01.50 31.85	200m: 2:07.40 33.13	300m: 3:14.32 33.63	400m: 4:20.91 32.62	
7.	TRYDULSKI Oskar	05	UKS „GIM 92 Ursynów”	4:20.97	537
	50m: 28.91 28.91	150m: 1:35.26 33.32	250m: 2:41.64 33.51	350m: 3:47.93 33.34	
	100m: 1:01.94 33.03	200m: 2:08.13 32.87	300m: 3:14.59 32.95	400m: 4:20.97 33.04	
8.	DREWEK Jakub	05	UKS „Dwójka” Tczew	4:21.05	537
	50m: 30.68 30.68	150m: 1:37.58 33.75	250m: 2:43.55 32.98	350m: 3:49.32 32.91	
	100m: 1:03.83 33.15	200m: 2:10.57 32.99	300m: 3:16.41 32.86	400m: 4:21.05 31.73	
9.	MAŁKOWSKI Hubert	05	MTPK Delfin Toruń	4:21.89	532
	50m: 29.11 29.11	150m: 1:35.66 33.79	250m: 2:43.36 33.43	350m: 3:50.11 33.79	
	100m: 1:01.87 32.76	200m: 2:09.93 34.27	300m: 3:16.32 32.96	400m: 4:21.89 31.78	
10.	KACZMAREK Michał	05	KU AZS Politechniki Łódzkiej	4:23.54	522
	50m: 29.74 29.74	150m: 1:36.16 33.28	250m: 2:43.54 33.61	350m: 3:50.96 33.53	
	100m: 1:02.88 33.14	200m: 2:09.93 33.77	300m: 3:17.43 33.89	400m: 4:23.54 32.58	
11.	WOŃCIAK Piotr	05	MTP Kormoran Olsztyn	4:24.85	514
	50m: 30.14 30.14	150m: 1:37.56 34.13	250m: 2:45.55 33.86	350m: 3:53.17 33.78	
	100m: 1:03.43 33.29	200m: 2:11.69 34.13	300m: 3:19.39 33.84	400m: 4:24.85 31.68	
12.	BETA Szymon	05	UKS G-8 Bielany Warszawa	4:24.88	514
	50m: 29.26 29.26	150m: 1:34.96 33.47	250m: 2:43.63 34.18	350m: 3:52.72 34.20	
	100m: 1:01.49 32.23	200m: 2:09.45 34.49	300m: 3:18.52 34.89	400m: 4:24.88 32.16	
13.	ŁOPACIŃSKI Wojciech	05	KU AZS Politechniki Łódzkiej	4:25.47	511
	50m: 31.26 31.26	150m: 1:37.74 33.64	250m: 2:45.40 33.76	350m: 3:54.02 34.44	
	100m: 1:04.10 32.84	200m: 2:11.64 33.90	300m: 3:19.58 34.18	400m: 4:25.47 31.45	
14.	NOWACKI Jacek	05	MTP Kormoran Olsztyn	4:25.62	510
	50m: 30.21 30.21	150m: 1:37.59 34.35	250m: 2:45.75 34.10	350m: 3:53.57 33.97	
	100m: 1:03.24 33.03	200m: 2:11.65 34.06	300m: 3:19.60 33.85	400m: 4:25.62 32.05	
15.	RUDZKI Jakub	05	MKS Jedyńka Łódź	4:26.13	507
	50m: 29.11 29.11	150m: 1:34.93 33.40	250m: 2:43.30 34.43	350m: 3:52.43 34.47	
	100m: 1:01.53 32.42	200m: 2:08.87 33.94	300m: 3:17.96 34.66	400m: 4:26.13 33.70	
16.	BARCZYŃSKI Jakub	05	UKS Manta Warszawa Włochy	4:26.84	503
	50m: 30.13 30.13	150m: 1:37.40 33.80	250m: 2:45.41 34.09	350m: 3:53.68 34.19	
	100m: 1:03.60 33.47	200m: 2:11.32 33.92	300m: 3:19.49 34.08	400m: 4:26.84 33.16	





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Konkurencja 23, Chłopców, 400m dowolny, 14 lat

Pozycja	Rok ur.								Czas	Pkt.		
17.	JARCZEWSKI Franciszek 05 UKS 190 Łódź								4:30.12	485		
	50m:	31.05	31.05	150m:	1:38.81	34.19	250m:	2:47.43	34.16	350m:	3:56.08	34.25
	100m:	1:04.62	33.57	200m:	2:13.27	34.46	300m:	3:21.83	34.40	400m:	4:30.12	34.04
18.	OSEŁKOWSKI Mateusz 05 MTP Kormoran Olsztyn								4:35.37	457		
	50m:	30.95	30.95	150m:	1:40.86	35.31	250m:	2:52.06	35.31	350m:	4:02.25	34.60
	100m:	1:05.55	34.60	200m:	2:16.75	35.89	300m:	3:27.65	35.59	400m:	4:35.37	33.12
19.	RZEPKA Jakub 05 UKS „Dwójka” Tczew								4:35.62	456		
	50m:	31.92	31.92	150m:	1:41.35	34.78	250m:	2:51.54	35.48	350m:	4:02.09	35.35
	100m:	1:06.57	34.65	200m:	2:16.06	34.71	300m:	3:26.74	35.20	400m:	4:35.62	33.53
20.	SIENKIEWICZ Ignacy 05 IKS Konstancin								4:38.74	441		
	50m:	30.68	30.68	150m:	1:41.32	35.78	250m:	2:53.98	36.49	350m:	4:05.23	35.26
	100m:	1:05.54	34.86	200m:	2:17.49	36.17	300m:	3:29.97	35.99	400m:	4:38.74	33.51
21.	SZUTER Maciej 05 UKS „GIM 92 Ursynów”								4:38.76	441		
	50m:	31.00	31.00	150m:	1:41.85	35.85	250m:	2:53.42	35.93	350m:	4:04.32	35.22
	100m:	1:06.00	35.00	200m:	2:17.49	35.64	300m:	3:29.10	35.68	400m:	4:38.76	34.44
22.	REGNOWSKI Kajetan 05 UKS Swim Team Wilanów								4:55.35	371		
	50m:	30.90	30.90	150m:	1:43.26	37.08	250m:	2:59.71	38.81	350m:	4:17.64	38.96
	100m:	1:06.18	35.28	200m:	2:20.90	37.64	300m:	3:38.68	38.97	400m:	4:55.35	37.71