

Zimowe Mistrzostwa Polski Juniorów Młodszych 15 lat w pływaniu
Opole, 13. - 15.12.2019

Konkurencja 19 Dziewcz t, 400m dowolny 15 lat
14.12.2019 - 9:32 Wyniki Eliminacje

Rekord Polski Open 4:05.77 BARZYCKA Paulina 00114 Gorzow 26.11.2005
Rekord Polski 15 lat 4:08.60 GU Wiktoria 01705 Pozna 23.11.2019

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.			
1.	TARASIEWICZ Klaudia		04	UKP POLONIA Warszawa				4:25.26	685	A		
	50m:	31.10	31.10	150m:	1:38.31	33.87	250m:	2:44.78	32.60	350m:	3:51.62	33.57
	100m:	1:04.44	33.34	200m:	2:12.18	33.87	300m:	3:18.05	33.27	400m:	4:25.26	33.64
2.	BOCIEK Wiktoria		04	KS GÓRNIK Sosnowiec				4:26.43	676	A		
	50m:	30.93	30.93	150m:	1:38.11	33.74	250m:	2:45.58	33.36	350m:	3:53.40	34.06
	100m:	1:04.37	33.44	200m:	2:12.22	34.11	300m:	3:19.34	33.76	400m:	4:26.43	33.03
3.	GU Wiktoria		04	UKS DELFIN Piotrków Trybunalski				4:28.02	664	A		
	50m:	30.27	30.27	150m:	1:36.88	33.71	250m:	2:45.36	34.33	350m:	3:54.46	34.51
	100m:	1:03.17	32.90	200m:	2:11.03	34.15	300m:	3:19.95	34.59	400m:	4:28.02	33.56
4.	MRO EK Weronika		04	MKP Szczecin				4:30.12	649	A		
	50m:	31.31	31.31	150m:	1:39.02	34.09	250m:	2:47.03	33.99	350m:	3:56.64	35.05
	100m:	1:04.93	33.62	200m:	2:13.04	34.02	300m:	3:21.59	34.56	400m:	4:30.12	33.48
5.	MIZIK Julia		04	UKS Manta Warszawa Włochy				4:30.53	646	A		
	50m:	30.55	30.55	150m:	1:37.86	34.08	250m:	2:46.86	34.46	350m:	3:56.62	34.89
	100m:	1:03.78	33.23	200m:	2:12.40	34.54	300m:	3:21.73	34.87	400m:	4:30.53	33.91
6.	WRZESI SKA Wiktoria		04	UKS 190 Łód				4:30.56	646	A		
	50m:	31.26	31.26	150m:	1:38.97	33.91	250m:	2:47.49	34.31	350m:	3:56.99	34.80
	100m:	1:05.06	33.80	200m:	2:13.18	34.21	300m:	3:22.19	34.70	400m:	4:30.56	33.57
7.	SIWKO Natalia		04	KU AZS UMCS Lublin				4:34.27	620	A		
	50m:	31.33	31.33	150m:	1:40.63	34.84	250m:	2:50.91	35.06	350m:	4:00.74	34.75
	100m:	1:05.79	34.46	200m:	2:15.85	35.22	300m:	3:25.99	35.08	400m:	4:34.27	33.53
8.	MALINO Julia		04	UKS ORKA Zamo				4:34.44	619	A		
	50m:	31.40	31.40	150m:	1:39.80	34.52	250m:	2:50.12	35.49	350m:	4:00.72	35.13
	100m:	1:05.28	33.88	200m:	2:14.63	34.83	300m:	3:25.59	35.47	400m:	4:34.44	33.72
9.	WIKTOROWICZ Patrycja		04	MKS SMS Victoria Racibórz				4:34.73	617	A		
	50m:	31.38	31.38	150m:	1:40.58	35.06	250m:	2:51.53	35.42	350m:	4:01.74	34.78
	100m:	1:05.52	34.14	200m:	2:16.11	35.53	300m:	3:26.96	35.43	400m:	4:34.73	32.99
10.	LALA Nadia		04	UKP UNIA O wi cim				4:35.01	615	A		
	50m:	30.75	30.75	150m:	1:40.43	35.18	250m:	2:51.84	35.61	350m:	4:01.54	34.37
	100m:	1:05.25	34.50	200m:	2:16.23	35.80	300m:	3:27.17	35.33	400m:	4:35.01	33.47
11.	BRACH Oliwia		04	UKP POLONIA Warszawa				4:36.98	602	B		
	50m:	32.03	32.03	150m:	1:43.05	35.65	250m:	2:54.50	35.68	350m:	4:04.55	34.83
	100m:	1:07.40	35.37	200m:	2:18.82	35.77	300m:	3:29.72	35.22	400m:	4:36.98	32.43
12.	WO NICA Milena		04	UKS abianka Gda sk				4:38.27	594	B		
	50m:	31.47	31.47	150m:	1:41.07	34.97	250m:	2:51.77	35.24	350m:	4:03.19	35.74
	100m:	1:06.10	34.63	200m:	2:16.53	35.46	300m:	3:27.45	35.68	400m:	4:38.27	35.08
13.	AK Amelia		04	UKP UNIA O wi cim				4:38.36	593	B		
	50m:	31.70	31.70	150m:	1:42.61	35.88	250m:	2:53.60	35.21	350m:	4:03.43	34.83
	100m:	1:06.73	35.03	200m:	2:18.39	35.78	300m:	3:28.60	35.00	400m:	4:38.36	34.93
14.	FIGAS Alicja		04	MKP Szczecin				4:39.02	589	B		
	50m:	32.54	32.54	150m:	1:42.69	34.93	250m:	2:52.93	35.23	350m:	4:04.61	36.23
	100m:	1:07.76	35.22	200m:	2:17.70	35.01	300m:	3:28.38	35.45	400m:	4:39.02	34.41
15.	MIERNIK Wiktoria		04	UKP UNIA O wi cim				4:39.69	585	B		
	50m:	31.92	31.92	150m:	1:42.59	35.47	250m:	2:53.91	35.63	350m:	4:06.25	36.14
	100m:	1:07.12	35.20	200m:	2:18.28	35.69	300m:	3:30.11	36.20	400m:	4:39.69	33.44

Zimowe Mistrzostwa Polski Juniorów Młodszych 15 lat w pływaniu
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Pozycja			Rok ur.					Czas	Pkt.
16.	FIRA Weronika		04	Sikret Gliwice				4:40.52	579 B
	50m:	31.76 31.76	150m:	1:42.23 35.30	250m:	2:53.23 35.40	350m:	4:04.95 36.11	
	100m:	1:06.93 35.17	200m:	2:17.83 35.60	300m:	3:28.84 35.61	400m:	4:40.52 35.57	
17.	BORYS Zofia		04	UKS G-8 Bielany Warszawa				4:41.37	574 B
	50m:	32.23 32.23	150m:	1:42.83 35.55	250m:	2:54.51 35.99	350m:	4:06.67 35.97	
	100m:	1:07.28 35.05	200m:	2:18.52 35.69	300m:	3:30.70 36.19	400m:	4:41.37 34.70	
18.	ROMANIUK Matylda		04	UKP POLONIA Warszawa				4:41.52	573 B
	50m:	31.76 31.76	150m:	1:43.56 36.43	250m:	2:55.26 35.89	350m:	4:06.65 35.26	
	100m:	1:07.13 35.37	200m:	2:19.37 35.81	300m:	3:31.39 36.13	400m:	4:41.52 34.87	
19.	HRAPKOWICZ Klaudia		04	UKP UNIA O wi cim				4:43.28	563 B
	50m:	32.31 32.31	150m:	1:43.40 35.60	250m:	2:56.03 36.21	350m:	4:08.86 36.30	
	100m:	1:07.80 35.49	200m:	2:19.82 36.42	300m:	3:32.56 36.53	400m:	4:43.28 34.42	
20.	DYDUCH Martyna		04	UKP UNIA O wi cim				4:43.33	562 B
	50m:	32.34 32.34	150m:	1:43.62 36.10	250m:	2:56.67 36.22	350m:	4:09.10 36.19	
	100m:	1:07.52 35.18	200m:	2:20.45 36.83	300m:	3:32.91 36.24	400m:	4:43.33 34.23	
21.	KRUPI SKA Lila		04	MTP Kormoran Olsztyn				4:44.59	555 R
	50m:	32.66 32.66	150m:	1:44.41 36.16	250m:	2:56.86 36.20	350m:	4:09.52 36.26	
	100m:	1:08.25 35.59	200m:	2:20.66 36.25	300m:	3:33.26 36.40	400m:	4:44.59 35.07	
22.	ZI BA Emilia		04	AZS AWF Katowice				4:44.93	553 R
	50m:	32.51 32.51	150m:	1:44.26 35.99	250m:	2:57.22 36.51	350m:	4:09.98 36.43	
	100m:	1:08.27 35.76	200m:	2:20.71 36.45	300m:	3:33.55 36.33	400m:	4:44.93 34.95	
23.	POTEMKA Justyna		04	MKS JEDYNKA Łódź				4:45.14	552
	50m:	31.68 31.68	150m:	1:42.94 35.89	250m:	2:56.23 36.95	350m:	4:09.99 37.07	
	100m:	1:07.05 35.37	200m:	2:19.28 36.34	300m:	3:32.92 36.69	400m:	4:45.14 35.15	
24.	GAZDA Małgorzata		04	KU AZS UMCS Lublin				4:45.61	549
	50m:	31.12 31.12	150m:	1:42.44 36.23	250m:	2:55.71 36.80	350m:	4:08.90 36.55	
	100m:	1:06.21 35.09	200m:	2:18.91 36.47	300m:	3:32.35 36.64	400m:	4:45.61 36.71	
25.	WUSZTER Iga		04	KP MZOS Płock				4:45.79	548
	50m:	32.37 32.37	150m:	1:44.12 35.95	250m:	2:57.06 36.69	350m:	4:10.34 36.06	
	100m:	1:08.17 35.80	200m:	2:20.37 36.25	300m:	3:34.28 37.22	400m:	4:45.79 35.45	
26.	SIKORA Balbina		04	UKS SMS Galicja Kraków				4:46.34	545
	50m:	32.20 32.20	150m:	1:43.28 36.05	250m:	2:56.72 36.76	350m:	4:10.02 36.62	
	100m:	1:07.23 35.03	200m:	2:19.96 36.68	300m:	3:33.40 36.68	400m:	4:46.34 36.32	
27.	BIERNACKA Maja		04	MKS JEDYNKA Łódź				4:46.96	541
	50m:	32.73 32.73	150m:	1:44.99 36.42	250m:	2:57.96 36.78	350m:	4:11.81 36.72	
	100m:	1:08.57 35.84	200m:	2:21.18 36.19	300m:	3:35.09 37.13	400m:	4:46.96 35.15	
28.	RACZY SKA Wiktoria		04	AZS Łódź				4:47.28	539
	50m:	32.74 32.74	150m:	1:45.90 36.91	250m:	2:59.33 36.73	350m:	4:11.77 36.06	
	100m:	1:08.99 36.25	200m:	2:22.60 36.70	300m:	3:35.71 36.38	400m:	4:47.28 35.51	
29.	KIERAGA Patrycja		04	KS OLIMPIA Lublin				4:49.15	529
	50m:	31.98 31.98	150m:	1:42.01 35.76	250m:	2:54.68 36.50	350m:	4:09.64 37.52	
	100m:	1:06.25 34.27	200m:	2:18.18 36.17	300m:	3:32.12 37.44	400m:	4:49.15 39.51	
30.	KUBCZYK Gabriela		04	KKS WŁÓKNIARZ 1925 Kalisz				4:50.08	524
	50m:	31.87 31.87	150m:	1:43.05 36.07	250m:	2:57.30 37.37	350m:	4:13.50 38.27	
	100m:	1:06.98 35.11	200m:	2:19.93 36.88	300m:	3:35.23 37.93	400m:	4:50.08 36.58	
31.	KONOPKA Weronika		04	Sikret Gliwice				4:50.61	521
	50m:	33.63 33.63	150m:	1:47.88 37.61	250m:	3:02.37 37.10	350m:	4:15.37 36.30	
	100m:	1:10.27 36.64	200m:	2:25.27 37.39	300m:	3:39.07 36.70	400m:	4:50.61 35.24	

Zimowe Mistrzostwa Polski Juniorów Młodszych 15 lat w pływaniu
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Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 15 lat

Pozycja	Rok ur.								Czas	Pkt.
32. PRZYBYSZ Kinga	04 MKP ASTROMAL Leszno								4:52.58	511
50m: 32.35 32.35	150m: 1:45.72 37.19	250m: 3:00.90 38.08	350m: 4:16.14 37.57	100m: 1:08.53 36.18	200m: 2:22.82 37.10	300m: 3:38.57 37.67	400m: 4:52.58 36.44			
33. FALFUS Julia	04 KS KSZO Ostrowiec w.								4:53.83	504
50m: 32.45 32.45	150m: 1:46.22 37.44	250m: 3:01.97 37.60	350m: 4:17.52 37.67	100m: 1:08.78 36.33	200m: 2:24.37 38.15	300m: 3:39.85 37.88	400m: 4:53.83 36.31			
34. WITEK Oliwia	04 MKS JEDYNKA Łód								4:55.31	497
50m: 32.81 32.81	150m: 1:45.21 36.68	250m: 3:01.17 38.13	350m: 4:17.93 38.39	100m: 1:08.53 35.72	200m: 2:23.04 37.83	300m: 3:39.54 38.37	400m: 4:55.31 37.38			
35. KOWALSKA Julia	04 UKP UNIA O wi cim								4:56.70	490
50m: 35.12 35.12	150m: 1:50.12 37.68	250m: 3:03.90 36.97	350m: 4:18.82 37.21	100m: 1:12.44 37.32	200m: 2:26.93 36.81	300m: 3:41.61 37.71	400m: 4:56.70 37.88			
36. SYSIO Zuzanna	04 MUKS WODNIK Łask								4:59.73	475
50m: 32.63 32.63	150m: 1:46.37 37.42	250m: 3:02.88 39.02	350m: 4:21.73 39.66	100m: 1:08.95 36.32	200m: 2:23.86 37.49	300m: 3:42.07 39.19	400m: 4:59.73 38.00			
37. Ł PIE Maja	04 UKS SZAFIR Wałbrzych								4:59.76	475
50m: 32.44 32.44	150m: 1:46.36 37.81	250m: 3:03.68 38.78	350m: 4:20.65 37.87	100m: 1:08.55 36.11	200m: 2:24.90 38.54	300m: 3:42.78 39.10	400m: 4:59.76 39.11			
38. KOWACKA Aleksandra	04 MKS TRÓJKA Łód								5:00.86	470
50m: 34.25 34.25	150m: 1:49.40 38.21	250m: 3:06.75 38.86	350m: 4:23.70 38.13	100m: 1:11.19 36.94	200m: 2:27.89 38.49	300m: 3:45.57 38.82	400m: 5:00.86 37.16			
39. MITUŁA Magdalena	04 KS OLIMPIA Lublin								5:04.95	451
50m: 33.72 33.72	150m: 1:50.80 38.68	250m: 3:08.16 38.59	350m: 4:26.63 39.33	100m: 1:12.12 38.40	200m: 2:29.57 38.77	300m: 3:47.30 39.14	400m: 5:04.95 38.32			
40. MATECKA Sandra	04 KKS WŁÓKNIARZ 1925 Kalisz								5:28.10	362
50m: 35.21 35.21	150m: 1:59.54 42.92	250m: 3:24.32 42.43	350m: 4:48.88 42.09	100m: 1:16.62 41.41	200m: 2:41.89 42.35	300m: 4:06.79 42.47	400m: 5:28.10 39.22			
DYSKW. HAŁADYN Kamila	04 UKS SP-149 Łód									
<i>O2 - Pływak nie miał kontaktu ze cian podczas nawrotu.</i>										