



Zimowe Mistrzostwa Polski Juniorów Młodszych 14 lat w pływaniu
Ostrowiec wi tokrzyski, 18. - 20.12.2020

Konkurencja 11
18.12.2020

Dziewcz t, 400m zmienny

14 lat
Wyniki Eliminacje

Rekord Polski 14lat 4:43.77 KNOP Aleksandra 01605 Łódź 22.12.2017
Rekord Polski Open 4:31.89 BARANOWSKA Katarzyna 00116 Debrecen (HUN) 16.12.2007

Punkty: FINA 2020

Pozycja				Rok ur.					Czas	Pkt.		
1.	JUDA Aleksandra			06	UKP UNIA O wi cim				5:00.80	637 Q		
	50m:	32.23	32.23	150m:	1:48.47	39.28	250m:	3:08.39	41.48	350m:	4:25.97	35.94
	100m:	1:09.19	36.96	200m:	2:26.91	38.44	300m:	3:50.03	41.64	400m:	5:00.80	34.83
2.	RAKOWSKA Marta			06	UKS MOS Opole				5:01.49	633 Q		
	50m:	32.57	32.57	150m:	1:49.31	39.52	250m:	3:09.91	42.81	350m:	4:28.34	35.68
	100m:	1:09.79	37.22	200m:	2:27.10	37.79	300m:	3:52.66	42.75	400m:	5:01.49	33.15
3.	LECHOWSKA Magdalena			06	WKS L SK Wrocław				5:06.78	601 Q		
	50m:	31.29	31.29	150m:	1:49.65	40.21	250m:	3:11.18	42.52	350m:	4:31.68	36.72
	100m:	1:09.44	38.15	200m:	2:28.66	39.01	300m:	3:54.96	43.78	400m:	5:06.78	35.10
4.	GOMUŁKA Weronika			06	UKS 190 Łódź				5:07.73	595 Q		
	50m:	32.59	32.59	150m:	1:48.65	39.08	250m:	3:11.02	44.03	350m:	4:32.02	37.23
	100m:	1:09.57	36.98	200m:	2:26.99	38.34	300m:	3:54.79	43.77	400m:	5:07.73	35.71
5.	WRONA Ewa			06	UKP UNIA O wi cim				5:13.36	564 Q		
	50m:	32.93	32.93	150m:	1:52.29	40.76	250m:	3:14.74	41.89	350m:	4:36.44	38.41
	100m:	1:11.53	38.60	200m:	2:32.85	40.56	300m:	3:58.03	43.29	400m:	5:13.36	36.92
6.	PITY SKA Klara			06	WKS L SK Wrocław				5:13.57	563 Q		
	50m:	32.50	32.50	150m:	1:51.31	40.21	250m:	3:16.06	45.07	350m:	4:37.43	36.07
	100m:	1:11.10	38.60	200m:	2:30.99	39.68	300m:	4:01.36	45.30	400m:	5:13.57	36.14
7.	WILK Anna			06	UKP FALA Kra nik				5:14.61	557 Q		
	50m:	33.22	33.22	150m:	1:56.04	43.28	250m:	3:20.15	42.54	350m:	4:40.17	36.56
	100m:	1:12.76	39.54	200m:	2:37.61	41.57	300m:	4:03.61	43.46	400m:	5:14.61	34.44
8.	SULAK Antonina			06	UKS Pi tka Konstantynów Ł.				5:14.73	556 Q		
	50m:	32.92	32.92	150m:	1:52.19	40.76	250m:	3:16.46	45.02	350m:	4:38.70	37.21
	100m:	1:11.43	38.51	200m:	2:31.44	39.25	300m:	4:01.49	45.03	400m:	5:14.73	36.03
9.	ZIELI SKA Zuzanna			06	MKS IKAR Mielec				5:27.31	495 Q		
	50m:	33.85	33.85	150m:	1:54.52	41.41	250m:	3:22.71	47.54	350m:	4:50.33	39.32
	100m:	1:13.11	39.26	200m:	2:35.17	40.65	300m:	4:11.01	48.30	400m:	5:27.31	36.98
10.	SOJKA Oliwia			06	UKS Aqua Team Mikołów				5:29.45	485 Q		
	50m:	35.30	35.30	150m:	1:57.76	42.03	250m:	3:26.89	46.46	350m:	4:52.96	39.16
	100m:	1:15.73	40.43	200m:	2:40.43	42.67	300m:	4:13.80	46.91	400m:	5:29.45	36.49
11.	KASZUBA Maja			06	UKS OMEGA Olkusz				5:30.60	480 R		
	50m:	32.76	32.76	150m:	1:52.16	41.93	250m:	3:22.33	48.39	350m:	4:51.20	40.50
	100m:	1:10.23	37.47	200m:	2:33.94	41.78	300m:	4:10.70	48.37	400m:	5:30.60	39.40
12.	PAWEŁEK Zuzanna			06	KP SOKÓŁ Rzeszów				5:33.17	469 R		
	50m:	34.74	34.74	150m:	1:58.25	43.19	250m:	3:29.65	48.41	350m:	4:57.64	38.16
	100m:	1:15.06	40.32	200m:	2:41.24	42.99	300m:	4:19.48	49.83	400m:	5:33.17	35.53
13.	SZPOTON Natalia			06	KS PI TKA Chorzów				5:37.42	451		
	50m:	33.43	33.43	150m:	1:59.31	42.99	250m:	3:28.45	45.21	350m:	4:57.70	40.76
	100m:	1:16.32	42.89	200m:	2:43.24	43.93	300m:	4:16.94	48.49	400m:	5:37.42	39.72
14.	MAZURKIEWICZ Marta			06	MKS JUVENIA Wrocław				5:39.68	442		
	50m:	35.27	35.27	150m:	2:02.49	44.90	250m:	3:34.92	49.23	350m:	5:03.32	38.55
	100m:	1:17.59	42.32	200m:	2:45.69	43.20	300m:	4:24.77	49.85	400m:	5:39.68	36.36
15.	KUPIS Aleksandra			06	MTP Kormoran Olsztyn				5:45.82	419		
	50m:	34.99	34.99	150m:	2:02.27	46.04	250m:	3:34.77	47.39	350m:	5:05.06	41.09
	100m:	1:16.23	41.24	200m:	2:47.38	45.11	300m:	4:23.97	49.20	400m:	5:45.82	40.76
16.	SOLI SKA Patrycja			06	UKS Ostrobramska				5:46.80	416		
	50m:	35.51	35.51	150m:	2:03.02	43.60	250m:	3:34.28	48.75	350m:	5:06.79	42.70
	100m:	1:19.42	43.91	200m:	2:45.53	42.51	300m:	4:24.09	49.81	400m:	5:46.80	40.01





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17.	ADAMCZYK Hanna		06	UKS ALIGATOR Gorzyce				5:48.78	409
	50m:	36.09 36.09	150m:	2:06.21 47.22	250m:	3:41.22 49.22	350m:	5:11.65 40.54	
	100m:	1:18.99 42.90	200m:	2:52.00 45.79	300m:	4:31.11 49.89	400m:	5:48.78 37.13	
18.	KUC Michalina		06	MUKS UNIA Busko Zdrój				5:49.26	407
	50m:	39.20 39.20	150m:	2:10.55 45.66	250m:	3:41.45 46.83	350m:	5:11.19 41.57	
	100m:	1:24.89 45.69	200m:	2:54.62 44.07	300m:	4:29.62 48.17	400m:	5:49.26 38.07	
19.	TARACH Wiktoria		06	MKS SP 63 Bydgoszcz				6:05.58	355
	50m:	39.63 39.63	150m:	2:14.14 46.62	250m:	3:52.75 54.43	350m:	5:26.27 38.88	
	100m:	1:27.52 47.89	200m:	2:58.32 44.18	300m:	4:47.39 54.64	400m:	6:05.58 39.31	
20.	KOBYLSKA Magdalena		06	UKS MANTA Kochłowice Ruda				6:08.98	345
	50m:	37.53 37.53	150m:	2:05.55 43.77	250m:	3:43.43 53.99	350m:	5:23.82 45.50	
	100m:	1:21.78 44.25	200m:	2:49.44 43.89	300m:	4:38.32 54.89	400m:	6:08.98 45.16	

