



Zimowe Mistrzostwa Polski Juniorów Młodszych 14 lat w pływaniu
Ostrowiec Świętokrzyski, 18. - 20.12.2020

Konkurencja 20
19.12.2020

Chłopców, 400m dowolny

14 lat
Wyniki Eliminacje

Rekord Polski 14lat	3:57.40	DASZKIEWICZ Michał	01006	Oświęcim	23.12.2017
Rekord Polski Open	3:37.57	WOJDAK Wojciech	01006	Netanya (ISR)	02.12.2015

Punkty: FINA 2020

Pozycja	Rok ur.				Czas				Pkt.	
1.	LARYŚ Jerzy	06	IUKS MUSZELKA Warszawa		4:07.07	633	Q			
	50m: 28.06	28.06	150m: 1:29.86	31.06	250m: 2:33.25	31.58	350m: 3:36.46	31.70		
	100m: 58.80	30.74	200m: 2:01.67	31.81	300m: 3:04.76	31.51	400m: 4:07.07	30.61		
2.	FILIPIAK Mikołaj	06	UKS Żabianka Gdańsk		4:08.43	623	Q			
	50m: 27.87	27.87	150m: 1:30.23	31.24	250m: 2:33.76	31.83	350m: 3:37.20	31.50		
	100m: 58.99	31.12	200m: 2:01.93	31.70	300m: 3:05.70	31.94	400m: 4:08.43	31.23		
3.	MIENICKI Rafał	06	UKS 48 Warszawa Śródmieście		4:11.64	600	Q			
	50m: 27.64	27.64	150m: 1:30.57	31.55	250m: 2:34.46	32.08	350m: 3:39.22	32.56		
	100m: 59.02	31.38	200m: 2:02.38	31.81	300m: 3:06.66	32.20	400m: 4:11.64	32.42		
4.	CIECHOMSKI Rafał	06	MKS ASTORIA Bydgoszcz		4:13.25	588	Q			
	50m: 27.42	27.42	150m: 1:30.30	32.36	250m: 2:36.52	32.83	350m: 3:41.20	32.23		
	100m: 57.94	30.52	200m: 2:03.69	33.39	300m: 3:08.97	32.45	400m: 4:13.25	32.05		
5.	ŚWIDERSKI Julian	06	MKS TRÓJKA Łódź		4:19.22	548	Q			
	50m: 28.13	28.13	150m: 1:35.14	34.14	250m: 2:42.79	33.32	350m: 3:48.90	32.90		
	100m: 1:01.00	32.87	200m: 2:09.47	34.33	300m: 3:16.00	33.21	400m: 4:19.22	30.32		
6.	FRONCZAK Antoni	06	UKS G-8 Bielany Warszawa		4:20.29	542	Q			
	50m: 29.75	29.75	150m: 1:36.05	33.56	250m: 2:42.40	32.80	350m: 3:48.43	32.93		
	100m: 1:02.49	32.74	200m: 2:09.60	33.55	300m: 3:15.50	33.10	400m: 4:20.29	31.86		
7.	JASIŃSKI Kacper	06	MUKP Korona-Swim Kielce		4:20.58	540	Q			
	50m: 28.57	28.57	150m: 1:34.60	33.59	250m: 2:41.84	33.38	350m: 3:48.79	33.27		
	100m: 1:01.01	32.44	200m: 2:08.46	33.86	300m: 3:15.52	33.68	400m: 4:20.58	31.79		
8.	KAPAŁA Bartosz	06	MTP Kormoran Olsztyn		4:22.08	531	Q			
	50m: 30.15	30.15	150m: 1:36.82	33.61	250m: 2:43.76	33.28	350m: 3:49.93	33.09		
	100m: 1:03.21	33.06	200m: 2:10.48	33.66	300m: 3:16.84	33.08	400m: 4:22.08	32.15		
9.	BORSKI Mikołaj	06	UKS Tri-Team Rumia		4:23.88	520	Q			
	50m: 30.30	30.30	150m: 1:36.66	33.61	250m: 2:44.35	33.69	350m: 3:51.27	33.32		
	100m: 1:03.05	32.75	200m: 2:10.66	34.00	300m: 3:17.95	33.60	400m: 4:23.88	32.61		
10.	SOBIECHOWSKI Kajetan	06	TP Zielona Góra		4:23.95	519	Q			
	50m: 29.25	29.25	150m: 1:36.15	34.06	250m: 2:44.12	33.59	350m: 3:52.02	33.86		
	100m: 1:02.09	32.84	200m: 2:10.53	34.38	300m: 3:18.16	34.04	400m: 4:23.95	31.93		
11.	ZAŁEWSKI Jacek	06	KS POSNANIA Poznań		4:24.49	516	R			
	50m: 29.88	29.88	150m: 1:37.17	34.20	250m: 2:44.72	33.49	350m: 3:51.92	33.84		
	100m: 1:02.97	33.09	200m: 2:11.23	34.06	300m: 3:18.08	33.36	400m: 4:24.49	32.57		
12.	CABA Stanisław	06	UKS SMS Galicja Kraków		4:25.41	511	R			
	50m: 29.67	29.67	150m: 1:38.64	34.87	250m: 2:47.42	34.22	350m: 3:55.15	33.32		
	100m: 1:03.77	34.10	200m: 2:13.20	34.56	300m: 3:21.83	34.41	400m: 4:25.41	30.26		
13.	BRÓDKA Bartosz	06	MTS Kwidzyn		4:26.71	503				
	50m: 30.89	30.89	150m: 1:38.76	34.38	250m: 2:46.73	34.07	350m: 3:54.33	33.44		
	100m: 1:04.38	33.49	200m: 2:12.66	33.90	300m: 3:20.89	34.16	400m: 4:26.71	32.38		
14.	CZAJKOWSKI Olivier	06	MKP Szczecin		4:26.89	502				
	50m: 29.34	29.34	150m: 1:36.58	34.24	250m: 2:45.55	34.51	350m: 3:54.33	34.20		
	100m: 1:02.34	33.00	200m: 2:11.04	34.46	300m: 3:20.13	34.58	400m: 4:26.89	32.56		
15.	PORWIK Kacper	06	KS PIĄTKA Chorzów		4:27.42	499				
	50m: 29.12	29.12	150m: 1:35.43	33.76	250m: 2:44.46	34.53	350m: 3:54.21	35.09		
	100m: 1:01.67	32.55	200m: 2:09.93	34.50	300m: 3:19.12	34.66	400m: 4:27.42	33.21		
16.	PERA Marcin	06	UKS WODNIK Siemianowice Śląskie		4:27.49	499				
	50m: 29.40	29.40	150m: 1:37.60	34.00	250m: 2:47.04	34.41	350m: 3:55.85	34.50		
	100m: 1:03.60	34.20	200m: 2:12.63	35.03	300m: 3:21.35	34.31	400m: 4:27.49	31.64		





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Ostrowiec Świętokrzyski, 18. - 20.12.2020

Konkurencja 20, Chłopców, 400m dowolny, Eliminacje, 14 lat

Pozycja	Rok ur.				Czas				Pkt.
17. LUPA Olaf	06	UKS ORKA Zamość			4:27.69				498
50m: 29.42 29.42	150m: 1:35.47 33.26	250m: 2:44.04 34.51	350m: 3:53.93 34.75						
100m: 1:02.21 32.79	200m: 2:09.53 34.06	300m: 3:19.18 35.14	400m: 4:27.69 33.76						
18. WÓJCIK Szczepan	06	UKS FREGATA Kolbuszowa			4:27.90				497
50m: 29.98 29.98	150m: 1:38.37 34.50	250m: 2:46.93 34.10	350m: 3:54.75 33.96						
100m: 1:03.87 33.89	200m: 2:12.83 34.46	300m: 3:20.79 33.86	400m: 4:27.90 33.15						
19. LEŚNIEWSKI Wiktor	06	UKP POLONIA Warszawa			4:28.21				495
50m: 30.21 30.21	150m: 1:37.61 33.97	250m: 2:45.57 34.07	350m: 3:54.72 34.89						
100m: 1:03.64 33.43	200m: 2:11.50 33.89	300m: 3:19.83 34.26	400m: 4:28.21 33.49						
20. KULIK Maksymilian	06	MTP Kormoran Olsztyn			4:28.69				492
50m: 29.44 29.44	150m: 1:36.40 33.93	250m: 2:45.21 34.22	350m: 3:54.90 34.76						
100m: 1:02.47 33.03	200m: 2:10.99 34.59	300m: 3:20.14 34.93	400m: 4:28.69 33.79						
21. WÓJCIK Rafał	06	UKP FALA Kraśnik			4:29.23				489
50m: 30.40 30.40	150m: 1:37.70 34.09	250m: 2:46.91 34.67	350m: 3:56.05 34.71						
100m: 1:03.61 33.21	200m: 2:12.24 34.54	300m: 3:21.34 34.43	400m: 4:29.23 33.18						
22. KOZAK Jan	06	KS OLIMPIA Lublin			4:29.42				488
50m: 31.05 31.05	150m: 1:39.29 34.66	250m: 2:47.54 34.08	350m: 3:55.75 33.99						
100m: 1:04.63 33.58	200m: 2:13.46 34.17	300m: 3:21.76 34.22	400m: 4:29.42 33.67						
23. CHABOWSKI Nathaniel	06	UKS Żabianka Gdańsk			4:29.79				486
50m: 29.29 29.29	150m: 1:37.10 34.50	250m: 2:46.71 34.73	350m: 3:56.35 34.71						
100m: 1:02.60 33.31	200m: 2:11.98 34.88	300m: 3:21.64 34.93	400m: 4:29.79 33.44						
24. RYSTWEJ Maksymilian	06	MKP SŁOWIANKA Gorzów Wlkp.			4:30.11				485
50m: 28.57 28.57	150m: 1:35.10 33.50	250m: 2:44.42 35.00	350m: 3:56.16 36.21						
100m: 1:01.60 33.03	200m: 2:09.42 34.32	300m: 3:19.95 35.53	400m: 4:30.11 33.95						
25. PLEWNICKI Jan	06	UKS Żabianka Gdańsk			4:31.02				480
50m: 29.83 29.83	150m: 1:39.27 35.45	250m: 2:50.68 35.65	350m: 3:59.81 34.02						
100m: 1:03.82 33.99	200m: 2:15.03 35.76	300m: 3:25.79 35.11	400m: 4:31.02 31.21						
26. ZAWADA Olaf	06	MTP DELFIN Cieszyn			4:31.79				476
50m: 30.63 30.63	150m: 1:39.85 35.05	250m: 2:50.48 35.10	350m: 4:00.50 34.89						
100m: 1:04.80 34.17	200m: 2:15.38 35.53	300m: 3:25.61 35.13	400m: 4:31.79 31.29						
27. MAZERANT Antoni	06	MKS TRÓJKA Łódź			4:31.91				475
50m: 29.82 29.82	150m: 1:37.79 34.85	250m: 2:48.15 35.09	350m: 3:58.60 35.13						
100m: 1:02.94 33.12	200m: 2:13.06 35.27	300m: 3:23.47 35.32	400m: 4:31.91 33.31						
28. GAWENDA Bartłomiej	06	UKS 48 Warszawa Śródmieście			4:32.24				473
50m: 30.37 30.37	150m: 1:38.42 34.31	250m: 2:48.28 34.78	350m: 3:58.46 35.00						
100m: 1:04.11 33.74	200m: 2:13.50 35.08	300m: 3:23.46 35.18	400m: 4:32.24 33.78						
29. SUCHAN Jakub	06	UKS SMS Galicja Kraków			4:34.52				462
50m: 29.97 29.97	150m: 1:39.07 35.07	250m: 2:49.51 35.00	350m: 4:00.10 35.06						
100m: 1:04.00 34.03	200m: 2:14.51 35.44	300m: 3:25.04 35.53	400m: 4:34.52 34.42						
30. MAKAREWICZ Filip	06	Aquapark Wągrowiec sp. z o.o.			4:34.73				461
50m: 29.77 29.77	150m: 1:39.26 34.90	250m: 2:49.89 35.51	350m: 4:00.73 35.16						
100m: 1:04.36 34.59	200m: 2:14.38 35.12	300m: 3:25.57 35.68	400m: 4:34.73 34.00						
31. WĄSIK Marek	06	DOKiS SP Vega Dobrodzień			4:35.02				459
50m: 30.12 30.12	150m: 1:38.48 34.68	250m: 2:49.87 35.82	350m: 4:01.73 35.68						
100m: 1:03.80 33.68	200m: 2:14.05 35.57	300m: 3:26.05 36.18	400m: 4:35.02 33.29						
32. GORDZIEJKO Konrad	06	MTP Lublinianka			4:35.39				457
50m: 30.83 30.83	150m: 1:38.52 34.60	250m: 2:49.06 35.29	350m: 4:01.79 36.93						
100m: 1:03.92 33.09	200m: 2:13.77 35.25	300m: 3:24.86 35.80	400m: 4:35.39 33.60						
33. JASKULSKI Jarosław	06	MPKS ORKA Ciechanów			4:36.20				453
50m: 29.38 29.38	150m: 1:36.54 34.08	250m: 2:47.60 36.24	350m: 3:59.66 35.74						
100m: 1:02.46 33.08	200m: 2:11.36 34.82	300m: 3:23.92 36.32	400m: 4:36.20 36.54						





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Pozycja	Rok ur.										Czas	Pkt.
34.	JAREK Oskar			06	UKS MANTA Kochłowice Ruda Ś.						4:36.45	452
	50m:	30.75	30.75	150m:	1:40.65	35.28	250m:	2:51.72	35.45	350m:	4:02.54	34.95
	100m:	1:05.37	34.62	200m:	2:16.27	35.62	300m:	3:27.59	35.87	400m:	4:36.45	33.91
35.	BUTRYM Maksym			06	MKP SŁOWIANKA Gorzów Wlkp.						4:37.01	449
	50m:	30.16	30.16	150m:	1:39.96	35.23	250m:	2:51.59	35.80	350m:	4:03.27	35.76
	100m:	1:04.73	34.57	200m:	2:15.79	35.83	300m:	3:27.51	35.92	400m:	4:37.01	33.74
36.	MERTA Miłosz			06	UKP UNIA Oświęcim						4:39.99	435
	50m:	29.94	29.94	150m:	1:38.04	34.44	250m:	2:49.10	35.64	350m:	4:03.68	37.63
	100m:	1:03.60	33.66	200m:	2:13.46	35.42	300m:	3:26.05	36.95	400m:	4:39.99	36.31
37.	SULIŃSKI Grzegorz			06	KP MZOS Płock						4:40.84	431
	50m:	31.43	31.43	150m:	1:42.70	35.93	250m:	2:55.15	36.21	350m:	4:07.12	35.45
	100m:	1:06.77	35.34	200m:	2:18.94	36.24	300m:	3:31.67	36.52	400m:	4:40.84	33.72
38.	KOCHAŃSKI Paweł			06	UKS Jagiellonia Swim						4:41.49	428
	50m:	30.50	30.50	150m:	1:40.64	35.74	250m:	2:51.92	35.75	350m:	4:05.86	37.57
	100m:	1:04.90	34.40	200m:	2:16.17	35.53	300m:	3:28.29	36.37	400m:	4:41.49	35.63
39.	NOWAK Oskar			06	MKS JUVENIA Wrocław						4:42.61	423
	50m:	29.80	29.80	150m:	1:40.51	35.55	250m:	2:53.60	36.87	350m:	4:07.62	37.11
	100m:	1:04.96	35.16	200m:	2:16.73	36.22	300m:	3:30.51	36.91	400m:	4:42.61	34.99
40.	MICKIEWICZ Franciszek			06	SWIMLAND Olsztyn						4:43.51	419
	50m:	30.20	30.20	150m:	1:41.92	36.82	250m:	2:56.77	37.51	350m:	4:09.64	36.14
	100m:	1:05.10	34.90	200m:	2:19.26	37.34	300m:	3:33.50	36.73	400m:	4:43.51	33.87
41.	KUBIAK Olivier			06	UKS G-8 Bielany Warszawa						4:43.79	418
	50m:	30.43	30.43	150m:	1:41.82	36.21	250m:	2:55.00	36.95	350m:	4:08.74	36.92
	100m:	1:05.61	35.18	200m:	2:18.05	36.23	300m:	3:31.82	36.82	400m:	4:43.79	35.05
42.	CHODAŃ Maciej			06	MTP Kormoran Olsztyn						4:43.89	417
	50m:	32.46	32.46	150m:	1:44.09	36.37	250m:	2:57.86	37.00	350m:	4:09.18	35.32
	100m:	1:07.72	35.26	200m:	2:20.86	36.77	300m:	3:33.86	36.00	400m:	4:43.89	34.71
43.	SOCHA Filip			06	KS PŁETWAŁ Zakopane						4:46.35	407
	50m:	30.92	30.92	150m:	1:42.03	36.05	250m:	2:56.60	37.40	350m:	4:11.23	37.10
	100m:	1:05.98	35.06	200m:	2:19.20	37.17	300m:	3:34.13	37.53	400m:	4:46.35	35.12
44.	POKRĘTOWSKI Karol			06	MTP Kormoran Olsztyn						4:47.16	403
	50m:	33.24	33.24	150m:	1:46.67	36.86	250m:	3:00.78	37.18	350m:	4:12.90	35.54
	100m:	1:09.81	36.57	200m:	2:23.60	36.93	300m:	3:37.36	36.58	400m:	4:47.16	34.26
45.	MELKOWSKI Jakub			06	UKS MANTA Kochłowice Ruda Ś.						4:47.81	401
	50m:	32.33	32.33	150m:	1:43.50	35.56	250m:	2:58.65	37.54	350m:	4:12.00	36.92
	100m:	1:07.94	35.61	200m:	2:21.11	37.61	300m:	3:35.08	36.43	400m:	4:47.81	35.81
46.	RADOMSKI Filip			06	UKS G-8 Bielany Warszawa						4:48.45	398
	50m:	31.28	31.28	150m:	1:43.31	36.66	250m:	2:57.96	37.05	350m:	4:11.68	37.08
	100m:	1:06.65	35.37	200m:	2:20.91	37.60	300m:	3:34.60	36.64	400m:	4:48.45	36.77
47.	PAPIER Mieszko			06	MUKS UNIA Busko Zdrój						4:50.15	391
	50m:	31.71	31.71	150m:	1:44.00	36.57	250m:	2:58.57	37.17	350m:	4:13.71	37.42
	100m:	1:07.43	35.72	200m:	2:21.40	37.40	300m:	3:36.29	37.72	400m:	4:50.15	36.44
48.	MALISZEWSKI Jakub			06	UKS SIÓDEMKA Gdynia						4:50.44	390
	50m:	32.61	32.61	150m:	1:45.70	37.10	250m:	2:59.96	36.95	350m:	4:14.21	37.20
	100m:	1:08.60	35.99	200m:	2:23.01	37.31	300m:	3:37.01	37.05	400m:	4:50.44	36.23
49.	WRONA Maciej			06	MKP Warszawianka						4:50.79	388
	50m:	33.37	33.37	150m:	1:48.17	37.79	250m:	3:02.15	36.47	350m:	4:15.39	36.51
	100m:	1:10.38	37.01	200m:	2:25.68	37.51	300m:	3:38.88	36.73	400m:	4:50.79	35.40
50.	WIEK Miłosz			06	KS KSZO Ostrowiec Św.						4:52.70	381
	50m:	31.93	31.93	150m:	1:44.44	36.63	250m:	2:59.94	38.02	350m:	4:15.66	37.92
	100m:	1:07.81	35.88	200m:	2:21.92	37.48	300m:	3:37.74	37.80	400m:	4:52.70	37.04





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Pozycja	Rok ur.									Czas	Pkt.	
51.	PUKAS Mikołaj			06	UKS KORAL Wrocław					4:53.14	379	
	50m:	30.81	30.81	150m:	1:42.56	36.62	250m:	2:58.01	37.83	350m:	4:15.20	38.65
	100m:	1:05.94	35.13	200m:	2:20.18	37.62	300m:	3:36.55	38.54	400m:	4:53.14	37.94
52.	ZAWADZKI Jakub			06	UKS RUCH Grudziądz					4:54.65	373	
	50m:	32.15	32.15	150m:	1:43.11	36.40	250m:	2:58.79	38.30	350m:	4:16.60	39.20
	100m:	1:06.71	34.56	200m:	2:20.49	37.38	300m:	3:37.40	38.61	400m:	4:54.65	38.05
53.	MLECZKO Jakub			06	UKP UNIA Oświęcim					5:00.42	352	
	50m:	33.37	33.37	150m:	1:48.65	37.80	250m:	3:04.93	38.24	350m:	4:22.26	38.62
	100m:	1:10.85	37.48	200m:	2:26.69	38.04	300m:	3:43.64	38.71	400m:	5:00.42	38.16
54.	KRZYŻEWSKI Piotr			06	MTP Kormoran Olsztyn					5:03.73	341	
	50m:	32.98	32.98	150m:	1:47.79	37.98	250m:	3:05.55	39.35	350m:	4:24.21	39.43
	100m:	1:09.81	36.83	200m:	2:26.20	38.41	300m:	3:44.78	39.23	400m:	5:03.73	39.52
55.	KURIANOWICZ Witold			06	UKS Salmo Żory					5:10.53	319	
	50m:	32.63	32.63	150m:	1:48.15	38.71	250m:	3:08.70	40.31	350m:	4:31.19	41.20
	100m:	1:09.44	36.81	200m:	2:28.39	40.24	300m:	3:49.99	41.29	400m:	5:10.53	39.34
56.	WESTFAL Gabriel			06	Sejwal Rypin					5:18.48	296	
	50m:	31.53	31.53	150m:	1:49.74	40.86	250m:	3:14.58	42.81	350m:	4:40.11	42.46
	100m:	1:08.88	37.35	200m:	2:31.77	42.03	300m:	3:57.65	43.07	400m:	5:18.48	38.37
57.	KARMOWSKI Dominik			06	UKS Żabianka Gdańsk					5:23.18	283	
	50m:	33.89	33.89	150m:	1:53.99	40.80	250m:	3:18.07	42.02	350m:	4:42.65	42.12
	100m:	1:13.19	39.30	200m:	2:36.05	42.06	300m:	4:00.53	42.46	400m:	5:23.18	40.53

