

Grand Prix Puchar Polski o Puchar Rektora Politechniki Łódzkiej  
Łódź, 23-24.10.2021Konkurencja 22  
23.10.2021 - 20:38

Kobiet, 400m dowolny

14 lat i starsi  
Wyniki

Punkty: FINA 2021

Pozycja	Rok ur.	Czas	Pkt.
1. POLA SKA Aleksandra	00 UKS GOS Raszyn	<b>4:12.35</b>	796
50m: 28.96 28.96	150m: 1:31.65 31.62	250m: 2:36.08 32.18	350m: 3:40.91 32.34
100m: 1:00.03 31.07	200m: 2:03.90 32.25	300m: 3:08.57 32.49	400m: 4:12.35 31.44
2. KNOP Aleksandra	03 UKS 190 Łódź	<b>4:13.71</b>	783
50m: 30.06 30.06	150m: 1:34.16 32.09	250m: 2:38.61 32.40	350m: 3:42.90 32.13
100m: 1:02.07 32.01	200m: 2:06.21 32.05	300m: 3:10.77 32.16	400m: 4:13.71 30.81
3. TARASIEWICZ Klaudia	04 MKP Szczecin	<b>4:13.93</b>	781
50m: 30.28 30.28	150m: 1:34.71 32.34	250m: 2:39.08 32.22	350m: 3:43.16 31.94
100m: 1:02.37 32.09	200m: 2:06.86 32.15	300m: 3:11.22 32.14	400m: 4:13.93 30.77
4. KLIMEK Marta	03 UKP UNIA O wi cim	<b>4:15.97</b>	763
50m: 30.10 30.10	150m: 1:35.51 32.77	250m: 2:40.64 32.56	350m: 3:44.99 31.76
100m: 1:02.74 32.64	200m: 2:08.08 32.57	300m: 3:13.23 32.59	400m: 4:15.97 30.98
5. PIECHOTA Paulina	99 UKS 190 Łódź	<b>4:17.66</b>	748
50m: 30.17 30.17	150m: 1:34.74 32.39	250m: 2:39.35 32.33	350m: 3:45.00 32.87
100m: 1:02.35 32.18	200m: 2:07.02 32.28	300m: 3:12.13 32.78	400m: 4:17.66 32.66
6. POZNA SKA Justyna	05 MKS JEDYNKA Łódź	<b>4:19.14</b>	735
50m: 30.12 30.12	150m: 1:35.34 32.65	250m: 2:41.35 33.05	350m: 3:47.51 33.01
100m: 1:02.69 32.57	200m: 2:08.30 32.96	300m: 3:14.50 33.15	400m: 4:19.14 31.63
7. NOWAK Maja	03 UKS 48 Warszawa ród mie cie	<b>4:21.64</b>	714
50m: 30.43 30.43	150m: 1:36.59 33.21	250m: 2:43.99 33.77	350m: 3:50.95 32.86
100m: 1:03.38 32.95	200m: 2:10.22 33.63	300m: 3:18.09 34.10	400m: 4:21.64 30.69
8. KULIK Julia	05 UKS GOS Raszyn	<b>4:22.54</b>	707
50m: 30.14 30.14	150m: 1:36.11 33.31	250m: 2:42.71 32.96	350m: 3:50.05 33.85
100m: 1:02.80 32.66	200m: 2:09.75 33.64	300m: 3:16.20 33.49	400m: 4:22.54 32.49
9. CIOCH-GRADZIK Wiktoria	03 KU AZS UMCS Lublin	<b>4:22.85</b>	704
50m: 30.74 30.74	150m: 1:37.06 33.36	250m: 2:43.80 33.19	350m: 3:50.18 32.98
100m: 1:03.70 32.96	200m: 2:10.61 33.55	300m: 3:17.20 33.40	400m: 4:22.85 32.67
10. MACIAK Julia	06 IUKS MUSZELKA Warszawa	<b>4:22.91</b>	704
50m: 29.76 29.76	150m: 1:35.85 33.26	250m: 2:42.74 33.46	350m: 3:49.80 33.48
100m: 1:02.59 32.83	200m: 2:09.28 33.43	300m: 3:16.32 33.58	400m: 4:22.91 33.11
11. CZUBAK Maria	06 IKS Konstancin	<b>4:23.85</b>	696
50m: 28.78 28.78	150m: 1:34.30 33.03	250m: 2:41.56 33.68	350m: 3:50.09 34.35
100m: 1:01.27 32.49	200m: 2:07.88 33.58	300m: 3:15.74 34.18	400m: 4:23.85 33.76
12. CIERPIAŁOWSKA Paulina	05 UKS ABIANKA Gda sk	<b>4:24.44</b>	692
50m: 30.02 30.02	150m: 1:36.17 33.02	250m: 2:42.75 33.49	350m: 3:50.91 34.22
100m: 1:03.15 33.13	200m: 2:09.26 33.09	300m: 3:16.69 33.94	400m: 4:24.44 33.53
13. SIWKO Natalia	04 KU AZS UMCS Lublin	<b>4:24.62</b>	690
50m: 30.53 30.53	150m: 1:37.11 33.28	250m: 2:44.82 33.66	350m: 3:52.24 33.56
100m: 1:03.83 33.30	200m: 2:11.16 34.05	300m: 3:18.68 33.86	400m: 4:24.62 32.38
14. MRO EK Weronika	04 MKP Szczecin	<b>4:24.73</b>	689
50m: 31.05 31.05	150m: 1:37.91 33.33	250m: 2:45.10 33.55	350m: 3:52.90 34.12
100m: 1:04.58 33.53	200m: 2:11.55 33.64	300m: 3:18.78 33.68	400m: 4:24.73 31.83
15. WRZESI SKA Wiktoria	04 UKS 190 Łódź	<b>4:25.41</b>	684
50m: 30.67 30.67	150m: 1:38.06 33.94	250m: 2:45.29 33.65	350m: 3:52.85 33.70
100m: 1:04.12 33.45	200m: 2:11.64 33.58	300m: 3:19.15 33.86	400m: 4:25.41 32.56
16. WILK Anna	06 UKP FALA Kra nik	<b>4:25.62</b>	682
50m: 31.12 31.12	150m: 1:38.38 33.73	250m: 2:46.10 33.75	350m: 3:53.97 33.86
100m: 1:04.65 33.53	200m: 2:12.35 33.97	300m: 3:20.11 34.01	400m: 4:25.62 31.65

Grand Prix Puchar Polski o Puchar Rektora Politechniki Łódzkiej  
Łódź, 23-24.10.2021

## Konkurencja 22, Kobiety, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
17.	LALA Nadia		04	UKP UNIA O wi cim				<b>4:25.82</b>	681
	50m:	30.69 30.69	150m:	1:37.85 33.64	250m:	2:45.47 33.75	350m:	3:53.56 34.04	
	100m:	1:04.21 33.52	200m:	2:11.72 33.87	300m:	3:19.52 34.05	400m:	4:25.82 32.26	
18.	GORCZYCA Gabriela		06	UKS SMS Galicja Kraków				<b>4:26.96</b>	672
	50m:	30.88 30.88	150m:	1:38.63 34.09	250m:	2:47.38 34.50	350m:	3:55.05 33.66	
	100m:	1:04.54 33.66	200m:	2:12.88 34.25	300m:	3:21.39 34.01	400m:	4:26.96 31.91	
19.	FIGAS Alicja		04	MKP Szczecin				<b>4:27.52</b>	668
	50m:	31.68 31.68	150m:	1:39.58 33.96	250m:	2:47.07 33.77	350m:	3:54.34 33.87	
	100m:	1:05.62 33.94	200m:	2:13.30 33.72	300m:	3:20.47 33.40	400m:	4:27.52 33.18	
20.	KOSSOWSKA Julita		05	UKS 190 Łódź				<b>4:28.56</b>	660
	50m:	30.58 30.58	150m:	1:37.30 33.59	250m:	2:45.85 34.37	350m:	3:54.77 34.43	
	100m:	1:03.71 33.13	200m:	2:11.48 34.18	300m:	3:20.34 34.49	400m:	4:28.56 33.79	
21.	WALCZAK Barbara		06	UKS G-8 Bielany Warszawa				<b>4:28.86</b>	658
	50m:	31.00 31.00	150m:	1:38.38 33.79	250m:	2:46.84 34.32	350m:	3:55.71 34.52	
	100m:	1:04.59 33.59	200m:	2:12.52 34.14	300m:	3:21.19 34.35	400m:	4:28.86 33.15	
22.	SUJKOWSKA Roksana		05	MTP Kormoran Olsztyn				<b>4:29.11</b>	656
	50m:	32.13 32.13	150m:	1:40.39 34.24	250m:	2:48.23 33.89	350m:	3:56.28 34.11	
	100m:	1:06.15 34.02	200m:	2:14.34 33.95	300m:	3:22.17 33.94	400m:	4:29.11 32.83	
23.	MOLENDĄ Dominika		03	UKS ABIANKA Gdańsk				<b>4:29.20</b>	656
	50m:	30.97 30.97	150m:	1:38.89 34.32	250m:	2:47.50 34.16	350m:	3:56.02 34.08	
	100m:	1:04.57 33.60	200m:	2:13.34 34.45	300m:	3:21.94 34.44	400m:	4:29.20 33.18	
24.	DOMORADZKA Aleksandra		03	KU AZS UMCS Lublin				<b>4:29.65</b>	652
	50m:	30.75 30.75	150m:	1:39.71 34.62	250m:	2:49.03 34.45	350m:	3:57.08 33.76	
	100m:	1:05.09 34.34	200m:	2:14.58 34.87	300m:	3:23.32 34.29	400m:	4:29.65 32.57	
25.	KARWOWSKA Wiktoria		04	KU AZS UMCS Lublin				<b>4:31.22</b>	641
	50m:	31.06 31.06	150m:	1:38.67 33.97	250m:	2:47.35 34.50	350m:	3:57.02 34.78	
	100m:	1:04.70 33.64	200m:	2:12.85 34.18	300m:	3:22.24 34.89	400m:	4:31.22 34.20	
26.	BEDNARZ Julia		04	UKS ORKA Zamość				<b>4:32.03</b>	635
	50m:	31.43 31.43	150m:	1:39.19 34.04	250m:	2:47.69 34.47	350m:	3:57.27 35.08	
	100m:	1:05.15 33.72	200m:	2:13.22 34.03	300m:	3:22.19 34.50	400m:	4:32.03 34.76	
27.	SZARGIEJ Aleksandra		06	UKS ABIANKA Gdańsk				<b>4:32.94</b>	629
	50m:	30.91 30.91	150m:	1:39.60 34.39	250m:	2:49.55 35.06	350m:	3:59.83 34.66	
	100m:	1:05.21 34.30	200m:	2:14.49 34.89	300m:	3:25.17 35.62	400m:	4:32.94 33.11	
28.	MAZUR Zuzanna		05	MKP SŁOWIANKA Gorzów Wlkp.				<b>4:33.60</b>	624
	50m:	31.59 31.59	150m:	1:41.26 35.37	250m:	2:50.99 34.75	350m:	4:00.28 34.57	
	100m:	1:05.89 34.30	200m:	2:16.24 34.98	300m:	3:25.71 34.72	400m:	4:33.60 33.32	
	MAŁOLEPSZA Weronika		07	MKP Szczecin				<b>4:33.60</b>	624
	50m:	30.60 30.60	150m:	1:39.40 34.71	250m:	2:50.19 35.61	350m:	4:00.75 35.31	
	100m:	1:04.69 34.09	200m:	2:14.58 35.18	300m:	3:25.44 35.25	400m:	4:33.60 32.85	
30.	MIERNIK Wiktoria		04	UKP UNIA O wi cim				<b>4:33.67</b>	624
	50m:	31.49 31.49	150m:	1:40.30 34.76	250m:	2:49.75 34.74	350m:	3:59.91 35.13	
	100m:	1:05.54 34.05	200m:	2:15.01 34.71	300m:	3:24.78 35.03	400m:	4:33.67 33.76	
31.	BISZEWSKA Gabriela		05	MUKS OLIMPIJCZYK Suwałki				<b>4:33.69</b>	624
	50m:	31.08 31.08	150m:	1:39.87 34.92	250m:	2:50.61 35.43	350m:	4:00.84 34.86	
	100m:	1:04.95 33.87	200m:	2:15.18 35.31	300m:	3:25.98 35.37	400m:	4:33.69 32.85	
32.	TRACZYK Anna		06	MKS JUVENIA Wrocław				<b>4:34.13</b>	621
	50m:	30.57 30.57	150m:	1:38.78 34.58	250m:	2:49.76 35.42	350m:	4:00.21 34.92	
	100m:	1:04.20 33.63	200m:	2:14.34 35.56	300m:	3:25.29 35.53	400m:	4:34.13 33.92	

Grand Prix Puchar Polski o Puchar Rektora Politechniki Łódzkiej  
Łódź, 23-24.10.2021

## Konkurencja 22, Kobiety, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.						Czas	Pkt.		
32.	SŁABOSZ Emilia		05	SMS O wi cim					<b>4:34.13</b>	621		
	50m:	30.75	30.75	150m:	1:39.18	34.30	250m:	2:49.08	35.13	350m:	3:59.99	35.35
	100m:	1:04.88	34.13	200m:	2:13.95	34.77	300m:	3:24.64	35.56	400m:	4:34.13	34.14
34.	JAROSZ Helena		06	UKP UNIA O wi cim					<b>4:34.68</b>	617		
	50m:	29.48	29.48	150m:	1:37.20	34.58	250m:	2:48.11	35.47	350m:	3:59.85	35.82
	100m:	1:02.62	33.14	200m:	2:12.64	35.44	300m:	3:24.03	35.92	400m:	4:34.68	34.83
35.	PIEKARSKA Natalia		06	UKS 190 Łódź					<b>4:34.90</b>	616		
	50m:	31.97	31.97	150m:	1:42.46	35.31	250m:	2:53.28	35.29	350m:	4:02.19	34.02
	100m:	1:07.15	35.18	200m:	2:17.99	35.53	300m:	3:28.17	34.89	400m:	4:34.90	32.71
36.	ZI BA Anastazja		05	MUKS PI TNASTKA Bydgoszcz					<b>4:35.92</b>	609		
	50m:	29.87	29.87	150m:	1:39.17	34.97	250m:	2:50.24	35.12	350m:	4:01.96	35.99
	100m:	1:04.20	34.33	200m:	2:15.12	35.95	300m:	3:25.97	35.73	400m:	4:35.92	33.96
37.	PIEPIÓRKA Martyna		03	UKS ABIANKA Gdańsk					<b>4:36.20</b>	607		
	50m:	31.76	31.76	150m:	1:41.92	35.14	250m:	2:53.44	35.80	350m:	4:03.60	34.61
	100m:	1:06.78	35.02	200m:	2:17.64	35.72	300m:	3:28.99	35.55	400m:	4:36.20	32.60
38.	ŁAZARZ Milena		06	UKP UNIA O wi cim					<b>4:36.27</b>	607		
	50m:	30.67	30.67	150m:	1:40.08	35.13	250m:	2:50.44	35.01	350m:	4:01.75	35.68
	100m:	1:04.95	34.28	200m:	2:15.43	35.35	300m:	3:26.07	35.63	400m:	4:36.27	34.52
39.	MAKSYMOWICZ Nina		05	UKS G-8 Bielany Warszawa					<b>4:36.33</b>	606		
	50m:	31.53	31.53	150m:	1:40.31	34.90	250m:	2:51.21	35.65	350m:	4:02.65	35.70
	100m:	1:05.41	33.88	200m:	2:15.56	35.25	300m:	3:26.95	35.74	400m:	4:36.33	33.68
40.	KRAMKOWSKA Dominika		04	MKS JUVENIA Wrocław					<b>4:36.51</b>	605		
	50m:	30.90	30.90	150m:	1:39.72	34.85	250m:	2:51.59	35.95	350m:	4:02.63	34.51
	100m:	1:04.87	33.97	200m:	2:15.64	35.92	300m:	3:28.12	36.53	400m:	4:36.51	33.88
41.	WIKTOROWICZ Patrycja		04	MKS SMS Victoria Racibórz					<b>4:36.63</b>	604		
	50m:	31.34	31.34	150m:	1:40.47	34.86	250m:	2:50.71	35.32	350m:	4:02.13	35.89
	100m:	1:05.61	34.27	200m:	2:15.39	34.92	300m:	3:26.24	35.53	400m:	4:36.63	34.50
42.	ZIEMACKA Julia		03	IUKS MUSZELKA Warszawa					<b>4:36.88</b>	603		
	50m:	31.63	31.63	150m:	1:40.65	34.74	250m:	2:50.87	35.12	350m:	4:01.40	35.05
	100m:	1:05.91	34.28	200m:	2:15.75	35.10	300m:	3:26.35	35.48	400m:	4:36.88	35.48
43.	GAWEŁKO Zuzanna		06	KS WISŁA Puławy					<b>4:38.09</b>	595		
	50m:	31.60	31.60	150m:	1:41.81	35.41	250m:	2:53.22	35.61	350m:	4:03.92	35.27
	100m:	1:06.40	34.80	200m:	2:17.61	35.80	300m:	3:28.65	35.43	400m:	4:38.09	34.17
44.	HUBERT Julia		06	MKP Szczecin					<b>4:38.43</b>	592		
	50m:	31.44	31.44	150m:	1:41.15	35.37	250m:	2:52.75	35.67	350m:	4:03.49	35.29
	100m:	1:05.78	34.34	200m:	2:17.08	35.93	300m:	3:28.20	35.45	400m:	4:38.43	34.94
45.	CHMIELEWSKA Aleksandra		06	MUKS OLIMPIJCZYK Suwałki					<b>4:38.86</b>	590		
	50m:	30.93	30.93	150m:	1:38.94	34.29	250m:	2:50.40	35.75	350m:	4:02.56	36.22
	100m:	1:04.65	33.72	200m:	2:14.65	35.71	300m:	3:26.34	35.94	400m:	4:38.86	36.30
46.	W GRZYCKA Małgorzata		07	MKS TRÓJKA Łódź					<b>4:38.92</b>	589		
	50m:	31.85	31.85	150m:	1:42.64	35.82	250m:	2:54.33	35.77	350m:	4:04.73	34.99
	100m:	1:06.82	34.97	200m:	2:18.56	35.92	300m:	3:29.74	35.41	400m:	4:38.92	34.19
47.	STRU YK Karolina		04	MKS JUVENIA Wrocław					<b>4:39.39</b>	586		
	50m:	31.11	31.11	150m:	1:40.82	34.92	250m:	2:52.16	35.89	350m:	4:04.25	36.18
	100m:	1:05.90	34.79	200m:	2:16.27	35.45	300m:	3:28.07	35.91	400m:	4:39.39	35.14
48.	KOWALCZYK Katarzyna		05	MKP Szczecin					<b>4:40.38</b>	580		
	50m:	31.52	31.52	150m:	1:40.78	35.13	250m:	2:52.33	35.87	350m:	4:04.95	36.17
	100m:	1:05.65	34.13	200m:	2:16.46	35.68	300m:	3:28.78	36.45	400m:	4:40.38	35.43

Grand Prix Puchar Polski o Puchar Rektora Politechniki Łódzkiej  
Łódź, 23-24.10.2021

## Konkurencja 22, Kobiety, 400m dowolny, 14 lat i starsi

Pozycja		Rok ur.						Czas	Pkt.
49.	MAKSYMOWICZ Nadia	05	UKS G-8 Bielany Warszawa					<b>4:41.12</b>	576
	50m: 31.47 31.47	150m: 1:41.27	35.13	250m: 2:53.06	36.13	350m: 4:05.81		36.55	
	100m: 1:06.14 34.67	200m: 2:16.93	35.66	300m: 3:29.26	36.20	400m: 4:41.12		35.31	
50.	MODRZY SKA Wiktoria	07	MKP Szczecin					<b>4:42.66</b>	566
	50m: 31.88 31.88	150m: 1:41.98	35.46	250m: 2:54.19	36.32	350m: 4:06.62		36.37	
	100m: 1:06.52 34.64	200m: 2:17.87	35.89	300m: 3:30.25	36.06	400m: 4:42.66		36.04	
51.	JAWORSKA Wiktoria	05	MUKS PI TNASTKA Bydgoszcz					<b>4:44.15</b>	557
	50m: 31.43 31.43	150m: 1:41.79	35.77	250m: 2:54.74	36.62	350m: 4:08.38		36.99	
	100m: 1:06.02 34.59	200m: 2:18.12	36.33	300m: 3:31.39	36.65	400m: 4:44.15		35.77	
52.	KIERUZEL Martyna	05	UKS 190 Łódź					<b>4:45.35</b>	550
	50m: 31.21 31.21	150m: 1:40.56	35.12	250m: 2:53.89	37.10	350m: 4:09.38		37.61	
	100m: 1:05.44 34.23	200m: 2:16.79	36.23	300m: 3:31.77	37.88	400m: 4:45.35		35.97	
53.	SZAFRA SKA Malwina	06	KS KSZO Ostrowiec w.					<b>4:45.44</b>	550
	50m: 31.40 31.40	150m: 1:42.32	35.86	250m: 2:55.02	36.62	350m: 4:08.75		36.49	
	100m: 1:06.46 35.06	200m: 2:18.40	36.08	300m: 3:32.26	37.24	400m: 4:45.44		36.69	
54.	ŁADZIAK Nadia	06	MKP Szczecin					<b>4:45.96</b>	547
	50m: 31.61 31.61	150m: 1:43.69	36.30	250m: 2:56.70	36.56	350m: 4:10.02		36.68	
	100m: 1:07.39 35.78	200m: 2:20.14	36.45	300m: 3:33.34	36.64	400m: 4:45.96		35.94	
55.	R CZKOWSKA Maja	07	LKS Jedno 32 Przyszowice					<b>4:46.44</b>	544
	50m: 31.94 31.94	150m: 1:42.83	35.94	250m: 2:56.03	36.59	350m: 4:10.53		37.73	
	100m: 1:06.89 34.95	200m: 2:19.44	36.61	300m: 3:32.80	36.77	400m: 4:46.44		35.91	
56.	CICH Kinga	07	RWKS SPARTA Biłgoraj					<b>4:46.51</b>	544
	50m: 31.80 31.80	150m: 1:42.60	35.98	250m: 2:54.99	36.38	350m: 4:09.92		37.48	
	100m: 1:06.62 34.82	200m: 2:18.61	36.01	300m: 3:32.44	37.45	400m: 4:46.51		36.59	
57.	LIPOWSKA Nadia	06	UKS NAWA Skierniewice					<b>4:46.86</b>	542
	50m: 33.07 33.07	150m: 1:46.13		250m: 3:00.29	36.81	350m: 4:13.20		35.96	
	100m:	200m: 2:23.48	37.35	300m: 3:37.24	36.95	400m: 4:46.86		33.66	
58.	CELI SKA Małgorzata	06	KS KSZO Ostrowiec w.					<b>4:48.28</b>	534
	50m: 31.76 31.76	150m: 1:43.68	36.63	250m: 2:57.08	36.25	350m: 4:11.71		37.80	
	100m: 1:07.05 35.29	200m: 2:20.83	37.15	300m: 3:33.91	36.83	400m: 4:48.28		36.57	
59.	TRAFALSKA Zuzanna	07	TP Olimpijczyk Aleksandrów Łódzki					<b>4:52.38</b>	512
	50m: 31.10 31.10	150m: 1:42.87	36.76	250m: 2:57.82	37.22	350m: 4:14.10		38.49	
	100m: 1:06.11 35.01	200m: 2:20.60	37.73	300m: 3:35.61	37.79	400m: 4:52.38		38.28	
60.	KOWALSKA Oliwia	05	MKP SŁOWIANKA Gorzów Wlkp.					<b>4:53.26</b>	507
	50m: 32.93 32.93	150m: 1:46.32	37.23	250m: 3:01.21	37.88	350m: 4:16.95		37.64	
	100m: 1:09.09 36.16	200m: 2:23.33	37.01	300m: 3:39.31	38.10	400m: 4:53.26		36.31	
61.	KLIMIUK Zuzanna	05	MKP SŁOWIANKA Gorzów Wlkp.					<b>4:53.44</b>	506
	50m: 31.35 31.35	150m: 1:41.48	35.74	250m: 2:57.33	38.78	350m: 4:15.43		38.78	
	100m: 1:05.74 34.39	200m: 2:18.55	37.07	300m: 3:36.65	39.32	400m: 4:53.44		38.01	
62.	FURMA SKA Julia	06	UKS NAWA Skierniewice					<b>4:55.63</b>	495
	50m: 34.31 34.31	150m: 1:48.79	37.42	250m: 3:04.10	37.91	350m: 4:19.21		37.67	
	100m: 1:11.37 37.06	200m: 2:26.19	37.40	300m: 3:41.54	37.44	400m: 4:55.63		36.42	
63.	SOSNÓWKA Oliwia	05	UKP FALA Krańnik					<b>4:56.92</b>	488
	50m: 34.04 34.04	150m: 1:48.41	37.46	250m: 3:03.22	37.16	350m: 4:19.92		38.49	
	100m: 1:10.95 36.91	200m: 2:26.06	37.65	300m: 3:41.43	38.21	400m: 4:56.92		37.00	
64.	SKUDLIK Michalina	07	UKS MANTA Kochłowice Rudzka					<b>4:58.59</b>	480
	50m: 33.31 33.31	150m: 1:47.19	37.41	250m: 3:03.76	38.47	350m: 4:21.17		38.84	
	100m: 1:09.78 36.47	200m: 2:25.29	38.10	300m: 3:42.33	38.57	400m: 4:58.59		37.42	

Grand Prix Puchar Polski o Puchar Rektora Politechniki Łódzkiej  
Łódź, 23-24.10.2021

## Konkurencja 22, Kobiety, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
65.	TRZEBI SKA	Magdalena	07	UKS PINGWINY Warszawa				<b>4:59.35</b>	477
	50m:	32.27 32.27	150m:	1:46.54	37.78	250m:	3:04.39 39.19	350m:	4:22.10 38.16
	100m:	1:08.76 36.49	200m:	2:25.20	38.66	300m:	3:43.94 39.55	400m:	4:59.35 37.25
66.	WOJTOWICZ	Małgorzata	06	MTKP DELFIN Toru				<b>5:00.23</b>	472
	50m:	34.64 34.64	150m:	1:51.08	38.53	250m:	3:08.53 38.66	350m:	4:24.51 37.60
	100m:	1:12.55 37.91	200m:	2:29.87	38.79	300m:	3:46.91 38.38	400m:	5:00.23 35.72
67.	BER	Julia	07	UKS PI TKA Konstaktynow Łódzki				<b>5:00.33</b>	472
	50m:	33.37 33.37	150m:	1:49.14	38.26	250m:	3:06.94 38.78	350m:	4:23.96 38.39
	100m:	1:10.88 37.51	200m:	2:28.16	39.02	300m:	3:45.57 38.63	400m:	5:00.33 36.37
68.	ODWA NA	Aleksandra	06	MTKP DELFIN Toru				<b>5:00.49</b>	471
	50m:	33.37 33.37	150m:	1:48.06	37.68	250m:	3:05.02 38.85	350m:	4:22.75 39.15
	100m:	1:10.38 37.01	200m:	2:26.17	38.11	300m:	3:43.60 38.58	400m:	5:00.49 37.74
69.	KARWACKA	Kinga	06	UKS AQUATICA Pawłowice				<b>5:02.52</b>	462
	50m:	33.87 33.87	150m:	1:50.26	38.57	250m:	3:07.96 38.61	350m:	4:25.88 38.88
	100m:	1:11.69 37.82	200m:	2:29.35	39.09	300m:	3:47.00 39.04	400m:	5:02.52 36.64
70.	GRZEGORCZYK	Maja	05	MTP Kormoran Olsztyn				<b>5:04.54</b>	453
	50m:	34.22 34.22	150m:	1:50.44	38.56	250m:	3:07.92 38.91	350m:	4:25.87 39.26
	100m:	1:11.88 37.66	200m:	2:29.01	38.57	300m:	3:46.61 38.69	400m:	5:04.54 38.67
71.	KOMOR	Agata	05	MKP SŁOWIANKA Gorzów Wlkp.				<b>5:06.49</b>	444
	50m:	34.30 34.30	150m:	1:51.60	38.98	250m:	3:09.69 39.22	350m:	4:27.80 38.87
	100m:	1:12.62 38.32	200m:	2:30.47	38.87	300m:	3:48.93 39.24	400m:	5:06.49 38.69
72.	MICHALAK	Zuzanna	07	St. KF KS FENIX O arów Mazowiecki				<b>5:09.83</b>	430
	50m:	35.19 35.19	150m:	1:52.13	38.75	250m:	3:10.58 39.43	350m:	4:32.23 42.40
	100m:	1:13.38 38.19	200m:	2:31.15	39.02	300m:	3:49.83 39.25	400m:	5:09.83 37.60
73.	SADO	Aleksandra	07	St. KF KS FENIX O arów Mazowiecki				<b>5:11.80</b>	422
	50m:	34.92 34.92	150m:	1:53.03	39.38	250m:	3:11.97 39.07	350m:	4:28.06 36.84
	100m:	1:13.65 38.73	200m:	2:32.90	39.87	300m:	3:51.22 39.25	400m:	5:11.80 43.74
74.	KŁOS	Oliwia	07	KP Raw-Swim				<b>5:12.53</b>	419
	50m:	33.39 33.39	150m:	1:50.65	39.71	250m:	3:11.22 40.57	350m:	4:30.22 38.53
	100m:	1:10.94 37.55	200m:	2:30.65	40.00	300m:	3:51.69 40.47	400m:	5:12.53 42.31
75.	JAWORSKA	Milena	07	St. KF KS FENIX O arów Mazowiecki				<b>5:12.58</b>	419
	50m:	34.26 34.26	150m:	1:52.67	39.88	250m:	3:12.83 39.98	350m:	4:32.36 39.71
	100m:	1:12.79 38.53	200m:	2:32.85	40.18	300m:	3:52.65 39.82	400m:	5:12.58 40.22
76.	KOWALEWSKA	Natasza	07	TP SKALAR Słupsk				<b>5:27.00</b>	366
	50m:	35.10 35.10	150m:	1:55.43	40.48	250m:	3:19.96 42.37	350m:	4:46.40 43.42
	100m:	1:14.95 39.85	200m:	2:37.59	42.16	300m:	4:02.98 43.02	400m:	5:27.00 40.60
77.	POLI SKA	Natalia	07	UKS SP-149 Łódź				<b>5:28.64</b>	360
	50m:	36.91 36.91	150m:	1:58.46	41.58	250m:	3:23.36 42.78	350m:	4:47.71 42.30
	100m:	1:16.88 39.97	200m:	2:40.58	42.12	300m:	4:05.41 42.05	400m:	5:28.64 40.93