



Ministerstwo
Sportu i Turystyki



Zimowe Mistrzostwa Polski Seniorów, Młodzieowców i Juniorów 17-18lat w pływaniu
Bydgoszcz, 01-05.12.2021

Konkurencja 23

M cyczn, 400m dowolny

14 lat i starsi

03.12.2021 - 9:55

Wyniki Eliminacje

Rekord Polski 3:37.57 WOJDAK Wojciech 01006 Netanya (ISR) 02.12.2015

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.
1.	ZABOROWSKI Filip		94	MKP Szczecin			3:49.82	787 A	
	50m: 26.90 26.90	150m: 1:24.95 29.14		250m: 2:23.38 29.25		350m: 3:21.78 29.18			
	100m: 55.81 28.91	200m: 1:54.13 29.18		300m: 2:52.60 29.22		400m: 3:49.82 28.04			
2.	CHMIELEWSKI Krzysztof		04	IUKS MUSZELKA Warszawa			3:49.93	786 A	
	50m: 26.32 26.32	150m: 1:24.31 29.33		250m: 2:22.79 29.39		350m: 3:21.64 29.36			
	100m: 54.98 28.66	200m: 1:53.40 29.09		300m: 2:52.28 29.49		400m: 3:49.93 28.29			
3.	KOZIEJKO Bartłomiej		00	AZS AWF Warszawa			3:52.06	765 A	
	50m: 27.31 27.31	150m: 1:26.91 29.74		250m: 2:25.08 28.71		350m: 3:23.11 29.20			
	100m: 57.17 29.86	200m: 1:56.37 29.46		300m: 2:53.91 28.83		400m: 3:52.06 28.95			
4.	GRZEGORCZYK Wiktor		02	AZS AWF Warszawa			3:52.42	761 A	
	50m: 27.16 27.16	150m: 1:25.27 29.12		250m: 2:25.35 30.12		350m: 3:24.06 28.85			
	100m: 56.15 28.99	200m: 1:55.23 29.96		300m: 2:55.21 29.86		400m: 3:52.42 28.36			
5.	JAKIMIĄK Jakub		03	KS NARWAL Mi dzyrzec Podl.			3:52.49	760 A	
	50m: 27.77 27.77	150m: 1:26.50 29.51		250m: 2:25.95 29.77		350m: 3:24.58 28.92			
	100m: 56.99 29.22	200m: 1:56.18 29.68		300m: 2:55.66 29.71		400m: 3:52.49 27.91			
6.	CIE LA Oskar		01	KU AZS UMCS Lublin			3:53.97	746 A	
	50m: 27.05 27.05	150m: 1:25.74 29.51		250m: 2:25.26 29.75		350m: 3:25.02 29.89			
	100m: 56.23 29.18	200m: 1:55.51 29.77		300m: 2:55.13 29.87		400m: 3:53.97 28.95			
7.	DASZKIEWICZ Michał		03	UKP UNIA O wi cim			3:54.13	745 A	
	50m: 26.60 26.60	150m: 1:24.55 29.18		250m: 2:23.32 29.58		350m: 3:23.94 30.61			
	100m: 55.37 28.77	200m: 1:53.74 29.19		300m: 2:53.33 30.01		400m: 3:54.13 30.19			
8.	WALTER Jakub		04	UKP UNIA O wi cim			3:54.20	744 A	
	50m: 26.89 26.89	150m: 1:26.67 29.58		250m: 2:26.08 29.66		350m: 3:25.98 29.97			
	100m: 57.09 30.20	200m: 1:56.42 29.75		300m: 2:56.01 29.93		400m: 3:54.20 28.22			
9.	KOWOLIK Alex		04	UKP UNIA O wi cim			3:54.85	738 A	
	50m: 27.02 27.02	150m: 1:26.57 29.64		250m: 2:26.30 29.96		350m: 3:26.11 29.95			
	100m: 56.93 29.91	200m: 1:56.34 29.77		300m: 2:56.16 29.86		400m: 3:54.85 28.74			
10.	GORRA Mikołaj		03	MKP Szczecin			3:54.91	737 A	
	50m: 26.67 26.67	150m: 1:26.43 30.25		250m: 2:27.01 30.12		350m: 3:27.38 30.19			
	100m: 56.18 29.51	200m: 1:56.89 30.46		300m: 2:57.19 30.18		400m: 3:54.91 27.53			
11.	MATUSZEWSKI Krzysztof		04	MKS ASTORIA Bydgoszcz			3:55.12	735 B	
	50m: 26.88 26.88	150m: 1:25.98 29.21		250m: 2:25.75 29.83		350m: 3:26.29 30.34			
	100m: 56.77 29.89	200m: 1:55.92 29.94		300m: 2:55.95 30.20		400m: 3:55.12 28.83			
12.	ZIELI SKI Konrad		03	UKS 190 Łód			3:55.49	732 B	
	50m: 27.71 27.71	150m: 1:27.08 29.69		250m: 2:27.54 30.60		350m: 3:26.50 29.33			
	100m: 57.39 29.68	200m: 1:56.94 29.86		300m: 2:57.17 29.63		400m: 3:55.49 28.99			
13.	BUJAK Piotr		97	St. Lok. SALOS Cortile Kielce			3:55.50	732 B	
	50m: 27.57 27.57	150m: 1:27.19 29.80		250m: 2:26.94 29.69		350m: 3:26.73 29.79			
	100m: 57.39 29.82	200m: 1:57.25 30.06		300m: 2:56.94 30.00		400m: 3:55.50 28.77			
14.	SZCZERBA Adam		02	KU AZS UMCS Lublin			3:56.66	721 B	
	50m: 27.01 27.01	150m: 1:26.69 30.02		250m: 2:26.59 29.70		350m: 3:26.90 30.28			
	100m: 56.67 29.66	200m: 1:56.89 30.20		300m: 2:56.62 30.03		400m: 3:56.66 29.76			
15.	KAPAŁA Szymon		03	MTP KORMORAN Olsztyn			3:57.04	717 B	
	50m: 27.30 27.30	150m: 1:27.15 30.11		250m: 2:27.61 30.08		350m: 3:28.33 30.41			
	100m: 57.04 29.74	200m: 1:57.53 30.38		300m: 2:57.92 30.31		400m: 3:57.04 28.71			
16.	PI TKA Hubert		04	MKP Szczecin			3:57.24	716 B	
	50m: 27.57 27.57	150m: 1:28.44 30.73		250m: 2:28.61 29.47		350m: 3:28.86 30.20			
	100m: 57.71 30.14	200m: 1:59.14 30.70		300m: 2:58.66 30.05		400m: 3:57.24 28.38			



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Konkurencja 23, Mężczyźni, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
17.	JACKOWSKI Tomasz				02	KS NEPTUN widnica				3:57.53	713 B	
	50m:	27.44	27.44	150m:	1:26.99	29.74	250m:	2:26.85	29.95	350m:	3:27.36	30.59
	100m:	57.25	29.81	200m:	1:56.90	29.91	300m:	2:56.77	29.92	400m:	3:57.53	30.17
18.	LARY Jerzy				06	IUKS MUSZELKA Warszawa				3:58.41	705 B	
	50m:	28.10	28.10	150m:	1:28.20	30.24	250m:	2:28.62	30.20	350m:	3:28.91	30.10
	100m:	57.96	29.86	200m:	1:58.42	30.22	300m:	2:58.81	30.19	400m:	3:58.41	29.50
19.	WI ZIK Jan				03	UKP UNIA O wi cim				3:59.15	699 B	
	50m:	26.90	26.90	150m:	1:27.18	30.00	250m:	2:27.87	30.51	350m:	3:29.39	30.55
	100m:	57.18	30.28	200m:	1:57.36	30.18	300m:	2:58.84	30.97	400m:	3:59.15	29.76
20.	SYLDATK Wiktor				03	TP SKALAR Słupsk				4:00.26	689 B	
	50m:	27.17	27.17	150m:	1:27.23	30.21	250m:	2:28.59	30.58	350m:	3:30.18	30.70
	100m:	57.02	29.85	200m:	1:58.01	30.78	300m:	2:59.48	30.89	400m:	4:00.26	30.08
21.	SUCHA SKI Przemysław				01	AZS AWF Warszawa				4:00.49	687 C	
	50m:	25.91	25.91	150m:	1:26.46	30.79	250m:	2:28.47	30.82	350m:	3:30.50	31.15
	100m:	55.67	29.76	200m:	1:57.65	31.19	300m:	2:59.35	30.88	400m:	4:00.49	29.99
22.	DRABCZYK Krystian				04	UKP UNIA O wi cim				4:00.57	686 C	
	50m:	28.06	28.06	150m:	1:28.66	30.52	250m:	2:29.90	30.45	350m:	3:31.37	30.66
	100m:	58.14	30.08	200m:	1:59.45	30.79	300m:	3:00.71	30.81	400m:	4:00.57	29.20
23.	SZARPAK Marcin				01	AZS AWF Katowice				4:00.70	685 C	
	50m:	26.92	26.92	150m:	1:26.60	30.18	250m:	2:27.97	30.69	350m:	3:31.07	31.49
	100m:	56.42	29.50	200m:	1:57.28	30.68	300m:	2:59.58	31.61	400m:	4:00.70	29.63
24.	LECH Filip				01	KU AZS UMCS Lublin				4:01.19	681 C	
	50m:	26.52	26.52	150m:	1:27.17	30.67	250m:	2:28.80	30.67	350m:	3:31.01	31.05
	100m:	56.50	29.98	200m:	1:58.13	30.96	300m:	2:59.96	31.16	400m:	4:01.19	30.18
25.	KARPI SKI Jakub				03	UKS G-8 Bielany Warszawa				4:01.68	677 C	
	50m:	27.27	27.27	150m:	1:27.39	30.25	250m:	2:28.45	30.63	350m:	3:30.89	31.34
	100m:	57.14	29.87	200m:	1:57.82	30.43	300m:	2:59.55	31.10	400m:	4:01.68	30.79
26.	MRÓZ Adam				03	KU AZS UMCS Lublin				4:01.76	676 C	
	50m:	27.03	27.03	150m:	1:27.39	30.32	250m:	2:28.96	30.58	350m:	3:31.38	31.39
	100m:	57.07	30.04	200m:	1:58.38	30.99	300m:	2:59.99	31.03	400m:	4:01.76	30.38
27.	KOWALSKI Daniel				03	TP Zielona Góra				4:02.93	666 C	
	50m:	27.90	27.90	150m:	1:29.37	30.99	250m:	2:30.61	30.29	350m:	3:32.23	31.14
	100m:	58.38	30.48	200m:	2:00.32	30.95	300m:	3:01.09	30.48	400m:	4:02.93	30.70
28.	LE NIAK Maksymilian				04	UKS 190 Łódź				4:03.33	663 C	
	50m:	26.97	26.97	150m:	1:27.61	30.64	250m:	2:29.91	31.29	350m:	3:32.79	31.31
	100m:	56.97	30.00	200m:	1:58.62	31.01	300m:	3:01.48	31.57	400m:	4:03.33	30.54
29.	SZELE NIAK-BIAŁKOWSKI Julian				04	KS KSZO Ostrowiec w.				4:03.57	661 C	
	50m:	27.59	27.59	150m:	1:28.40	30.82	250m:	2:30.77	31.27	350m:	3:33.02	30.96
	100m:	57.58	29.99	200m:	1:59.50	31.10	300m:	3:02.06	31.29	400m:	4:03.57	30.55
30.	GOŁACKI Sergiusz				04	UKS 190 Łódź				4:03.95	658 C	
	50m:	27.68	27.68	150m:	1:28.10	30.36	250m:	2:30.47	31.39	350m:	3:33.21	31.50
	100m:	57.74	30.06	200m:	1:59.08	30.98	300m:	3:01.71	31.24	400m:	4:03.95	30.74
31.	MALINOWSKI Jakub				03	MKP SŁOWIANKA Gorzów Wlkp.				4:04.07	657 R	
	50m:	27.88	27.88	150m:	1:29.33	31.29	250m:	2:31.79	31.26	350m:	3:33.72	30.89
	100m:	58.04	30.16	200m:	2:00.53	31.20	300m:	3:02.83	31.04	400m:	4:04.07	30.35
32.	DARUL Bartosz				04	MKP SŁOWIANKA Gorzów Wlkp.				4:04.19	656 R	
	50m:	27.55	27.55	150m:	1:28.84	30.95	250m:	2:30.57	30.62	350m:	3:33.32	31.61
	100m:	57.89	30.34	200m:	1:59.95	31.11	300m:	3:01.71	31.14	400m:	4:04.19	30.87
33.	OLCZAK Kacper				04	UKS 190 Łódź				4:04.58	653	
	50m:	26.58	26.58	150m:	1:27.19	30.76	250m:	2:30.11	31.45	350m:	3:33.52	31.85
	100m:	56.43	29.85	200m:	1:58.66	31.47	300m:	3:01.67	31.56	400m:	4:04.58	31.06





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Pozycja	Rok ur.	Czas	Pkt.
34. KOMOROWSKI Jan	01 AZS UŁ PŁ Łód	4:05.02	650
50m: 27.58 27.58	150m: 1:30.33 31.56	250m: 2:32.99 30.82	350m: 3:35.42 30.70
100m: 58.77 31.19	200m: 2:02.17 31.84	300m: 3:04.72 31.73	400m: 4:05.02 29.60
35. STANEK Kacper	04 UKS SMS GALICJA Kraków	4:05.76	644
50m: 27.95 27.95	150m: 1:30.29 31.18	250m: 2:33.06 31.29	350m: 3:35.39 30.77
100m: 59.11 31.16	200m: 2:01.77 31.48	300m: 3:04.62 31.56	400m: 4:05.76 30.37
36. DANIKIEWICZ Dawid	03 UKP UNIA O wi cim	4:05.83	643
50m: 27.53 27.53	150m: 1:29.11 31.23	250m: 2:31.86 31.39	350m: 3:35.21 31.82
100m: 57.88 30.35	200m: 2:00.47 31.36	300m: 3:03.39 31.53	400m: 4:05.83 30.62
37. NIEDZIAŁEK Michał	03 MTP KORMORAN Olsztyn	4:06.63	637
50m: 28.18 28.18	150m: 1:29.87 31.13	250m: 2:32.92 31.58	350m: 3:35.88 31.32
100m: 58.74 30.56	200m: 2:01.34 31.47	300m: 3:04.56 31.64	400m: 4:06.63 30.75
38. SKALSKI Konrad	04 UKP UNIA O wi cim	4:07.39	631
50m: 28.16 28.16	150m: 1:30.52 31.30	250m: 2:32.93 30.87	350m: 3:36.22 31.80
100m: 59.22 31.06	200m: 2:02.06 31.54	300m: 3:04.42 31.49	400m: 4:07.39 31.17
39. MUSZYSKI Jakub	01 MKS ASTORIA Bydgoszcz	4:07.51	630
50m: 27.00 27.00	150m: 1:27.15 30.23	250m: 2:29.29 31.23	350m: 3:34.63 32.95
100m: 56.92 29.92	200m: 1:58.06 30.91	300m: 3:01.68 32.39	400m: 4:07.51 32.88
40. MIŁKOWSKI Mikołaj	07 UKS 48 Warszawa ródmi cie	4:07.79	628
50m: 28.29 28.29	150m: 1:30.05 31.21	250m: 2:33.07 31.68	350m: 3:36.91 31.99
100m: 58.84 30.55	200m: 2:01.39 31.34	300m: 3:04.92 31.85	400m: 4:07.79 30.88
41. BANIA Karol	05 MUKS PI TNASTKA Bydgoszcz	4:07.97	627
50m: 27.12 27.12	150m: 1:27.80 30.99	250m: 2:31.26 31.96	350m: 3:36.19 32.79
100m: 56.81 29.69	200m: 1:59.30 31.50	300m: 3:03.40 32.14	400m: 4:07.97 31.78
42. LEWICKI Jakub	04 SIKRET Gliwice	4:08.17	625
50m: 28.33 28.33	150m: 1:29.97 30.94	250m: 2:34.08 32.17	350m: 3:37.53 31.38
100m: 59.03 30.70	200m: 2:01.91 31.94	300m: 3:06.15 32.07	400m: 4:08.17 30.64
43. WIECZORKOWSKI Nikodem	04 MKP Szczecin	4:08.22	625
50m: 28.61 28.61	150m: 1:31.34 31.43	250m: 2:34.07 31.39	350m: 3:37.81 31.77
100m: 59.91 31.30	200m: 2:02.68 31.34	300m: 3:06.04 31.97	400m: 4:08.22 30.41
44. MYLIWIEC Bartosz	04 MKP Szczecin	4:08.33	624
50m: 27.86 27.86	150m: 1:29.78 31.18	250m: 2:33.61 31.87	350m: 3:37.87 32.22
100m: 58.60 30.74	200m: 2:01.74 31.96	300m: 3:05.65 32.04	400m: 4:08.33 30.46
45. TOMASZOWSKI Michał	03 UKS WODNIK Siemianowice i skie	4:08.34	624
50m: 27.66 27.66	150m: 1:29.30 31.17	250m: 2:33.82 32.43	350m: 3:38.14 31.76
100m: 58.13 30.47	200m: 2:01.39 32.09	300m: 3:06.38 32.56	400m: 4:08.34 30.20
46. JASIŃSKI Jakub	03 MKS JEDYNKA Łód	4:08.56	622
50m: 28.18 28.18	150m: 1:30.27 31.47	250m: 2:34.16 31.86	350m: 3:37.68 31.56
100m: 58.80 30.62	200m: 2:02.30 32.03	300m: 3:06.12 31.96	400m: 4:08.56 30.88
KŁAPUT Maciej	04 UKS SMS GALICJA Kraków	4:08.56	622
50m: 27.36 27.36	150m: 1:29.81 31.80	250m: 2:34.38 32.22	350m: 3:38.40 31.73
100m: 58.01 30.65	200m: 2:02.16 32.35	300m: 3:06.67 32.29	400m: 4:08.56 30.16
48. LEWICKI Filip	03 UKS SMS GALICJA Kraków	4:08.81	620
50m: 28.23 28.23	150m: 1:30.46 31.35	250m: 2:33.74 31.69	350m: 3:36.89 31.76
100m: 59.11 30.88	200m: 2:02.05 31.59	300m: 3:05.13 31.39	400m: 4:08.81 31.92
49. MINISZEWSKI Sebastian	04 MUKS PI TNASTKA Bydgoszcz	4:09.67	614
50m: 28.03 28.03	150m: 1:30.90 32.17	250m: 2:34.80 31.59	350m: 3:38.85 31.99
100m: 58.73 30.70	200m: 2:03.21 32.31	300m: 3:06.86 32.06	400m: 4:09.67 30.82
50. ROGUSKI Mateusz	03 UKP POLONIA Warszawa	4:09.80	613
50m: 27.67 27.67	150m: 1:30.62 31.82	250m: 2:34.90 32.36	350m: 3:39.46 32.25
100m: 58.80 31.13	200m: 2:02.54 31.92	300m: 3:07.21 32.31	400m: 4:09.80 30.34



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Pozycja	Rok ur.	Czas	Pkt.
51. RODKIEWICZ Radosław	03	IUKS MUSZELKA Warszawa	4:09.96 612
50m: 27.78 27.78	150m: 1:28.54 30.75	250m: 2:32.04 31.94	350m: 3:37.55 32.76
100m: 57.79 30.01	200m: 2:00.10 31.56	300m: 3:04.79 32.75	400m: 4:09.96 32.41
52. OSZCZAK Norbert	04	UKS SMS GALICJA Kraków	4:10.61 607
50m: 27.82 27.82	150m: 1:29.80 31.43	250m: 2:33.68 31.95	350m: 3:38.38 32.68
100m: 58.37 30.55	200m: 2:01.73 31.93	300m: 3:05.70 32.02	400m: 4:10.61 32.23
53. SZYMCZAK Szymon	03	MKS JUVENIA Wrocław	4:10.69 606
50m: 28.19 28.19	150m: 1:30.78 31.69	250m: 2:34.90 32.30	350m: 3:39.66 32.21
100m: 59.09 30.90	200m: 2:02.60 31.82	300m: 3:07.45 32.55	400m: 4:10.69 31.03
54. KOZŁOWSKI Konrad	04	MTP KORMORAN Olsztyn	4:11.19 603
50m: 28.26 28.26	150m: 1:30.24 31.29	250m: 2:34.53 32.27	350m: 3:39.68 32.38
100m: 58.95 30.69	200m: 2:02.26 32.02	300m: 3:07.30 32.77	400m: 4:11.19 31.51
55. J DRYKA Nikodem	04	MKS TRÓJKA Łódź	4:11.32 602
50m: 28.31 28.31	150m: 1:32.28 32.34	250m: 2:36.65 31.82	350m: 3:40.20 31.65
100m: 59.94 31.63	200m: 2:04.83 32.55	300m: 3:08.55 31.90	400m: 4:11.32 31.12
56. KOZIOŁEK Kewin	04	SIKRET Gliwice	4:11.67 599
50m: 28.53 28.53	150m: 1:32.82 32.35	250m: 2:37.30 31.95	350m: 3:40.69 31.53
100m: 1:00.47 31.94	200m: 2:05.35 32.53	300m: 3:09.16 31.86	400m: 4:11.67 30.98
57. J DRYCH Krzysztof	04	KS POSNANIA Poznań	4:13.28 588
50m: 28.19 28.19	150m: 1:32.26 32.37	250m: 2:37.42 32.72	350m: 3:42.09 32.30
100m: 59.89 31.70	200m: 2:04.70 32.44	300m: 3:09.79 32.37	400m: 4:13.28 31.19
58. CHAŁAT Wojciech	04	KU AZS UMCS Lublin	4:13.63 586
50m: 28.54 28.54	150m: 1:32.57 32.59	250m: 2:37.55 32.58	350m: 3:42.61 32.68
100m: 59.98 31.44	200m: 2:04.97 32.40	300m: 3:09.93 32.38	400m: 4:13.63 31.02
59. PARA Mikołaj	03	UKP UNIA O wi cim	4:14.13 582
50m: 28.11 28.11	150m: 1:30.61 31.51	250m: 2:35.39 32.35	350m: 3:40.90 33.09
100m: 59.10 30.99	200m: 2:03.04 32.43	300m: 3:07.81 32.42	400m: 4:14.13 33.23
60. WALCZYSKO Jakub	00	KU AZS AGH Kraków	4:14.53 579
50m: 28.14 28.14	150m: 1:31.76 32.08	250m: 2:37.16 33.01	350m: 3:42.64 32.70
100m: 59.68 31.54	200m: 2:04.15 32.39	300m: 3:09.94 32.78	400m: 4:14.53 31.89
61. MAKOWSKI Dominik	03	KS WARTA Poznań	4:15.32 574
50m: 28.02 28.02	150m: 1:30.61 31.47	250m: 2:34.65 32.23	350m: 3:40.54 33.60
100m: 59.14 31.12	200m: 2:02.42 31.81	300m: 3:06.94 32.29	400m: 4:15.32 34.78
62. OGORZAŁEK Alan	03	WKS L SK Wrocław	4:18.52 553
50m: 27.84 27.84	150m: 1:31.95 32.58	250m: 2:37.06 32.42	350m: 3:45.57 34.82
100m: 59.37 31.53	200m: 2:04.64 32.69	300m: 3:10.75 33.69	400m: 4:18.52 32.95
63. RÓ ALSKI Marcin	04	St. Lok. SALOS Cortile Kielce	4:18.76 551
50m: 28.71 28.71	150m: 1:32.66 32.49	250m: 2:38.63 33.24	350m: 3:45.77 33.75
100m: 1:00.17 31.46	200m: 2:05.39 32.73	300m: 3:12.02 33.39	400m: 4:18.76 32.99
64. PUPKA Filip	04	UKS CITYZEN Poznań	4:21.52 534
50m: 29.34 29.34	150m: 1:34.34 33.03	250m: 2:41.18 33.50	350m: 3:48.84 33.64
100m: 1:01.31 31.97	200m: 2:07.68 33.34	300m: 3:15.20 34.02	400m: 4:21.52 32.68
65. LEWTAK Szymon	04	KU AZS UMCS Lublin	4:22.25 530
50m: 29.84 29.84	150m: 1:35.55 33.35	250m: 2:42.63 33.63	350m: 3:50.10 33.72
100m: 1:02.20 32.36	200m: 2:09.00 33.45	300m: 3:16.38 33.75	400m: 4:22.25 32.15
66. AJTEL Jakub	03	UKS ABIANKA Gdańsk	4:22.31 529
50m: 28.30 28.30	150m: 1:33.09 33.01	250m: 2:40.88 33.91	350m: 3:49.32 34.34
100m: 1:00.08 31.78	200m: 2:06.97 33.88	300m: 3:14.98 34.10	400m: 4:22.31 32.99
67. SZCZEPANIAK Kacper	04	MKP Szczecin	4:23.54 522
50m: 29.03 29.03	150m: 1:33.18 32.38	250m: 2:39.84 33.66	350m: 3:49.11 35.00
100m: 1:00.80 31.77	200m: 2:06.18 33.00	300m: 3:14.11 34.27	400m: 4:23.54 34.43





Ministerstwo
Sportu i Turystyki



Zimowe Mistrzostwa Polski Seniorów, Młodzieńców i Juniorów 17-18lat w pływaniu
Bydgoszcz, 01-05.12.2021

Konkurencja 23, Mężczyźni, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.		
68.	KUBINIEC Mikołaj			04	KU AZS UMCS Lublin				4:24.10	519		
	50m:	28.73	28.73	150m:	1:34.85	33.68	250m:	2:42.37	33.43	350m:	3:50.01	34.65
	100m:	1:01.17	32.44	200m:	2:08.94	34.09	300m:	3:15.36	32.99	400m:	4:24.10	34.09
69.	ROMER Stanisław			07	UKS 48 Warszawa ródmi cie				4:28.96	491		
	50m:	29.66	29.66	150m:	1:36.60	34.06	250m:	2:46.45	35.00	350m:	3:55.81	34.86
	100m:	1:02.54	32.88	200m:	2:11.45	34.85	300m:	3:20.95	34.50	400m:	4:28.96	33.15
70.	DEREK Szymon			04	KS WARTA Pozna				4:37.06	449		
	50m:	29.98	29.98	150m:	1:36.39	33.86	250m:	2:47.99	36.26	350m:	4:01.29	36.74
	100m:	1:02.53	32.55	200m:	2:11.73	35.34	300m:	3:24.55	36.56	400m:	4:37.06	35.77

