



Ministerstwo  
Sportu i Turystyki



Zimowe Mistrzostwa Polski Seniorów, Młodzieowców i Juniorów 17-18lat w pływaniu  
Bydgoszcz, 01-05.12.2021

Konkurencja 23

03.12.2021 - 17:29

M czynn, 400m dowolny

14 lat i starsi

Wyniki Finał

Rekord Polski 3:37.57 WOJDAK Wojciech 01006 Netanya (ISR) 02.12.2015

Punkty: FINA 2021

Pozycja	Rok ur.	Czas	Pkt.
<b>Finał A</b>			
1. ZABOROWSKI Filip	94 MKP Szczecin	<b>3:42.16</b>	872
50m: 26.17 26.17	150m: 1:22.37 28.20	250m: 2:18.81 28.34	350m: 3:15.08 27.90
100m: 54.17 28.00	200m: 1:50.47 28.10	300m: 2:47.18 28.37	400m: 3:42.16 27.08
2. CHMIELEWSKI Krzysztof	04 IUKS MUSZELKA Warszawa	<b>3:44.45</b>	845
<i>Wynik Lepszy od Rekordu Polski 17-lat</i>			
50m: 25.45 25.45	150m: 1:21.50 28.19	250m: 2:18.64 28.53	350m: 3:16.10 28.66
100m: 53.31 27.86	200m: 1:50.11 28.61	300m: 2:47.44 28.80	400m: 3:44.45 28.35
3. KOZIEJKO Bartłomiej	00 AZS AWF Warszawa	<b>3:46.01</b>	828
50m: 26.91 26.91	150m: 1:24.37 28.75	250m: 2:21.45 28.26	350m: 3:18.13 28.49
100m: 55.62 28.71	200m: 1:53.19 28.82	300m: 2:49.64 28.19	400m: 3:46.01 27.88
4. WALTER Jakub	04 UKP UNIA O wi cim	<b>3:49.24</b>	793
50m: 26.10 26.10	150m: 1:24.03 29.00	250m: 2:22.89 29.50	350m: 3:21.84 29.30
100m: 55.03 28.93	200m: 1:53.39 29.36	300m: 2:52.54 29.65	400m: 3:49.24 27.40
5. DASZKIEWICZ Michał	03 UKP UNIA O wi cim	<b>3:49.72</b>	788
50m: 26.83 26.83	150m: 1:25.41 29.56	250m: 2:23.92 29.10	350m: 3:21.72 28.76
100m: 55.85 29.02	200m: 1:54.82 29.41	300m: 2:52.96 29.04	400m: 3:49.72 28.00
6. JAKIMIAK Jakub	03 KS NARWAL Mi dzyrzec Podl.	<b>3:50.24</b>	783
50m: 27.25 27.25	150m: 1:25.25 29.22	250m: 2:23.61 29.14	350m: 3:22.10 29.06
100m: 56.03 28.78	200m: 1:54.47 29.22	300m: 2:53.04 29.43	400m: 3:50.24 28.14
7. GRZEGORCZYK Wiktor	02 AZS AWF Warszawa	<b>3:52.15</b>	764
50m: 26.63 26.63	150m: 1:24.87 29.31	250m: 2:24.48 29.89	350m: 3:22.94 29.10
100m: 55.56 28.93	200m: 1:54.59 29.72	300m: 2:53.84 29.36	400m: 3:52.15 29.21
8. CIE LA Oskar	01 KU AZS UMCS Lublin	<b>3:54.42</b>	742
50m: 27.11 27.11	150m: 1:25.96 29.52	250m: 2:25.77 29.97	350m: 3:25.30 29.73
100m: 56.44 29.33	200m: 1:55.80 29.84	300m: 2:55.57 29.80	400m: 3:54.42 29.12
9. KOWOLIK Alex	04 UKP UNIA O wi cim	<b>3:54.92</b>	737
50m: 27.54 27.54	150m: 1:26.65 29.57	250m: 2:26.10 29.79	350m: 3:25.47 29.72
100m: 57.08 29.54	200m: 1:56.31 29.66	300m: 2:55.75 29.65	400m: 3:54.92 29.45
10. GORRA Mikołaj	03 MKP Szczecin	<b>3:56.27</b>	724
50m: 26.42 26.42	150m: 1:25.68 29.94	250m: 2:26.67 30.65	350m: 3:27.61 30.20
100m: 55.74 29.32	200m: 1:56.02 30.34	300m: 2:57.41 30.74	400m: 3:56.27 28.66
<b>Finał B</b>			
11. KAPAŁA Szymon	03 MTP KORMORAN Olsztyn	<b>3:54.19</b>	744
50m: 27.05 27.05	150m: 1:25.98 29.71	250m: 2:25.84 29.87	350m: 3:25.58 29.81
100m: 56.27 29.22	200m: 1:55.97 29.99	300m: 2:55.77 29.93	400m: 3:54.19 28.61
12. PI TKA Hubert	04 MKP Szczecin	<b>3:54.84</b>	738
50m: 27.33 27.33	150m: 1:26.58 29.74	250m: 2:26.15 29.60	350m: 3:26.01 29.79
100m: 56.84 29.51	200m: 1:56.55 29.97	300m: 2:56.22 30.07	400m: 3:54.84 28.83
13. SZCZERBA Adam	02 KU AZS UMCS Lublin	<b>3:55.98</b>	727
50m: 27.02 27.02	150m: 1:26.46 29.66	250m: 2:26.61 30.07	350m: 3:26.45 29.72
100m: 56.80 29.78	200m: 1:56.54 30.08	300m: 2:56.73 30.12	400m: 3:55.98 29.53
14. ZIELI SKI Konrad	03 UKS 190 Łód	<b>3:56.53</b>	722
50m: 27.39 27.39	150m: 1:26.55 29.89	250m: 2:26.73 30.11	350m: 3:27.50 30.68
100m: 56.66 29.27	200m: 1:56.62 30.07	300m: 2:56.82 30.09	400m: 3:56.53 29.03
15. BUJAK Piotr	97 St. Lok. SALOS Cortile Kielce	<b>3:56.79</b>	720
50m: 27.07 27.07	150m: 1:26.12 29.90	250m: 2:27.08 30.42	350m: 3:27.35 29.98
100m: 56.22 29.15	200m: 1:56.66 30.54	300m: 2:57.37 30.29	400m: 3:56.79 29.44





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Konkurencja 23, Mężczyźni, 400m dowolny, Finał, 14 lat i starsi

Pozycja			Rok ur.						Czas	Pkt.		
16.	JACKOWSKI Tomasz		02	KS NEPTUN	widnica				<b>3:57.20</b>	716		
	50m:	27.26	27.26	150m:	1:27.18	29.95	250m:	2:27.82	30.37	350m:	3:27.52	30.27
	100m:	57.23	29.97	200m:	1:57.45	30.27	300m:	2:57.25	29.43	400m:	3:57.20	29.68
17.	WI ZIK Jan		03	UKP UNIA O	wi cim				<b>3:57.42</b>	714		
	50m:	26.76	26.76	150m:	1:27.04	30.30	250m:	2:28.02	30.42	350m:	3:28.82	30.45
	100m:	56.74	29.98	200m:	1:57.60	30.56	300m:	2:58.37	30.35	400m:	3:57.42	28.60
18.	SYLDATK Wiktor		03	TP SKALAR	Słupsk				<b>3:58.00</b>	709		
	50m:	26.98	26.98	150m:	1:26.76	30.02	250m:	2:27.67	30.55	350m:	3:29.05	30.62
	100m:	56.74	29.76	200m:	1:57.12	30.36	300m:	2:58.43	30.76	400m:	3:58.00	28.95
19.	LARY Jerzy		06	IUKS MUSZELKA	Warszawa				<b>3:58.12</b>	708		
	50m:	27.88	27.88	150m:	1:27.39	30.02	250m:	2:27.77	30.21	350m:	3:28.59	30.35
	100m:	57.37	29.49	200m:	1:57.56	30.17	300m:	2:58.24	30.47	400m:	3:58.12	29.53
20.	SUCHA SKI Przemysław		01	AZS AWF	Warszawa				<b>4:04.34</b>	655		
	50m:	27.68	27.68	150m:	1:28.46	30.51	250m:	2:30.77	31.31	350m:	3:33.59	31.32
	100m:	57.95	30.27	200m:	1:59.46	31.00	300m:	3:02.27	31.50	400m:	4:04.34	30.75

Finał C

21.	GOŁACKI Sergiusz		04	UKS 190	Łódź				<b>3:58.40</b>	705		
	50m:	27.22	27.22	150m:	1:26.84	30.01	250m:	2:27.55	30.25	350m:	3:28.73	30.74
	100m:	56.83	29.61	200m:	1:57.30	30.46	300m:	2:57.99	30.44	400m:	3:58.40	29.67
22.	MRÓZ Adam		03	KU AZS UMCS	Lublin				<b>3:58.59</b>	704		
	50m:	26.90	26.90	150m:	1:26.80	30.24	250m:	2:28.42	30.65	350m:	3:29.85	30.61
	100m:	56.56	29.66	200m:	1:57.77	30.97	300m:	2:59.24	30.82	400m:	3:58.59	28.74
23.	DRABCZYK Krystian		04	UKP UNIA O	wi cim				<b>4:01.44</b>	679		
	50m:	27.68	27.68	150m:	1:28.24	30.63	250m:	2:29.95	30.91	350m:	3:31.63	30.70
	100m:	57.61	29.93	200m:	1:59.04	30.80	300m:	3:00.93	30.98	400m:	4:01.44	29.81
24.	DARUL Bartosz		04	MKP SŁOWIANKA	Gorzów Wlkp.				<b>4:01.62</b>	677		
	50m:	26.80	26.80	150m:	1:26.44	30.36	250m:	2:28.75	31.20	350m:	3:31.49	31.36
	100m:	56.08	29.28	200m:	1:57.55	31.11	300m:	3:00.13	31.38	400m:	4:01.62	30.13
25.	MALINOWSKI Jakub		03	MKP SŁOWIANKA	Gorzów Wlkp.				<b>4:03.46</b>	662		
	50m:	27.13	27.13	150m:	1:27.98	30.75	250m:	2:30.72	31.58	350m:	3:33.38	31.33
	100m:	57.23	30.10	200m:	1:59.14	31.16	300m:	3:02.05	31.33	400m:	4:03.46	30.08
26.	NIEDZIAŁEK Michał		03	MTP KORMORAN	Olsztyn				<b>4:03.84</b>	659		
	50m:	28.18	28.18	150m:	1:29.74	31.05	250m:	2:32.32	31.17	350m:	3:34.59	31.30
	100m:	58.69	30.51	200m:	2:01.15	31.41	300m:	3:03.29	30.97	400m:	4:03.84	29.25
27.	STANEK Kacper		04	UKS SMS GALICJA	Kraków				<b>4:06.07</b>	641		
	50m:	28.03	28.03	150m:	1:29.80	30.94	250m:	2:32.55	31.14	350m:	3:35.03	31.30
	100m:	58.86	30.83	200m:	2:01.41	31.61	300m:	3:03.73	31.18	400m:	4:06.07	31.04
28.	DANIKIEWICZ Dawid		03	UKP UNIA O	wi cim				<b>4:07.96</b>	627		
	50m:	27.66	27.66	150m:	1:29.30	31.19	250m:	2:33.15	32.08	350m:	3:36.81	31.77
	100m:	58.11	30.45	200m:	2:01.07	31.77	300m:	3:05.04	31.89	400m:	4:07.96	31.15
29.	SKALSKI Konrad		04	UKP UNIA O	wi cim				<b>4:09.22</b>	617		
	50m:	27.95	27.95	150m:	1:29.98	31.37	250m:	2:33.68	31.97	350m:	3:37.57	32.18
	100m:	58.61	30.66	200m:	2:01.71	31.73	300m:	3:05.39	31.71	400m:	4:09.22	31.65
30.	SZELE NIAK-BIAŁKOWSKI Julian		04	KS KSZO	Ostrowiec w.				<b>4:10.33</b>	609		
	50m:	27.39	27.39	150m:	1:28.14	30.68	250m:	2:30.51	31.26	350m:	3:37.22	33.79
	100m:	57.46	30.07	200m:	1:59.25	31.11	300m:	3:03.43	32.92	400m:	4:10.33	33.11

