

Zawody o Puchar Prezydenta Mielca  
Mielec, 26.2.2022

Konkurencja 1  
26.02.2022 - 9:00

Kobiet, 400m dowolny

Open  
Wyniki

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.
<b>13 lat i młodszy</b>									
1.	JAMA Michalina		09	KS KSZO Ostrowiec	w.		<b>5:14.71</b>	410	
	50m: 34.23	34.23	150m: 1:51.85	39.48	250m: 3:12.49	40.53	350m: 4:34.97	41.04	
	100m: 1:12.37	38.14	200m: 2:31.96	40.11	300m: 3:53.93	41.44	400m: 5:14.71	39.74	
2.	MIKOŁAJEK Nikola		10	KS KSZO Ostrowiec	w.		<b>5:16.98</b>	401	
	50m: 34.86	34.86	150m: 1:55.30	40.59	250m: 3:17.56	41.13	350m: 4:38.46	40.14	
	100m: 1:14.71	39.85	200m: 2:36.43	41.13	300m: 3:58.32	40.76	400m: 5:16.98	38.52	
3.	BRZEZI SKA Dominika		10	KS KSZO Ostrowiec	w.		<b>5:31.74</b>	350	
	50m: 35.34	35.34	150m: 1:56.71	41.29	250m: 3:21.84	42.93	350m: 4:49.63	43.95	
	100m: 1:15.42	40.08	200m: 2:38.91	42.20	300m: 4:05.68	43.84	400m: 5:31.74	42.11	
4.	GÓRNIAK Adrianna		09	KS KSZO Ostrowiec	w.		<b>5:34.16</b>	343	
	50m: 33.34	33.34	150m: 1:55.03	42.28	250m: 3:22.46	43.75	350m: 4:49.89	44.23	
	100m: 1:12.75	39.41	200m: 2:38.71	43.68	300m: 4:05.66	43.20	400m: 5:34.16	44.27	
5.	STANISZEWSKA Maja		10	KS KSZO Ostrowiec	w.		<b>5:41.85</b>	320	
	50m: 37.04	37.04	150m: 2:02.17	43.40	250m: 3:30.26	44.09	350m: 4:59.06	44.18	
	100m: 1:18.77	41.73	200m: 2:46.17	44.00	300m: 4:14.88	44.62	400m: 5:41.85	42.79	
6.	MALEC Matylda		10	MKS IKAR Mielec			<b>5:44.82</b>	312	
	50m: 37.67	37.67	150m: 2:06.11	44.51	250m: 3:33.86	44.07	350m: 5:03.26	44.83	
	100m: 1:21.60	43.93	200m: 2:49.79	43.68	300m: 4:18.43	44.57	400m: 5:44.82	41.56	
7.	WILK Weronika		09	UKS DELFINEK Ustrzyki Dolne			<b>6:34.00</b>	209	
	50m: 38.09	38.09	150m: 2:12.20	48.63	250m: 3:51.94	50.31	350m: 5:32.20	50.20	
	100m: 1:23.57	45.48	200m: 3:01.63	49.43	300m: 4:42.00	50.06	400m: 6:34.00	1:01.80	
8.	MADEJ Maja		09	UKS DELFINEK Ustrzyki Dolne			<b>6:47.53</b>	189	
	50m: 41.76	41.76	150m: 2:25.43	51.20	250m: 4:10.41	52.24	350m: 5:57.99	53.60	
	100m: 1:34.23	52.47	200m: 3:18.17	52.74	300m: 5:04.39	53.98	400m: 6:47.53	49.54	
<b>14 - 15 lat</b>									
1.	SZOPA Natalia		07	UKP GRYF D bica			<b>4:37.05</b>	601	
	50m: 30.41	30.41	150m: 1:39.96	35.83	250m: 2:51.82	35.89	350m: 4:02.94	35.19	
	100m: 1:04.13	33.72	200m: 2:15.93	35.97	300m: 3:27.75	35.93	400m: 4:37.05	34.11	
2.	WO NIAK Beata		08	KS KSZO Ostrowiec	w.		<b>4:50.47</b>	522	
	50m: 32.41	32.41	150m: 1:46.24	37.30	250m: 3:00.66	37.11	350m: 4:14.52	36.75	
	100m: 1:08.94	36.53	200m: 2:23.55	37.31	300m: 3:37.77	37.11	400m: 4:50.47	35.95	
3.	BEREZAK Milena		08	MKS IKAR Mielec			<b>5:00.39</b>	472	
	50m: 33.65	33.65	150m: 1:48.42	38.10	250m: 3:05.35	38.50	350m: 4:23.21	38.99	
	100m: 1:10.32	36.67	200m: 2:26.85	38.43	300m: 3:44.22	38.87	400m: 5:00.39	37.18	
4.	WO NIAK Kornelia		07	UKS FREGATA Kolbuszowa			<b>5:14.90</b>	409	
	50m: 36.47	36.47	150m: 1:57.07	40.48	250m: 3:17.62	40.10	350m: 4:37.07	39.79	
	100m: 1:16.59	40.12	200m: 2:37.52	40.45	300m: 3:57.28	39.66	400m: 5:14.90	37.83	
5.	HYJEK Zuzanna		08	MKS IKAR Mielec			<b>6:25.33</b>	223	
	50m: 43.16	43.16	150m: 2:19.33	48.61	250m: 3:57.76	49.50	350m: 5:36.51	49.44	
	100m: 1:30.72	47.56	200m: 3:08.26	48.93	300m: 4:47.07	49.31	400m: 6:25.33	48.82	
<b>16 lat i starszy</b>									
1.	GAWLIK Jagoda		06	KS GÓRNIK Sosnowiec			<b>4:57.97</b>	483	
	50m: 32.65	32.65	150m: 1:46.86	37.59	250m: 3:03.79	38.67	350m: 4:20.50	38.40	
	100m: 1:09.27	36.62	200m: 2:25.12	38.26	300m: 3:42.10	38.31	400m: 4:57.97	37.47	
2.	GÓRNIAK Gabriela		06	KS KSZO Ostrowiec	w.		<b>5:15.73</b>	406	
	50m: 34.15	34.15	150m: 1:52.81	40.13	250m: 3:13.82	40.86	350m: 4:35.74	41.01	
	100m: 1:12.68	38.53	200m: 2:32.96	40.15	300m: 3:54.73	40.91	400m: 5:15.73	39.99	