



ARENA GRAND PRIX Puchar Polski w pływaniu
Ostrowiec wi torzyski, 26-27.02.2022

Konkurencja 22
27.02.2022 - 9:00

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Minimum kwalifikacyjne Mistrzostwa wiata Seniorów Open: 4:38.53

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.
Open									
1.	POZNA	SKA Justyna	05	MKS JEDYNKA Łód				4:57.06	720
	50m:	32.24 32.24	150m:	1:46.04 37.50	250m:	3:07.70 45.16	350m:	4:24.98 34.23	
	100m:	1:08.54 36.30	200m:	2:22.54 36.50	300m:	3:50.75 43.05	400m:	4:57.06 32.08	
2.	PIEKARSKA	Natalia	06	UKS 190 Łód				4:58.94	707
	50m:	31.22 31.22	150m:	1:47.24 39.19	250m:	3:09.21 43.64	350m:	4:26.54 34.29	
	100m:	1:08.05 36.83	200m:	2:25.57 38.33	300m:	3:52.25 43.04	400m:	4:58.94 32.40	
3.	GU	Wiktorja	04	UKS DELFIN Piotrków Trybunalski				5:00.04	699
	50m:	32.33 32.33	150m:	1:48.48 38.46	250m:	3:09.81 43.13	350m:	4:27.26 34.06	
	100m:	1:10.02 37.69	200m:	2:26.68 38.20	300m:	3:53.20 43.39	400m:	5:00.04 32.78	
4.	KLUSEK	Aleksandra	05	UKP POLONIA Warszawa				5:07.51	649
	50m:	31.85 31.85	150m:	1:46.34 39.36	250m:	3:09.25 44.97	350m:	4:31.51 35.93	
	100m:	1:06.98 35.13	200m:	2:24.28 37.94	300m:	3:55.58 46.33	400m:	5:07.51 36.00	
5.	WILK	Anna	06	UKP FALA Kra nik				5:12.59	618
	50m:	33.41 33.41	150m:	1:53.86 41.21	250m:	3:19.65 43.44	350m:	4:38.01 35.07	
	100m:	1:12.65 39.24	200m:	2:36.21 42.35	300m:	4:02.94 43.29	400m:	5:12.59 34.58	
6.	SŁABOSZ	Emilia	05	MOSM Tychy				5:13.49	613
	50m:	34.46 34.46	150m:	1:52.43 40.05	250m:	3:18.51 47.05	350m:	4:39.57 35.39	
	100m:	1:12.38 37.92	200m:	2:31.46 39.03	300m:	4:04.18 45.67	400m:	5:13.49 33.92	
7.	LUBI	SKA Alicja	05	MKS JEDYNKA Łód				5:15.43	602
	50m:	32.24 32.24	150m:	1:49.99 40.66	250m:	3:13.69 44.44	350m:	4:37.79 39.02	
	100m:	1:09.33 37.09	200m:	2:29.25 39.26	300m:	3:58.77 45.08	400m:	5:15.43 37.64	
8.	S DŁAK	Alicja	05	MKS JEDYNKA Łód				5:19.35	580
	50m:	33.53 33.53	150m:	1:55.66 42.34	250m:	3:21.97 45.01	350m:	4:44.73 37.07	
	100m:	1:13.32 39.79	200m:	2:36.96 41.30	300m:	4:07.66 45.69	400m:	5:19.35 34.62	
9.	MACIAK	Julia	06	IUKS MUSZELKA Warszawa				5:19.60	578
	50m:	32.90 32.90	150m:	1:51.22 40.47	250m:	3:22.18 52.42	350m:	4:45.59 35.02	
	100m:	1:10.75 37.85	200m:	2:29.76 38.54	300m:	4:10.57 48.39	400m:	5:19.60 34.01	
10.	NIKIEL	Natalia	06	MKS Park Wodny Tarnowskie Góry				5:22.69	562
	50m:	34.07 34.07	150m:	1:55.31 42.37	250m:	3:22.59 46.23	350m:	4:47.18 37.36	
	100m:	1:12.94 38.87	200m:	2:36.36 41.05	300m:	4:09.82 47.23	400m:	5:22.69 35.51	
11.	SULAK	Antonina	06	UKS PI TKA Konstaktynow Łódzki				5:23.69	557
	50m:	33.60 33.60	150m:	1:53.97 42.22	250m:	3:22.45 46.99	350m:	4:46.60 37.38	
	100m:	1:11.75 38.15	200m:	2:35.46 41.49	300m:	4:09.22 46.77	400m:	5:23.69 37.09	
12.	TUPALSKA	Oliwia	05	UKP POLONIA Warszawa				5:24.02	555
	50m:	32.36 32.36	150m:	1:54.07 43.15	250m:	3:22.68 47.19	350m:	4:47.39 37.74	
	100m:	1:10.92 38.56	200m:	2:35.49 41.42	300m:	4:09.65 46.97	400m:	5:24.02 36.63	
13.	DENISIEWICZ	Zuzanna	07	UKS NAWA Skierniewice				5:27.26	539
	50m:	34.48 34.48	150m:	1:56.28 41.49	250m:	3:24.08 47.69	350m:	4:47.90 39.36	
	100m:	1:14.79 40.31	200m:	2:36.39 40.11	300m:	4:08.54 44.46	400m:	5:27.26 39.36	
14.	K DZIOR	Pola	07	UKS SP5 Swim				5:28.46	533
	50m:	33.74 33.74	150m:	1:55.45 42.34	250m:	3:26.21 47.39	350m:	4:51.07 37.84	
	100m:	1:13.11 39.37	200m:	2:38.82 43.37	300m:	4:13.23 47.02	400m:	5:28.46 37.39	
15.	TRACZYK	Anna	06	MKS JUVENIA Wrocław				5:28.65	532
	50m:	33.59 33.59	150m:	1:55.35 41.81	250m:	3:22.74 46.92	350m:	4:51.38 39.57	
	100m:	1:13.54 39.95	200m:	2:35.82 40.47	300m:	4:11.81 49.07	400m:	5:28.65 37.27	
16.	FERSZT	Kornelia	08	KS GÓRNIK Sosnowiec				5:30.30	524
	50m:	35.72 35.72	150m:	2:00.41 46.21	250m:	3:31.15 47.88	350m:	4:57.44 38.21	
	100m:	1:14.20 38.48	200m:	2:43.27 42.86	300m:	4:19.23 48.08	400m:	5:30.30 32.86	



ARENA GRAND PRIX Puchar Polski w pływaniu
Ostrowiec w torzyski, 26-27.02.2022

Konkurencja 22, Kobiet, 400m zmienny, Open

Pozycja	Rok ur.	Czas	Pkt.
17. DRZEWIECKA Maja	08	5:30.83	521
50m: 34.80 34.80	150m: 1:58.49 43.94	250m: 3:28.12 47.42	350m: 4:55.14 38.78
100m: 1:14.55 39.75	200m: 2:40.70 42.21	300m: 4:16.36 48.24	400m: 5:30.83 35.69
18. WILANOWSKA Karina	06	5:31.47	518
50m: 34.40 34.40	150m: 1:55.93 40.09	250m: 3:25.24 49.05	350m: 4:54.31 38.96
100m: 1:15.84 41.44	200m: 2:36.19 40.26	300m: 4:15.35 50.11	400m: 5:31.47 37.16
19. PLAGA Olga	07	5:33.08	511
50m: 35.87 35.87	150m: 2:00.65 43.64	250m: 3:29.33 46.51	350m: 4:54.84 38.65
100m: 1:17.01 41.14	200m: 2:42.82 42.17	300m: 4:16.19 46.86	400m: 5:33.08 38.24
20. CICH Kinga	07	5:37.99	489
50m: 35.08 35.08	150m: 1:58.19 42.35	250m: 3:30.50 50.46	350m: 5:00.33 39.01
100m: 1:15.84 40.76	200m: 2:40.04 41.85	300m: 4:21.32 50.82	400m: 5:37.99 37.66
21. SOSNÓWKA Oliwia	05	5:50.79	437
50m: 35.01 35.01	150m: 2:03.71 48.83	250m: 3:41.33 51.20	350m: 5:12.29 40.96
100m: 1:14.88 39.87	200m: 2:50.13 46.42	300m: 4:31.33 50.00	400m: 5:50.79 38.50
22. GŁOGOWSKA Natalia	08	6:01.24	400
50m: 38.17 38.17	150m: 2:10.36 47.58	250m: 3:48.65 51.40	350m: 5:21.81 41.91
100m: 1:22.78 44.61	200m: 2:57.25 46.89	300m: 4:39.90 51.25	400m: 6:01.24 39.43
23. BARAN Agata	08	6:01.64	399
50m: 37.08 37.08	150m: 2:07.23 46.51	250m: 3:44.30 49.80	350m: 5:21.81 41.91
100m: 1:20.72 43.64	200m: 2:54.50 47.27	300m: 4:37.12 52.82	400m: 6:01.64 39.43
24. BRZYSKA Jagoda	06	6:04.93	388
50m: 36.50 36.50	150m: 2:15.05 49.49	250m: 3:52.62 48.61	350m: 5:25.13 42.13
100m: 1:25.56 49.06	200m: 3:04.01 48.96	300m: 4:43.00 50.38	400m: 6:04.93 39.80
25. BOROWSKA Wiktoria	08	6:16.33	354
50m: 42.11 42.11	150m: 2:23.26 50.04	250m: 4:03.44 51.53	350m: 5:38.18 39.78
100m: 1:33.22 51.11	200m: 3:11.91 48.65	300m: 4:58.40 54.96	400m: 6:16.33 38.15

14 lat

1. FERSZT Kornelia	08	5:30.30	524
50m: 35.72 35.72	150m: 2:00.41 46.21	250m: 3:31.15 47.88	350m: 4:57.44 38.21
100m: 1:14.20 38.48	200m: 2:43.27 42.86	300m: 4:19.23 48.08	400m: 5:30.30 32.86
2. DRZEWIECKA Maja	08	5:30.83	521
50m: 34.80 34.80	150m: 1:58.49 43.94	250m: 3:28.12 47.42	350m: 4:55.14 38.78
100m: 1:14.55 39.75	200m: 2:40.70 42.21	300m: 4:16.36 48.24	400m: 5:30.83 35.69
3. GŁOGOWSKA Natalia	08	6:01.24	400
50m: 38.17 38.17	150m: 2:10.36 47.58	250m: 3:48.65 51.40	350m: 5:21.81 41.91
100m: 1:22.78 44.61	200m: 2:57.25 46.89	300m: 4:39.90 51.25	400m: 6:01.24 39.43
4. BARAN Agata	08	6:01.64	399
50m: 37.08 37.08	150m: 2:07.23 46.51	250m: 3:44.30 49.80	350m: 5:21.81 41.91
100m: 1:20.72 43.64	200m: 2:54.50 47.27	300m: 4:37.12 52.82	400m: 6:01.64 39.43
5. BOROWSKA Wiktoria	08	6:16.33	354
50m: 42.11 42.11	150m: 2:23.26 50.04	250m: 4:03.44 51.53	350m: 5:38.18 39.78
100m: 1:33.22 51.11	200m: 3:11.91 48.65	300m: 4:58.40 54.96	400m: 6:16.33 38.15

15 lat

1. DENISIEWICZ Zuzanna	07	5:27.26	539
50m: 34.48 34.48	150m: 1:56.28 41.49	250m: 3:24.08 47.69	350m: 4:47.90 39.36
100m: 1:14.79 40.31	200m: 2:36.39 40.11	300m: 4:08.54 44.46	400m: 5:27.26 39.36
2. K DZIOR Pola	07	5:28.46	533
50m: 33.74 33.74	150m: 1:55.45 42.34	250m: 3:26.21 47.39	350m: 4:51.07 37.84
100m: 1:13.11 39.37	200m: 2:38.82 43.37	300m: 4:13.23 47.02	400m: 5:28.46 37.39



ARENA GRAND PRIX Puchar Polski w pływaniu
Ostrowiec w torzyski, 26-27.02.2022

Konkurencja 22, Dziewcz t, 400m zmienny, 15 lat

Pozycja				Rok ur.					Czas	Pkt.		
3.	PLAGA Olga			07	TP SKALAR Słupsk				5:33.08	511		
	50m:	35.87	35.87	150m:	2:00.65	43.64	250m:	3:29.33	46.51	350m:	4:54.84	38.65
	100m:	1:17.01	41.14	200m:	2:42.82	42.17	300m:	4:16.19	46.86	400m:	5:33.08	38.24
4.	CICH Kinga			07	RWKS SPARTA Biłgoraj				5:37.99	489		
	50m:	35.08	35.08	150m:	1:58.19	42.35	250m:	3:30.50	50.46	350m:	5:00.33	39.01
	100m:	1:15.84	40.76	200m:	2:40.04	41.85	300m:	4:21.32	50.82	400m:	5:37.99	37.66

16 lat

1.	PIEKARSKA Natalia			06	UKS 190 Łódź				4:58.94	707		
	50m:	31.22	31.22	150m:	1:47.24	39.19	250m:	3:09.21	43.64	350m:	4:26.54	34.29
	100m:	1:08.05	36.83	200m:	2:25.57	38.33	300m:	3:52.25	43.04	400m:	4:58.94	32.40
2.	WILK Anna			06	UKP FALA Krańnik				5:12.59	618		
	50m:	33.41	33.41	150m:	1:53.86	41.21	250m:	3:19.65	43.44	350m:	4:38.01	35.07
	100m:	1:12.65	39.24	200m:	2:36.21	42.35	300m:	4:02.94	43.29	400m:	5:12.59	34.58
3.	MACIAK Julia			06	IUKS MUSZELKA Warszawa				5:19.60	578		
	50m:	32.90	32.90	150m:	1:51.22	40.47	250m:	3:22.18	52.42	350m:	4:45.59	35.02
	100m:	1:10.75	37.85	200m:	2:29.76	38.54	300m:	4:10.57	48.39	400m:	5:19.60	34.01
4.	NIKIEL Natalia			06	MKS Park Wodny Tarnowskie Góry				5:22.69	562		
	50m:	34.07	34.07	150m:	1:55.31	42.37	250m:	3:22.59	46.23	350m:	4:47.18	37.36
	100m:	1:12.94	38.87	200m:	2:36.36	41.05	300m:	4:09.82	47.23	400m:	5:22.69	35.51
5.	SULAK Antonina			06	UKS PIŁKA Konstancin-Jeziorna				5:23.69	557		
	50m:	33.60	33.60	150m:	1:53.97	42.22	250m:	3:22.45	46.99	350m:	4:46.60	37.38
	100m:	1:11.75	38.15	200m:	2:35.46	41.49	300m:	4:09.22	46.77	400m:	5:23.69	37.09
6.	TRACZYK Anna			06	MKS JUVENIA Wrocław				5:28.65	532		
	50m:	33.59	33.59	150m:	1:55.35	41.81	250m:	3:22.74	46.92	350m:	4:51.38	39.57
	100m:	1:13.54	39.95	200m:	2:35.82	40.47	300m:	4:11.81	49.07	400m:	5:28.65	37.27
7.	WILANOWSKA Karina			06	UKP POLONIA Warszawa				5:31.47	518		
	50m:	34.40	34.40	150m:	1:55.93	40.09	250m:	3:25.24	49.05	350m:	4:54.31	38.96
	100m:	1:15.84	41.44	200m:	2:36.19	40.26	300m:	4:15.35	50.11	400m:	5:31.47	37.16
8.	BRZYSKA Jagoda			06	MKS Park Wodny Tarnowskie Góry				6:04.93	388		
	50m:	36.50	36.50	150m:	2:15.05	49.49	250m:	3:52.62	48.61	350m:	5:25.13	42.13
	100m:	1:25.56	49.06	200m:	3:04.01	48.96	300m:	4:43.00	50.38	400m:	6:04.93	39.80

17 - 18 lat

1.	POZNA SKA Justyna			05	MKS JEDYNKA Łódź				4:57.06	720		
	50m:	32.24	32.24	150m:	1:46.04	37.50	250m:	3:07.70	45.16	350m:	4:24.98	34.23
	100m:	1:08.54	36.30	200m:	2:22.54	36.50	300m:	3:50.75	43.05	400m:	4:57.06	32.08
2.	GU Wiktorija			04	UKS DELFIN Piotrków Trybunalski				5:00.04	699		
	50m:	32.33	32.33	150m:	1:48.48	38.46	250m:	3:09.81	43.13	350m:	4:27.26	34.06
	100m:	1:10.02	37.69	200m:	2:26.68	38.20	300m:	3:53.20	43.39	400m:	5:00.04	32.78
3.	KLUSEK Aleksandra			05	UKP POLONIA Warszawa				5:07.51	649		
	50m:	31.85	31.85	150m:	1:46.34	39.36	250m:	3:09.25	44.97	350m:	4:31.51	35.93
	100m:	1:06.98	35.13	200m:	2:24.28	37.94	300m:	3:55.58	46.33	400m:	5:07.51	36.00
4.	SŁABOSZ Emilia			05	MOSM Tychy				5:13.49	613		
	50m:	34.46	34.46	150m:	1:52.43	40.05	250m:	3:18.51	47.05	350m:	4:39.57	35.39
	100m:	1:12.38	37.92	200m:	2:31.46	39.03	300m:	4:04.18	45.67	400m:	5:13.49	33.92
5.	LUBI SKA Alicja			05	MKS JEDYNKA Łódź				5:15.43	602		
	50m:	32.24	32.24	150m:	1:49.99	40.66	250m:	3:13.69	44.44	350m:	4:37.79	39.02
	100m:	1:09.33	37.09	200m:	2:29.25	39.26	300m:	3:58.77	45.08	400m:	5:15.43	37.64
6.	S DŁAK Alicja			05	MKS JEDYNKA Łódź				5:19.35	580		
	50m:	33.53	33.53	150m:	1:55.66	42.34	250m:	3:21.97	45.01	350m:	4:44.73	37.07
	100m:	1:13.32	39.79	200m:	2:36.96	41.30	300m:	4:07.66	45.69	400m:	5:19.35	34.62



ARENA GRAND PRIX Puchar Polski w pływaniu
Ostrowiec wi torzyski, 26-27.02.2022

Konkurencja 22, Kobiet, 400m zmienny, 17 - 18 lat

Pozycja			Rok ur.					Czas	Pkt.			
7.	TUPALSKA Oliwia		05	UKP POLONIA Warszawa				5:24.02	555			
	50m:	32.36	32.36	150m:	1:54.07	43.15	250m:	3:22.68	47.19	350m:	4:47.39	37.74
	100m:	1:10.92	38.56	200m:	2:35.49	41.42	300m:	4:09.65	46.97	400m:	5:24.02	36.63
8.	SOSNÓWKA Oliwia		05	UKP FALA Kra nik				5:50.79	437			
	50m:	35.01	35.01	150m:	2:03.71	48.83	250m:	3:41.33	51.20	350m:	5:12.29	40.96
	100m:	1:14.88	39.87	200m:	2:50.13	46.42	300m:	4:31.33	50.00	400m:	5:50.79	38.50