



ARENA GRAND PRIX Puchar Polski w pływaniu  
Ostrowiec wi torzyski, 26-27.02.2022

Konkurencja 23  
27.02.2022 - 9:20

M czyzn, 400m zmienny

14 lat i starsi  
Wyniki

Minimum kwalifikacyjne Mistrzostwa wiata Seniorów Open: 4:15.84

Punkty: FINA 2021

Pozycja	Rok ur.	Czas	Pkt.
Open			
1. CHMIELEWSKI Krzysztof	04	IUKS MUSZELKA Warszawa	<b>4:27.70</b> 755
50m: 28.51 28.51	150m: 1:32.82 34.49	250m: 2:47.51 41.13	350m: 3:58.12 30.94
100m: 58.33 29.82	200m: 2:06.38 33.56	300m: 3:27.18 39.67	400m: 4:27.70 29.58
2. PIELA Michał	04	UKP UNIA O wi cim	<b>4:31.64</b> 723
50m: 28.99 28.99	150m: 1:38.56 36.22	250m: 2:53.87 39.72	350m: 4:02.10 30.97
100m: 1:02.34 33.35	200m: 2:14.15 35.59	300m: 3:31.13 37.26	400m: 4:31.64 29.54
3. CHMIELEWSKI Michał	04	IUKS MUSZELKA Warszawa	<b>4:33.63</b> 707
50m: 27.57 27.57	150m: 1:33.19 33.81	250m: 2:49.54 43.26	350m: 4:03.77 32.03
100m: 59.38 31.81	200m: 2:06.28 33.09	300m: 3:31.74 42.20	400m: 4:33.63 29.86
4. MA KA Filip	00	UKS 190 Łód	<b>4:38.57</b> 670
50m: 29.34 29.34	150m: 1:38.66 35.95	250m: 2:54.27 39.76	350m: 4:07.52 32.78
100m: 1:02.71 33.37	200m: 2:14.51 35.85	300m: 3:34.74 40.47	400m: 4:38.57 31.05
5. LARY Jerzy	06	IUKS MUSZELKA Warszawa	<b>4:38.92</b> 668
50m: 30.32 30.32	150m: 1:39.18 35.84	250m: 2:55.51 40.81	350m: 4:08.56 31.87
100m: 1:03.34 33.02	200m: 2:14.70 35.52	300m: 3:36.69 41.18	400m: 4:38.92 30.36
6. ZUBIK Jan	03	UKP POLONIA Warszawa	<b>4:42.35</b> 644
50m: 27.18 27.18	150m: 1:34.33 36.67	250m: 2:50.37 40.95	350m: 4:08.75 35.85
100m: 57.66 30.48	200m: 2:09.42 35.09	300m: 3:32.90 42.53	400m: 4:42.35 33.60
7. KUCZAK Adam	00	AZS AWF Katowice	<b>4:42.44</b> 643
50m: 29.95 29.95	150m: 1:39.91 37.29	250m: 2:56.34 40.86	350m: 4:10.18 34.07
100m: 1:02.62 32.67	200m: 2:15.48 35.57	300m: 3:36.11 39.77	400m: 4:42.44 32.26
8. MAKSAJDA Kacper	06	TP SKALAR Słupsk	<b>4:44.23</b> 631
50m: 29.67 29.67	150m: 1:42.98 39.45	250m: 3:01.64 38.78	350m: 4:13.26 32.17
100m: 1:03.53 33.86	200m: 2:22.86 39.88	300m: 3:41.09 39.45	400m: 4:44.23 30.97
9. PLAGA Dawid	05	TP SKALAR Słupsk	<b>4:46.75</b> 614
50m: 29.24 29.24	150m: 1:43.12 38.38	250m: 3:02.97 42.41	350m: 4:15.64 31.89
100m: 1:04.74 35.50	200m: 2:20.56 37.44	300m: 3:43.75 40.78	400m: 4:46.75 31.11
10. POGODA Krzysztof	05	MKS JEDYNKA Łód	<b>4:47.40</b> 610
50m: 31.40 31.40	150m: 1:41.69 36.41	250m: 2:58.72 41.19	350m: 4:14.42 34.54
100m: 1:05.28 33.88	200m: 2:17.53 35.84	300m: 3:39.88 41.16	400m: 4:47.40 32.98
11. DZIERKACZ Igor	05	UKS G-8 Bielany Warszawa	<b>4:50.43</b> 591
50m: 30.56 30.56	150m: 1:44.72 40.25	250m: 3:06.53 42.39	350m: 4:19.11 31.50
100m: 1:04.47 33.91	200m: 2:24.14 39.42	300m: 3:47.61 41.08	400m: 4:50.43 31.32
12. DRAHORAD Pavel	04	Sport Club Pardubice	<b>4:51.30</b> 586
50m: 29.48 29.48	150m: 1:43.02 39.82	250m: 3:05.72 44.19	350m: 4:20.93 31.84
100m: 1:03.20 33.72	200m: 2:21.53 38.51	300m: 3:49.09 43.37	400m: 4:51.30 30.37
13. GOHLA Kamil	05	Swim Team MOSiR K dzierzyn-Ko le	<b>4:53.82</b> 571
50m: 30.00 30.00	150m: 1:44.92 40.73	250m: 3:04.15 39.43	350m: 4:20.70 36.23
100m: 1:04.19 34.19	200m: 2:24.72 39.80	300m: 3:44.47 40.32	400m: 4:53.82 33.12
14. PACEWICZ Wiktor	06	UKS 190 Łód	<b>4:58.75</b> 543
50m: 32.09 32.09	150m: 1:45.81 35.81	250m: 3:05.97 44.62	350m: 4:24.71 33.97
100m: 1:10.00 37.91	200m: 2:21.35 35.54	300m: 3:50.74 44.77	400m: 4:58.75 34.04
15. FILOZOF Adam	05	MKS Park Wodny Tarnowskie Góry	<b>4:59.46</b> 539
50m: 31.81 31.81	150m: 1:47.38 40.40	250m: 3:09.24 42.65	350m: 4:25.53 35.46
100m: 1:06.98 35.17	200m: 2:26.59 39.21	300m: 3:50.07 40.83	400m: 4:59.46 33.93
16. JASI SKI Jakub	03	MKS JEDYNKA Łód	<b>4:59.78</b> 538
50m: 29.12 29.12	150m: 1:44.31 40.38	250m: 3:09.01 43.59	350m: 4:27.13 33.69
100m: 1:03.93 34.81	200m: 2:25.42 41.11	300m: 3:53.44 44.43	400m: 4:59.78 32.65



ARENA GRAND PRIX Puchar Polski w pływaniu  
Ostrowiec wi torzyski, 26-27.02.2022

Konkurencja 23, M czyzn, 400m zmienny, Open

Pozycja			Rok ur.					Czas	Pkt.
17.	HAVLENA Maxim		04	Sport Club Pardubice				<b>5:03.04</b>	520
	50m: 32.93	32.93	150m: 1:50.99	40.85	250m: 3:14.05	43.27	350m: 4:31.07	34.22	
	100m: 1:10.14	37.21	200m: 2:30.78	39.79	300m: 3:56.85	42.80	400m: 5:03.04	31.97	
18.	TARCZY SKI Bartosz		07	UKS 190 Łód				<b>5:03.22</b>	520
	50m: 33.36	33.36	150m: 1:53.22	42.76	250m: 3:14.45	40.79	350m: 4:30.39	35.04	
	100m: 1:10.46	37.10	200m: 2:33.66	40.44	300m: 3:55.35	40.90	400m: 5:03.22	32.83	
19.	BORUSZEWSKI Filip		07	UKS SP-149 Łód				<b>5:03.42</b>	519
	50m: 31.46	31.46	150m: 1:49.21	40.45	250m: 3:09.54	41.74	350m: 4:29.22	35.84	
	100m: 1:08.76	37.30	200m: 2:27.80	38.59	300m: 3:53.38	43.84	400m: 5:03.42	34.20	
20.	PONIEWA Oliwier		07	UKS SP5 Swim				<b>5:04.42</b>	513
	50m: 31.86	31.86	150m: 1:49.46	39.99	250m: 3:12.11	44.02	350m: 4:31.85	34.64	
	100m: 1:09.47	37.61	200m: 2:28.09	38.63	300m: 3:57.21	45.10	400m: 5:04.42	32.57	
21.	LUCOW Jan		06	UKP POLONIA Warszawa				<b>5:04.59</b>	513
	50m: 30.68	30.68	150m: 1:43.01	36.66	250m: 3:04.85	46.27	350m: 4:29.18	37.03	
	100m: 1:06.35	35.67	200m: 2:18.58	35.57	300m: 3:52.15	47.30	400m: 5:04.59	35.41	
22.	BURY Paweł		07	RWKS SPARTA Biłgoraj				<b>5:05.12</b>	510
	50m: 30.75	30.75	150m: 1:49.05	41.18	250m: 3:12.57	42.92	350m: 4:31.39	35.00	
	100m: 1:07.87	37.12	200m: 2:29.65	40.60	300m: 3:56.39	43.82	400m: 5:05.12	33.73	
23.	FRANKOWSKI Miłosz		05	MKS JUVENIA Wrocław				<b>5:09.14</b>	490
	50m: 29.56	29.56	150m: 1:45.55	41.27	250m: 3:10.42	43.94	350m: 4:32.38	37.13	
	100m: 1:04.28	34.72	200m: 2:26.48	40.93	300m: 3:55.25	44.83	400m: 5:09.14	36.76	
24.	FIGIEL Filip		07	UKS PI TKA Konstaktynow Łódzki				<b>5:09.67</b>	488
	50m: 32.78	32.78	150m: 1:51.64	40.75	250m: 3:17.19	46.70	350m: 4:36.93	34.99	
	100m: 1:10.89	38.11	200m: 2:30.49	38.85	300m: 4:01.94	44.75	400m: 5:09.67	32.74	
25.	WDOWIAK Dominik		07	CSiR MOS w D browie Górniczej				<b>5:10.39</b>	484
	50m: 30.65	30.65	150m: 1:45.71	38.71	250m: 3:09.49	44.93	350m: 4:32.71	38.13	
	100m: 1:07.00	36.35	200m: 2:24.56	38.85	300m: 3:54.58	45.09	400m: 5:10.39	37.68	
26.	KOWALSKI Alexander		05	MPKS ORKA Ciechanów				<b>5:10.72</b>	483
	50m: 32.67	32.67	150m: 1:52.63	41.54	250m: 3:13.53	40.64	350m: 4:35.33	38.70	
	100m: 1:11.09	38.42	200m: 2:32.89	40.26	300m: 3:56.63	43.10	400m: 5:10.72	35.39	
27.	HALKIEWICZ Maciej		08	UKS OMEGA Olkusz				<b>5:14.79</b>	464
	50m: 30.99	30.99	150m: 1:47.65	40.06	250m: 3:15.72	48.54	350m: 4:40.87	38.65	
	100m: 1:07.59	36.60	200m: 2:27.18	39.53	300m: 4:02.22	46.50	400m: 5:14.79	33.92	
28.	KOBAK Nataniel		08	RWKS SPARTA Biłgoraj				<b>5:16.47</b>	457
	50m: 32.01	32.01	150m: 1:50.97	43.15	250m: 3:18.50	45.61	350m: 4:42.65	37.00	
	100m: 1:07.82	35.81	200m: 2:32.89	41.92	300m: 4:05.65	47.15	400m: 5:16.47	33.82	
29.	PORADA Jan		08	UKS SP-149 Łód				<b>5:34.78</b>	386
	50m: 35.46	35.46	150m: 2:00.74	45.51	250m: 3:29.85	45.78	350m: 4:56.31	40.92	
	100m: 1:15.23	39.77	200m: 2:44.07	43.33	300m: 4:15.39	45.54	400m: 5:34.78	38.47	
14 lat									
1.	HALKIEWICZ Maciej		08	UKS OMEGA Olkusz				<b>5:14.79</b>	464
	50m: 30.99	30.99	150m: 1:47.65	40.06	250m: 3:15.72	48.54	350m: 4:40.87	38.65	
	100m: 1:07.59	36.60	200m: 2:27.18	39.53	300m: 4:02.22	46.50	400m: 5:14.79	33.92	
2.	KOBAK Nataniel		08	RWKS SPARTA Biłgoraj				<b>5:16.47</b>	457
	50m: 32.01	32.01	150m: 1:50.97	43.15	250m: 3:18.50	45.61	350m: 4:42.65	37.00	
	100m: 1:07.82	35.81	200m: 2:32.89	41.92	300m: 4:05.65	47.15	400m: 5:16.47	33.82	
3.	PORADA Jan		08	UKS SP-149 Łód				<b>5:34.78</b>	386
	50m: 35.46	35.46	150m: 2:00.74	45.51	250m: 3:29.85	45.78	350m: 4:56.31	40.92	
	100m: 1:15.23	39.77	200m: 2:44.07	43.33	300m: 4:15.39	45.54	400m: 5:34.78	38.47	



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Ostrowiec w torzyski, 26-27.02.2022

Konkurencja 23, M czyzn, 400m zmienny

15 lat

1. TARCZY SKI Bartosz	07	UKS 190 Łód	<b>5:03.22</b>	520	
50m: 33.36 33.36	150m: 1:53.22	42.76 250m: 3:14.45	40.79	350m: 4:30.39	35.04
100m: 1:10.46 37.10	200m: 2:33.66	40.44 300m: 3:55.35	40.90	400m: 5:03.22	32.83
2. BORUSZEWSKI Filip	07	UKS SP-149 Łód	<b>5:03.42</b>	519	
50m: 31.46 31.46	150m: 1:49.21	40.45 250m: 3:09.54	41.74	350m: 4:29.22	35.84
100m: 1:08.76 37.30	200m: 2:27.80	38.59 300m: 3:53.38	43.84	400m: 5:03.42	34.20
3. PONIEWA Oliwier	07	UKS SP5 Swim	<b>5:04.42</b>	513	
50m: 31.86 31.86	150m: 1:49.46	39.99 250m: 3:12.11	44.02	350m: 4:31.85	34.64
100m: 1:09.47 37.61	200m: 2:28.09	38.63 300m: 3:57.21	45.10	400m: 5:04.42	32.57
4. BURY Paweł	07	RWKS SPARTA Biłgoraj	<b>5:05.12</b>	510	
50m: 30.75 30.75	150m: 1:49.05	41.18 250m: 3:12.57	42.92	350m: 4:31.39	35.00
100m: 1:07.87 37.12	200m: 2:29.65	40.60 300m: 3:56.39	43.82	400m: 5:05.12	33.73
5. FIGIEL Filip	07	UKS PI TKA Konstaktynow Łódzki	<b>5:09.67</b>	488	
50m: 32.78 32.78	150m: 1:51.64	40.75 250m: 3:17.19	46.70	350m: 4:36.93	34.99
100m: 1:10.89 38.11	200m: 2:30.49	38.85 300m: 4:01.94	44.75	400m: 5:09.67	32.74
6. WDOWIAK Dominik	07	CSiR MOS w D browie Górnicej	<b>5:10.39</b>	484	
50m: 30.65 30.65	150m: 1:45.71	38.71 250m: 3:09.49	44.93	350m: 4:32.71	38.13
100m: 1:07.00 36.35	200m: 2:24.56	38.85 300m: 3:54.58	45.09	400m: 5:10.39	37.68

16 lat

1. LARY Jerzy	06	IUKS MUSZELKA Warszawa	<b>4:38.92</b>	668	
50m: 30.32 30.32	150m: 1:39.18	35.84 250m: 2:55.51	40.81	350m: 4:08.56	31.87
100m: 1:03.34 33.02	200m: 2:14.70	35.52 300m: 3:36.69	41.18	400m: 4:38.92	30.36
2. MAKSAJDA Kacper	06	TP SKALAR Słupsk	<b>4:44.23</b>	631	
50m: 29.67 29.67	150m: 1:42.98	39.45 250m: 3:01.64	38.78	350m: 4:13.26	32.17
100m: 1:03.53 33.86	200m: 2:22.86	39.88 300m: 3:41.09	39.45	400m: 4:44.23	30.97
3. PACEWICZ Wiktor	06	UKS 190 Łód	<b>4:58.75</b>	543	
50m: 32.09 32.09	150m: 1:45.81	35.81 250m: 3:05.97	44.62	350m: 4:24.71	33.97
100m: 1:10.00 37.91	200m: 2:21.35	35.54 300m: 3:50.74	44.77	400m: 4:58.75	34.04
4. LUCOW Jan	06	UKP POLONIA Warszawa	<b>5:04.59</b>	513	
50m: 30.68 30.68	150m: 1:43.01	36.66 250m: 3:04.85	46.27	350m: 4:29.18	37.03
100m: 1:06.35 35.67	200m: 2:18.58	35.57 300m: 3:52.15	47.30	400m: 5:04.59	35.41

17 - 18 lat

1. CHMIELEWSKI Krzysztof	04	IUKS MUSZELKA Warszawa	<b>4:27.70</b>	755	
50m: 28.51 28.51	150m: 1:32.82	34.49 250m: 2:47.51	41.13	350m: 3:58.12	30.94
100m: 58.33 29.82	200m: 2:06.38	33.56 300m: 3:27.18	39.67	400m: 4:27.70	29.58
2. PIELA Michał	04	UKP UNIA O wi cim	<b>4:31.64</b>	723	
50m: 28.99 28.99	150m: 1:38.56	36.22 250m: 2:53.87	39.72	350m: 4:02.10	30.97
100m: 1:02.34 33.35	200m: 2:14.15	35.59 300m: 3:31.13	37.26	400m: 4:31.64	29.54
3. CHMIELEWSKI Michał	04	IUKS MUSZELKA Warszawa	<b>4:33.63</b>	707	
50m: 27.57 27.57	150m: 1:33.19	33.81 250m: 2:49.54	43.26	350m: 4:03.77	32.03
100m: 59.38 31.81	200m: 2:06.28	33.09 300m: 3:31.74	42.20	400m: 4:33.63	29.86
4. PLAGA Dawid	05	TP SKALAR Słupsk	<b>4:46.75</b>	614	
50m: 29.24 29.24	150m: 1:43.12	38.38 250m: 3:02.97	42.41	350m: 4:15.64	31.89
100m: 1:04.74 35.50	200m: 2:20.56	37.44 300m: 3:43.75	40.78	400m: 4:46.75	31.11
5. POGODA Krzysztof	05	MKS JEDYNKA Łód	<b>4:47.40</b>	610	
50m: 31.40 31.40	150m: 1:41.69	36.41 250m: 2:58.72	41.19	350m: 4:14.42	34.54
100m: 1:05.28 33.88	200m: 2:17.53	35.84 300m: 3:39.88	41.16	400m: 4:47.40	32.98



ARENA GRAND PRIX Puchar Polski w pływaniu  
Ostrowiec w torzyski, 26-27.02.2022

Konkurencja 23, Chłopców, 400m zmienny, 17 - 18 lat

Pozycja			Rok ur.						Czas	Pkt.
6.	DZIERKACZ Igor		05	UKS G-8 Bielany Warszawa					<b>4:50.43</b>	591
	50m: 30.56	30.56	150m: 1:44.72	40.25	250m: 3:06.53	42.39	350m: 4:19.11	31.50		
	100m: 1:04.47	33.91	200m: 2:24.14	39.42	300m: 3:47.61	41.08	400m: 4:50.43	31.32		
7.	DRAHORAD Pavel		04	Sport Club Pardubice					<b>4:51.30</b>	586
	50m: 29.48	29.48	150m: 1:43.02	39.82	250m: 3:05.72	44.19	350m: 4:20.93	31.84		
	100m: 1:03.20	33.72	200m: 2:21.53	38.51	300m: 3:49.09	43.37	400m: 4:51.30	30.37		
8.	GOHLA Kamil		05	Swim Team MOSiR K dzierzyn-Ko le					<b>4:53.82</b>	571
	50m: 30.00	30.00	150m: 1:44.92	40.73	250m: 3:04.15	39.43	350m: 4:20.70	36.23		
	100m: 1:04.19	34.19	200m: 2:24.72	39.80	300m: 3:44.47	40.32	400m: 4:53.82	33.12		
9.	FILOZOF Adam		05	MKS Park Wodny Tarnowskie Góry					<b>4:59.46</b>	539
	50m: 31.81	31.81	150m: 1:47.38	40.40	250m: 3:09.24	42.65	350m: 4:25.53	35.46		
	100m: 1:06.98	35.17	200m: 2:26.59	39.21	300m: 3:50.07	40.83	400m: 4:59.46	33.93		
10.	HAVLENA Maxim		04	Sport Club Pardubice					<b>5:03.04</b>	520
	50m: 32.93	32.93	150m: 1:50.99	40.85	250m: 3:14.05	43.27	350m: 4:31.07	34.22		
	100m: 1:10.14	37.21	200m: 2:30.78	39.79	300m: 3:56.85	42.80	400m: 5:03.04	31.97		
11.	FRANKOWSKI Miłosz		05	MKS JUVENIA Wrocław					<b>5:09.14</b>	490
	50m: 29.56	29.56	150m: 1:45.55	41.27	250m: 3:10.42	43.94	350m: 4:32.38	37.13		
	100m: 1:04.28	34.72	200m: 2:26.48	40.93	300m: 3:55.25	44.83	400m: 5:09.14	36.76		
12.	KOWALSKI Alexander		05	MPKS ORKA Ciechanów					<b>5:10.72</b>	483
	50m: 32.67	32.67	150m: 1:52.63	41.54	250m: 3:13.53	40.64	350m: 4:35.33	38.70		
	100m: 1:11.09	38.42	200m: 2:32.89	40.26	300m: 3:56.63	43.10	400m: 5:10.72	35.39		