

Polish Open 2022
 Łódź, 30.04-03.05.2022

 Konkurencja 21
 02.05.2022

Kobiety, 400m dowolny

 Open
 Wyniki Eliminacje

Rekord Polski 4:04.23 JEDRZEJCZAK Otylia 00114 Melbourne (AUS) 25.03.2007

Mistrzostwa Europy Seniorów - Rzym 2022 Open: 4:10.38; 18: 4:12.86 / Mistrzostwa Europy Juniorów - Bukareszt 2022 16 - 17: 4:20.14 / Mistrzostwa świata Seniorów - Budapeszt 2022 Open: 4:07.90 / Letnia Uniwersjada - Chengdu 2022 Open: 4:12.86

Punkty: FINA 2022

Pozycja		Rok ur.			Czas	Pkt.	
1.	POLA SKA Aleksandra	00	UKS GOS Raszyn		4:20.57	747	A
	50m: 30.05 30.05	150m: 1:35.27	32.79	250m: 2:41.29	33.24	350m: 3:47.76	33.33
	100m: 1:02.48 32.43	200m: 2:08.05	32.78	300m: 3:14.43	33.14	400m: 4:20.57	32.81
2.	KNOP Aleksandra	03	UKS 190 Łódź		4:22.63	729	A
	50m: 30.65 30.65	150m: 1:36.46	32.86	250m: 2:42.82	33.09	350m: 3:49.49	33.36
	100m: 1:03.60 32.95	200m: 2:09.73	33.27	300m: 3:16.13	33.31	400m: 4:22.63	33.14
3.	GU Wiktoria	04	UKS DELFIN Piotrków Trybunalski		4:23.93	719	A
	50m: 31.01 31.01	150m: 1:36.76	32.83	250m: 2:42.96	33.23	350m: 3:49.64	33.24
	100m: 1:03.93 32.92	200m: 2:09.73	32.97	300m: 3:16.40	33.44	400m: 4:23.93	34.29
4.	TARASIEWICZ Klaudia	04	MKP Szczecin		4:24.59	713	A
	50m: 31.03 31.03	150m: 1:37.66	33.22	250m: 2:44.28	33.25	350m: 3:51.29	33.69
	100m: 1:04.44 33.41	200m: 2:11.03	33.37	300m: 3:17.60	33.32	400m: 4:24.59	33.30
5.	PIECHOTA Paulina	99	UKS 190 Łódź		4:25.44	706	A
	50m: 31.15 31.15	150m: 1:38.20	33.47	250m: 2:44.93	33.22	350m: 3:52.00	33.78
	100m: 1:04.73 33.58	200m: 2:11.71	33.51	300m: 3:18.22	33.29	400m: 4:25.44	33.44
6.	SNITKO Karyna	04	UKS GOS Raszyn		4:25.58	705	A
	50m: 30.48 30.48	150m: 1:37.55	33.67	250m: 2:45.26	33.07	350m: 3:52.16	33.11
	100m: 1:03.88 33.40	200m: 2:12.19	34.64	300m: 3:19.05	33.79	400m: 4:25.58	33.42
7.	PIEKARSKA Natalia	06	UKS 190 Łódź		4:26.63	697	A
	50m: 30.73 30.73	150m: 1:38.21	33.93	250m: 2:46.09	33.69	350m: 3:53.75	33.46
	100m: 1:04.28 33.55	200m: 2:12.40	34.19	300m: 3:20.29	34.20	400m: 4:26.63	32.88
8.	POZNA SKA Justyna	05	MKS JEDYNKA Łódź		4:27.86	687	A
	50m: 30.66 30.66	150m: 1:37.56	33.45	250m: 2:45.75	34.33	350m: 3:54.43	34.42
	100m: 1:04.11 33.45	200m: 2:11.42	33.86	300m: 3:20.01	34.26	400m: 4:27.86	33.43
9.	KLIMEK Marta	03	UKP UNIA O wi cim		4:28.09	686	B
	50m: 30.46 30.46	150m: 1:36.71	33.44	250m: 2:45.40	34.74	350m: 3:54.97	34.38
	100m: 1:03.27 32.81	200m: 2:10.66	33.95	300m: 3:20.59	35.19	400m: 4:28.09	33.12
10.	KULIK Julia	05	UKS GOS Raszyn		4:28.18	685	B
	50m: 30.93 30.93	150m: 1:36.76	32.56	250m: 2:44.67	34.00	350m: 3:54.30	34.92
	100m: 1:04.20 33.27	200m: 2:10.67	33.91	300m: 3:19.38	34.71	400m: 4:28.18	33.88
11.	KOWALSKA Klara	05	KU AZS UMCS Lublin		4:28.76	681	B
	50m: 30.99 30.99	150m: 1:38.82	33.79	250m: 2:46.52	33.76	350m: 3:55.34	34.44
	100m: 1:05.03 34.04	200m: 2:12.76	33.94	300m: 3:20.90	34.38	400m: 4:28.76	33.42
12.	CZUBAK Maria	06	IKS Konstancin		4:28.96	679	B
	50m: 31.13 31.13	150m: 1:39.24	34.40	250m: 2:47.95	34.54	350m: 3:56.63	34.41
	100m: 1:04.84 33.71	200m: 2:13.41	34.17	300m: 3:22.22	34.27	400m: 4:28.96	32.33
13.	KRASZEWSKA Martyna	05	MTP KORMORAN Olsztyn		4:30.67	666	B
	50m: 31.60 31.60	150m: 1:39.39	34.11	250m: 2:48.96	34.98	350m: 3:58.79	34.82
	100m: 1:05.28 33.68	200m: 2:13.98	34.59	300m: 3:23.97	35.01	400m: 4:30.67	31.88
14.	ŁUCZAK Dominika	02	TP Zielona Góra		4:31.34	661	B
	50m: 31.70 31.70	150m: 1:39.63	34.04	250m: 2:48.83	34.58	350m: 3:58.11	34.47
	100m: 1:05.59 33.89	200m: 2:14.25	34.62	300m: 3:23.64	34.81	400m: 4:31.34	33.23
15.	W GRZYNOWSKA Aleksandra	01	WKS L SK Wrocław		4:31.60	659	B
	50m: 31.38 31.38	150m: 1:39.43	34.15	250m: 2:49.04	35.36	350m: 3:58.43	34.26
	100m: 1:05.28 33.90	200m: 2:13.68	34.25	300m: 3:24.17	35.13	400m: 4:31.60	33.17

Konkurencja 21, Kobiety, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.					Czas	Pkt.
16.	RUDOMINA Agnieszka	06	UKS ABIANKA Gda sk					4:34.43	639 B
	50m: 31.35 31.35	150m: 1:40.16	35.01	250m: 2:49.97	35.31	350m: 4:00.49	35.22		
	100m: 1:05.15 33.80	200m: 2:14.66	34.50	300m: 3:25.27	35.30	400m: 4:34.43	33.94		
17.	WRZESI SKA Wiktoria	04	UKS 190 Łódź					4:36.34	626 R
	50m: 32.27 32.27	150m: 1:42.16	35.23	250m: 2:52.35	35.30	350m: 4:02.07	34.85		
	100m: 1:06.93 34.66	200m: 2:17.05	34.89	300m: 3:27.22	34.87	400m: 4:36.34	34.27		
18.	MAKSYMOWICZ Nina	05	UKS G-8 Bielany Warszawa					4:36.97	622 R
	50m: 32.29 32.29	150m: 1:42.46	34.95	250m: 2:53.38	35.39	350m: 4:03.76	34.92		
	100m: 1:07.51 35.22	200m: 2:17.99	35.53	300m: 3:28.84	35.46	400m: 4:36.97	33.21		
19.	RAKOWSKA Marta	06	DOKiS SP VEGA Dobrodzie					4:38.51	611
	50m: 32.24 32.24	150m: 1:44.26	36.31	250m: 2:55.98	35.40	350m: 4:07.16	35.15		
	100m: 1:07.95 35.71	200m: 2:20.58	36.32	300m: 3:32.01	36.03	400m: 4:38.51	31.35		
20.	WIERNICKA Julia	07	KS PI TKA Chorzów					4:39.40	606
	50m: 31.92 31.92	150m: 1:43.07	36.01	250m: 2:54.88	35.72	350m: 4:06.68	35.56		
	100m: 1:07.06 35.14	200m: 2:19.16	36.09	300m: 3:31.12	36.24	400m: 4:39.40	32.72		
21.	SUJKOWSKA Roksana	05	MTP KORMORAN Olsztyn					4:39.44	605
	50m: 33.29 33.29	150m: 1:43.49	35.34	250m: 2:54.27	35.55	350m: 4:05.51	35.51		
	100m: 1:08.15 34.86	200m: 2:18.72	35.23	300m: 3:30.00	35.73	400m: 4:39.44	33.93		
22.	TRACZYK Anna	06	MKS JUVENIA Wrocław					4:41.00	595
	50m: 32.01 32.01	150m: 1:43.74	36.08	250m: 2:55.72	36.06	350m: 4:06.68	34.95		
	100m: 1:07.66 35.65	200m: 2:19.66	35.92	300m: 3:31.73	36.01	400m: 4:41.00	34.32		
23.	POPPE Marta	07	UKS MANTA Kochłowice Ruda I ska					4:41.16	594
	50m: 32.49 32.49	150m: 1:42.74	35.48	250m: 2:54.67	35.71	350m: 4:06.84	35.87		
	100m: 1:07.26 34.77	200m: 2:18.96	36.22	300m: 3:30.97	36.30	400m: 4:41.16	34.32		
24.	LECHOWSKA Magdalena	06	WKS L SK Wrocław					4:42.22	588
	50m: 31.68 31.68	150m: 1:41.52	35.44	250m: 2:54.04	36.56	350m: 4:07.02	36.39		
	100m: 1:06.08 34.40	200m: 2:17.48	35.96	300m: 3:30.63	36.59	400m: 4:42.22	35.20		
25.	MAZUR Zuzanna	05	MKP SŁOWIANKA Gorzów Wlkp.					4:42.46	586
	50m: 32.33 32.33	150m: 1:44.28	36.25	250m: 2:56.62	35.91	350m: 4:08.35	35.71		
	100m: 1:08.03 35.70	200m: 2:20.71	36.43	300m: 3:32.64	36.02	400m: 4:42.46	34.11		
26.	RACZY SKA Wiktoria	04	AZS UŁ PŁ Łódź					4:42.54	586
	50m: 31.62 31.62	150m: 1:42.67	35.80	250m: 2:54.98	36.12	350m: 4:07.14	35.89		
	100m: 1:06.87 35.25	200m: 2:18.86	36.19	300m: 3:31.25	36.27	400m: 4:42.54	35.40		
27.	WALCZAK Barbara	06	UKS G-8 Bielany Warszawa					4:43.19	582
	50m: 31.62 31.62	150m: 1:41.62	35.20	250m: 2:54.75	36.88	350m: 4:08.10	36.25		
	100m: 1:06.42 34.80	200m: 2:17.87	36.25	300m: 3:31.85	37.10	400m: 4:43.19	35.09		
28.	FERSZT Kornelia	08	KS GÓRNIK Sosnowiec					4:43.47	580
	50m: 32.46 32.46	150m: 1:44.45	36.22	250m: 2:57.08	36.45	350m: 4:08.68	35.32		
	100m: 1:08.23 35.77	200m: 2:20.63	36.18	300m: 3:33.36	36.28	400m: 4:43.47	34.79		
29.	NIKIEL Natalia	06	MKS Park Wodny Tarnowskie Góry					4:44.26	575
	50m: 33.61 33.61	150m: 1:45.33	36.04	250m: 2:57.30	35.84	350m: 4:08.99	35.71		
	100m: 1:09.29 35.68	200m: 2:21.46	36.13	300m: 3:33.28	35.98	400m: 4:44.26	35.27		
30.	GLI SKA Oliwia	07	TP Zielona Góra					4:44.53	573
	50m: 33.14 33.14	150m: 1:43.13	35.90	250m: 2:55.26	36.38	350m: 4:08.73	36.90		
	100m: 1:07.23 34.09	200m: 2:18.88	35.75	300m: 3:31.83	36.57	400m: 4:44.53	35.80		
31.	GOMUŁKA Weronika	06	UKS 190 Łódź					4:45.25	569
	50m: 32.64 32.64	150m: 1:45.23	36.70	250m: 2:57.79	36.13	350m: 4:10.53	36.21		
	100m: 1:08.53 35.89	200m: 2:21.66	36.43	300m: 3:34.32	36.53	400m: 4:45.25	34.72		
32.	BISZEWSKA Gabriela	05	MUKS OLIMPIJCZYK Suwałki					4:45.41	568
	50m: 33.21 33.21	150m: 1:44.60	36.02	250m: 2:57.56	36.72	350m: 4:10.64	36.59		
	100m: 1:08.58 35.37	200m: 2:20.84	36.24	300m: 3:34.05	36.49	400m: 4:45.41	34.77		

Konkurencja 21, Kobiety, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.					Czas	Pkt.
33.	SVIATKINA Yeva		06	MKS TRÓJKA Łód				4:45.44	568
	50m:	31.03 31.03	150m:	1:41.82 35.83	250m:	2:55.55 37.08	350m:	4:09.75 36.81	
	100m:	1:05.99 34.96	200m:	2:18.47 36.65	300m:	3:32.94 37.39	400m:	4:45.44 35.69	
34.	SZARGIEJ Aleksandra		06	UKS ABIANKA Gda sk				4:46.35	563
	50m:	31.67 31.67	150m:	1:44.31 36.68	250m:	2:58.31 36.89	350m:	4:12.51 36.98	
	100m:	1:07.63 35.96	200m:	2:21.42 37.11	300m:	3:35.53 37.22	400m:	4:46.35 33.84	
35.	WALENTYNOWICZ Nadia		05	WOPR Malbork				4:46.96	559
	50m:	31.26 31.26	150m:	1:42.71 36.37	250m:	2:57.09 37.04	350m:	4:11.10 36.53	
	100m:	1:06.34 35.08	200m:	2:20.05 37.34	300m:	3:34.57 37.48	400m:	4:46.96 35.86	
36.	FIRA Weronika		04	SIKRET Gliwice				4:47.48	556
	50m:	32.60 32.60	150m:	1:44.91 36.26	250m:	2:57.73 36.24	350m:	4:11.65 37.02	
	100m:	1:08.65 36.05	200m:	2:21.49 36.58	300m:	3:34.63 36.90	400m:	4:47.48 35.83	
37.	SOBCZAK Antonina		07	UKS 48 Warszawa ródmi cie				4:47.84	554
	50m:	32.17 32.17	150m:	1:45.22 36.47	250m:	2:59.57 36.98	350m:	4:13.45 36.30	
	100m:	1:08.75 36.58	200m:	2:22.59 37.37	300m:	3:37.15 37.58	400m:	4:47.84 34.39	
38.	SZAFRA SKA Malwina		06	KS KSZO Ostrowiec w.				4:47.97	553
	50m:	32.69 32.69	150m:	1:45.52 36.81	250m:	2:58.79 36.67	350m:	4:12.94 37.00	
	100m:	1:08.71 36.02	200m:	2:22.12 36.60	300m:	3:35.94 37.15	400m:	4:47.97 35.03	
39.	NOWAK Paulina		05	UKS Tri-Team Rumia				4:48.15	552
	50m:	33.11 33.11	150m:	1:45.82 36.95	250m:	2:59.42 36.71	350m:	4:12.69 36.52	
	100m:	1:08.87 35.76	200m:	2:22.71 36.89	300m:	3:36.17 36.75	400m:	4:48.15 35.46	
40.	MAKSYMOWICZ Nadia		05	UKS G-8 Bielany Warszawa				4:49.01	547
	50m:	33.19 33.19	150m:	1:45.47 36.32	250m:	2:58.65 36.59	350m:	4:13.10 37.14	
	100m:	1:09.15 35.96	200m:	2:22.06 36.59	300m:	3:35.96 37.31	400m:	4:49.01 35.91	
41.	PAWLIK Natalia		05	St. Lok. SALOS Cortile Kielce				4:49.62	544
	50m:	32.69 32.69	150m:	1:46.57 37.54	250m:	3:00.90 36.71	350m:	4:14.20 36.17	
	100m:	1:09.03 36.34	200m:	2:24.19 37.62	300m:	3:38.03 37.13	400m:	4:49.62 35.42	
42.	HRYMALIUK Anastasiia		06	MKS TRÓJKA Łód				4:51.68	532
	50m:	32.21 32.21	150m:	1:46.36 37.78	250m:	3:00.22 36.64	350m:		
	100m:	1:08.58 36.37	200m:	2:23.58 37.22	300m:	3:37.24 37.02	400m:	4:51.68	
43.	DRZEWIECKA Maja		08	MKS Park Wodny Tarnowskie Góry				4:51.88	531
	50m:	32.93 32.93	150m:	1:46.67 36.91	250m:	3:01.85 37.47	350m:	4:16.47 37.15	
	100m:	1:09.76 36.83	200m:	2:24.38 37.71	300m:	3:39.32 37.47	400m:	4:51.88 35.41	
44.	RYDY SKA Maja		07	MKS SP 63 Bydgoszcz				4:52.26	529
	50m:	33.87 33.87	150m:	1:47.78 37.02	250m:	3:02.15 36.93	350m:	4:16.84 36.85	
	100m:	1:10.76 36.89	200m:	2:25.22 37.44	300m:	3:39.99 37.84	400m:	4:52.26 35.42	
45.	JASI SKA Aleksandra		08	UKS ÓSEMKA Starogard Gda ski				4:52.82	526
	50m:	31.88 31.88	150m:	1:44.60 37.05	250m:	3:00.29 38.31	350m:	4:15.97 37.53	
	100m:	1:07.55 35.67	200m:	2:21.98 37.38	300m:	3:38.44 38.15	400m:	4:52.82 36.85	
46.	BUKOWSKA Michalina		07	UKP Ruda l ska				4:53.62	522
	50m:	32.82 32.82	150m:	1:45.54 36.83	250m:	3:00.90 37.57	350m:	4:16.93 37.96	
	100m:	1:08.71 35.89	200m:	2:23.33 37.79	300m:	3:38.97 38.07	400m:	4:53.62 36.69	
47.	MARKIEWICZ Weronika		07	NEPTUN Gda sk				4:54.49	517
	50m:	33.45 33.45	150m:	1:48.31 37.81	250m:	3:04.32 38.59	350m:	4:19.30 37.19	
	100m:	1:10.50 37.05	200m:	2:25.73 37.42	300m:	3:42.11 37.79	400m:	4:54.49 35.19	
48.	W GRZYCKA Małgorzata		07	MKS TRÓJKA Łód				4:54.99	515
	50m:	32.36 32.36	150m:	1:45.76 37.59	250m:	3:01.77 38.00	350m:	4:18.48 38.30	
	100m:	1:08.17 35.81	200m:	2:23.77 38.01	300m:	3:40.18 38.41	400m:	4:54.99 36.51	
49.	MA LEJ Iga		03	UKS Kro nicka Przysa				4:56.14	509
	50m:	33.21 33.21	150m:	1:47.33 37.57	250m:	3:03.76 38.25	350m:	4:19.57 37.67	
	100m:	1:09.76 36.55	200m:	2:25.51 38.18	300m:	3:41.90 38.14	400m:	4:56.14 36.57	

Konkurencja 21, Kobiet, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.					Czas	Pkt.
50.	MURAS Nina		07	Mokotowski UKP Warszawianka-Wodny				4:56.58	506
	50m:	33.41 33.41	150m:	1:48.12 37.99	250m:	3:04.82 37.90	350m:	4:21.55 37.93	
	100m:	1:10.13 36.72	200m:	2:26.92 38.80	300m:	3:43.62 38.80	400m:	4:56.58 35.03	
51.	KLIMIUK Zuzanna		05	MKP SŁOWIANKA Gorzów Wlkp.				4:56.62	506
	50m:	33.19 33.19	150m:	1:48.29 37.41	250m:	3:03.49 37.69	350m:	4:20.29 38.17	
	100m:	1:10.88 37.69	200m:	2:25.80 37.51	300m:	3:42.12 38.63	400m:	4:56.62 36.33	
52.	ORNOWSKA Zuzanna		08	MKS JUVENIA Białystok				4:58.03	499
	50m:	32.92 32.92	150m:	1:47.42 37.58	250m:	3:04.39 38.84	350m:	4:21.87 38.63	
	100m:	1:09.84 36.92	200m:	2:25.55 38.13	300m:	3:43.24 38.85	400m:	4:58.03 36.16	
53.	JAROS Aleksandra		07	KS NEPTUN widnica				4:59.17	493
	50m:	33.53 33.53	150m:	1:49.11 38.19	250m:	3:06.14 38.00	350m:	4:21.86 37.98	
	100m:	1:10.92 37.39	200m:	2:28.14 39.03	300m:	3:43.88 37.74	400m:	4:59.17 37.31	
54.	MAGDA Honorata		06	KS DELFIN Gdynia				4:59.66	491
	50m:	33.49 33.49	150m:	1:49.51 38.23	250m:	3:06.79 38.55	350m:	4:23.59 38.07	
	100m:	1:11.28 37.79	200m:	2:28.24 38.73	300m:	3:45.52 38.73	400m:	4:59.66 36.07	
55.	TRAFALSKA Zuzanna		07	TP OLIMPIJCZYK Aleksandrów Łódzki				5:00.03	489
	50m:	32.55 32.55	150m:	1:46.67 38.02	250m:	3:04.10 39.07	350m:	4:22.18 38.78	
	100m:	1:08.65 36.10	200m:	2:25.03 38.36	300m:	3:43.40 39.30	400m:	5:00.03 37.85	
56.	GAWLIK Jagoda		06	KS GÓRNIK Sosnowiec				5:01.44	482
	50m:	33.51 33.51	150m:	1:48.29 38.17	250m:	3:06.19 39.26	350m:	4:23.51 38.61	
	100m:	1:10.12 36.61	200m:	2:26.93 38.64	300m:	3:44.90 38.71	400m:	5:01.44 37.93	
57.	HAŁADYN Kamila		04	UKS 190 Łódź				5:06.54	458
	50m:	35.05 35.05	150m:	1:52.05 38.70	250m:	3:10.08 39.17	350m:	4:28.66 39.19	
	100m:	1:13.35 38.30	200m:	2:30.91 38.86	300m:	3:49.47 39.39	400m:	5:06.54 37.88	
58.	BOROWSKA Wiktoria		08	UKS PI TKA Konstancynów Łódzki				5:06.55	458
	50m:	33.87 33.87	150m:	1:49.99 38.83	250m:	3:09.46 39.76	350m:	4:28.84 39.65	
	100m:	1:11.16 37.29	200m:	2:29.70 39.71	300m:	3:49.19 39.73	400m:	5:06.55 37.71	
59.	TRAFALSKA Antonina		08	TP OLIMPIJCZYK Aleksandrów Łódzki				5:07.26	455
	50m:	34.15 34.15	150m:	1:51.64 39.04	250m:	3:10.85 39.29	350m:	4:29.30 38.57	
	100m:	1:12.60 38.45	200m:	2:31.56 39.92	300m:	3:50.73 39.88	400m:	5:07.26 37.96	
60.	BER Julia		07	UKS PI TKA Konstancynów Łódzki				5:08.22	451
	50m:	34.00 34.00	150m:	1:50.55 39.17	250m:	3:10.40 39.78	350m:	4:30.06 39.63	
	100m:	1:11.38 37.38	200m:	2:30.62 40.07	300m:	3:50.43 40.03	400m:	5:08.22 38.16	
61.	JAWORSKA Milena		07	St. KF KS FENIX O arów Maz.				5:10.53	441
	50m:	34.51 34.51	150m:	1:54.16 40.59	250m:	3:14.39 40.29	350m:	4:33.30 38.56	
	100m:	1:13.57 39.06	200m:	2:34.10 39.94	300m:	3:54.74 40.35	400m:	5:10.53 37.23	
62.	ANTSIPOVICH Stefaniya		04	KS AZS AWF Biała Podlaska				5:12.00	435
	50m:	33.58 33.58	150m:	1:50.81 39.24	250m:	3:11.45 40.71	350m:	4:32.39 40.08	
	100m:	1:11.57 37.99	200m:	2:30.74 39.93	300m:	3:52.31 40.86	400m:	5:12.00 39.61	
63.	NAJI Kamila		08	UKS PI TKA Konstancynów Łódzki				5:19.09	406
	50m:	36.87 36.87	150m:	1:57.76 41.25	250m:	3:20.87 41.80	350m:	4:43.20 41.06	
	100m:	1:16.51 39.64	200m:	2:39.07 41.31	300m:	4:02.14 41.27	400m:	5:19.09 35.89	
64.	KRYSTEK Jagoda		08	SKS 137 DELFIN Łódź				5:20.29	402
	50m:	34.90 34.90	150m:	1:55.56 40.80	250m:	3:18.40 41.74	350m:	4:40.96 41.64	
	100m:	1:14.76 39.86	200m:	2:36.66 41.10	300m:	3:59.32 40.92	400m:	5:20.29 39.33	
65.	BRZYSKA Jagoda		06	MKS Park Wodny Tarnowskie Góry				5:21.67	397
	50m:	37.09 37.09	150m:	1:59.44 40.73	250m:	3:23.98 42.83	350m:	4:43.78 39.70	
	100m:	1:18.71 41.62	200m:	2:41.15 41.71	300m:	4:04.08 40.10	400m:	5:21.67 37.89	
66.	MICHALAK Zuzanna		07	St. KF KS FENIX O arów Maz.				5:22.85	392
	50m:	34.17 34.17	150m:	1:53.89 40.89	250m:	3:18.38 42.46	350m:	4:43.69 42.86	
	100m:	1:13.00 38.83	200m:	2:35.92 42.03	300m:	4:00.83 42.45	400m:	5:22.85 39.16	



Politechnika Łódzka



Polish Open 2022
Łódź, 30.04-03.05.2022

Konkurencja 21, Kobiet, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.						Czas	Pkt.		
67.	NOWAK Victoria		05	MKS Park Wodny Tarnowskie Góry					5:25.19	384		
	50m:	36.53	36.53	150m:	1:58.21	41.28	250m:	3:21.32	41.30	350m:	4:44.66	41.61
	100m:	1:16.93	40.40	200m:	2:40.02	41.81	300m:	4:03.05	41.73	400m:	5:25.19	40.53
68.	WYGOWSKA Maja		08	St. KF KS FENIX O arów Maz.					5:29.32	370		
	50m:	36.94	36.94	150m:	2:01.41	42.43	250m:	3:26.04	42.36	350m:	4:50.79	42.02
	100m:	1:18.98	42.04	200m:	2:43.68	42.27	300m:	4:08.77	42.73	400m:	5:29.32	38.53
69.	JAGODZI SKA Zofia		07	UKS ÓSEMKA Starogard Gda ski					5:29.79	368		
	50m:	37.38	37.38	150m:	2:00.95	41.85	250m:	3:25.88	42.52	350m:	4:51.20	42.08
	100m:	1:19.10	41.72	200m:	2:43.36	42.41	300m:	4:09.12	43.24	400m:	5:29.79	38.59