



Podkarpacka Liga Pływacka Dzieci 11-12 lat - 3 edycja wiosna 2022
Mielec, 15.5.2022

Konkurencja 16
15.05.2022 - 13:18

Chłopców, 400m dowolny

12 lat
Wyniki

Punkty: FINA 2021

Pozycja	Rok ur.	Czas	Pkt.
1. SIWIEC Ksawery	10	5:22.67	284
50m: 35.35 35.35 150m: 1:55.01 40.41 250m: 3:19.14 42.11 350m: 4:44.55 42.40			
100m: 1:14.60 39.25 200m: 2:37.03 42.02 300m: 4:02.15 43.01 400m: 5:22.67 38.12			
2. KRASKA Nikodem	10	5:31.19	263
50m: 37.26 37.26 150m: 2:03.95 43.85 250m: 3:27.06 40.50 350m: 4:51.95 41.74			
100m: 1:20.10 42.84 200m: 2:46.56 42.61 300m: 4:10.21 43.15 400m: 5:31.19 39.24			
3. J DRUSZEWSKI Nikodem	10	5:34.73	254
50m: 38.16 38.16 150m: 2:03.13 42.82 250m: 3:29.36 43.35 350m: 4:55.43 42.45			
100m: 1:20.31 42.15 200m: 2:46.01 42.88 300m: 4:12.98 43.62 400m: 5:34.73 39.30			
4. FTARAS Apostolos	10	5:36.20	251
50m: 36.94 36.94 150m: 2:01.06 42.80 250m: 3:27.34 43.49 350m: 4:53.83 43.34			
100m: 1:18.26 41.32 200m: 2:43.85 42.79 300m: 4:10.49 43.15 400m: 5:36.20 42.37			
5. SUDER Jacek	10	5:42.58	237
50m: 37.37 37.37 150m: 2:02.49 42.77 250m: 3:29.30 43.73 350m: 4:56.86 43.53			
100m: 1:19.72 42.35 200m: 2:45.57 43.08 300m: 4:13.33 44.03 400m: 5:42.58 45.72			
6. MUCIEK Hubert	10	5:50.45	222
50m: 37.07 37.07 150m: 2:02.07 43.18 250m: 3:29.03 44.31 350m: 5:02.84 47.07			
100m: 1:18.89 41.82 200m: 2:44.72 42.65 300m: 4:15.77 46.74 400m: 5:50.45 47.61			
7. GAWLE Olivier	10	5:53.89	215
50m: 38.52 38.52 150m: 2:10.01 46.36 250m: 3:40.29 44.04 350m: 5:06.14 42.32			
100m: 1:23.65 45.13 200m: 2:56.25 46.24 300m: 4:23.82 43.53 400m: 5:53.89 47.75			
8. SKAR Y SKI Oliver	10	6:03.04	199
50m: 40.42 40.42 150m: 2:14.61 48.13 250m: 3:48.66 46.56 350m: 5:21.89 45.84			
100m: 1:26.48 46.06 200m: 3:02.10 47.49 300m: 4:36.05 47.39 400m: 6:03.04 41.15			
9. KOZIOŁ Bartłomiej	10	6:07.14	193
50m: 41.56 41.56 150m: 2:15.94 47.18 250m: 3:50.82 47.08 350m: 5:24.21 46.17			
100m: 1:28.76 47.20 200m: 3:03.74 47.80 300m: 4:38.04 47.22 400m: 6:07.14 42.93			
10. WOJTAK Dawid	10	6:07.49	192
50m: 39.95 39.95 150m: 2:12.39 47.49 250m: 3:48.67 48.02 350m: 5:23.10 47.23			
100m: 1:24.90 44.95 200m: 3:00.65 48.26 300m: 4:35.87 47.20 400m: 6:07.49 44.39			
11. GAJEWSKI Mateusz	10	6:07.89	192
50m: 40.37 40.37 150m: 2:13.83 47.13 250m: 3:49.89 47.62 350m: 5:21.94 45.63			
100m: 1:26.70 46.33 200m: 3:02.27 48.44 300m: 4:36.31 46.42 400m: 6:07.89 45.95			
12. DOMINO Julian	10	6:29.53	161
50m: 44.19 44.19 150m: 2:25.29 50.80 250m: 4:06.42 50.59 350m: 5:46.00 49.28			
100m: 1:34.49 50.30 200m: 3:15.83 50.54 300m: 4:56.72 50.30 400m: 6:29.53 43.53			
13. SYGUT Jakub	10	6:35.95	154
50m: 39.98 39.98 150m: 2:19.96 51.27 250m: 4:01.79 51.40 350m: 5:45.29 51.51			
100m: 1:28.69 48.71 200m: 3:10.39 50.43 300m: 4:53.78 51.99 400m: 6:35.95 50.66			
14. PEŁKA Kacper	10	6:38.08	151
50m: 45.40 45.40 150m: 2:24.64 50.37 250m: 4:10.27 53.00 350m: 5:52.80 51.71			
100m: 1:34.27 48.87 200m: 3:17.27 52.63 300m: 5:01.09 50.82 400m: 6:38.08 45.28			
15. MARKIEWICZ Karol	10	6:39.33	150
50m: 43.96 43.96 150m: 2:25.27 51.24 250m: 4:08.58 51.25 350m: 5:51.13 50.17			
100m: 1:34.03 50.07 200m: 3:17.33 52.06 300m: 5:00.96 52.38 400m: 6:39.33 48.20			
16. CZUBIK Jan	10	6:54.87	133
50m: 43.07 43.07 150m: 2:27.99 53.30 250m: 4:15.56 53.32 350m: 6:03.86 53.99			
100m: 1:34.69 51.62 200m: 3:22.24 54.25 300m: 5:09.87 54.31 400m: 6:54.87 51.01			



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Pozycja		Rok ur.						Czas	Pkt.
17.	LE NIAK Kaspian	10	KS PRESTIGE Rzeszów					6:55.18	133
	50m: 44.92 44.92	150m: 2:30.44	53.59	250m: 4:18.70	53.87	350m: 6:08.39		54.19	
	100m: 1:36.85 51.93	200m: 3:24.83	54.39	300m: 5:14.20	55.50	400m: 6:55.18		46.79	
18.	MATUSIEWICZ Adam	10	UKS DELFIN Tarnobrzeg					6:58.42	130
	50m: 44.16 44.16	150m: 2:28.02	52.32	250m: 4:16.54	54.92	350m: 6:05.91		54.93	
	100m: 1:35.70 51.54	200m: 3:21.62	53.60	300m: 5:10.98	54.44	400m: 6:58.42		52.51	
19.	RZESZOWIAK Michał	10	UKS DELFIN Tarnobrzeg					7:07.98	121
	50m: 44.11 44.11	150m: 2:31.09	54.04	250m: 4:22.37	56.64	350m: 6:14.95		56.17	
	100m: 1:37.05 52.94	200m: 3:25.73	54.64	300m: 5:18.78	56.41	400m: 7:07.98		53.03	
20.	GŁOWACKI Grzegorz	10	UKS DELFIN Tarnobrzeg					7:20.28	112
	50m: 46.50 46.50	150m: 2:36.90	56.47	250m: 4:31.58	58.43	350m: 6:25.26		59.04	
	100m: 1:40.43 53.93	200m: 3:33.15	56.25	300m: 5:26.22	54.64	400m: 7:20.28		55.02	