



Letnie Mistrzostwa Polski Juniorów 16-lat w pływaniu
Ostrowiec w tokrzycki, 14-17.07.2022

Konkurencja 14
15.07.2022 - 18:35

Dziewcz t, 400m zmienny

16 lat
Wyniki Finał

Rekord Polski 16 lat 4:45.38 KNOP Aleksandra POL Łódź 25.05.2018

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
Finał A									
1.	PIEKARSKA Natalia		06	UKS 190 Łódź				4:54.61	739
	50m: 32.13 32.13	150m: 1:45.95 37.34		250m: 3:05.27 42.72				350m: 4:22.22 34.03	
	100m: 1:08.61 36.48	200m: 2:22.55 36.60		300m: 3:48.19 42.92				400m: 4:54.61 32.39	
2.	JUDA Aleksandra		06	UKP UNIA O wi cim				5:00.78	694
	50m: 31.33 31.33	150m: 1:46.47 39.43		250m: 3:07.58 42.17				350m: 4:25.51 35.21	
	100m: 1:07.04 35.71	200m: 2:25.41 38.94		300m: 3:50.30 42.72				400m: 5:00.78 35.27	
3.	WILK Anna		06	UKP FALA Kra nik				5:01.10	692
	50m: 32.71 32.71	150m: 1:50.51 40.28		250m: 3:12.60 42.96				350m: 4:28.74 33.82	
	100m: 1:10.23 37.52	200m: 2:29.64 39.13		300m: 3:54.92 42.32				400m: 5:01.10 32.36	
4.	LECHOWSKA Magdalena		06	WKS L SK Wrocław				5:03.94	673
	50m: 32.66 32.66	150m: 1:49.54 39.86		250m: 3:10.56 42.19				350m: 4:29.26 35.66	
	100m: 1:09.68 37.02	200m: 2:28.37 38.83		300m: 3:53.60 43.04				400m: 5:03.94 34.68	
5.	SULAK Antonina		06	UKS PI TKA Konstaktynow Łódzki				5:04.13	671
	50m: 32.17 32.17	150m: 1:47.84 38.72		250m: 3:09.30 43.49				350m: 4:29.17 36.27	
	100m: 1:09.12 36.95	200m: 2:25.81 37.97		300m: 3:52.90 43.60				400m: 5:04.13 34.96	
6.	B TKOWSKA Zuzanna		06	UKS SMS GALICJA Kraków				5:08.52	643
	50m: 32.28 32.28	150m: 1:51.10 41.02		250m: 3:12.30 41.70				350m: 4:33.00 37.60	
	100m: 1:10.08 37.80	200m: 2:30.60 39.50		300m: 3:55.40 43.10				400m: 5:08.52 35.52	
7.	MIKUŁA Natalia		06	TP OLIMPIJCZYK Aleksandrów Łódzki				5:28.53	532
	50m: 34.23 34.23	150m: 1:57.31 42.37		250m: 3:24.43 45.86				350m: 4:50.30 39.66	
	100m: 1:14.94 40.71	200m: 2:38.57 41.26		300m: 4:10.64 46.21				400m: 5:28.53 38.23	
8.	SKROBISZ Urszula		06	UKS ÓSEMKA Starogard Gda ski				5:32.02	516
	50m: 33.79 33.79	150m: 1:58.72 45.23		250m: 3:29.23 46.00				350m: 4:55.23 38.37	
	100m: 1:13.49 39.70	200m: 2:43.23 44.51		300m: 4:16.86 47.63				400m: 5:32.02 36.79	
9.	KAMPCZYK Paulina		06	MKS SMS VICTORIA Racibórz				5:34.37	505
	50m: 35.85 35.85	150m: 2:04.36 45.87		250m: 3:33.80 44.64				350m: 4:58.86 38.37	
	100m: 1:18.49 42.64	200m: 2:49.16 44.80		300m: 4:20.49 46.69				400m: 5:34.37 35.51	
10.	KAROLCZAK Pola		06	MUKS PI TNASTKA Bydgoszcz				5:35.21	501
	50m: 33.77 33.77	150m: 1:59.96 44.72		250m: 3:29.53 46.91				350m: 4:56.54 39.59	
	100m: 1:15.24 41.47	200m: 2:42.62 42.66		300m: 4:16.95 47.42				400m: 5:35.21 38.67	