

ARENA Grand Prix Puchar Polski o Puchar Rektora Politechniki Łódzkiej
Łódź, 22-23.10.2022Konkurencja 13
2022-10-22 - 17:18

Mężczyźni, 400m zmienny

14 lat i starsi
Wyniki

Rekord Polski 4:03.20 WOJT Lukasz POL Berlin (GER) 2009-11-14

Min. indywidualne na M (25m) Melbourne 2022 Open: 4:08.29

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
14 lat i starsi									
1.	POPIEL Mikołaj		06	KU AZS UMCS Lublin				4:21.66	722
	50m:	27.70	27.70	150m:	1:34.70	34.77	250m:	2:44.44	36.49
	100m:	59.93	32.23	200m:	2:07.95	33.25	300m:	3:22.23	37.79
							350m:	3:52.79	30.56
							400m:	4:21.66	28.87
2.	MRÓZ Adam		03	KU AZS UMCS Lublin				4:22.70	714
	50m:	27.89	27.89	150m:	1:33.87	33.95	250m:	2:44.92	37.14
	100m:	59.92	32.03	200m:	2:07.78	33.91	300m:	3:22.61	37.69
							350m:	3:53.49	30.88
							400m:	4:22.70	29.21
3.	MA KA Filip		00	UKS 190 Łódź				4:25.40	692
	50m:	28.17	28.17	150m:	1:33.18	33.07	250m:	2:45.17	38.54
	100m:	1:00.11	31.94	200m:	2:06.63	33.45	300m:	3:24.37	39.20
							350m:	3:55.78	31.41
							400m:	4:25.40	29.62
4.	KRY Radosław		07	UKS Tri-Team Rumia				4:25.73	689
	50m:	29.27	29.27	150m:	1:35.23	33.75	250m:	2:45.96	37.14
	100m:	1:01.48	32.21	200m:	2:08.82	33.59	300m:	3:23.84	37.88
							350m:	3:55.27	31.43
							400m:	4:25.73	30.46
5.	STANISZEWSKI Bartosz		05	UKP Ruda Śląska				4:26.22	686
	50m:	28.38	28.38	150m:	1:36.83	35.10	250m:	2:48.92	38.27
	100m:	1:01.73	33.35	200m:	2:10.65	33.82	300m:	3:28.04	39.12
							350m:	3:58.28	30.24
							400m:	4:26.22	27.94
6.	ZUBIK Jan		03	UKP POLONIA Warszawa				4:26.30	685
	50m:	26.93	26.93	150m:	1:32.93	34.44	250m:	2:45.29	38.52
	100m:	58.49	31.56	200m:	2:06.77	33.84	300m:	3:24.16	38.87
							350m:	3:56.40	32.24
							400m:	4:26.30	29.90
7.	MIŁKOWSKI Mikołaj		07	UKS 48 Warszawa rodzimie cie				4:26.70	682
	50m:	29.27	29.27	150m:	1:36.40	34.07	250m:	2:48.14	38.25
	100m:	1:02.33	33.06	200m:	2:09.89	33.49	300m:	3:26.47	38.33
							350m:	3:57.20	30.73
							400m:	4:26.70	29.50
8.	NOWACKI Błażej		05	KU AZS UMCS Lublin				4:27.80	674
	50m:	28.54	28.54	150m:	1:35.68	34.68	250m:	2:46.62	36.55
	100m:	1:01.00	32.46	200m:	2:10.07	34.39	300m:	3:24.94	38.32
							350m:	3:56.45	31.51
							400m:	4:27.80	31.35
9.	KAPAŁA Bartosz		06	MTP KORMORAN Olsztyn				4:28.42	669
	50m:	29.05	29.05	150m:	1:35.86	34.15	250m:	2:48.93	39.02
	100m:	1:01.71	32.66	200m:	2:09.91	34.05	300m:	3:28.59	39.66
							350m:	3:58.93	30.34
							400m:	4:28.42	29.49
10.	LARY Jerzy		06	IUKS MUSZELKA Warszawa				4:29.22	663
	50m:	29.12	29.12	150m:	1:36.12	34.96	250m:	2:49.05	39.19
	100m:	1:01.16	32.04	200m:	2:09.86	33.74	300m:	3:28.76	39.71
							350m:	3:59.69	30.93
							400m:	4:29.22	29.53
11.	ADAMCZYK Jan		03	KS AZS AGH Kraków				4:29.68	660
	50m:	28.02	28.02	150m:	1:34.87	34.60	250m:	2:48.09	39.05
	100m:	1:00.27	32.25	200m:	2:09.04	34.17	300m:	3:27.57	39.48
							350m:	3:58.92	31.35
							400m:	4:29.68	30.76
12.	PLAGA Dawid		05	TP SKALAR Słupsk				4:29.99	657
	50m:	27.70	27.70	150m:	1:35.06	34.55	250m:	2:50.16	40.78
	100m:	1:00.51	32.81	200m:	2:09.38	34.32	300m:	3:30.72	40.56
							350m:	4:00.72	30.00
							400m:	4:29.99	29.27
13.	MOCHNAL Kacper		05	MKS JEDYNKA Łódź				4:31.25	648
	50m:	27.44	27.44	150m:	1:35.04	36.00	250m:	2:50.34	39.30
	100m:	59.04	31.60	200m:	2:11.04	36.00	300m:	3:30.24	39.90
							350m:	4:01.63	31.39
							400m:	4:31.25	29.62
14.	MAJOR Erik		07	MKS Park Wodny Tarnowskie Góry				4:32.55	639
	50m:	28.35	28.35	150m:	1:35.18	34.85	250m:	2:47.15	37.71
	100m:	1:00.33	31.98	200m:	2:09.44	34.26	300m:	3:27.25	40.10
							350m:	4:00.51	33.26
							400m:	4:32.55	32.04
15.	WOŃCIAK Piotr		05	MTP KORMORAN Olsztyn				4:33.81	630
	50m:	28.97	28.97	150m:	1:39.43	36.47	250m:	2:53.85	39.49
	100m:	1:02.96	33.99	200m:	2:14.36	34.93	300m:	3:34.66	40.81
							350m:	4:04.48	29.82
							400m:	4:33.81	29.33

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Konkurencja 13, Mężczyźni, 400m zmienny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
16.	POGODA Krzysztof		05	MKS JEDYNKA Łódź				4:35.88	616
	50m: 29.50	29.50	150m: 1:37.84	34.80	250m: 2:50.76	39.28	350m: 4:04.19	33.41	
	100m: 1:03.04	33.54	200m: 2:11.48	33.64	300m: 3:30.78	40.02	400m: 4:35.88	31.69	
17.	TARCZY SKI Bartosz		07	UKS 190 Łódź				4:38.39	600
	50m: 30.76	30.76	150m: 1:42.56	37.30	250m: 2:55.84	38.54	350m: 4:07.27	33.33	
	100m: 1:05.26	34.50	200m: 2:17.30	34.74	300m: 3:33.94	38.10	400m: 4:38.39	31.12	
18.	JARCZEWSKI Franciszek		05	UKS 190 Łódź				4:38.67	598
	50m: 29.56	29.56	150m: 1:38.87	36.69	250m: 2:53.64	39.49	350m: 4:07.24	33.15	
	100m: 1:02.18	32.62	200m: 2:14.15	35.28	300m: 3:34.09	40.45	400m: 4:38.67	31.43	
19.	RYSKI Michał		06	MTP KORMORAN Olsztyn				4:40.05	589
	50m: 29.30	29.30	150m: 1:39.79	37.05	250m: 2:55.59	40.10	350m: 4:08.68	32.90	
	100m: 1:02.74	33.44	200m: 2:15.49	35.70	300m: 3:35.78	40.19	400m: 4:40.05	31.37	
20.	HLUSHCHENKO Zakhar		06	UKS 190 Łódź				4:42.12	576
	50m: 27.95	27.95	150m: 1:35.01	35.37	250m: 2:53.12	42.35	350m: 4:08.79	33.97	
	100m: 59.64	31.69	200m: 2:10.77	35.76	300m: 3:34.82	41.70	400m: 4:42.12	33.33	
21.	PACEWICZ Wiktor		06	UKS 190 Łódź				4:43.36	569
	50m: 29.84	29.84	150m: 1:39.70	34.43	250m: 2:55.40	41.78	350m: 4:10.92	33.49	
	100m: 1:05.27	35.43	200m: 2:13.62	33.92	300m: 3:37.43	42.03	400m: 4:43.36	32.44	
22.	KUNICKI Maksymilian		07	MKS SMS Victoria Racibórz				4:43.48	568
	50m: 30.75	30.75	150m: 1:42.98	37.42	250m: 2:59.55	39.70	350m: 4:12.70	32.61	
	100m: 1:05.56	34.81	200m: 2:19.85	36.87	300m: 3:40.09	40.54	400m: 4:43.48	30.78	
23.	GAJDA Jan		07	MKS TRÓJKA Łódź				4:44.24	563
	50m: 29.24	29.24	150m: 1:40.94	37.70	250m: 2:58.61	41.20	350m: 4:13.41	34.04	
	100m: 1:03.24	34.00	200m: 2:17.41	36.47	300m: 3:39.37	40.76	400m: 4:44.24	30.83	
24.	RAZINKOV Artem		07	UKP UNIA O wi cim				4:44.59	561
	50m: 29.40	29.40	150m: 1:41.09	37.59	250m: 2:57.19	39.46	350m: 4:11.72	33.87	
	100m: 1:03.50	34.10	200m: 2:17.73	36.64	300m: 3:37.85	40.66	400m: 4:44.59	32.87	
25.	OŁOWNIA Ignacy		07	KS DELFIN Gdynia				4:45.24	557
	50m: 30.41	30.41	150m: 1:41.25	36.77	250m: 2:58.47	42.19	350m: 4:14.11	32.84	
	100m: 1:04.48	34.07	200m: 2:16.28	35.03	300m: 3:41.27	42.80	400m: 4:45.24	31.13	
26.	LUCOW Jan		06	UKP POLONIA Warszawa				4:45.38	557
	50m: 29.66	29.66	150m: 1:39.17	35.48	250m: 2:55.02	41.74	350m: 4:12.88	35.01	
	100m: 1:03.69	34.03	200m: 2:13.28	34.11	300m: 3:37.87	42.85	400m: 4:45.38	32.50	
27.	ARENT Artur		05	MKS JEDYNKA Łódź				4:45.44	556
	50m: 31.40	31.40	150m: 1:44.32	36.70	250m: 3:00.99	40.35	350m: 4:14.14	32.24	
	100m: 1:07.62	36.22	200m: 2:20.64	36.32	300m: 3:41.90	40.91	400m: 4:45.44	31.30	
28.	WIDERSKI Miłosz		08	MKS JEDYNKA Łódź				4:45.46	556
	50m: 30.50	30.50	150m: 1:39.38	35.91	250m: 2:56.80	42.04	350m: 4:14.08	33.63	
	100m: 1:03.47	32.97	200m: 2:14.76	35.38	300m: 3:40.45	43.65	400m: 4:45.46	31.38	
29.	FRANKOWSKI Miłosz		05	MKS JUVENIA Wrocław				4:45.52	556
	50m: 28.81	28.81	150m: 1:39.31	37.58	250m: 2:57.81	41.36	350m: 4:13.62	34.14	
	100m: 1:01.73	32.92	200m: 2:16.45	37.14	300m: 3:39.48	41.67	400m: 4:45.52	31.90	
30.	ŁUPI SKI Mateusz		05	UKP POLONIA Warszawa				4:45.58	555
	50m: 29.08	29.08	150m: 1:40.95	36.44	250m: 2:57.33	38.43	350m: 4:12.05	35.44	
	100m: 1:04.51	35.43	200m: 2:18.90	37.95	300m: 3:36.61	39.28	400m: 4:45.58	33.53	
31.	PROSZOWSKI Paweł		07	MKS Park Wodny Tarnowskie Góry				4:45.68	555
	50m: 29.54	29.54	150m: 1:40.18	37.01	250m: 2:58.24	41.20	350m: 4:13.29	33.61	
	100m: 1:03.17	33.63	200m: 2:17.04	36.86	300m: 3:39.68	41.44	400m: 4:45.68	32.39	

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Pozycja			Rok ur.					Czas	Pkt.
32.	PINCZAK Mateusz		08	CSiR MOS w D browie Górniczej				4:46.13	552
	50m:	29.90 29.90	150m:	1:41.06 37.36	250m:	2:58.87 40.75	350m:	4:14.18 34.47	
	100m:	1:03.70 33.80	200m:	2:18.12 37.06	300m:	3:39.71 40.84	400m:	4:46.13 31.95	
33.	KNOPP Jarosław		04	MUKS PI TNASTKA Bydgoszcz				4:46.32	551
	50m:	29.04 29.04	150m:	1:40.67 36.76	250m:	2:58.38 40.92	350m:	4:13.78 33.14	
	100m:	1:03.91 34.87	200m:	2:17.46 36.79	300m:	3:40.64 42.26	400m:	4:46.32 32.54	
34.	ŁOJEWSKI Adam		07	MTP KORMORAN Olsztyn				4:47.37	545
	50m:	30.16 30.16	150m:	1:42.03 37.49	250m:	2:59.77 41.13	350m:	4:15.19 32.97	
	100m:	1:04.54 34.38	200m:	2:18.64 36.61	300m:	3:42.22 42.45	400m:	4:47.37 32.18	
35.	DYRDA Michał		06	MKS JUVENIA Wrocław				4:47.38	545
	50m:	28.91 28.91	150m:	1:41.36 36.94	250m:	2:59.99 42.28	350m:	4:15.97 33.33	
	100m:	1:04.42 35.51	200m:	2:17.71 36.35	300m:	3:42.64 42.65	400m:	4:47.38 31.41	
36.	FILOZOF Adam		05	MKS Park Wodny Tarnowskie Góry				4:47.40	545
	50m:	29.81 29.81	150m:	1:43.25 38.57	250m:	3:01.29 40.15	350m:	4:15.48 33.69	
	100m:	1:04.68 34.87	200m:	2:21.14 37.89	300m:	3:41.79 40.50	400m:	4:47.40 31.92	
37.	BURZY SKI Oskar		06	MKP Szczecin				4:47.44	545
	50m:	29.76 29.76	150m:	1:42.35 38.17	250m:	3:00.02 41.55	350m:	4:15.79 33.49	
	100m:	1:04.18 34.42	200m:	2:18.47 36.12	300m:	3:42.30 42.28	400m:	4:47.44 31.65	
38.	BORUSZEWSKI Filip		07	UKS SP-149 Łódź				4:48.04	541
	50m:	29.91 29.91	150m:	1:44.72 39.53	250m:	3:00.55 38.65	350m:	4:14.95 34.70	
	100m:	1:05.19 35.28	200m:	2:21.90 37.18	300m:	3:40.25 39.70	400m:	4:48.04 33.09	
39.	JOACHIMOWICZ Patryk		08	KU AZS UMCS Lublin				4:49.59	533
	50m:	30.23 30.23	150m:	1:42.19 36.79	250m:	3:00.49 42.08	350m:	4:16.74 34.02	
	100m:	1:05.40 35.17	200m:	2:18.41 36.22	300m:	3:42.72 42.23	400m:	4:49.59 32.85	
40.	SZWEDZKI Jakub		00	MKS TRÓJKA Łódź				4:51.47	522
	50m:	32.20 32.20	150m:	1:49.26 39.54	250m:	3:06.10 38.87	350m:	4:20.44 34.18	
	100m:	1:09.72 37.52	200m:	2:27.23 37.97	300m:	3:46.26 40.16	400m:	4:51.47 31.03	
41.	WALKOWSKI Maciej		07	UKS 190 Łódź				4:51.68	521
	50m:	29.84 29.84	150m:	1:42.61 38.73	250m:	3:02.41 42.45	350m:	4:19.41 34.25	
	100m:	1:03.88 34.04	200m:	2:19.96 37.35	300m:	3:45.16 42.75	400m:	4:51.68 32.27	
42.	WÓJCIK Szczepan		06	UKS FREGATA Kolbuszowa				4:52.36	518
	50m:	30.43 30.43	150m:	1:43.97 37.72	250m:	3:02.46 41.06	350m:	4:19.52 34.22	
	100m:	1:06.25 35.82	200m:	2:21.40 37.43	300m:	3:45.30 42.84	400m:	4:52.36 32.84	
43.	WI CEK Kacper		07	UKS FREGATA Kolbuszowa				4:53.17	513
	50m:	29.01 29.01	150m:	1:42.13 38.14	250m:	3:02.66 43.11	350m:	4:20.06 34.52	
	100m:	1:03.99 34.98	200m:	2:19.55 37.42	300m:	3:45.54 42.88	400m:	4:53.17 33.11	
44.	WALKOWSKI Bartosz		07	UKS 190 Łódź				4:54.91	504
	50m:	30.30 30.30	150m:	1:45.92 40.33	250m:	3:07.17 43.40	350m:	4:23.04 33.25	
	100m:	1:05.59 35.29	200m:	2:23.77 37.85	300m:	3:49.79 42.62	400m:	4:54.91 31.87	
45.	WENTLAND Miłosz		07	MKS TRÓJKA Łódź				4:56.98	494
	50m:	30.31 30.31	150m:	1:44.94 39.33	250m:	3:04.69 41.76	350m:	4:22.87 35.19	
	100m:	1:05.61 35.30	200m:	2:22.93 37.99	300m:	3:47.68 42.99	400m:	4:56.98 34.11	
46.	KARWAT Bartłomiej		08	UKS NAWA Skierniewice				4:58.49	486
	50m:	31.20 31.20	150m:	1:46.76 39.27	250m:	3:08.77 44.78	350m:	4:25.85 33.28	
	100m:	1:07.49 36.29	200m:	2:23.99 37.23	300m:	3:52.57 43.80	400m:	4:58.49 32.64	
47.	GORZE Norbert		06	UKS Cityzen				4:59.09	483
	50m:	31.21 31.21	150m:	1:44.51 37.17	250m:	3:04.64 43.49	350m:	4:25.02 35.57	
	100m:	1:07.34 36.13	200m:	2:21.15 36.64	300m:	3:49.45 44.81	400m:	4:59.09 34.07	

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Pozycja	Rok ur.	Czas	Pkt.
48. PAWLAK Dawid	08 UKS 190 Łódź	4:59.24	483
50m: 32.18 32.18	150m: 1:49.83 38.77	250m: 3:10.69 40.93	350m: 4:26.58 34.10
100m: 1:11.06 38.88	200m: 2:29.76 39.93	300m: 3:52.48 41.79	400m: 4:59.24 32.66
49. KOWALEWSKI Mateusz	06 MKS JEDYNKA Łódź	5:00.53	476
50m: 30.48 30.48	150m: 1:45.87 39.76	250m: 3:06.67 41.37	350m: 4:24.85 36.24
100m: 1:06.11 35.63	200m: 2:25.30 39.43	300m: 3:48.61 41.94	400m: 5:00.53 35.68
50. MAJCHEROWICZ Mateusz	07 KS DELFIN Gdynia	5:04.03	460
50m: 30.39 30.39	150m: 1:46.14 39.44	250m: 3:10.20 45.68	350m: 4:30.81 35.45
100m: 1:06.70 36.31	200m: 2:24.52 38.38	300m: 3:55.36 45.16	400m: 5:04.03 33.22
51. NOWAK Krzysztof	08 UKP POLONIA Warszawa	5:05.18	455
50m: 33.71 33.71	150m: 1:50.18 37.84	250m: 3:10.97 41.84	350m: 4:29.88 35.95
100m: 1:12.34 38.63	200m: 2:29.13 38.95	300m: 3:53.93 42.96	400m: 5:05.18 35.30
52. TRUDNOS Ignacy	08 UKS 190 Łódź	5:05.19	455
50m: 32.80 32.80	150m: 1:50.68 40.39	250m: 3:11.15 42.25	350m: 4:30.23 36.61
100m: 1:10.29 37.49	200m: 2:28.90 38.22	300m: 3:53.62 42.47	400m: 5:05.19 34.96
53. NOWAKOWSKI Maksymilian	05 UKP POLONIA Warszawa	5:06.79	448
50m: 31.98 31.98	150m: 1:49.99 38.72	250m: 3:13.37 45.34	350m: 4:33.82 34.67
100m: 1:11.27 39.29	200m: 2:28.03 38.04	300m: 3:59.15 45.78	400m: 5:06.79 32.97
54. PRUS Adam	08 SP MEDUZA Pajęczno	5:16.95	406
50m: 34.23 34.23	150m: 1:54.45 41.48	250m: 3:18.32 43.91	350m: 4:41.75 38.35
100m: 1:12.97 38.74	200m: 2:34.41 39.96	300m: 4:03.40 45.08	400m: 5:16.95 35.20
55. PORADA Jan	08 UKS SP-149 Łódź	5:20.11	394
50m: 34.00 34.00	150m: 1:56.90 44.54	250m: 3:23.09 44.11	350m: 4:44.27 37.05
100m: 1:12.36 38.36	200m: 2:38.98 42.08	300m: 4:07.22 44.13	400m: 5:20.11 35.84
56. MRUGAŁA Michał	07 UKP POLONIA Warszawa	5:22.66	385
50m: 32.41 32.41	150m: 1:49.49 40.05	250m: 3:18.62 47.72	350m: 4:46.11 36.82
100m: 1:09.44 37.03	200m: 2:30.90 41.41	300m: 4:09.29 50.67	400m: 5:22.66 36.55
DYSKW. KOZŁOWSKI Igor	05 KU AZS UMCS Lublin		
<i>Z3 - Pływak ukończył poszczególne odcinki niezgodnie z przepisami o zacho-</i> <i>czeniu wyścigu w danym stylu., G8</i>			
DYSKW. GOHLA Kamil	05 Swim Team MOSiR Kędzierzyn Koźle		
<i>Z3 - Pływak ukończył poszczególne odcinki niezgodnie z przepisami o zacho-</i> <i>czeniu wyścigu w danym stylu., G8</i>			

17 - 18 lat

1. STANISZEWSKI Bartosz	05 UKP Ruda Śląska	4:26.22	686
50m: 28.38 28.38	150m: 1:36.83 35.10	250m: 2:48.92 38.27	350m: 3:58.28 30.24
100m: 1:01.73 33.35	200m: 2:10.65 33.82	300m: 3:28.04 39.12	400m: 4:26.22 27.94
2. NOWACKI Błażej	05 KU AZS UMCS Lublin	4:27.80	674
50m: 28.54 28.54	150m: 1:35.68 34.68	250m: 2:46.62 36.55	350m: 3:56.45 31.51
100m: 1:01.00 32.46	200m: 2:10.07 34.39	300m: 3:24.94 38.32	400m: 4:27.80 31.35
3. PLAGA Dawid	05 TP SKALAR Słupsk	4:29.99	657
50m: 27.70 27.70	150m: 1:35.06 34.55	250m: 2:50.16 40.78	350m: 4:00.72 30.00
100m: 1:00.51 32.81	200m: 2:09.38 34.32	300m: 3:30.72 40.56	400m: 4:29.99 29.27
4. MOCHNAL Kacper	05 MKS JEDYNKA Łódź	4:31.25	648
50m: 27.44 27.44	150m: 1:35.04 36.00	250m: 2:50.34 39.30	350m: 4:01.63 31.39
100m: 59.04 31.60	200m: 2:11.04 36.00	300m: 3:30.24 39.90	400m: 4:31.25 29.62

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Konkurencja 13, Chłopców, 400m zmienny, 17 - 18 lat

Pozycja				Rok ur.					Czas	Pkt.		
5.	WO NIAK Piotr			05	MTP KORMORAN Olsztyn				4:33.81	630		
	50m:	28.97	28.97	150m:	1:39.43	36.47	250m:	2:53.85	39.49	350m:	4:04.48	29.82
	100m:	1:02.96	33.99	200m:	2:14.36	34.93	300m:	3:34.66	40.81	400m:	4:33.81	29.33
6.	POGODA Krzysztof			05	MKS JEDYNKA Łódź				4:35.88	616		
	50m:	29.50	29.50	150m:	1:37.84	34.80	250m:	2:50.76	39.28	350m:	4:04.19	33.41
	100m:	1:03.04	33.54	200m:	2:11.48	33.64	300m:	3:30.78	40.02	400m:	4:35.88	31.69
7.	JARCZEWSKI Franciszek			05	UKS 190 Łódź				4:38.67	598		
	50m:	29.56	29.56	150m:	1:38.87	36.69	250m:	2:53.64	39.49	350m:	4:07.24	33.15
	100m:	1:02.18	32.62	200m:	2:14.15	35.28	300m:	3:34.09	40.45	400m:	4:38.67	31.43
8.	ARENT Artur			05	MKS JEDYNKA Łódź				4:45.44	556		
	50m:	31.40	31.40	150m:	1:44.32	36.70	250m:	3:00.99	40.35	350m:	4:14.14	32.24
	100m:	1:07.62	36.22	200m:	2:20.64	36.32	300m:	3:41.90	40.91	400m:	4:45.44	31.30
9.	FRANKOWSKI Miłosz			05	MKS JUVENIA Wrocław				4:45.52	556		
	50m:	28.81	28.81	150m:	1:39.31	37.58	250m:	2:57.81	41.36	350m:	4:13.62	34.14
	100m:	1:01.73	32.92	200m:	2:16.45	37.14	300m:	3:39.48	41.67	400m:	4:45.52	31.90
10.	ŁUPI SKI Mateusz			05	UKP POLONIA Warszawa				4:45.58	555		
	50m:	29.08	29.08	150m:	1:40.95	36.44	250m:	2:57.33	38.43	350m:	4:12.05	35.44
	100m:	1:04.51	35.43	200m:	2:18.90	37.95	300m:	3:36.61	39.28	400m:	4:45.58	33.53
11.	KNOPP Jarosław			04	MUKS PI TNASTKA Bydgoszcz				4:46.32	551		
	50m:	29.04	29.04	150m:	1:40.67	36.76	250m:	2:58.38	40.92	350m:	4:13.78	33.14
	100m:	1:03.91	34.87	200m:	2:17.46	36.79	300m:	3:40.64	42.26	400m:	4:46.32	32.54
12.	FILOZOF Adam			05	MKS Park Wodny Tarnowskie Góry				4:47.40	545		
	50m:	29.81	29.81	150m:	1:43.25	38.57	250m:	3:01.29	40.15	350m:	4:15.48	33.69
	100m:	1:04.68	34.87	200m:	2:21.14	37.89	300m:	3:41.79	40.50	400m:	4:47.40	31.92
13.	NOWAKOWSKI Maksymilian			05	UKP POLONIA Warszawa				5:06.79	448		
	50m:	31.98	31.98	150m:	1:49.99	38.72	250m:	3:13.37	45.34	350m:	4:33.82	34.67
	100m:	1:11.27	39.29	200m:	2:28.03	38.04	300m:	3:59.15	45.78	400m:	5:06.79	32.97
DYSKW.	KOZŁOWSKI Igor			05	KU AZS UMCS Lublin							
	<i>Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zakazaniu wyścigu w danym stylu., G8</i>											
DYSKW.	GOHLA Kamil			05	Swim Team MOSiR Kierzyn Kołbe							
	<i>Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zakazaniu wyścigu w danym stylu., G8</i>											

16 lat

1.	POPIEL Mikołaj			06	KU AZS UMCS Lublin				4:21.66	722		
	50m:	27.70	27.70	150m:	1:34.70	34.77	250m:	2:44.44	36.49	350m:	3:52.79	30.56
	100m:	59.93	32.23	200m:	2:07.95	33.25	300m:	3:22.23	37.79	400m:	4:21.66	28.87
2.	KAPAŁA Bartosz			06	MTP KORMORAN Olsztyn				4:28.42	669		
	50m:	29.05	29.05	150m:	1:35.86	34.15	250m:	2:48.93	39.02	350m:	3:58.93	30.34
	100m:	1:01.71	32.66	200m:	2:09.91	34.05	300m:	3:28.59	39.66	400m:	4:28.42	29.49
3.	LARY Jerzy			06	IUKS MUSZELKA Warszawa				4:29.22	663		
	50m:	29.12	29.12	150m:	1:36.12	34.96	250m:	2:49.05	39.19	350m:	3:59.69	30.93
	100m:	1:01.16	32.04	200m:	2:09.86	33.74	300m:	3:28.76	39.71	400m:	4:29.22	29.53
4.	RYSKI Michał			06	MTP KORMORAN Olsztyn				4:40.05	589		
	50m:	29.30	29.30	150m:	1:39.79	37.05	250m:	2:55.59	40.10	350m:	4:08.68	32.90
	100m:	1:02.74	33.44	200m:	2:15.49	35.70	300m:	3:35.78	40.19	400m:	4:40.05	31.37

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Konkurencja 13, Chłopców, 400m zmienny, 16 lat

Pozycja			Rok ur.						Czas	Pkt.		
5.	HLUSHCHENKO Zakhar		06	UKS 190 Łódź					4:42.12	576		
	50m:	27.95	27.95	150m:	1:35.01	35.37	250m:	2:53.12	42.35	350m:	4:08.79	33.97
	100m:	59.64	31.69	200m:	2:10.77	35.76	300m:	3:34.82	41.70	400m:	4:42.12	33.33
6.	PACEWICZ Wiktor		06	UKS 190 Łódź					4:43.36	569		
	50m:	29.84	29.84	150m:	1:39.70	34.43	250m:	2:55.40	41.78	350m:	4:10.92	33.49
	100m:	1:05.27	35.43	200m:	2:13.62	33.92	300m:	3:37.43	42.03	400m:	4:43.36	32.44
7.	LUCOW Jan		06	UKP POLONIA Warszawa					4:45.38	557		
	50m:	29.66	29.66	150m:	1:39.17	35.48	250m:	2:55.02	41.74	350m:	4:12.88	35.01
	100m:	1:03.69	34.03	200m:	2:13.28	34.11	300m:	3:37.87	42.85	400m:	4:45.38	32.50
8.	DYRDA Michał		06	MKS JUVENIA Wrocław					4:47.38	545		
	50m:	28.91	28.91	150m:	1:41.36	36.94	250m:	2:59.99	42.28	350m:	4:15.97	33.33
	100m:	1:04.42	35.51	200m:	2:17.71	36.35	300m:	3:42.64	42.65	400m:	4:47.38	31.41
9.	BURZY SKI Oskar		06	MKP Szczecin					4:47.44	545		
	50m:	29.76	29.76	150m:	1:42.35	38.17	250m:	3:00.02	41.55	350m:	4:15.79	33.49
	100m:	1:04.18	34.42	200m:	2:18.47	36.12	300m:	3:42.30	42.28	400m:	4:47.44	31.65
10.	WÓJCIK Szczepan		06	UKS FREGATA Kolbuszowa					4:52.36	518		
	50m:	30.43	30.43	150m:	1:43.97	37.72	250m:	3:02.46	41.06	350m:	4:19.52	34.22
	100m:	1:06.25	35.82	200m:	2:21.40	37.43	300m:	3:45.30	42.84	400m:	4:52.36	32.84
11.	GORZE Norbert		06	UKS Cityzen					4:59.09	483		
	50m:	31.21	31.21	150m:	1:44.51	37.17	250m:	3:04.64	43.49	350m:	4:25.02	35.57
	100m:	1:07.34	36.13	200m:	2:21.15	36.64	300m:	3:49.45	44.81	400m:	4:59.09	34.07
12.	KOWALEWSKI Mateusz		06	MKS JEDYNKA Łódź					5:00.53	476		
	50m:	30.48	30.48	150m:	1:45.87	39.76	250m:	3:06.67	41.37	350m:	4:24.85	36.24
	100m:	1:06.11	35.63	200m:	2:25.30	39.43	300m:	3:48.61	41.94	400m:	5:00.53	35.68

15 lat

1.	KRY Radosław		07	UKS Tri-Team Rumia					4:25.73	689		
	50m:	29.27	29.27	150m:	1:35.23	33.75	250m:	2:45.96	37.14	350m:	3:55.27	31.43
	100m:	1:01.48	32.21	200m:	2:08.82	33.59	300m:	3:23.84	37.88	400m:	4:25.73	30.46
2.	MIŁKOWSKI Mikołaj		07	UKS 48 Warszawa ródmi cie					4:26.70	682		
	50m:	29.27	29.27	150m:	1:36.40	34.07	250m:	2:48.14	38.25	350m:	3:57.20	30.73
	100m:	1:02.33	33.06	200m:	2:09.89	33.49	300m:	3:26.47	38.33	400m:	4:26.70	29.50
3.	MAJOR Erik		07	MKS Park Wodny Tarnowskie Góry					4:32.55	639		
	50m:	28.35	28.35	150m:	1:35.18	34.85	250m:	2:47.15	37.71	350m:	4:00.51	33.26
	100m:	1:00.33	31.98	200m:	2:09.44	34.26	300m:	3:27.25	40.10	400m:	4:32.55	32.04
4.	TARCZY SKI Bartosz		07	UKS 190 Łódź					4:38.39	600		
	50m:	30.76	30.76	150m:	1:42.56	37.30	250m:	2:55.84	38.54	350m:	4:07.27	33.33
	100m:	1:05.26	34.50	200m:	2:17.30	34.74	300m:	3:33.94	38.10	400m:	4:38.39	31.12
5.	KUNICKI Maksymilian		07	MKS SMS Victoria Racibórz					4:43.48	568		
	50m:	30.75	30.75	150m:	1:42.98	37.42	250m:	2:59.55	39.70	350m:	4:12.70	32.61
	100m:	1:05.56	34.81	200m:	2:19.85	36.87	300m:	3:40.09	40.54	400m:	4:43.48	30.78
6.	GAJDA Jan		07	MKS TRÓJKA Łódź					4:44.24	563		
	50m:	29.24	29.24	150m:	1:40.94	37.70	250m:	2:58.61	41.20	350m:	4:13.41	34.04
	100m:	1:03.24	34.00	200m:	2:17.41	36.47	300m:	3:39.37	40.76	400m:	4:44.24	30.83
7.	RAZINKOV Artem		07	UKP UNIA O wi cim					4:44.59	561		
	50m:	29.40	29.40	150m:	1:41.09	37.59	250m:	2:57.19	39.46	350m:	4:11.72	33.87
	100m:	1:03.50	34.10	200m:	2:17.73	36.64	300m:	3:37.85	40.66	400m:	4:44.59	32.87
8.	OŁOWNIA Ignacy		07	KS DELFIN Gdynia					4:45.24	557		
	50m:	30.41	30.41	150m:	1:41.25	36.77	250m:	2:58.47	42.19	350m:	4:14.11	32.84
	100m:	1:04.48	34.07	200m:	2:16.28	35.03	300m:	3:41.27	42.80	400m:	4:45.24	31.13

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Pozycja		Rok ur.						Czas	Pkt.
9.	PROSZOWSKI Paweł	07	MKS Park Wodny Tarnowskie Góry	4:45.68	555				
	50m: 29.54 29.54	150m: 1:40.18	37.01	250m: 2:58.24	41.20	350m: 4:13.29	33.61		
	100m: 1:03.17 33.63	200m: 2:17.04	36.86	300m: 3:39.68	41.44	400m: 4:45.68	32.39		
10.	ŁOJEWSKI Adam	07	MTP KORMORAN Olsztyn	4:47.37	545				
	50m: 30.16 30.16	150m: 1:42.03	37.49	250m: 2:59.77	41.13	350m: 4:15.19	32.97		
	100m: 1:04.54 34.38	200m: 2:18.64	36.61	300m: 3:42.22	42.45	400m: 4:47.37	32.18		
11.	BORUSZEWSKI Filip	07	UKS SP-149 Łódź	4:48.04	541				
	50m: 29.91 29.91	150m: 1:44.72	39.53	250m: 3:00.55	38.65	350m: 4:14.95	34.70		
	100m: 1:05.19 35.28	200m: 2:21.90	37.18	300m: 3:40.25	39.70	400m: 4:48.04	33.09		
12.	WALKOWSKI Maciej	07	UKS 190 Łódź	4:51.68	521				
	50m: 29.84 29.84	150m: 1:42.61	38.73	250m: 3:02.41	42.45	350m: 4:19.41	34.25		
	100m: 1:03.88 34.04	200m: 2:19.96	37.35	300m: 3:45.16	42.75	400m: 4:51.68	32.27		
13.	WI CEK Kacper	07	UKS FREGATA Kolbuszowa	4:53.17	513				
	50m: 29.01 29.01	150m: 1:42.13	38.14	250m: 3:02.66	43.11	350m: 4:20.06	34.52		
	100m: 1:03.99 34.98	200m: 2:19.55	37.42	300m: 3:45.54	42.88	400m: 4:53.17	33.11		
14.	WALKOWSKI Bartosz	07	UKS 190 Łódź	4:54.91	504				
	50m: 30.30 30.30	150m: 1:45.92	40.33	250m: 3:07.17	43.40	350m: 4:23.04	33.25		
	100m: 1:05.59 35.29	200m: 2:23.77	37.85	300m: 3:49.79	42.62	400m: 4:54.91	31.87		
15.	WENTLAND Miłosz	07	MKS TRÓJKA Łódź	4:56.98	494				
	50m: 30.31 30.31	150m: 1:44.94	39.33	250m: 3:04.69	41.76	350m: 4:22.87	35.19		
	100m: 1:05.61 35.30	200m: 2:22.93	37.99	300m: 3:47.68	42.99	400m: 4:56.98	34.11		
16.	MAJCHEROWICZ Mateusz	07	KS DELFIN Gdynia	5:04.03	460				
	50m: 30.39 30.39	150m: 1:46.14	39.44	250m: 3:10.20	45.68	350m: 4:30.81	35.45		
	100m: 1:06.70 36.31	200m: 2:24.52	38.38	300m: 3:55.36	45.16	400m: 5:04.03	33.22		
17.	MRUGAŁA Michał	07	UKP POLONIA Warszawa	5:22.66	385				
	50m: 32.41 32.41	150m: 1:49.49	40.05	250m: 3:18.62	47.72	350m: 4:46.11	36.82		
	100m: 1:09.44 37.03	200m: 2:30.90	41.41	300m: 4:09.29	50.67	400m: 5:22.66	36.55		

14 lat

1.	WIDERSKI Miłosz	08	MKS JEDYNKA Łódź	4:45.46	556				
	50m: 30.50 30.50	150m: 1:39.38	35.91	250m: 2:56.80	42.04	350m: 4:14.08	33.63		
	100m: 1:03.47 32.97	200m: 2:14.76	35.38	300m: 3:40.45	43.65	400m: 4:45.46	31.38		
2.	PINCZAK Mateusz	08	CSiR MOS w D browie Górniczej	4:46.13	552				
	50m: 29.90 29.90	150m: 1:41.06	37.36	250m: 2:58.87	40.75	350m: 4:14.18	34.47		
	100m: 1:03.70 33.80	200m: 2:18.12	37.06	300m: 3:39.71	40.84	400m: 4:46.13	31.95		
3.	JOACHIMOWICZ Patryk	08	KU AZS UMCS Lublin	4:49.59	533				
	50m: 30.23 30.23	150m: 1:42.19	36.79	250m: 3:00.49	42.08	350m: 4:16.74	34.02		
	100m: 1:05.40 35.17	200m: 2:18.41	36.22	300m: 3:42.72	42.23	400m: 4:49.59	32.85		
4.	KARWAT Bartłomiej	08	UKS NAWA Skierniewice	4:58.49	486				
	50m: 31.20 31.20	150m: 1:46.76	39.27	250m: 3:08.77	44.78	350m: 4:25.85	33.28		
	100m: 1:07.49 36.29	200m: 2:23.99	37.23	300m: 3:52.57	43.80	400m: 4:58.49	32.64		
5.	PAWLAK Dawid	08	UKS 190 Łódź	4:59.24	483				
	50m: 32.18 32.18	150m: 1:49.83	38.77	250m: 3:10.69	40.93	350m: 4:26.58	34.10		
	100m: 1:11.06 38.88	200m: 2:29.76	39.93	300m: 3:52.48	41.79	400m: 4:59.24	32.66		
6.	NOWAK Krzysztof	08	UKP POLONIA Warszawa	5:05.18	455				
	50m: 33.71 33.71	150m: 1:50.18	37.84	250m: 3:10.97	41.84	350m: 4:29.88	35.95		
	100m: 1:12.34 38.63	200m: 2:29.13	38.95	300m: 3:53.93	42.96	400m: 5:05.18	35.30		
7.	TRUDNOS Ignacy	08	UKS 190 Łódź	5:05.19	455				
	50m: 32.80 32.80	150m: 1:50.68	40.39	250m: 3:11.15	42.25	350m: 4:30.23	36.61		
	100m: 1:10.29 37.49	200m: 2:28.90	38.22	300m: 3:53.62	42.47	400m: 5:05.19	34.96		

ARENA Grand Prix Puchar Polski o Puchar Rektora Politechniki Łódzkiej
Łód , 22-23.10.2022

Konkurencja 13, Chłopców, 400m zmienny, 14 lat

Pozycja	Rok ur.								Czas	Pkt.	
8. PRUS Adam	08 SP MEDUZA Paj czno								5:16.95	406	
50m:	34.23	34.23	150m:	1:54.45	41.48	250m:	3:18.32	43.91	350m:	4:41.75	38.35
100m:	1:12.97	38.74	200m:	2:34.41	39.96	300m:	4:03.40	45.08	400m:	5:16.95	35.20
9. PORADA Jan	08 UKS SP-149 Łód								5:20.11	394	
50m:	34.00	34.00	150m:	1:56.90	44.54	250m:	3:23.09	44.11	350m:	4:44.27	37.05
100m:	1:12.36	38.36	200m:	2:38.98	42.08	300m:	4:07.22	44.13	400m:	5:20.11	35.84