

ARENA Grand Prix Puchar Polski o Puchar Rektora Politechniki Łódzkiej
Łódź, 22-23.10.2022Konkurencja 22
2022-10-22 - 20:36

M czyzn, 1500m dowolny

14 lat i starsi
Wyniki

Rekord Polski 14:24.54 SAWRYMOWICZ Mateusz POL Debrecen (HUN) 2007-12-15

Min. indywidualne na M (25m) Melbourne 2022 Open: 14:36.27

Punkty: FINA 2022

Pozycja			Rok ur.			Czas	Pkt.	
14 lat i starsi								
1.	KAPAŁA Bartosz	06	MTP KORMORAN Olsztyn			15:08.82	809	
<i>Wynik Lepszy od Rekordu Polski 16 lat</i>								
	100m: 58.37	58.37	500m: 5:02.77	1:00.91	900m: 9:04.88	1:00.23	1300m: 13:07.85	1:01.05
	200m: 1:59.74	1:01.37	600m: 6:03.70	1:00.93	1000m: 10:05.24	1:00.36	1400m: 14:09.17	1:01.32
	300m: 3:00.68	1:00.94	700m: 7:04.20	1:00.50	1100m: 11:06.05	1:00.81	1500m: 15:08.82	59.65
	400m: 4:01.86	1:01.18	800m: 8:04.65	1:00.45	1200m: 12:06.80	1:00.75		
2.	WO NIAK Piotr	05	MTP KORMORAN Olsztyn			15:09.83	806	
	100m: 58.53	58.53	500m: 5:02.36	1:01.43	900m: 9:06.57	1:00.80	1300m: 13:10.43	1:00.98
	200m: 1:58.96	1:00.43	600m: 6:03.50	1:01.14	1000m: 10:07.21	1:00.64	1400m: 14:11.18	1:00.75
	300m: 2:59.79	1:00.83	700m: 7:04.85	1:01.35	1100m: 11:08.25	1:01.04	1500m: 15:09.83	58.65
	400m: 4:00.93	1:01.14	800m: 8:05.77	1:00.92	1200m: 12:09.45	1:01.20		
3.	MRÓZ Adam	03	KU AZS UMCS Lublin			15:17.60	786	
	100m: 58.40	58.40	500m: 5:03.43	1:01.29	900m: 9:07.85	1:01.50	1300m: 13:14.56	1:02.20
	200m: 1:59.69	1:01.29	600m: 6:04.64	1:01.21	1000m: 10:09.36	1:01.51	1400m: 14:16.15	1:01.59
	300m: 3:00.70	1:01.01	700m: 7:05.61	1:00.97	1100m: 11:10.84	1:01.48	1500m: 15:17.60	1:01.45
	400m: 4:02.14	1:01.44	800m: 8:06.35	1:00.74	1200m: 12:12.36	1:01.52		
4.	STANISZEWSKI Bartosz	05	UKP Ruda I ska			15:23.48	771	
	100m: 58.96	58.96	500m: 5:07.87	1:02.99	900m: 9:16.89	1:01.63	1300m: 13:24.10	1:01.54
	200m: 2:00.87	1:01.91	600m: 6:10.81	1:02.94	1000m: 10:18.93	1:02.04	1400m: 14:25.28	1:01.18
	300m: 3:02.89	1:02.02	700m: 7:13.17	1:02.36	1100m: 11:20.66	1:01.73	1500m: 15:23.48	58.20
	400m: 4:04.88	1:01.99	800m: 8:15.26	1:02.09	1200m: 12:22.56	1:01.90		
5.	KAPAŁA Szymon	03	AZS AWF Warszawa			15:26.35	764	
	100m: 58.54	58.54	500m: 5:02.86	1:01.51	900m: 9:11.16	1:02.53	1300m: 13:22.11	1:02.78
	200m: 1:59.37	1:00.83	600m: 6:04.41	1:01.55	1000m: 10:13.88	1:02.72	1400m: 14:25.04	1:02.93
	300m: 3:00.19	1:00.82	700m: 7:06.43	1:02.02	1100m: 11:16.57	1:02.69	1500m: 15:26.35	1:01.31
	400m: 4:01.35	1:01.16	800m: 8:08.63	1:02.20	1200m: 12:19.33	1:02.76		
6.	LARY Jerzy	06	IUKS MUSZELKA Warszawa			15:28.87	757	
	100m: 58.69	58.69	500m: 5:04.79	1:01.75	900m: 9:14.07	1:02.42	1300m: 13:24.68	1:02.81
	200m: 2:00.08	1:01.39	600m: 6:06.75	1:01.96	1000m: 10:16.99	1:02.92	1400m: 14:27.24	1:02.56
	300m: 3:01.49	1:01.41	700m: 7:09.05	1:02.30	1100m: 11:19.40	1:02.41	1500m: 15:28.87	1:01.63
	400m: 4:03.04	1:01.55	800m: 8:11.65	1:02.60	1200m: 12:21.87	1:02.47		
7.	NOWACKI Jacek	05	MTP KORMORAN Olsztyn			15:36.97	738	
	100m: 59.88	59.88	500m: 5:11.65	1:02.55	900m: 9:23.12	1:02.91	1300m: 13:34.94	1:02.85
	200m: 2:02.74	1:02.86	600m: 6:14.34	1:02.69	1000m: 10:25.76	1:02.64	1400m: 14:37.37	1:02.43
	300m: 3:06.04	1:03.30	700m: 7:17.18	1:02.84	1100m: 11:28.75	1:02.99	1500m: 15:36.97	59.60
	400m: 4:09.10	1:03.06	800m: 8:20.21	1:03.03	1200m: 12:32.09	1:03.34		
8.	GRZEGORCZYK Wiktor	02	AZS AWF Warszawa			15:40.33	730	
	100m: 59.21	59.21	500m: 5:08.29	1:02.46	900m: 9:20.16	1:03.40	1300m: 13:35.13	1:03.91
	200m: 2:01.39	1:02.18	600m: 6:10.93	1:02.64	1000m: 10:23.90	1:03.74	1400m: 14:39.15	1:04.02
	300m: 3:03.54	1:02.15	700m: 7:13.62	1:02.69	1100m: 11:27.37	1:03.47	1500m: 15:40.33	1:01.18
	400m: 4:05.83	1:02.29	800m: 8:16.76	1:03.14	1200m: 12:31.22	1:03.85		
9.	SIERADZKI Kamil	02	AZS AWF Katowice			15:44.61	720	
	100m: 57.80	57.80	500m: 5:07.24	1:02.65	900m: 9:22.83	1:04.36	1300m: 13:40.10	1:04.27
	200m: 2:00.44	1:02.64	600m: 6:10.67	1:03.43	1000m: 10:27.44	1:04.61	1400m: 14:43.27	1:03.17
	300m: 3:02.56	1:02.12	700m: 7:14.44	1:03.77	1100m: 11:31.74	1:04.30	1500m: 15:44.61	1:01.34
	400m: 4:04.59	1:02.03	800m: 8:18.47	1:04.03	1200m: 12:35.83	1:04.09		

ARENA Grand Prix Puchar Polski o Puchar Rektora Politechniki Łódzkiej
Łódź, 22-23.10.2022

Konkurencja 22, Mężczyźni, 1500m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.			
10.	RYNKIEWICZ Jakub		05	KU AZS UMCS Lublin				15:48.68	711			
	100m:	58.73 58.73	500m:	5:08.83	1:03.68	900m:	9:25.17	1:04.51	1300m:	13:42.23	1:03.87	
	200m:	1:59.97	1:01.24	600m:	6:12.93	1:04.10	1000m:	10:29.61	1:04.44	1400m:	14:45.67	1:03.44
	300m:	3:02.41	1:02.44	700m:	7:16.87	1:03.94	1100m:	11:33.88	1:04.27	1500m:	15:48.68	1:03.01
	400m:	4:05.15	1:02.74	800m:	8:20.66	1:03.79	1200m:	12:38.36	1:04.48			
11.	ZDYBEL Adam		05	KS DELFIN Gdynia				16:02.28	681			
	100m:	57.89 57.89	500m:	5:06.91	1:03.25	900m:	9:26.10	1:05.66	1300m:	13:52.03	1:07.07	
	200m:	1:59.39	1:01.50	600m:	6:10.83	1:03.92	1000m:	10:31.86	1:05.76	1400m:	14:58.31	1:06.28
	300m:	3:01.20	1:01.81	700m:	7:15.33	1:04.50	1100m:	11:38.35	1:06.49	1500m:	16:02.28	1:03.97
	400m:	4:03.66	1:02.46	800m:	8:20.44	1:05.11	1200m:	12:44.96	1:06.61			
12.	KOWOLIK Alex		04	UKP UNIA O wi cim				16:03.95	678			
	100m:	59.38 59.38	500m:	5:11.39	1:04.00	900m:	9:30.50	1:04.88	1300m:	13:53.39	1:05.59	
	200m:	2:01.86	1:02.48	600m:	6:16.88	1:05.49	1000m:	10:35.82	1:05.32	1400m:	14:58.90	1:05.51
	300m:	3:04.50	1:02.64	700m:	7:21.38	1:04.50	1100m:	11:41.72	1:05.90	1500m:	16:03.95	1:05.05
	400m:	4:07.39	1:02.89	800m:	8:25.62	1:04.24	1200m:	12:47.80	1:06.08			
13.	CISOSKI Hubert		08	CSiR MOS w D browie Górniczej				16:13.03	659			
	100m:	1:00.50 1:00.50	500m:	5:21.88	1:04.47	900m:	9:42.47	1:05.47	1300m:	14:04.86	1:05.41	
	200m:	2:06.14	1:05.64	600m:	6:27.09	1:05.21	1000m:	10:47.66	1:05.19	1400m:	15:10.47	1:05.61
	300m:	3:11.73	1:05.59	700m:	7:31.97	1:04.88	1100m:	11:53.42	1:05.76	1500m:	16:13.03	1:02.56
	400m:	4:17.41	1:05.68	800m:	8:37.00	1:05.03	1200m:	12:59.45	1:06.03			
14.	DRABCZYK Krystian		04	UKP UNIA O wi cim				16:14.07	657			
	100m:	59.56 59.56	500m:	5:14.07	1:04.60	900m:	9:37.28	1:06.04	1300m:	14:04.93	1:06.62	
	200m:	2:02.00	1:02.44	600m:	6:19.50	1:05.43	1000m:	10:44.45	1:07.17	1400m:	15:10.89	1:05.96
	300m:	3:05.30	1:03.30	700m:	7:25.20	1:05.70	1100m:	11:51.33	1:06.88	1500m:	16:14.07	1:03.18
	400m:	4:09.47	1:04.17	800m:	8:31.24	1:06.04	1200m:	12:58.31	1:06.98			
15.	KOZŁOWSKI Konrad		04	MTP KORMORAN Olsztyn				16:17.67	649			
	100m:	1:01.12 1:01.12	500m:	5:19.09	1:04.90	900m:	9:41.97	1:06.68	1300m:	14:07.09	1:06.03	
	200m:	2:05.21	1:04.09	600m:	6:24.61	1:05.52	1000m:	10:49.09	1:07.12	1400m:	15:12.96	1:05.87
	300m:	3:09.59	1:04.38	700m:	7:29.86	1:05.25	1100m:	11:55.17	1:06.08	1500m:	16:17.67	1:04.71
	400m:	4:14.19	1:04.60	800m:	8:35.29	1:05.43	1200m:	13:01.06	1:05.89			
16.	CHAŁAT Wojciech		04	KU AZS UMCS Lublin				16:22.21	640			
	100m:	1:02.11 1:02.11	500m:	5:23.37	1:05.68	900m:	9:47.82	1:06.42	1300m:	14:12.59	1:06.01	
	200m:	2:07.18	1:05.07	600m:	6:28.93	1:05.56	1000m:	10:54.13	1:06.31	1400m:	15:18.75	1:06.16
	300m:	3:12.47	1:05.29	700m:	7:35.01	1:06.08	1100m:	12:00.30	1:06.17	1500m:	16:22.21	1:03.46
	400m:	4:17.69	1:05.22	800m:	8:41.40	1:06.39	1200m:	13:06.58	1:06.28			
17.	ARENT Artur		05	MKS JEDYNKA Łódź				16:24.66	636			
	100m:	1:00.86 1:00.86	500m:	5:23.71	1:06.44	900m:	9:48.73	1:06.28	1300m:	14:14.35	1:06.48	
	200m:	2:05.96	1:05.10	600m:	6:30.08	1:06.37	1000m:	10:55.16	1:06.43	1400m:	15:20.65	1:06.30
	300m:	3:11.13	1:05.17	700m:	7:36.12	1:06.04	1100m:	12:01.49	1:06.33	1500m:	16:24.66	1:04.01
	400m:	4:17.27	1:06.14	800m:	8:42.45	1:06.33	1200m:	13:07.87	1:06.38			
18.	R YSKI Michał		06	MTP KORMORAN Olsztyn				16:26.98	631			
	100m:	1:01.81 1:01.81	500m:	5:24.52	1:05.85	900m:	9:48.62	1:06.13	1300m:	14:13.72	1:06.79	
	200m:	2:08.31	1:06.50	600m:	6:30.56	1:06.04	1000m:	10:54.71	1:06.09	1400m:	15:20.96	1:07.24
	300m:	3:12.92	1:04.61	700m:	7:36.47	1:05.91	1100m:	12:00.68	1:05.97	1500m:	16:26.98	1:06.02
	400m:	4:18.67	1:05.75	800m:	8:42.49	1:06.02	1200m:	13:06.93	1:06.25			
19.	PONIEWA Oliwier		07	KU AZS UMCS Lublin				16:40.54	606			
	100m:	1:03.58 1:03.58	500m:	5:33.06	1:07.79	900m:	10:03.26	1:07.53	1300m:	14:31.87	1:06.43	
	200m:	2:09.87	1:06.29	600m:	6:40.80	1:07.74	1000m:	11:10.26	1:07.00	1400m:	15:38.62	1:06.75
	300m:	3:17.38	1:07.51	700m:	7:48.21	1:07.41	1100m:	12:17.55	1:07.29	1500m:	16:40.54	1:01.92
	400m:	4:25.27	1:07.89	800m:	8:55.73	1:07.52	1200m:	13:25.44	1:07.89			
20.	WIECZORKOWSKI Nikodem		04	MKP Szczecin				16:40.96	605			
	100m:	1:01.17 1:01.17	500m:	5:21.13	1:06.06	900m:	9:51.23	1:08.01	1300m:	14:25.73	1:09.08	
	200m:	2:05.76	1:04.59	600m:	6:28.42	1:07.29	1000m:	10:59.45	1:08.22	1400m:	15:34.67	1:08.94
	300m:	3:10.29	1:04.53	700m:	7:35.81	1:07.39	1100m:	12:08.32	1:08.87	1500m:	16:40.96	1:06.29
	400m:	4:15.07	1:04.78	800m:	8:43.22	1:07.41	1200m:	13:16.65	1:08.33			

ARENA Grand Prix Puchar Polski o Puchar Rektora Politechniki Łódzkiej
Łódź, 22-23.10.2022

Konkurencja 22, M cżyn, 1500m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
21.	WALKOWSKI Bartosz		07	UKS 190 Łód				16:41.07	605
	100m: 1:02.75	1:02.75	500m: 5:31.62	1:07.28	900m: 10:01.12	1:07.46	1300m: 14:28.60	1:06.56	
	200m: 2:10.12	1:07.37	600m: 6:38.60	1:06.98	1000m: 11:08.15	1:07.03	1400m: 15:36.07	1:07.47	
	300m: 3:16.92	1:06.80	700m: 7:46.09	1:07.49	1100m: 12:15.10	1:06.95	1500m: 16:41.07	1:05.00	
	400m: 4:24.34	1:07.42	800m: 8:53.66	1:07.57	1200m: 13:22.04	1:06.94			
22.	SZCZEPANIAK Kacper		04	MKP Szczecin				16:41.67	604
	100m: 1:03.53	1:03.53	500m: 5:31.35	1:06.65	900m: 9:59.78	1:07.65	1300m: 14:29.52	1:07.05	
	200m: 2:10.98	1:07.45	600m: 6:38.06	1:06.71	1000m: 11:07.14	1:07.36	1400m: 15:36.54	1:07.02	
	300m: 3:17.95	1:06.97	700m: 7:44.99	1:06.93	1100m: 12:14.87	1:07.73	1500m: 16:41.67	1:05.13	
	400m: 4:24.70	1:06.75	800m: 8:52.13	1:07.14	1200m: 13:22.47	1:07.60			
23.	KUREK Bartosz		06	UKS 190 Łód				16:47.13	594
	100m: 1:02.04	1:02.04	500m: 5:30.16	1:07.30	900m: 10:02.95	1:08.73	1300m: 14:36.24	1:08.30	
	200m: 2:07.71	1:05.67	600m: 6:38.28	1:08.12	1000m: 11:11.94	1:08.99	1400m: 15:44.36	1:08.12	
	300m: 3:14.97	1:07.26	700m: 7:46.47	1:08.19	1100m: 12:19.85	1:07.91	1500m: 16:47.13	1:02.77	
	400m: 4:22.86	1:07.89	800m: 8:54.22	1:07.75	1200m: 13:27.94	1:08.09			
24.	KRASKA Mateusz		07	UKS SMS Galicja Kraków				16:47.35	594
	100m: 1:00.64	1:00.64	500m: 5:30.62	1:08.25	900m: 10:03.57	1:08.71	1300m: 14:36.03	1:08.76	
	200m: 2:06.87	1:06.23	600m: 6:38.66	1:08.04	1000m: 11:11.88	1:08.31	1400m: 15:44.86	1:08.83	
	300m: 3:14.42	1:07.55	700m: 7:47.02	1:08.36	1100m: 12:19.48	1:07.60	1500m: 16:47.35	1:02.49	
	400m: 4:22.37	1:07.95	800m: 8:54.86	1:07.84	1200m: 13:27.27	1:07.79			
25.	SZWEDZKI Jakub		00	MKS TRÓJKA Łód				16:53.43	583
	100m: 1:05.12	1:05.12	500m: 5:37.19	1:08.30	900m: 10:09.90	1:08.23	1300m: 14:40.19	1:06.12	
	200m: 2:13.00	1:07.88	600m: 6:45.38	1:08.19	1000m: 11:18.01	1:08.11	1400m: 15:47.41	1:07.22	
	300m: 3:20.88	1:07.88	700m: 7:53.48	1:08.10	1100m: 12:26.72	1:08.71	1500m: 16:53.43	1:06.02	
	400m: 4:28.89	1:08.01	800m: 9:01.67	1:08.19	1200m: 13:34.07	1:07.35			
26.	WENTLAND Miłosz		07	MKS TRÓJKA Łód				16:56.14	578
	100m: 1:03.40	1:03.40	500m: 5:36.00	1:09.20	900m: 10:09.95	1:08.33	1300m: 14:42.59	1:08.02	
	200m: 2:10.89	1:07.49	600m: 6:44.41	1:08.41	1000m: 11:18.09	1:08.14	1400m: 15:49.76	1:07.17	
	300m: 3:18.23	1:07.34	700m: 7:52.71	1:08.30	1100m: 12:26.56	1:08.47	1500m: 16:56.14	1:06.38	
	400m: 4:26.80	1:08.57	800m: 9:01.62	1:08.91	1200m: 13:34.57	1:08.01			
27.	NOWAK Aleksander		06	MKP Szczecin				16:56.38	578
	100m: 1:03.52	1:03.52	500m: 5:36.05	1:08.71	900m: 10:09.86	1:08.29	1300m: 14:43.24	1:08.40	
	200m: 2:10.76	1:07.24	600m: 6:44.82	1:08.77	1000m: 11:18.12	1:08.26	1400m: 15:51.34	1:08.10	
	300m: 3:18.78	1:08.02	700m: 7:53.46	1:08.64	1100m: 12:26.76	1:08.64	1500m: 16:56.38	1:05.04	
	400m: 4:27.34	1:08.56	800m: 9:01.57	1:08.11	1200m: 13:34.84	1:08.08			
28.	MUNSCH Artur		08	MKS Park Wodny Tarnowskie Góry				17:06.96	560
	100m: 1:03.68	1:03.68	500m: 5:39.78	1:09.84	900m: 10:16.96	1:09.21	1300m: 14:54.50	1:09.16	
	200m: 2:12.26	1:08.58	600m: 6:49.18	1:09.40	1000m: 11:26.91	1:09.95	1400m: 16:02.44	1:07.94	
	300m: 3:20.57	1:08.31	700m: 7:58.22	1:09.04	1100m: 12:36.27	1:09.36	1500m: 17:06.96	1:04.52	
	400m: 4:29.94	1:09.37	800m: 9:07.75	1:09.53	1200m: 13:45.34	1:09.07			
29.	CHARKOT Krzysztof		08	UKS ORKA Zamo				17:22.96	535
	100m: 1:01.52	1:01.52	500m: 5:38.41	1:10.06	900m: 10:18.92	1:09.81	1300m: 15:03.01	1:11.49	
	200m: 2:09.55	1:08.03	600m: 6:48.34	1:09.93	1000m: 11:29.48	1:10.56	1400m: 16:14.94	1:11.93	
	300m: 3:18.76	1:09.21	700m: 7:58.49	1:10.15	1100m: 12:39.99	1:10.51	1500m: 17:22.96	1:08.02	
	400m: 4:28.35	1:09.59	800m: 9:09.11	1:10.62	1200m: 13:51.52	1:11.53			
30.	RYBAK Jakub		08	MKS Park Wodny Tarnowskie Góry				17:33.80	519
	100m: 1:05.14	1:05.14	500m: 5:46.68	1:10.92	900m: 10:29.84	1:11.12	1300m: 15:12.65	1:10.07	
	200m: 2:15.28	1:10.14	600m: 6:56.93	1:10.25	1000m: 11:40.71	1:10.87	1400m: 16:24.10	1:11.45	
	300m: 3:25.24	1:09.96	700m: 8:07.37	1:10.44	1100m: 12:52.41	1:11.70	1500m: 17:33.80	1:09.70	
	400m: 4:35.76	1:10.52	800m: 9:18.72	1:11.35	1200m: 14:02.58	1:10.17			
31.	JANKIEWICZ DELGADO Jarosław		06	UKS NAWA Skierniewice				17:43.49	504
	100m: 1:05.13	1:05.13	500m: 5:46.47	1:11.09	900m: 10:32.90	1:12.22	1300m: 15:21.83	1:12.47	
	200m: 2:14.54	1:09.41	600m: 6:57.56	1:11.09	1000m: 11:44.64	1:11.74	1400m: 16:33.61	1:11.78	
	300m: 3:25.09	1:10.55	700m: 8:09.05	1:11.49	1100m: 12:56.77	1:12.13	1500m: 17:43.49	1:09.88	
	400m: 4:35.38	1:10.29	800m: 9:20.68	1:11.63	1200m: 14:09.36	1:12.59			

ARENA Grand Prix Puchar Polski o Puchar Rektora Politechniki Łódzkiej
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Konkurencja 22, Mężczyźni, 1500m dowolny, 14 lat i starsi

Pozycja	Rok ur.	Czas	Pkt.
32. GEBAUER Wolfgang	08 MTP KORMORAN Olsztyn	17:51.60	493
100m: 1:07.73 1:07.73	500m: 5:53.26 1:11.55	900m: 10:39.35 1:11.64	1300m: 15:28.55 1:12.71
200m: 2:18.92 1:11.19	600m: 7:05.05 1:11.79	1000m: 11:51.63 1:12.28	1400m: 16:41.61 1:13.06
300m: 3:30.32 1:11.40	700m: 8:16.17 1:11.12	1100m: 13:02.66 1:11.03	1500m: 17:51.60 1:09.99
400m: 4:41.71 1:11.39	800m: 9:27.71 1:11.54	1200m: 14:15.84 1:13.18	
33. CZERWIONKA Oskar	08 UKP POLONIA Warszawa	17:53.89	490
100m: 1:05.62 1:05.62	500m: 5:51.66 1:13.25	900m: 10:41.16	1300m: 15:33.97 1:12.85
200m: 2:16.75 1:11.13	600m: 7:03.58 1:11.92	1000m: 11:54.48 1:13.32	1400m: 16:46.31 1:12.34
300m: 3:27.60 1:10.85	700m: 8:16.65 1:13.07	1100m:	1500m: 17:53.89 1:07.58
400m: 4:38.41 1:10.81	800m:	1200m: 14:21.12	
34. GŁOWACKI Sebastian	07 UKS NAWA Skierniewice	18:07.54	472
100m: 1:06.57 1:06.57	500m: 5:57.10 1:13.17	900m: 10:49.76 1:12.10	1300m: 15:45.16 1:13.25
200m: 2:18.19 1:11.62	600m: 7:10.25 1:13.15	1000m: 12:03.54 1:13.78	1400m: 16:57.68 1:12.52
300m: 3:30.82 1:12.63	700m: 8:24.05 1:13.80	1100m: 13:17.05 1:13.51	1500m: 18:07.54 1:09.86
400m: 4:43.93 1:13.11	800m: 9:37.66 1:13.61	1200m: 14:31.91 1:14.86	
35. GŁOGOWSKI Michał	96 Stow. OLIMPIJCZYK Kraków	20:56.51	306
100m: 1:12.35 1:12.35	500m: 6:45.00 1:24.97	900m: 12:25.63 1:25.93	1300m: 18:08.89 1:24.97
200m: 2:33.33 1:20.98	600m: 8:08.98 1:23.98	1000m: 13:50.76 1:25.13	1400m: 19:34.16 1:25.27
300m: 3:55.43 1:22.10	700m: 9:34.90 1:25.92	1100m: 15:17.55 1:26.79	1500m: 20:56.51 1:22.35
400m: 5:20.03 1:24.60	800m: 10:59.70 1:24.80	1200m: 16:43.92 1:26.37	

17 - 18 lat

1. WO NIAK Piotr	05 MTP KORMORAN Olsztyn	15:09.83	806
100m: 58.53 58.53	500m: 5:02.36 1:01.43	900m: 9:06.57 1:00.80	1300m: 13:10.43 1:00.98
200m: 1:58.96 1:00.43	600m: 6:03.50 1:01.14	1000m: 10:07.21 1:00.64	1400m: 14:11.18 1:00.75
300m: 2:59.79 1:00.83	700m: 7:04.85 1:01.35	1100m: 11:08.25 1:01.04	1500m: 15:09.83 58.65
400m: 4:00.93 1:01.14	800m: 8:05.77 1:00.92	1200m: 12:09.45 1:01.20	
2. STANISZEWSKI Bartosz	05 UKP Ruda Śląska	15:23.48	771
100m: 58.96 58.96	500m: 5:07.87 1:02.99	900m: 9:16.89 1:01.63	1300m: 13:24.10 1:01.54
200m: 2:00.87 1:01.91	600m: 6:10.81 1:02.94	1000m: 10:18.93 1:02.04	1400m: 14:25.28 1:01.18
300m: 3:02.89 1:02.02	700m: 7:13.17 1:02.36	1100m: 11:20.66 1:01.73	1500m: 15:23.48 58.20
400m: 4:04.88 1:01.99	800m: 8:15.26 1:02.09	1200m: 12:22.56 1:01.90	
3. NOWACKI Jacek	05 MTP KORMORAN Olsztyn	15:36.97	738
100m: 59.88 59.88	500m: 5:11.65 1:02.55	900m: 9:23.12 1:02.91	1300m: 13:34.94 1:02.85
200m: 2:02.74 1:02.86	600m: 6:14.34 1:02.69	1000m: 10:25.76 1:02.64	1400m: 14:37.37 1:02.43
300m: 3:06.04 1:03.30	700m: 7:17.18 1:02.84	1100m: 11:28.75 1:02.99	1500m: 15:36.97 59.60
400m: 4:09.10 1:03.06	800m: 8:20.21 1:03.03	1200m: 12:32.09 1:03.34	
4. RYNKIEWICZ Jakub	05 KU AZS UMCS Lublin	15:48.68	711
100m: 58.73 58.73	500m: 5:08.83 1:03.68	900m: 9:25.17 1:04.51	1300m: 13:42.23 1:03.87
200m: 1:59.97 1:01.24	600m: 6:12.93 1:04.10	1000m: 10:29.61 1:04.44	1400m: 14:45.67 1:03.44
300m: 3:02.41 1:02.44	700m: 7:16.87 1:03.94	1100m: 11:33.88 1:04.27	1500m: 15:48.68 1:03.01
400m: 4:05.15 1:02.74	800m: 8:20.66 1:03.79	1200m: 12:38.36 1:04.48	
5. ZDYBEL Adam	05 KS DELFIN Gdynia	16:02.28	681
100m: 57.89 57.89	500m: 5:06.91 1:03.25	900m: 9:26.10 1:05.66	1300m: 13:52.03 1:07.07
200m: 1:59.39 1:01.50	600m: 6:10.83 1:03.92	1000m: 10:31.86 1:05.76	1400m: 14:58.31 1:06.28
300m: 3:01.20 1:01.81	700m: 7:15.33 1:04.50	1100m: 11:38.35 1:06.49	1500m: 16:02.28 1:03.97
400m: 4:03.66 1:02.46	800m: 8:20.44 1:05.11	1200m: 12:44.96 1:06.61	
6. KOWOLIK Alex	04 UKP UNIA Owiścim	16:03.95	678
100m: 59.38 59.38	500m: 5:11.39 1:04.00	900m: 9:30.50 1:04.88	1300m: 13:53.39 1:05.59
200m: 2:01.86 1:02.48	600m: 6:16.88 1:05.49	1000m: 10:35.82 1:05.32	1400m: 14:58.90 1:05.51
300m: 3:04.50 1:02.64	700m: 7:21.38 1:04.50	1100m: 11:41.72 1:05.90	1500m: 16:03.95 1:05.05
400m: 4:07.39 1:02.89	800m: 8:25.62 1:04.24	1200m: 12:47.80 1:06.08	

ARENA Grand Prix Puchar Polski o Puchar Rektora Politechniki Łódzkiej
Łódź, 22-23.10.2022

Konkurencja 22, Chłopców, 1500m dowolny, 17 - 18 lat

Pozycja		Rok ur.						Czas	Pkt.
7.	DRABCZYK Krystian	04	UKP UNIA O	wi	cim			16:14.07	657
	100m: 59.56	59.56	500m: 5:14.07	1:04.60	900m: 9:37.28	1:06.04	1300m: 14:04.93	1:06.62	
	200m: 2:02.00	1:02.44	600m: 6:19.50	1:05.43	1000m: 10:44.45	1:07.17	1400m: 15:10.89	1:05.96	
	300m: 3:05.30	1:03.30	700m: 7:25.20	1:05.70	1100m: 11:51.33	1:06.88	1500m: 16:14.07	1:03.18	
	400m: 4:09.47	1:04.17	800m: 8:31.24	1:06.04	1200m: 12:58.31	1:06.98			
8.	KOZŁOWSKI Konrad	04	MTP KORMORAN	Olsztyn				16:17.67	649
	100m: 1:01.12	1:01.12	500m: 5:19.09	1:04.90	900m: 9:41.97	1:06.68	1300m: 14:07.09	1:06.03	
	200m: 2:05.21	1:04.09	600m: 6:24.61	1:05.52	1000m: 10:49.09	1:07.12	1400m: 15:12.96	1:05.87	
	300m: 3:09.59	1:04.38	700m: 7:29.86	1:05.25	1100m: 11:55.17	1:06.08	1500m: 16:17.67	1:04.71	
	400m: 4:14.19	1:04.60	800m: 8:35.29	1:05.43	1200m: 13:01.06	1:05.89			
9.	CHAŁAT Wojciech	04	KU AZS UMCS	Lublin				16:22.21	640
	100m: 1:02.11	1:02.11	500m: 5:23.37	1:05.68	900m: 9:47.82	1:06.42	1300m: 14:12.59	1:06.01	
	200m: 2:07.18	1:05.07	600m: 6:28.93	1:05.56	1000m: 10:54.13	1:06.31	1400m: 15:18.75	1:06.16	
	300m: 3:12.47	1:05.29	700m: 7:35.01	1:06.08	1100m: 12:00.30	1:06.17	1500m: 16:22.21	1:03.46	
	400m: 4:17.69	1:05.22	800m: 8:41.40	1:06.39	1200m: 13:06.58	1:06.28			
10.	ARENT Artur	05	MKS JEDYNKA	Łódź				16:24.66	636
	100m: 1:00.86	1:00.86	500m: 5:23.71	1:06.44	900m: 9:48.73	1:06.28	1300m: 14:14.35	1:06.48	
	200m: 2:05.96	1:05.10	600m: 6:30.08	1:06.37	1000m: 10:55.16	1:06.43	1400m: 15:20.65	1:06.30	
	300m: 3:11.13	1:05.17	700m: 7:36.12	1:06.04	1100m: 12:01.49	1:06.33	1500m: 16:24.66	1:04.01	
	400m: 4:17.27	1:06.14	800m: 8:42.45	1:06.33	1200m: 13:07.87	1:06.38			
11.	WIECZORKOWSKI Nikodem	04	MKP Szczecin					16:40.96	605
	100m: 1:01.17	1:01.17	500m: 5:21.13	1:06.06	900m: 9:51.23	1:08.01	1300m: 14:25.73	1:09.08	
	200m: 2:05.76	1:04.59	600m: 6:28.42	1:07.29	1000m: 10:59.45	1:08.22	1400m: 15:34.67	1:08.94	
	300m: 3:10.29	1:04.53	700m: 7:35.81	1:07.39	1100m: 12:08.32	1:08.87	1500m: 16:40.96	1:06.29	
	400m: 4:15.07	1:04.78	800m: 8:43.22	1:07.41	1200m: 13:16.65	1:08.33			
12.	SZCZEPANIAK Kacper	04	MKP Szczecin					16:41.67	604
	100m: 1:03.53	1:03.53	500m: 5:31.35	1:06.65	900m: 9:59.78	1:07.65	1300m: 14:29.52	1:07.05	
	200m: 2:10.98	1:07.45	600m: 6:38.06	1:06.71	1000m: 11:07.14	1:07.36	1400m: 15:36.54	1:07.02	
	300m: 3:17.95	1:06.97	700m: 7:44.99	1:06.93	1100m: 12:14.87	1:07.73	1500m: 16:41.67	1:05.13	
	400m: 4:24.70	1:06.75	800m: 8:52.13	1:07.14	1200m: 13:22.47	1:07.60			

16 lat

1.	KAPAŁA Bartosz	06	MTP KORMORAN	Olsztyn				15:08.82	809
	<i>Wynik Lepszy od Rekordu Polski 16 lat</i>								
	100m: 58.37	58.37	500m: 5:02.77	1:00.91	900m: 9:04.88	1:00.23	1300m: 13:07.85	1:01.05	
	200m: 1:59.74	1:01.37	600m: 6:03.70	1:00.93	1000m: 10:05.24	1:00.36	1400m: 14:09.17	1:01.32	
	300m: 3:00.68	1:00.94	700m: 7:04.20	1:00.50	1100m: 11:06.05	1:00.81	1500m: 15:08.82	59.65	
	400m: 4:01.86	1:01.18	800m: 8:04.65	1:00.45	1200m: 12:06.80	1:00.75			
2.	LARY Jerzy	06	IUKS MUSZELKA	Warszawa				15:28.87	757
	100m: 58.69	58.69	500m: 5:04.79	1:01.75	900m: 9:14.07	1:02.42	1300m: 13:24.68	1:02.81	
	200m: 2:00.08	1:01.39	600m: 6:06.75	1:01.96	1000m: 10:16.99	1:02.92	1400m: 14:27.24	1:02.56	
	300m: 3:01.49	1:01.41	700m: 7:09.05	1:02.30	1100m: 11:19.40	1:02.41	1500m: 15:28.87	1:01.63	
	400m: 4:03.04	1:01.55	800m: 8:11.65	1:02.60	1200m: 12:21.87	1:02.47			
3.	R YSKI Michał	06	MTP KORMORAN	Olsztyn				16:26.98	631
	100m: 1:01.81	1:01.81	500m: 5:24.52	1:05.85	900m: 9:48.62	1:06.13	1300m: 14:13.72	1:06.79	
	200m: 2:08.31	1:06.50	600m: 6:30.56	1:06.04	1000m: 10:54.71	1:06.09	1400m: 15:20.96	1:07.24	
	300m: 3:12.92	1:04.61	700m: 7:36.47	1:05.91	1100m: 12:00.68	1:05.97	1500m: 16:26.98	1:06.02	
	400m: 4:18.67	1:05.75	800m: 8:42.49	1:06.02	1200m: 13:06.93	1:06.25			
4.	KUREK Bartosz	06	UKS 190	Łódź				16:47.13	594
	100m: 1:02.04	1:02.04	500m: 5:30.16	1:07.30	900m: 10:02.95	1:08.73	1300m: 14:36.24	1:08.30	
	200m: 2:07.71	1:05.67	600m: 6:38.28	1:08.12	1000m: 11:11.94	1:08.99	1400m: 15:44.36	1:08.12	
	300m: 3:14.97	1:07.26	700m: 7:46.47	1:08.19	1100m: 12:19.85	1:07.91	1500m: 16:47.13	1:02.77	
	400m: 4:22.86	1:07.89	800m: 8:54.22	1:07.75	1200m: 13:27.94	1:08.09			

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Konkurencja 22, Chłopców, 1500m dowolny, 16 lat

Pozycja			Rok ur.					Czas	Pkt.
5.	NOWAK Aleksander		06	MKP Szczecin				16:56.38	578
	100m:	1:03.52 1:03.52	500m:	5:36.05 1:08.71	900m:	10:09.86 1:08.29	1300m:	14:43.24 1:08.40	
	200m:	2:10.76 1:07.24	600m:	6:44.82 1:08.77	1000m:	11:18.12 1:08.26	1400m:	15:51.34 1:08.10	
	300m:	3:17.38 1:08.02	700m:	7:53.46 1:08.64	1100m:	12:26.76 1:08.64	1500m:	16:56.38 1:05.04	
	400m:	4:27.34 1:08.56	800m:	9:01.57 1:08.11	1200m:	13:34.84 1:08.08			
6.	JANKIEWICZ DELGADO Jarosław		06	UKS NAWA Skierniewice				17:43.49	504
	100m:	1:05.13 1:05.13	500m:	5:46.47 1:11.09	900m:	10:32.90 1:12.22	1300m:	15:21.83 1:12.47	
	200m:	2:14.54 1:09.41	600m:	6:57.56 1:11.09	1000m:	11:44.64 1:11.74	1400m:	16:33.61 1:11.78	
	300m:	3:25.09 1:10.55	700m:	8:09.05 1:11.49	1100m:	12:56.77 1:12.13	1500m:	17:43.49 1:09.88	
	400m:	4:35.38 1:10.29	800m:	9:20.68 1:11.63	1200m:	14:09.36 1:12.59			

15 lat

1.	PONIEWA Oliwier		07	KU AZS UMCS Lublin				16:40.54	606
	100m:	1:03.58 1:03.58	500m:	5:33.06 1:07.79	900m:	10:03.26 1:07.53	1300m:	14:31.87 1:06.43	
	200m:	2:09.87 1:06.29	600m:	6:40.80 1:07.74	1000m:	11:10.26 1:07.00	1400m:	15:38.62 1:06.75	
	300m:	3:17.38 1:07.51	700m:	7:48.21 1:07.41	1100m:	12:17.55 1:07.29	1500m:	16:40.54 1:01.92	
	400m:	4:25.27 1:07.89	800m:	8:55.73 1:07.52	1200m:	13:25.44 1:07.89			
2.	WALKOWSKI Bartosz		07	UKS 190 Łódź				16:41.07	605
	100m:	1:02.75 1:02.75	500m:	5:31.62 1:07.28	900m:	10:01.12 1:07.46	1300m:	14:28.60 1:06.56	
	200m:	2:10.12 1:07.37	600m:	6:38.60 1:06.98	1000m:	11:08.15 1:07.03	1400m:	15:36.07 1:07.47	
	300m:	3:16.92 1:06.80	700m:	7:46.09 1:07.49	1100m:	12:15.10 1:06.95	1500m:	16:41.07 1:05.00	
	400m:	4:24.34 1:07.42	800m:	8:53.66 1:07.57	1200m:	13:22.04 1:06.94			
3.	KRASKA Mateusz		07	UKS SMS Galicja Kraków				16:47.35	594
	100m:	1:00.64 1:00.64	500m:	5:30.62 1:08.25	900m:	10:03.57 1:08.71	1300m:	14:36.03 1:08.76	
	200m:	2:06.87 1:06.23	600m:	6:38.66 1:08.04	1000m:	11:11.88 1:08.31	1400m:	15:44.86 1:08.83	
	300m:	3:14.42 1:07.55	700m:	7:47.02 1:08.36	1100m:	12:19.48 1:07.60	1500m:	16:47.35 1:02.49	
	400m:	4:22.37 1:07.95	800m:	8:54.86 1:07.84	1200m:	13:27.27 1:07.79			
4.	WENTLAND Miłosz		07	MKS TRÓJKA Łódź				16:56.14	578
	100m:	1:03.40 1:03.40	500m:	5:36.00 1:09.20	900m:	10:09.95 1:08.33	1300m:	14:42.59 1:08.02	
	200m:	2:10.89 1:07.49	600m:	6:44.41 1:08.41	1000m:	11:18.09 1:08.14	1400m:	15:49.76 1:07.17	
	300m:	3:18.23 1:07.34	700m:	7:52.71 1:08.30	1100m:	12:26.56 1:08.47	1500m:	16:56.14 1:06.38	
	400m:	4:26.80 1:08.57	800m:	9:01.62 1:08.91	1200m:	13:34.57 1:08.01			
5.	GŁOWACKI Sebastian		07	UKS NAWA Skierniewice				18:07.54	472
	100m:	1:06.57 1:06.57	500m:	5:57.10 1:13.17	900m:	10:49.76 1:12.10	1300m:	15:45.16 1:13.25	
	200m:	2:18.19 1:11.62	600m:	7:10.25 1:13.15	1000m:	12:03.54 1:13.78	1400m:	16:57.68 1:12.52	
	300m:	3:30.82 1:12.63	700m:	8:24.05 1:13.80	1100m:	13:17.05 1:13.51	1500m:	18:07.54 1:09.86	
	400m:	4:43.93 1:13.11	800m:	9:37.66 1:13.61	1200m:	14:31.91 1:14.86			

14 lat

1.	CISOSKI Hubert		08	CSiR MOS w D browie Górniczej				16:13.03	659
	100m:	1:00.50 1:00.50	500m:	5:21.88 1:04.47	900m:	9:42.47 1:05.47	1300m:	14:04.86 1:05.41	
	200m:	2:06.14 1:05.64	600m:	6:27.09 1:05.21	1000m:	10:47.66 1:05.19	1400m:	15:10.47 1:05.61	
	300m:	3:11.73 1:05.59	700m:	7:31.97 1:04.88	1100m:	11:53.42 1:05.76	1500m:	16:13.03 1:02.56	
	400m:	4:17.41 1:05.68	800m:	8:37.00 1:05.03	1200m:	12:59.45 1:06.03			
2.	MUNSCH Artur		08	MKS Park Wodny Tarnowskie Góry				17:06.96	560
	100m:	1:03.68 1:03.68	500m:	5:39.78 1:09.84	900m:	10:16.96 1:09.21	1300m:	14:54.50 1:09.16	
	200m:	2:12.26 1:08.58	600m:	6:49.18 1:09.40	1000m:	11:26.91 1:09.95	1400m:	16:02.44 1:07.94	
	300m:	3:20.57 1:08.31	700m:	7:58.22 1:09.04	1100m:	12:36.27 1:09.36	1500m:	17:06.96 1:04.52	
	400m:	4:29.94 1:09.37	800m:	9:07.75 1:09.53	1200m:	13:45.34 1:09.07			
3.	CHARKOT Krzysztof		08	UKS ORKA Zamość				17:22.96	535
	100m:	1:01.52 1:01.52	500m:	5:38.41 1:10.06	900m:	10:18.92 1:09.81	1300m:	15:03.01 1:11.49	
	200m:	2:09.55 1:08.03	600m:	6:48.34 1:09.93	1000m:	11:29.48 1:10.56	1400m:	16:14.94 1:11.93	
	300m:	3:18.76 1:09.21	700m:	7:58.49 1:10.15	1100m:	12:39.99 1:10.51	1500m:	17:22.96 1:08.02	
	400m:	4:28.35 1:09.59	800m:	9:09.11 1:10.62	1200m:	13:51.52 1:11.53			

ARENA Grand Prix Puchar Polski o Puchar Rektora Politechniki Łódzkiej
Łódź, 22-23.10.2022

Konkurencja 22, Chłopców, 1500m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.			
4.	RYBAK Jakub		08	MKS Park Wodny Tarnowskie Góry				17:33.80	519			
	100m:	1:05.14	1:05.14	500m:	5:46.68	1:10.92	900m:	10:29.84	1:11.12	1300m:	15:12.65	1:10.07
	200m:	2:15.28	1:10.14	600m:	6:56.93	1:10.25	1000m:	11:40.71	1:10.87	1400m:	16:24.10	1:11.45
	300m:	3:25.24	1:09.96	700m:	8:07.37	1:10.44	1100m:	12:52.41	1:11.70	1500m:	17:33.80	1:09.70
	400m:	4:35.76	1:10.52	800m:	9:18.72	1:11.35	1200m:	14:02.58	1:10.17			
5.	GEBAUER Wolfgang		08	MTP KORMORAN Olsztyn				17:51.60	493			
	100m:	1:07.73	1:07.73	500m:	5:53.26	1:11.55	900m:	10:39.35	1:11.64	1300m:	15:28.55	1:12.71
	200m:	2:18.92	1:11.19	600m:	7:05.05	1:11.79	1000m:	11:51.63	1:12.28	1400m:	16:41.61	1:13.06
	300m:	3:30.32	1:11.40	700m:	8:16.17	1:11.12	1100m:	13:02.66	1:11.03	1500m:	17:51.60	1:09.99
	400m:	4:41.71	1:11.39	800m:	9:27.71	1:11.54	1200m:	14:15.84	1:13.18			
6.	CZERWIONKA Oskar		08	UKP POLONIA Warszawa				17:53.89	490			
	100m:	1:05.62	1:05.62	500m:	5:51.66	1:13.25	900m:	10:41.16		1300m:	15:33.97	1:12.85
	200m:	2:16.75	1:11.13	600m:	7:03.58	1:11.92	1000m:	11:54.48	1:13.32	1400m:	16:46.31	1:12.34
	300m:	3:27.60	1:10.85	700m:	8:16.65	1:13.07	1100m:			1500m:	17:53.89	1:07.58
	400m:	4:38.41	1:10.81	800m:			1200m:	14:21.12				