

Konkurencja 3

Kobiet, 400m zmienny

Open

2022-11-30 - 9:29

Wyniki Eliminacje

Rekord Polski 4:31.89 BARANOWSKA Katarzyna POL Debrecen (HUN) 2007-12-16

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.	
1.	KNOP Aleksandra		03	UKS 190 Łód				4:53.06	689	A
	50m: 29.94	29.94	150m: 1:43.17	38.50	250m: 3:01.13	40.76	350m: 4:19.14	35.47		
	100m: 1:04.67	34.73	200m: 2:20.37	37.20	300m: 3:43.67	42.54	400m: 4:53.06	33.92		
2.	FAMULOK Zuzanna		03	AZS AWF Katowice				4:54.35	680	A
	50m: 30.64	30.64	150m: 1:45.46	39.47	250m: 3:04.56	40.36	350m: 4:19.92	34.78		
	100m: 1:05.99	35.35	200m: 2:24.20	38.74	300m: 3:45.14	40.58	400m: 4:54.35	34.43		
3.	GU Wiktoria		04	MKP Szczecin				4:55.31	674	A
	50m: 31.47	31.47	150m: 1:46.52	39.23	250m: 3:06.07	41.33	350m: 4:21.47	33.89		
	100m: 1:07.29	35.82	200m: 2:24.74	38.22	300m: 3:47.58	41.51	400m: 4:55.31	33.84		
4.	PARADOWSKA Kinga		01	Stow. AZS WSG				4:56.15	668	A
	50m: 31.33	31.33	150m: 1:46.49	38.65	250m: 3:07.21	41.80	350m: 4:23.00	34.26		
	100m: 1:07.84	36.51	200m: 2:25.41	38.92	300m: 3:48.74	41.53	400m: 4:56.15	33.15		
5.	POZNA SKA Justyna		05	MKS JEDYNKA Łód				4:57.17	661	A
	50m: 31.64	31.64	150m: 1:45.85	38.22	250m: 3:05.05	42.64	350m: 4:23.33	35.56		
	100m: 1:07.63	35.99	200m: 2:22.41	36.56	300m: 3:47.77	42.72	400m: 4:57.17	33.84		
6.	KAMI SKA Anna		03	AZS AWF Warszawa				4:58.64	651	A
	50m: 31.01	31.01	150m: 1:46.37	39.32	250m: 3:07.24	43.22	350m: 4:25.71	35.03		
	100m: 1:07.05	36.04	200m: 2:24.02	37.65	300m: 3:50.68	43.44	400m: 4:58.64	32.93		
7.	BOCIAN Roksana		04	UKP UNIA O wi cim				4:59.61	645	A
	50m: 31.99	31.99	150m: 1:48.58	39.82	250m: 3:08.47	41.90	350m: 4:26.19	35.29		
	100m: 1:08.76	36.77	200m: 2:26.57	37.99	300m: 3:50.90	42.43	400m: 4:59.61	33.42		
8.	SŁABOSZ Emilia		05	MOSM Tychy				5:01.19	635	A
	50m: 32.25	32.25	150m: 1:48.35	39.03	250m: 3:09.51	43.08	350m: 4:28.40	34.34		
	100m: 1:09.32	37.07	200m: 2:26.43	38.08	300m: 3:54.06	44.55	400m: 5:01.19	32.79		
9.	LUBI SKA Alicja		05	MKS JEDYNKA Łód				5:01.26	634	A
	50m: 31.34	31.34	150m: 1:46.47	38.76	250m: 3:05.87	41.65	350m: 4:26.22	37.59		
	100m: 1:07.71	36.37	200m: 2:24.22	37.75	300m: 3:48.63	42.76	400m: 5:01.26	35.04		
10.	S DŁAK Alicja		05	MKS JEDYNKA Łód				5:01.89	631	A
	50m: 32.43	32.43	150m: 1:49.94	39.78	250m: 3:11.76	41.85	350m: 4:27.92	34.17		
	100m: 1:10.16	37.73	200m: 2:29.91	39.97	300m: 3:53.75	41.99	400m: 5:01.89	33.97		
11.	ZI BA Anastazja		05	MUKS PI TNASTKA Bydgoszcz				5:03.62	620	B
	50m: 31.56	31.56	150m: 1:46.19	38.23	250m: 3:09.28	43.68	350m: 4:29.18	35.58		
	100m: 1:07.96	36.40	200m: 2:25.60	39.41	300m: 3:53.60	44.32	400m: 5:03.62	34.44		
12.	MACIAK Julia		06	IUKS MUSZELKA Warszawa				5:03.66	620	B
	50m: 31.07	31.07	150m: 1:45.64	38.47	250m: 3:10.51	47.80	350m: 4:31.79	32.89		
	100m: 1:07.17	36.10	200m: 2:22.71	37.07	300m: 3:58.90	48.39	400m: 5:03.66	31.87		
13.	BUKOWSKA Olga		05	MKP Szczecin				5:05.53	608	B
	50m: 31.90	31.90	150m: 1:48.84	40.35	250m: 3:11.05	43.16	350m: 4:30.85	35.95		
	100m: 1:08.49	36.59	200m: 2:27.89	39.05	300m: 3:54.90	43.85	400m: 5:05.53	34.68		
14.	KARLI SKA Paula		05	MKP Szczecin				5:06.26	604	B
	50m: 32.16	32.16	150m: 1:46.88	37.57	250m: 3:08.78	45.36	350m: 4:30.73	36.27		
	100m: 1:09.31	37.15	200m: 2:23.42	36.54	300m: 3:54.46	45.68	400m: 5:06.26	35.53		
15.	TADKO Wiktoria		05	MKS SMS Victoria Racibórz				5:08.68	590	B
	50m: 33.53	33.53	150m: 1:50.66	39.65	250m: 3:13.73	44.53	350m: 4:33.92	35.82		
	100m: 1:11.01	37.48	200m: 2:29.20	38.54	300m: 3:58.10	44.37	400m: 5:08.68	34.76		
16.	GRO Weronika		03	MKS ASTORIA Bydgoszcz				5:10.42	580	B
	50m: 31.79	31.79	150m: 1:49.90	40.25	250m: 3:12.35	43.19	350m: 4:34.18	37.57		
	100m: 1:09.65	37.86	200m: 2:29.16	39.26	300m: 3:56.61	44.26	400m: 5:10.42	36.24		

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Pozycja			Rok ur.				Czas				Pkt.
17.	WO NICA Milena		04	UKS	ABIANKA Gda sk			5:10.54	579	B	
	50m:	33.35 33.35	150m:	1:52.39 39.97	250m:	3:15.84 43.75	350m:	4:35.43 35.45			
	100m:	1:12.42 39.07	200m:	2:32.09 39.70	300m:	3:59.98 44.14	400m:	5:10.54 35.11			
18.	BURDYN Dominika		05	KU AZS	UMCS Lublin			5:13.30	564	B	
	50m:	32.67 32.67	150m:	1:49.43 38.66	250m:	3:13.81 45.13	350m:	4:37.29 37.56			
	100m:	1:10.77 38.10	200m:	2:28.68 39.25	300m:	3:59.73 45.92	400m:	5:13.30 36.01			
19.	FIRA Weronika		04	SIKRET	Gliwice			5:14.51	558	B	
	50m:	33.56 33.56	150m:	1:51.41 39.47	250m:	3:15.73 45.68	350m:	4:39.16 36.97			
	100m:	1:11.94 38.38	200m:	2:30.05 38.64	300m:	4:02.19 46.46	400m:	5:14.51 35.35			
20.	KLIMIUK Zuzanna		05	MKP	SŁOWIANKA Gorzów Wlkp.			5:22.98	515	B	
	50m:	36.41 36.41	150m:	1:58.74 40.77	250m:	3:24.35 45.53	350m:	4:48.71 37.38			
	100m:	1:17.97 41.56	200m:	2:38.82 40.08	300m:	4:11.33 46.98	400m:	5:22.98 34.27			
21.	HAŁADYN Kamila		04	UKS	SP-149 Łód			5:24.26	509	C	
	50m:	32.62 32.62	150m:	1:52.28 42.46	250m:	3:22.83 49.22	350m:	4:50.14 37.63			
	100m:	1:09.82 37.20	200m:	2:33.61 41.33	300m:	4:12.51 49.68	400m:	5:24.26 34.12			
22.	KAROLCZAK Pola		06	MUKS	PI TNASTKA Bydgoszcz			5:26.23	500	C	
	50m:	33.69 33.69	150m:	1:55.77 41.66	250m:	3:22.37 46.01	350m:	4:48.20 39.44			
	100m:	1:14.11 40.42	200m:	2:36.36 40.59	300m:	4:08.76 46.39	400m:	5:26.23 38.03			
23.	ZAKRZEWSKA Barbara		05	UKS	Kro nicka Przysta			5:47.17	414	C	
	50m:	34.35 34.35	150m:	2:00.18 43.82	250m:	3:35.58 52.27	350m:	5:07.70 40.06			
	100m:	1:16.36 42.01	200m:	2:43.31 43.13	300m:	4:27.64 52.06	400m:	5:47.17 39.47			