



Zawody o Puchar Prezydenta Mielca  
Mielec, 25.2.2023

Konkurencja 2  
25.02.2023 - 9:29

M czynn, 400m dowolny

Open  
Wyniki

Punkty: FINA 2022

Pozycja		Rok ur.						Czas	Pkt.
<b>13 lat i młodsi</b>									
1.	STARACHOWSKI Maciej	10	KS KSZO Ostrowiec w.					<b>4:57.22</b>	364
	50m: 32.19 32.19	150m: 1:45.81	37.27	250m: 3:02.60	38.57	350m: 4:20.26	38.82		
	100m: 1:08.54 36.35	200m: 2:24.03	38.22	300m: 3:41.44	38.84	400m: 4:57.22	36.96		
2.	ROMANTSOV Kyrilo	11	BOSiR Brzesko					<b>5:03.56</b>	341
	50m: 35.16 35.16	150m: 1:52.41	38.68	250m: 3:09.61	38.68	350m: 4:26.91	38.71		
	100m: 1:13.73 38.57	200m: 2:30.93	38.52	300m: 3:48.20	38.59	400m: 5:03.56	36.65		
3.	SIWIEC Ksawery	10	PIRANIE SOSiR Nowa D ba					<b>5:12.55</b>	313
	50m: 33.56 33.56	150m: 1:51.58	40.25	250m: 3:12.28	40.64	350m: 4:35.18	41.64		
	100m: 1:11.33 37.77	200m: 2:31.64	40.06	300m: 3:53.54	41.26	400m: 5:12.55	37.37		
4.	FTARAS Apostolos	10	MKS IKAR STAL Mielec					<b>5:25.43</b>	277
	50m: 34.82 34.82	150m: 1:53.83	40.13	250m: 3:16.35	41.66	350m: 4:43.41	43.83		
	100m: 1:13.70 38.88	200m: 2:34.69	40.86	300m: 3:59.58	43.23	400m: 5:25.43	42.02		
5.	SPANDLOWSKI Oliwier	10	MKS IKAR STAL Mielec					<b>5:25.78</b>	276
	50m: 36.00 36.00	150m: 1:56.37	40.58	250m: 3:18.87	41.53	350m: 4:45.03	42.84		
	100m: 1:15.79 39.79	200m: 2:37.34	40.97	300m: 4:02.19	43.32	400m: 5:25.78	40.75		
6.	LIGNOS Stylianos	11	UKP GRYF D bica					<b>6:37.71</b>	151
	50m: 52.79 52.79	150m: 2:32.98	52.89	250m: 4:15.27	50.58	350m: 5:52.67	48.06		
	100m: 1:40.09 47.30	200m: 3:24.69	51.71	300m: 5:04.61	49.34	400m: 6:37.71	45.04		
<b>14 - 15 lat</b>									
1.	GŁOGOWSKI Seweryn	08	MUKP MOSiR ORKA Kielce					<b>4:41.15</b>	430
	50m: 30.59 30.59	150m: 1:41.47	36.60	250m: 2:54.02	36.65	350m: 4:07.45	36.45		
	100m: 1:04.87 34.28	200m: 2:17.37	35.90	300m: 3:31.00	36.98	400m: 4:41.15	33.70		
2.	WICHA Antoni	08	KS KSZO Ostrowiec w.					<b>4:47.88</b>	400
	50m: 31.98 31.98	150m: 1:43.25	36.29	250m: 2:57.78	37.55	350m: 4:12.47	37.52		
	100m: 1:06.96 34.98	200m: 2:20.23	36.98	300m: 3:34.95	37.17	400m: 4:47.88	35.41		
3.	K PI SKI Rafał	09	KS KSZO Ostrowiec w.					<b>4:54.69</b>	373
	50m: 33.08 33.08	150m: 1:46.56	37.22	250m: 3:02.32	37.90	350m: 4:17.84	37.42		
	100m: 1:09.34 36.26	200m: 2:24.42	37.86	300m: 3:40.42	38.10	400m: 4:54.69	36.85		
4.	SMYKIEWICZ Mateusz	09	SKP DELFIN Kozienice					<b>4:56.36</b>	367
	50m: 32.41 32.41	150m: 1:45.76	37.24	250m: 3:02.29	38.47	350m: 4:19.41	38.43		
	100m: 1:08.52 36.11	200m: 2:23.82	38.06	300m: 3:40.98	38.69	400m: 4:56.36	36.95		
5.	BIENIEK Michał	09	SKP DELFIN Kozienice					<b>4:57.86</b>	361
	50m: 33.61 33.61	150m: 1:50.27	38.70	250m: 3:06.78	37.87	350m: 4:22.69	38.02		
	100m: 1:11.57 37.96	200m: 2:28.91	38.64	300m: 3:44.67	37.89	400m: 4:57.86	35.17		
6.	MIARA Piotr	09	KP ORLIK Przeworsk					<b>5:41.85</b>	239
	50m: 36.74 36.74	150m: 2:02.24	43.73	250m: 3:29.89	44.06	350m: 4:59.71	45.00		
	100m: 1:18.51 41.77	200m: 2:45.83	43.59	300m: 4:14.71	44.82	400m: 5:41.85	42.14		