

VI Aquathlon Rzeszów 2023, Grand Prix Polskiego Związku Triathlonu w Aquathlonie
Rzeszów, 19-3-2023

Konkurencja 5
2023-03-19 - 10:38

400m dowolny

15 - 17 lat
Wyniki

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.	
Juniorzy młodsi (K15, M15), Kobiet										
1.	GAJDA Martyna		08	SWIM TRI Rzeszów				4:48.05		
	50m:	31.69 31.69	150m:	1:45.14	37.09	250m:	3:00.14	37.36	350m:	4:13.80 36.65
	100m:	1:08.05 36.36	200m:	2:22.78	37.64	300m:	3:37.15	37.01	400m:	4:48.05 34.25
2.	WO NIAK Beata		08	TS Akwedukt Kielce				4:54.33		
	50m:	32.34 32.34	150m:	1:46.03	37.43	250m:	3:01.58	37.74	350m:	4:18.06 38.22
	100m:	1:08.60 36.26	200m:	2:23.84	37.81	300m:	3:39.84	38.26	400m:	4:54.33 36.27
3.	SŁABIK Nadia		08	SWIM TRI Rzeszów				5:14.18		
	50m:	36.11 36.11	150m:	1:54.49	39.79	250m:	3:14.06	39.59	350m:	4:34.20 40.31
	100m:	1:14.70 38.59	200m:	2:34.47	39.98	300m:	3:53.89	39.83	400m:	5:14.18 39.98
4.	ŁASTOWIECKA Karolina		07	KS Barakuda Mi sk Mazowiecki				5:15.99		
	50m:	33.78 33.78	150m:	1:51.80	39.99	250m:	3:14.11	41.35	350m:	4:36.90 41.24
	100m:	1:11.81 38.03	200m:	2:32.76	40.96	300m:	3:55.66	41.55	400m:	5:15.99 39.09
5.	CZERWIEC Karolina		07	KMITA Zabierzów				5:23.58		
	50m:	34.99 34.99	150m:	1:54.06	40.24	250m:	3:16.70	41.77	350m:	4:41.67 42.52
	100m:	1:13.82 38.83	200m:	2:34.93	40.87	300m:	3:59.15	42.45	400m:	5:23.58 41.91
6.	SZYLBURG Anna		08	KS Barakuda Mi sk Mazowiecki				5:33.76		
	50m:	35.08 35.08	150m:	1:58.63	42.58	250m:	3:26.30	44.26	350m:	4:53.48 43.49
	100m:	1:16.05 40.97	200m:	2:42.04	43.41	300m:	4:09.99	43.69	400m:	5:33.76 40.28
7.	ROCZON Jagoda		07	UKS 51 Lublin				5:36.59		
	50m:	38.51 38.51	150m:	2:01.44	42.21	250m:	3:27.92	43.88	350m:	4:54.92 43.04
	100m:	1:19.23 40.72	200m:	2:44.04	42.60	300m:	4:11.88	43.96	400m:	5:36.59 41.67
8.	WÓJTOWICZ Eliza		07	Niezrzeszeni				6:05.60		
	50m:	37.91 37.91	150m:	2:07.41	46.29	250m:	3:43.15	48.50	350m:	5:20.77 48.77
	100m:	1:21.12 43.21	200m:	2:54.65	47.24	300m:	4:32.00	48.85	400m:	6:05.60 44.83
9.	AMBROSZKO Weronika		08	KKL Stal Stalowa Wola				6:17.36		
	50m:	37.72 37.72	150m:	2:07.66	46.75	250m:	3:46.90	49.95	350m:	5:29.13 51.43
	100m:	1:20.91 43.19	200m:	2:56.95	49.29	300m:	4:37.70	50.80	400m:	6:17.36 48.23
10.	KAŁOWSKA Emilia		07	KS Barakuda Mi sk Mazowiecki				6:36.17		
	50m:	39.61 39.61	150m:	2:15.29	50.48	250m:	4:01.08	52.01	350m:	5:47.34 52.04
	100m:	1:24.81 45.20	200m:	3:09.07	53.78	300m:	4:55.30	54.22	400m:	6:36.17 48.83
11.	GÓ D Maria		07	TS Akwedukt Kielce				7:06.51		
	50m:	46.19 46.19	150m:	2:27.78	52.04	250m:	4:16.82	55.81	350m:	6:09.65 53.31
	100m:	1:35.74 49.55	200m:	3:21.01	53.23	300m:	5:16.34	59.52	400m:	7:06.51 56.86

Juniorzy młodsi (K15, M15), Chłopców

1.	JARZ B Tymoteusz		06	SWIM TRI Rzeszów				4:17.79		
	50m:	28.54 28.54	150m:	1:33.34	32.97	250m:	2:39.93	33.43	350m:	3:45.53 32.57
	100m:	1:00.37 31.83	200m:	2:06.50	33.16	300m:	3:12.96	33.03	400m:	4:17.79 32.26
2.	SIERADZAN Nataniel		06	TS Akwedukt Kielce				4:26.98		
	50m:	30.17 30.17	150m:	1:36.42	33.48	250m:	2:44.84	34.38	350m:	3:54.02 34.64
	100m:	1:02.94 32.77	200m:	2:10.46	34.04	300m:	3:19.38	34.54	400m:	4:26.98 32.96
3.	ANTOSIK Kacper		07	UKS G-8 Bielany				4:29.72		
	50m:	30.46 30.46	150m:	1:38.15	34.27	250m:	2:48.06	35.05	350m:	3:56.91 34.07
	100m:	1:03.88 33.42	200m:	2:13.01	34.86	300m:	3:22.84	34.78	400m:	4:29.72 32.81
4.	SUCHAN Jakub		06	UKS G-8 Bielany				4:38.00		
	50m:	30.87 30.87	150m:	1:39.29	34.49	250m:	2:50.72	35.95	350m:	4:02.69 36.12
	100m:	1:04.80 33.93	200m:	2:14.77	35.48	300m:	3:26.57	35.85	400m:	4:38.00 35.31
5.	MISZTAL Krzysztof		06	TS Akwedukt Kielce				4:44.97		
	50m:	31.68 31.68	150m:	1:41.51	35.61	250m:	2:54.70	37.04	350m:	4:09.03 37.55
	100m:	1:05.90 34.22	200m:	2:17.66	36.15	300m:	3:31.48	36.78	400m:	4:44.97 35.94

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Konkurencja 5, Chłopców, 400m dowolny, Juniorzy młodsi (K15, M15)

Pozycja			Rok ur.					Czas	Pkt.		
6.	OPANASIUK Witalij		08	KMITA Zabierzów				4:49.55			
	50m:	31.91 31.91	150m:	1:44.70	36.68	250m:	2:59.62	37.33	350m:	4:13.73	37.32
	100m:	1:08.02 36.11	200m:	2:22.29	37.59	300m:	3:36.41	36.79	400m:	4:49.55	35.82
7.	GO CI SKI Jakub		07	UKS 51 Lublin				4:58.27			
	50m:	29.67 29.67	150m:	1:40.59	36.48	250m:	2:57.20	39.07	350m:	4:18.17	41.13
	100m:	1:04.11 34.44	200m:	2:18.13	37.54	300m:	3:37.04	39.84	400m:	4:58.27	40.10
8.	SM TEK Rafał		06	KS Cardio-Sport				4:59.79			
	50m:	31.57 31.57	150m:	1:44.79	37.42	250m:	3:02.95	39.44	350m:	4:21.90	39.39
	100m:	1:07.37 35.80	200m:	2:23.51	38.72	300m:	3:42.51	39.56	400m:	4:59.79	37.89
9.	KOS Dawid		06	TS Akwedukt Kielce				5:03.65			
	50m:	33.01 33.01	150m:	1:49.10	38.32	250m:	3:07.50	39.28	350m:	4:26.16	39.26
	100m:	1:10.78 37.77	200m:	2:28.22	39.12	300m:	3:46.90	39.40	400m:	5:03.65	37.49
10.	CYNK Jakub		06	SWIM TRI Rzeszów				5:22.35			
	50m:	33.70 33.70	150m:	1:53.55	41.79	250m:	3:18.18	42.29	350m:	4:42.25	42.12
	100m:	1:11.76 38.06	200m:	2:35.89	42.34	300m:	4:00.13	41.95	400m:	5:22.35	40.10
11.	JANKOWSKI Hubert		08	ORKA Ława				5:24.03			
	50m:	34.94 34.94	150m:	1:56.28	41.84	250m:	3:20.45	42.55	350m:	4:45.34	42.48
	100m:	1:14.44 39.50	200m:	2:37.90	41.62	300m:	4:02.86	42.41	400m:	5:24.03	38.69
12.	PESZT Michał <i>Fal + 5 sec</i>		08	SportWise Kraków				5:25.17			
	50m:	34.50 34.50	150m:	1:53.29	40.56	250m:	3:17.23	42.59	350m:	4:42.97	42.46
	100m:	1:12.73 38.23	200m:	2:34.64	41.35	300m:	4:00.51	43.28	400m:	5:25.17	42.20
13.	SM TEK Marek		06	KS Cardio-Sport				5:25.52			
	50m:	35.25 35.25	150m:	1:56.95	41.71	250m:	3:21.98	43.04	350m:	4:49.07	43.37
	100m:	1:15.24 39.99	200m:	2:38.94	41.99	300m:	4:05.70	43.72	400m:	5:25.52	36.45
14.	KLACZKOWSKI Borys		07	Giorre Sport Team				5:30.35			
	50m:	32.13 32.13	150m:	1:50.17	40.52	250m:	3:17.18	44.66	350m:	4:47.01	45.45
	100m:	1:09.65 37.52	200m:	2:32.52	42.35	300m:	4:01.56	44.38	400m:	5:30.35	43.34
15.	KUKUCZ-LEGIE Maksymilian		08	SportWise Kraków				5:46.34			
	50m:	37.88 37.88	150m:	2:02.45	43.23	250m:	3:32.54	44.74	350m:	5:03.66	45.41
	100m:	1:19.22 41.34	200m:	2:47.80	45.35	300m:	4:18.25	45.71	400m:	5:46.34	42.68
16.	SOKÓŁ Przemysław		08	SWIM TRI Rzeszów				5:57.05			
	50m:	35.03 35.03	150m:	2:02.40	45.24	250m:	3:36.28	47.31	350m:	5:11.55	47.74
	100m:	1:17.16 42.13	200m:	2:48.97	46.57	300m:	4:23.81	47.53	400m:	5:57.05	45.50
17.	SUROWIEC Maciej		08	SportWise Kraków				5:58.84			
	50m:	36.66 36.66	150m:	2:06.53	46.32	250m:	3:39.43	47.53	350m:	5:14.04	46.89
	100m:	1:20.21 43.55	200m:	2:51.90	45.37	300m:	4:27.15	47.72	400m:	5:58.84	44.80
18.	MAGOLAN Piotr		08	KMITA Zabierzów				6:11.45			
	50m:	40.00 40.00	150m:	2:12.29	46.83	250m:	3:48.12	48.22	350m:	5:23.97	47.58
	100m:	1:25.46 45.46	200m:	2:59.90	47.61	300m:	4:36.39	48.27	400m:	6:11.45	47.48
19.	PIASECKI Mariusz		08	RTP Victoria Radom				6:34.38			
	50m:	40.23 40.23	150m:	2:15.88	49.21	250m:	4:00.37	51.55	350m:	5:44.69	52.34
	100m:	1:26.67 46.44	200m:	3:08.82	52.94	300m:	4:52.35	51.98	400m:	6:34.38	49.69