

Parapływackie Mistrzostwa Polski Juniorów i Juniorów Młodszych
Warszawa, 20- - 21-5-2023

 Konkurencja 7
2023-05-20 - 12:21

Kobiet, 400m dowolny

 Open
Wyniki

Punkty: WPSY 2023

Pozycja			Rok ur.					Czas	Pkt.
Open									
1.	BORUSZEWSKA Zuzanna		05	UKS SP 149 Łód				5:28.95	1024
	50m:	36.59 36.59	150m:	2:00.31 42.55	250m:	3:24.29 42.21	350m:	4:47.74 41.12	
	100m:	1:17.76 41.17	200m:	2:42.08 41.77	300m:	4:06.62 42.33	400m:	5:28.95 41.21	
2.	SOŁTYSIK Julia		11	WSSiRN START				6:17.99	599
	50m:	41.56 41.56	150m:	2:17.02 48.73	250m:	3:55.39 49.68	350m:	5:32.11 45.65	
	100m:	1:28.29 46.73	200m:	3:05.71 48.69	300m:	4:46.46 51.07	400m:	6:17.99 45.88	
3.	STRZOP Roksana		05	WSSiRN START				6:39.40	449
	50m:	43.11 43.11	150m:	2:22.32 50.26	250m:	4:04.73 51.21	350m:	5:48.92 52.29	
	100m:	1:32.06 48.95	200m:	3:13.52 51.20	300m:	4:56.63 51.90	400m:	6:39.40 50.48	
4.	LEWANDOWSKA Emilia		12	WSSiRN START				7:53.69	156
	50m:	53.02 53.02	150m:	2:52.66 1:01.21	250m:	4:56.66 1:01.89	350m:	6:54.65 54.75	
	100m:	1:51.45 58.43	200m:	3:54.77 1:02.11	300m:	5:59.90 1:03.24	400m:	7:53.69 59.04	
5.	LABUS Jagoda		10	WSSiRN START				10:32.67	1
	50m:	1:12.84 1:12.84	150m:	3:53.03 1:20.88	250m:	6:34.01 1:20.39	350m:	9:14.81 1:20.25	
	100m:	2:32.15 1:19.31	200m:	5:13.62 1:20.59	300m:	7:54.56 1:20.55	400m:	10:32.67 1:17.86	

17 - 18 lat

1.	BORUSZEWSKA Zuzanna		05	UKS SP 149 Łód				5:28.95	1024
	50m:	36.59 36.59	150m:	2:00.31 42.55	250m:	3:24.29 42.21	350m:	4:47.74 41.12	
	100m:	1:17.76 41.17	200m:	2:42.08 41.77	300m:	4:06.62 42.33	400m:	5:28.95 41.21	
2.	STRZOP Roksana		05	WSSiRN START				6:39.40	449
	50m:	43.11 43.11	150m:	2:22.32 50.26	250m:	4:04.73 51.21	350m:	5:48.92 52.29	
	100m:	1:32.06 48.95	200m:	3:13.52 51.20	300m:	4:56.63 51.90	400m:	6:39.40 50.48	

13 - 16 lat

1.	LABUS Jagoda		10	WSSiRN START				10:32.67	1
	50m:	1:12.84 1:12.84	150m:	3:53.03 1:20.88	250m:	6:34.01 1:20.39	350m:	9:14.81 1:20.25	
	100m:	2:32.15 1:19.31	200m:	5:13.62 1:20.59	300m:	7:54.56 1:20.55	400m:	10:32.67 1:17.86	

12 lat i młodszy

1.	SOŁTYSIK Julia		11	WSSiRN START				6:17.99	599
	50m:	41.56 41.56	150m:	2:17.02 48.73	250m:	3:55.39 49.68	350m:	5:32.11 45.65	
	100m:	1:28.29 46.73	200m:	3:05.71 48.69	300m:	4:46.46 51.07	400m:	6:17.99 45.88	
2.	LEWANDOWSKA Emilia		12	WSSiRN START				7:53.69	156
	50m:	53.02 53.02	150m:	2:52.66 1:01.21	250m:	4:56.66 1:01.89	350m:	6:54.65 54.75	
	100m:	1:51.45 58.43	200m:	3:54.77 1:02.11	300m:	5:59.90 1:03.24	400m:	7:53.69 59.04	