

Finał ARENA Grand Prix Puchar Polski
Łódź , 02-04.06.2023
Konkurencja 10
02.06.2023 - 18:35
M czynn, 400m zmienny
14 lat i starsi
Wyniki Finał
Rekord Polski 4:12.28 **MATCZAK Mateusz** POL Belgrade (SRB) 11.07.2009

Punkty: FINA 2023

Pozycja			Rok ur.			Czas	Pkt.
Finał A							
1.	CHMIELEWSKI Krzysztof	04	IUKS MUSZELKA Warszawa	4:23.06	796		
	50m: 26.72 26.72	150m: 1:31.89 34.38	250m: 2:45.02 40.42	350m: 3:54.40 29.31			
	100m: 57.51 30.79	200m: 2:04.60 32.71	300m: 3:25.09 40.07	400m: 4:23.06 28.66			
2.	KUCZAK Adam	00	AZS AWF Katowice	4:25.38	775		
	50m: 27.70 27.70	150m: 1:33.91 34.13	250m: 2:45.13 37.76	350m: 3:54.63 30.52			
	100m: 59.78 32.08	200m: 2:07.37 33.46	300m: 3:24.11 38.98	400m: 4:25.38 30.75			
3.	MRÓZ Adam	03	KU AZS UMCS Lublin	4:26.95	762		
	50m: 27.78 27.78	150m: 1:33.76 34.27	250m: 2:45.54 37.27	350m: 3:55.25 31.60			
	100m: 59.49 31.71	200m: 2:08.27 34.51	300m: 3:23.65 38.11	400m: 4:26.95 31.70			
4.	POGODA Krzysztof	05	MKS JEDYNKA Łódź	4:42.19	645		
	50m: 29.02 29.02	150m: 1:40.07 37.28	250m: 2:55.38 39.15	350m: 4:09.88 33.51			
	100m: 1:02.79 33.77	200m: 2:16.23 36.16	300m: 3:36.37 40.99	400m: 4:42.19 32.31			
5.	WIDERSKI Miłosz	08	MKS JEDYNKA Łódź	4:43.79	634		
	50m: 29.54 29.54	150m: 1:40.74 36.71	250m: 2:58.91 41.58	350m: 4:13.06 31.04			
	100m: 1:04.03 34.49	200m: 2:17.33 36.59	300m: 3:42.02 43.11	400m: 4:43.79 30.73			
6.	TARCZY SKI Bartosz	07	UKS 190 Łódź	4:44.76	627		
	50m: 30.24 30.24	150m: 1:44.94 39.73	250m: 3:01.71 38.73	350m: 4:13.88 33.65			
	100m: 1:05.21 34.97	200m: 2:22.98 38.04	300m: 3:40.23 38.52	400m: 4:44.76 30.88			
7.	JARCZEWSKI Franciszek	05	UKS 190 Łódź	4:48.63	602		
	50m: 30.24 30.24	150m: 1:42.57 38.15	250m: 3:00.77 41.78	350m: 4:16.23 33.48			
	100m: 1:04.42 34.18	200m: 2:18.99 36.42	300m: 3:42.75 41.98	400m: 4:48.63 32.40			
8.	OŁOWNIA Ignacy	07	KS DELFIN Gdynia	4:48.65	602		
	50m: 29.44 29.44	150m: 1:41.75 37.40	250m: 3:01.24 43.44	350m: 4:17.97 33.51			
	100m: 1:04.35 34.91	200m: 2:17.80 36.05	300m: 3:44.46 43.22	400m: 4:48.65 30.68			
9.	KOBUS Tymoteusz	05	UKS ABIANKA Gda sk	4:48.79	601		
	50m: 28.55 28.55	150m: 1:41.84 39.75	250m: 3:01.49 40.89	350m: 4:17.10 33.36			
	100m: 1:02.09 33.54	200m: 2:20.60 38.76	300m: 3:43.74 42.25	400m: 4:48.79 31.69			
10.	SROKA Bła ej	05	UKS ABIANKA Gda sk	5:03.42	519		
	50m: 27.69 27.69	150m: 1:46.09 44.70	250m: 3:12.28 44.75	350m: 4:28.80 31.99			
	100m: 1:01.39 33.70	200m: 2:27.53 41.44	300m: 3:56.81 44.53	400m: 5:03.42 34.62			
Finał B							
11.	JOACHIMOWICZ Patryk	08	KU AZS UMCS Lublin	4:53.05	576		
	50m: 29.00 29.00	150m: 1:40.55 37.23	250m: 3:01.55 43.46	350m: 4:19.66 33.34			
	100m: 1:03.32 34.32	200m: 2:18.09 37.54	300m: 3:46.32 44.77	400m: 4:53.05 33.39			
12.	STR K Krystian	08	UKP UNIA O wi cim	5:00.53	534		
	50m: 29.31 29.31	150m: 1:44.90 39.04	250m: 3:07.75 44.45	350m: 4:28.12 34.54			
	100m: 1:05.86 36.55	200m: 2:23.30 38.40	300m: 3:53.58 45.83	400m: 5:00.53 32.41			
13.	PAWLAK Dawid	08	UKS 190 Łódź	5:04.19	515		
	50m: 32.17 32.17	150m: 1:50.38 42.15	250m: 3:14.50 42.49	350m: 4:31.63 34.08			
	100m: 1:08.23 36.06	200m: 2:32.01 41.63	300m: 3:57.55 43.05	400m: 5:04.19 32.56			
14.	LESIAK Piotr	09	SKS 137 DELFIN Łódź	5:05.50	508		
	50m: 33.08 33.08	150m: 1:50.70 38.66	250m: 3:12.95 43.06	350m: 4:31.30 34.04			
	100m: 1:12.04 38.96	200m: 2:29.89 39.19	300m: 3:57.26 44.31	400m: 5:05.50 34.20			
15.	TRUDNOS Ignacy	08	UKS 190 Łódź	5:08.62	493		
	50m: 33.49 33.49	150m: 1:53.34 41.52	250m: 3:15.99 42.79	350m: 4:34.93 36.38			
	100m: 1:11.82 38.33	200m: 2:33.20 39.86	300m: 3:58.55 42.56	400m: 5:08.62 33.69			
16.	WALKOWSKI Bartosz	07	UKS 190 Łódź	5:10.17	485		
	50m: 29.81 29.81	150m: 1:47.84 42.80	250m: 3:14.05 45.32	350m: 4:35.29 35.43			
	100m: 1:05.04 35.23	200m: 2:28.73 40.89	300m: 3:59.86 45.81	400m: 5:10.17 34.88			

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Pozycja		Rok ur.						Czas	Pkt.	
17.	GAŁO SKI Tomasz	07	KP Solne Miasto Wieliczka					5:10.36	484	
	50m: 31.37 31.37	150m: 1:51.77	43.32	250m: 3:15.84	42.63	350m: 4:34.68	36.46			
	100m: 1:08.45 37.08	200m: 2:33.21	41.44	300m: 3:58.22	42.38	400m: 5:10.36	35.68			
18.	BALCEROWICZ Ryszard	08	UKS ABIANKA Gda sk					5:21.85	434	
	50m: 33.10 33.10	150m: 1:52.97	41.31	250m: 3:19.46	46.20	350m: 4:45.13	38.37			
	100m: 1:11.66 38.56	200m: 2:33.26	40.29	300m: 4:06.76	47.30	400m: 5:21.85	36.72			
DYSKW.	HALKIEWICZ Maciej	08	UKS OMEGA Olkusz							
	K16									