

Finał ARENA Grand Prix Puchar Polski
Łódź, 02-04.06.2023
Konkurencja 21
03.06.2023 - 10:42
Kobiet, 400m dowolny
14 lat i starsi
Wyniki Eliminacje
Rekord Polski 4:04.23 **JEDRZEJCZAK Otylia** POL Melbourne (AUS) 25.03.2007

Punkty: FINA 2023

Pozycja			Rok ur.							Czas	Pkt.
1.	POLA SKA Aleksandra		00	KU AZS UW						4:23.91	718 A
	50m:	30.20 30.20	150m:	1:36.31	33.22	250m:	2:43.84	33.48	350m:	3:51.35	33.49
	100m:	1:03.09 32.89	200m:	2:10.36	34.05	300m:	3:17.86	34.02	400m:	4:23.91	32.56
2.	W GRZYNOWSKA Aleksandra		01	WKS L SK Wrocław						4:24.79	711 A
	50m:	30.33 30.33	150m:	1:36.77	33.32	250m:	2:44.58	33.78	350m:	3:52.02	33.60
	100m:	1:03.45 33.12	200m:	2:10.80	34.03	300m:	3:18.42	33.84	400m:	4:24.79	32.77
3.	PIEKARSKA Natalia		06	UKS 190 Łódź						4:25.53	705 A
	50m:	31.53 31.53	150m:	1:38.53	33.30	250m:	2:45.72	33.68	350m:	3:53.03	33.34
	100m:	1:05.23 33.70	200m:	2:12.04	33.51	300m:	3:19.69	33.97	400m:	4:25.53	32.50
4.	NOWAK Maja		03	KU AZS UW						4:27.79	687 A
	50m:	31.61 31.61	150m:	1:39.76	33.99	250m:	2:47.61	33.42	350m:	3:54.57	33.28
	100m:	1:05.77 34.16	200m:	2:14.19	34.43	300m:	3:21.29	33.68	400m:	4:27.79	33.22
5.	KULIK Julia		05	KU AZS UW						4:30.13	670 A
	50m:	31.22 31.22	150m:	1:39.40	33.70	250m:	2:47.59	33.65	350m:	3:56.24	34.07
	100m:	1:05.70 34.48	200m:	2:13.94	34.54	300m:	3:22.17	34.58	400m:	4:30.13	33.89
6.	TRACZYK Anna		06	MKS JUVENIA Wrocław						4:32.36	653 A
	50m:	31.13 31.13	150m:	1:39.71	34.34	250m:	2:49.10	34.37	350m:	3:58.37	33.99
	100m:	1:05.37 34.24	200m:	2:14.73	35.02	300m:	3:24.38	35.28	400m:	4:32.36	33.99
7.	WALCZAK Barbara		06	UKS G-8 Bielany Warszawa						4:32.57	652 A
	50m:	31.10 31.10	150m:	1:39.51	34.47	250m:	2:48.88	34.83	350m:	3:58.88	34.81
	100m:	1:05.04 33.94	200m:	2:14.05	34.54	300m:	3:24.07	35.19	400m:	4:32.57	33.69
8.	MACIAK Julia		06	IUKS MUSZELKA Warszawa						4:36.26	626 A
	50m:	31.79 31.79	150m:	1:42.43	35.41	250m:	2:52.78	35.23	350m:	4:02.58	34.76
	100m:	1:07.02 35.23	200m:	2:17.55	35.12	300m:	3:27.82	35.04	400m:	4:36.26	33.68
9.	PASIEROWSKA Wiktoria		05	UKS GIM 92 Ursynów						4:36.47	625 A
	50m:	32.38 32.38	150m:	1:42.62	35.24	250m:	2:52.17	34.64	350m:	4:02.31	35.05
	100m:	1:07.38 35.00	200m:	2:17.53	34.91	300m:	3:27.26	35.09	400m:	4:36.47	34.16
10.	RUDOMINA Agnieszka		06	MKP Gdańsk						4:36.50	624 A
	50m:	31.00 31.00	150m:	1:40.29	35.28	250m:	2:51.28	35.71	350m:	4:02.28	35.38
	100m:	1:05.01 34.01	200m:	2:15.57	35.28	300m:	3:26.90	35.62	400m:	4:36.50	34.22
11.	SAMORAJ Oliwia		05	MKS Piaseczno						4:37.62	617 B
	50m:	31.64 31.64	150m:	1:40.83	34.93	250m:	2:51.73	35.76	350m:	4:03.32	35.71
	100m:	1:05.90 34.26	200m:	2:15.97	35.14	300m:	3:27.61	35.88	400m:	4:37.62	34.30
12.	WRZESI SKA Wiktoria		04	UKS 190 Łódź						4:40.56	598 B
	50m:	32.46 32.46	150m:	1:43.78	35.73	250m:	2:54.88	35.51	350m:	4:05.63	35.38
	100m:	1:08.05 35.59	200m:	2:19.37	35.59	300m:	3:30.25	35.37	400m:	4:40.56	34.93
13.	TRAFALSKA Zuzanna		07	UKS 190 Łódź						4:42.39	586 B
	50m:	33.43 33.43	150m:	1:44.31	35.16	250m:	2:55.47	35.61	350m:	4:07.06	35.49
	100m:	1:09.15 35.72	200m:	2:19.86	35.55	300m:	3:31.57	36.10	400m:	4:42.39	35.33
14.	LECHOWSKA Magdalena		06	WKS L SK Wrocław						4:43.58	579 B
	50m:	31.28 31.28	150m:	1:41.29	35.48	250m:	2:54.29	36.80	350m:	4:07.78	36.74
	100m:	1:05.81 34.53	200m:	2:17.49	36.20	300m:	3:31.04	36.75	400m:	4:43.58	35.80
15.	SOWA Barbara		07	UKP UNIA O wi cim						4:44.37	574 B
	50m:	31.74 31.74	150m:	1:42.27	35.71	250m:	2:55.56	37.03	350m:	4:08.70	36.36
	100m:	1:06.56 34.82	200m:	2:18.53	36.26	300m:	3:32.34	36.78	400m:	4:44.37	35.67
16.	RODZIEWICZ Alicja		08	UKS NAWA Skierniewice						4:45.21	569 B
	50m:	32.43 32.43	150m:	1:43.08	35.61	250m:	2:55.38	36.08	350m:	4:07.90	36.41
	100m:	1:07.47 35.04	200m:	2:19.30	36.22	300m:	3:31.49	36.11	400m:	4:45.21	37.31

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Łódź, 02-04.06.2023**
Konkurencja 21, Kobiet, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
17.	GRZESIAK Oliwia		07	WKS L SK Wrocław			4:46.33	562 B	
	50m: 30.73 30.73	150m: 1:41.82		36.06	250m: 2:55.50	36.83	350m: 4:10.21	37.62	
	100m: 1:05.76 35.03	200m: 2:18.67		36.85	300m: 3:32.59	37.09	400m: 4:46.33	36.12	
18.	W GRZYCKA Małgorzata		07	MKS TRÓJKA Łódź			4:47.32	556 B	
	50m: 32.34 32.34	150m: 1:44.47		36.43	250m: 2:57.31	36.75	350m: 4:11.90	36.91	
	100m: 1:08.04 35.70	200m: 2:20.56		36.09	300m: 3:34.99	37.68	400m: 4:47.32	35.42	
19.	SOBCZAK Antonina		07	AZS AWF Warszawa			4:47.40	556 B	
	50m: 32.64 32.64	150m: 1:46.29		37.06	250m: 3:00.40	36.92	350m: 4:13.94	36.52	
	100m: 1:09.23 36.59	200m: 2:23.48		37.19	300m: 3:37.42	37.02	400m: 4:47.40	33.46	
20.	WRONA Maria		08	UKP UNIA O wi cim			4:47.45	556 B	
	50m: 33.20 33.20	150m: 1:45.26		36.36	250m: 2:58.38	36.62	350m: 4:11.70	36.80	
	100m: 1:08.90 35.70	200m: 2:21.76		36.50	300m: 3:34.90	36.52	400m: 4:47.45	35.75	
21.	TUPALSKA Oliwia		05	KU AZS UMCS Lublin			4:49.01	547 R	
	50m: 33.12 33.12	150m: 1:45.96		36.52	250m: 2:59.66	36.94	350m: 4:13.26	36.69	
	100m: 1:09.44 36.32	200m: 2:22.72		36.76	300m: 3:36.57	36.91	400m: 4:49.01	35.75	
22.	SZACHMYTOWSKA Lena		06	UKS ABIANKA Gda sk			4:52.57	527 R	
	50m: 32.77 32.77	150m: 1:46.28		37.23	250m: 3:01.26	37.31	350m: 4:16.21	37.35	
	100m: 1:09.05 36.28	200m: 2:23.95		37.67	300m: 3:38.86	37.60	400m: 4:52.57	36.36	
23.	SZOPA Natalia		07	UKP GRYF D bica			4:52.88	525	
	50m: 32.02 32.02	150m: 1:44.81		37.05	250m: 3:02.01	38.48	350m: 4:17.85	37.62	
	100m: 1:07.76 35.74	200m: 2:23.53		38.72	300m: 3:40.23	38.22	400m: 4:52.88	35.03	
24.	ZAKRZEWSKA Oliwia		07	UKS NAWA Skierniewice			4:53.99	519	
	50m: 33.81 33.81	150m: 1:47.98		37.82	250m: 3:03.82	37.68	350m: 4:18.62	37.18	
	100m: 1:10.16 36.35	200m: 2:26.14		38.16	300m: 3:41.44	37.62	400m: 4:53.99	35.37	
25.	BISZEWSKA Gabriela		05	MUKS OLIMPIJCZYK Suwałki			4:54.14	519	
	50m: 33.52 33.52	150m: 1:46.14		37.19	250m: 3:02.02	38.09	350m: 4:18.87	38.41	
	100m: 1:08.95 35.43	200m: 2:23.93		37.79	300m: 3:40.46	38.44	400m: 4:54.14	35.27	
26.	FARTUSZY SKA Weronika		08	UKS JUNIOR Kluczbork			4:54.75	515	
	50m: 33.77 33.77	150m: 1:48.12		37.31	250m: 3:03.59	37.52	350m: 4:18.74	37.40	
	100m: 1:10.81 37.04	200m: 2:26.07		37.95	300m: 3:41.34	37.75	400m: 4:54.75	36.01	
27.	GRZECH Maja		08	UKS ABIANKA Gda sk			4:55.67	511	
	50m: 33.70 33.70	150m: 1:48.20		37.62	250m: 3:03.35	37.27	350m: 4:19.00	37.96	
	100m: 1:10.58 36.88	200m: 2:26.08		37.88	300m: 3:41.04	37.69	400m: 4:55.67	36.67	
28.	PAWLAK Lena		08	TP OLIMPIJCZYK Aleksandrów Łódzki			4:55.80	510	
	50m: 34.02 34.02	150m: 1:50.09		37.55	250m: 3:05.08	37.10	350m: 4:19.61	36.71	
	100m: 1:12.54 38.52	200m: 2:27.98		37.89	300m: 3:42.90	37.82	400m: 4:55.80	36.19	
29.	PIA CI SKA Alicja		07	Mokotowski UKP Warszawianka-Wodny			4:55.81	510	
	50m: 33.89 33.89	150m: 1:48.77		37.74	250m: 3:05.22	37.84	350m: 4:20.63	37.36	
	100m: 1:11.03 37.14	200m: 2:27.38		38.61	300m: 3:43.27	38.05	400m: 4:55.81	35.18	
30.	NAPIERALCZYK Martyna		08	WKS L SK Wrocław			4:55.87	510	
	50m: 33.65 33.65	150m: 1:47.46		36.80	250m: 3:02.98	37.81	350m: 4:19.85	38.14	
	100m: 1:10.66 37.01	200m: 2:25.17		37.71	300m: 3:41.71	38.73	400m: 4:55.87	36.02	
31.	SOBOLAK Gabriela		09	TP OLIMPIJCZYK Aleksandrów Łódzki			4:56.96	504	
	50m: 32.12 32.12	150m: 1:46.66		38.03	250m: 3:03.03	38.15	350m: 4:21.13	38.96	
	100m: 1:08.63 36.51	200m: 2:24.88		38.22	300m: 3:42.17	39.14	400m: 4:56.96	35.83	
32.	POŁE Hanna		07	MKS TRÓJKA Łódź			4:57.00	504	
	50m: 33.32 33.32	150m: 1:46.48		37.04	250m:		350m: 4:20.41	39.19	
	100m: 1:09.44 36.12	200m: 2:24.19		37.71	300m: 3:41.22		400m: 4:57.00	36.59	
33.	ELASKOWSKA Wiktoria		09	MKS TRÓJKA Łódź			4:59.85	490	
	50m: 34.35 34.35	150m: 1:50.35		38.32	250m: 3:08.46	38.66	350m: 4:24.48	37.36	
	100m: 1:12.03 37.68	200m: 2:29.80		39.45	300m: 3:47.12	38.66	400m: 4:59.85	35.37	
34.	LESLAK Weronika		08	UKS NAWA Skierniewice			5:01.34	482	
	50m: 34.36 34.36	150m: 1:51.58		38.77	250m: 3:09.11	38.78	350m: 4:24.88	36.55	
	100m: 1:12.81 38.45	200m: 2:30.33		38.75	300m: 3:48.33	39.22	400m: 5:01.34	36.46	

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Pozycja					Rok ur.					Czas	Pkt.	
35.	FURMA	SKA Julia			06	UKS NAWA Skierniewice				5:02.14	478	
	50m:	34.57	34.57	150m:	1:49.86	37.95	250m:	3:06.71	38.48	350m:	4:24.32	38.69
	100m:	1:11.91	37.34	200m:	2:28.23	38.37	300m:	3:45.63	38.92	400m:	5:02.14	37.82
36.	BELZYT Maja				08	UKS ABIANKA Gda sk				5:03.53	472	
	50m:	34.99	34.99	150m:	1:51.98	38.91	250m:	3:09.90	39.04	350m:	4:27.38	38.32
	100m:	1:13.07	38.08	200m:	2:30.86	38.88	300m:	3:49.06	39.16	400m:	5:03.53	36.15
37.	SIEDLEWSKA Marcelina				07	UKP POLONIA Warszawa				5:03.77	471	
	50m:	33.17	33.17	150m:	1:47.10	36.87	250m:	3:04.50	38.58	350m:	4:23.07	39.35
	100m:	1:10.23	37.06	200m:	2:25.92	38.82	300m:	3:43.72	39.22	400m:	5:03.77	40.70
38.	DENISIEWICZ Zuzanna				07	UKS NAWA Skierniewice				5:04.03	470	
	50m:	34.39	34.39	150m:	1:50.15	37.98	250m:	3:07.68	38.96	350m:	4:26.45	39.51
	100m:	1:12.17	37.78	200m:	2:28.72	38.57	300m:	3:46.94	39.26	400m:	5:04.03	37.58
39.	KRYSTEK Jagoda				08	SKS 137 DELFIN Łódź				5:07.25	455	
	50m:	34.71	34.71	150m:	1:50.91	38.63	250m:	3:09.68	39.37	350m:	4:29.10	39.69
	100m:	1:12.28	37.57	200m:	2:30.31	39.40	300m:	3:49.41	39.73	400m:	5:07.25	38.15
40.	ST PKA Amelia				08	UKS 190 Łódź				5:08.18	451	
	50m:	35.48	35.48	150m:	1:53.34	39.18	250m:	3:12.82	39.98	350m:	4:31.47	38.98
	100m:	1:14.16	38.68	200m:	2:32.84	39.50	300m:	3:52.49	39.67	400m:	5:08.18	36.71
41.	CHMIELEWSKA Aleksandra				06	UKS ABIANKA Gda sk				5:25.33	383	
	50m:	29.02	29.02	150m:	1:49.39	48.23	250m:	3:20.45	45.39	350m:	4:44.28	42.66
	100m:	1:01.16	32.14	200m:	2:35.06	45.67	300m:	4:01.62	41.17	400m:	5:25.33	41.05
42.	NAWROCKA Natalia				08	MUKS WODNIK Łask				5:27.42	376	
	50m:	36.17	36.17	150m:	1:58.19	41.98	250m:	3:23.26	43.16	350m:	4:47.43	41.99
	100m:	1:16.21	40.04	200m:	2:40.10	41.91	300m:	4:05.44	42.18	400m:	5:27.42	39.99