

Konkurencja 22
03.06.2023 - 11:11
M czynn, 400m dowolny
14 lat i starsi
Wyniki Eliminacje
Rekord Polski 3:45.71 **STANCZYK Przemysław** POL Chiba (JPN) 21.08.2007

Punkty: FINA 2023

Pozycja			Rok ur.							Czas	Pkt.	
1.	CHMIELEWSKI Krzysztof		04	IUKS MUSZELKA Warszawa						3:59.07	780	A
	50m:	26.67 26.67	150m:	1:25.84	30.06	250m:	2:27.49	31.01	350m:	3:29.78	31.44	
	100m:	55.78 29.11	200m:	1:56.48	30.64	300m:	2:58.34	30.85	400m:	3:59.07	29.29	
2.	MALEC Mikołaj		01	MKS TRÓJKA Łódź						3:59.77	773	A
	50m:	27.25 27.25	150m:	1:27.30	30.57	250m:	2:28.22	30.73	350m:	3:30.11	31.05	
	100m:	56.73 29.48	200m:	1:57.49	30.19	300m:	2:59.06	30.84	400m:	3:59.77	29.66	
3.	SIERADZKI Kamil		02	AZS AWF Katowice						4:03.45	738	A
	50m:	26.42 26.42	150m:	1:26.77	30.64	250m:	2:29.88	31.79	350m:	3:33.41	31.30	
	100m:	56.13 29.71	200m:	1:58.09	31.32	300m:	3:02.11	32.23	400m:	4:03.45	30.04	
4.	ZAREMBA Adam		05	WKS L SK Wrocław						4:03.98	733	A
	50m:	26.99 26.99	150m:	1:27.00	30.68	250m:	2:29.82	31.59	350m:	3:33.71	31.63	
	100m:	56.32 29.33	200m:	1:58.23	31.23	300m:	3:02.08	32.26	400m:	4:03.98	30.27	
5.	KOSI SKI Filip		04	AZS AWF Warszawa						4:05.06	724	A
	50m:	28.46 28.46	150m:	1:31.37	31.85	250m:	2:34.19	31.21	350m:	3:35.63	30.65	
	100m:	59.52 31.06	200m:	2:02.98	31.61	300m:	3:04.98	30.79	400m:	4:05.06	29.43	
6.	WO NIAK Piotr		05	MTP KORMORAN Olsztyn						4:05.08	724	A
	50m:	28.90 28.90	150m:	1:31.92	31.55	250m:	2:34.68	31.29	350m:	3:37.33	31.40	
	100m:	1:00.37 31.47	200m:	2:03.39	31.47	300m:	3:05.93	31.25	400m:	4:05.08	27.75	
7.	KOZIEJKO Bartłomiej		00	AZS AWF Warszawa						4:05.09	723	A
	50m:	28.37 28.37	150m:	1:30.90	31.42	250m:	2:33.37	30.55	350m:	3:35.76	30.44	
	100m:	59.48 31.11	200m:	2:02.82	31.92	300m:	3:05.32	31.95	400m:	4:05.09	29.33	
8.	KAPAŁA Bartosz		06	MTP KORMORAN Olsztyn						4:05.10	723	A
	50m:	28.17 28.17	150m:	1:30.10	31.21	250m:	2:32.98	31.49	350m:	3:35.28	30.78	
	100m:	58.89 30.72	200m:	2:01.49	31.39	300m:	3:04.50	31.52	400m:	4:05.10	29.82	
9.	KUCZAK Adam		00	AZS AWF Katowice						4:05.19	723	A
	50m:	27.60 27.60	150m:	1:28.35	30.65	250m:	2:30.58	31.14	350m:	3:34.14	31.78	
	100m:	57.70 30.10	200m:	1:59.44	31.09	300m:	3:02.36	31.78	400m:	4:05.19	31.05	
10.	MRÓZ Adam		03	KU AZS UMCS Lublin						4:07.89	699	A
	50m:	27.98 27.98	150m:	1:30.38	31.36	250m:	2:33.29	31.24	350m:	3:36.52	31.27	
	100m:	59.02 31.04	200m:	2:02.05	31.67	300m:	3:05.25	31.96	400m:	4:07.89	31.37	
11.	KAPAŁA Szymon		03	AZS AWF Warszawa						4:09.67	684	B
	50m:	28.45 28.45	150m:	1:30.79	31.30	250m:	2:35.56	32.48	350m:	3:38.90	31.18	
	100m:	59.49 31.04	200m:	2:03.08	32.29	300m:	3:07.72	32.16	400m:	4:09.67	30.77	
12.	MIENICKI Rafał		06	UKS 48 Warszawa ródmi cie						4:11.87	667	B
	50m:	28.20 28.20	150m:	1:31.47	31.97	250m:	2:36.18	32.22	350m:	3:40.96	32.25	
	100m:	59.50 31.30	200m:	2:03.96	32.49	300m:	3:08.71	32.53	400m:	4:11.87	30.91	
13.	NOWACKI Jacek		05	MTP KORMORAN Olsztyn						4:13.27	656	B
	50m:	28.40 28.40	150m:	1:31.72	31.87	250m:	2:36.75	32.77	350m:	3:42.29	32.65	
	100m:	59.85 31.45	200m:	2:03.98	32.26	300m:	3:09.64	32.89	400m:	4:13.27	30.98	
14.	BEKIER Wiktor		08	MUKP KORONA-SWIM Kielce						4:13.92	651	B
	50m:	28.25 28.25	150m:	1:32.56	32.24	250m:	2:37.70	32.53	350m:	3:42.75	32.53	
	100m:	1:00.32 32.07	200m:	2:05.17	32.61	300m:	3:10.22	32.52	400m:	4:13.92	31.17	
15.	FRONCZAK Antoni		06	UKS G-8 Bielany Warszawa						4:14.19	648	B
	50m:	30.81 30.81	150m:	1:35.74	32.21	250m:	2:39.48	31.74	350m:	3:43.61	32.01	
	100m:	1:03.53 32.72	200m:	2:07.74	32.00	300m:	3:11.60	32.12	400m:	4:14.19	30.58	
16.	PONIEWA Oliwier		07	KU AZS UMCS Lublin						4:14.67	645	B
	50m:	28.87 28.87	150m:	1:32.37	31.90	250m:	2:37.61	32.65	350m:	3:43.12	32.55	
	100m:	1:00.47 31.60	200m:	2:04.96	32.59	300m:	3:10.57	32.96	400m:	4:14.67	31.55	

Konkurencja 22, Mężczyźni, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
17.	BIE KOWSKI Mateusz		08	UKS ABIANKA Gda sk			4:15.18	641 B	
	50m: 28.10 28.10	150m: 1:31.71	32.34	250m: 2:37.67	33.19	350m: 3:43.66	32.64		
	100m: 59.37 31.27	200m: 2:04.48	32.77	300m: 3:11.02	33.35	400m: 4:15.18	31.52		
18.	PIETRO Przemysław		07	KU AZS UMCS Lublin			4:15.45	639 B	
	50m: 29.62 29.62	150m: 1:35.10	32.67	250m: 2:41.06	32.76	350m: 3:45.16	31.79		
	100m: 1:02.43 32.81	200m: 2:08.30	33.20	300m: 3:13.37	32.31	400m: 4:15.45	30.29		
19.	SKOLASI SKI Jakub		05	KU AZS UMCS Lublin			4:17.98	620 B	
	50m: 30.39 30.39	150m: 1:36.90	33.46	250m: 2:42.96	33.14	350m: 3:49.57	33.22		
	100m: 1:03.44 33.05	200m: 2:09.82	32.92	300m: 3:16.35	33.39	400m: 4:17.98	28.41		
20.	TARCZY SKI Bartosz		07	UKS 190 Łódź			4:18.94	613 B	
	50m: 29.95 29.95	150m: 1:35.29	32.71	250m: 2:40.97	33.09	350m: 3:47.27	33.25		
	100m: 1:02.58 32.63	200m: 2:07.88	32.59	300m: 3:14.02	33.05	400m: 4:18.94	31.67		
21.	HLUSHCHENKO Zakhar		06	UKS 190 Łódź			4:20.13	605 R	
	50m: 29.87 29.87	150m: 1:34.86	32.77	250m: 2:40.57	32.89	350m: 3:47.52	33.55		
	100m: 1:02.09 32.22	200m: 2:07.68	32.82	300m: 3:13.97	33.40	400m: 4:20.13	32.61		
22.	KRAWCZYK Jakub		08	Mokotowski UKP Warszawianka-Wodny			4:20.75	601 R	
	50m: 28.79 28.79	150m: 1:34.38	33.19	250m: 2:41.36	32.95	350m: 3:48.89	34.09		
	100m: 1:01.19 32.40	200m: 2:08.41	34.03	300m: 3:14.80	33.44	400m: 4:20.75	31.86		
23.	JARCZEWSKI Franciszek		05	UKS 190 Łódź			4:21.18	598	
	50m: 30.18 30.18	150m: 1:36.38	33.10	250m: 2:42.59	33.32	350m: 3:49.54	33.91		
	100m: 1:03.28 33.10	200m: 2:09.27	32.89	300m: 3:15.63	33.04	400m: 4:21.18	31.64		
24.	WALKOWSKI Bartosz		07	UKS 190 Łódź			4:21.56	595	
	50m: 30.06 30.06	150m: 1:36.22	33.56	250m: 2:43.78	33.85	350m: 3:50.67	33.03		
	100m: 1:02.66 32.60	200m: 2:09.93	33.71	300m: 3:17.64	33.86	400m: 4:21.56	30.89		
25.	RYSTWEJ Maksymilian		06	UKS G-8 Bielany Warszawa			4:21.88	593	
	50m: 30.13 30.13	150m: 1:36.86	33.14	250m: 2:43.05	33.44	350m: 3:49.65	32.83		
	100m: 1:03.72 33.59	200m: 2:09.61	32.75	300m: 3:16.82	33.77	400m: 4:21.88	32.23		
26.	BORUSZEWSKI Filip		07	UKS SP-149 Łódź			4:22.04	592	
	50m: 30.00 30.00	150m: 1:37.49	33.88	250m: 2:44.32	33.16	350m: 3:50.07	32.73		
	100m: 1:03.61 33.61	200m: 2:11.16	33.67	300m: 3:17.34	33.02	400m: 4:22.04	31.97		
27.	SIENKIEWICZ Ignacy		05	IKS Konstancin			4:22.69	587	
	50m: 29.22 29.22	150m: 1:34.52	33.09	250m: 2:41.63	33.59	350m: 3:49.43	34.03		
	100m: 1:01.43 32.21	200m: 2:08.04	33.52	300m: 3:15.40	33.77	400m: 4:22.69	33.26		
28.	CHOLEWA Wojciech		06	KU AZS UMCS Lublin			4:23.74	580	
	50m: 30.21 30.21	150m: 1:36.64	33.85	250m: 2:44.39	33.26	350m: 3:52.09	33.62		
	100m: 1:02.79 32.58	200m: 2:11.13	34.49	300m: 3:18.47	34.08	400m: 4:23.74	31.65		
29.	WENTLAND Miłosz		07	MKS TRÓJKA Łódź			4:24.56	575	
	50m: 29.16 29.16	150m: 1:36.03	34.16	250m: 2:44.37	34.04	350m: 3:52.16	33.55		
	100m: 1:01.87 32.71	200m: 2:10.33	34.30	300m: 3:18.61	34.24	400m: 4:24.56	32.40		
30.	GWIAZDOWSKI Krzysztof		08	MKS Piaseczno			4:24.70	574	
	50m: 29.15 29.15	150m: 1:33.63	32.90	250m: 2:41.27	33.97	350m: 3:51.03	34.68		
	100m: 1:00.73 31.58	200m: 2:07.30	33.67	300m: 3:16.35	35.08	400m: 4:24.70	33.67		
31.	CHODA Maciej		06	MTP KORMORAN Olsztyn			4:24.94	573	
	50m: 30.66 30.66	150m: 1:38.19	33.85	250m: 2:45.94	33.80	350m: 3:52.69	32.97		
	100m: 1:04.34 33.68	200m: 2:12.14	33.95	300m: 3:19.72	33.78	400m: 4:24.94	32.25		
32.	ŁUSZCZY SKI Krzysztof		08	UKS ABIANKA Gda sk			4:25.07	572	
	50m: 30.00 30.00	150m: 1:36.95	34.02	250m: 2:45.56	34.44	350m: 3:53.40	33.08		
	100m: 1:02.93 32.93	200m: 2:11.12	34.17	300m: 3:20.32	34.76	400m: 4:25.07	31.67		
33.	MIKOŁAJCZYK Adrian		07	MKS TRÓJKA Łódź			4:26.11	565	
	50m: 29.21 29.21	150m: 1:36.56	34.54	250m: 2:45.93	34.61	350m: 3:54.69	33.71		
	100m: 1:02.02 32.81	200m: 2:11.32	34.76	300m: 3:20.98	35.05	400m: 4:26.11	31.42		
34.	SKROBISZ Michał		07	UKS 190 Łódź			4:27.13	559	
	50m: 31.06 31.06	150m: 1:38.64	34.20	250m: 2:47.32	34.17	350m: 3:54.69	33.47		
	100m: 1:04.44 33.38	200m: 2:13.15	34.51	300m: 3:21.22	33.90	400m: 4:27.13	32.44		

Konkurencja 22, Mężczyźni, 400m dowolny, Eliminacje, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
35.	DWORAKOWSKI Błażej		07	KS DELFIN Gdynia				4:27.26	558
	50m: 29.23 29.23	150m: 1:36.68		34.23	250m: 2:46.01	34.77	350m: 3:55.18	34.57	
	100m: 1:02.45 33.22	200m: 2:11.24		34.56	300m: 3:20.61	34.60	400m: 4:27.26	32.08	
36.	SOKOŁOWSKI Franciszek		06	MTP KORMORAN Olsztyn				4:27.41	557
	50m: 30.69 30.69	150m: 1:38.46		34.21	250m: 2:46.29	33.93	350m: 3:54.19	33.93	
	100m: 1:04.25 33.56	200m: 2:12.36		33.90	300m: 3:20.26	33.97	400m: 4:27.41	33.22	
37.	TREDER Konrad		08	UKS ABIANKA Gdańsk				4:27.43	557
	50m: 29.37 29.37	150m: 1:36.21		33.85	250m: 2:45.24	34.61	350m: 3:54.30	34.44	
	100m: 1:02.36 32.99	200m: 2:10.63		34.42	300m: 3:19.86	34.62	400m: 4:27.43	33.13	
38.	J DRYKA Nikodem		04	MKS TRÓJKA Łódź				4:27.51	556
	50m: 29.07 29.07	150m: 1:35.14		33.50	250m: 2:43.99	34.64	350m: 3:53.82	34.82	
	100m: 1:01.64 32.57	200m: 2:09.35		34.21	300m: 3:19.00	35.01	400m: 4:27.51	33.69	
39.	KARWAT Bartłomiej		08	UKS NAWA Skierniewice				4:27.71	555
	50m: 30.45 30.45	150m: 1:38.98		34.25	250m: 2:48.07	34.26	350m: 3:55.46	32.94	
	100m: 1:04.73 34.28	200m: 2:13.81		34.83	300m: 3:22.52	34.45	400m: 4:27.71	32.25	
40.	KUREK Bartosz		06	UKS 190 Łódź				4:27.82	554
	50m: 30.72 30.72	150m: 1:37.79		33.72	250m: 2:46.11	34.22	350m: 3:54.84	34.53	
	100m: 1:04.07 33.35	200m: 2:11.89		34.10	300m: 3:20.31	34.20	400m: 4:27.82	32.98	
41.	GOŁACKI Sergiusz		04	UKS 190 Łódź				4:28.69	549
	50m: 29.01 29.01	150m: 1:36.45		34.32	250m: 2:45.38	34.39	350m: 3:54.41	34.72	
	100m: 1:02.13 33.12	200m: 2:10.99		34.54	300m: 3:19.69	34.31	400m: 4:28.69	34.28	
42.	JANISZEWSKI Fabian		09	UKS 190 Łódź				4:32.00	529
	50m: 30.82 30.82	150m: 1:40.03		34.74	250m: 2:50.45	34.69	350m: 3:59.26	33.82	
	100m: 1:05.29 34.47	200m: 2:15.76		35.73	300m: 3:25.44	34.99	400m: 4:32.00	32.74	
	STARO Filip		08	UKS ABIANKA Gdańsk				4:32.00	529
	50m: 30.79 30.79	150m: 1:39.43		34.87	250m: 2:48.97	34.92	350m: 3:58.76	35.12	
	100m: 1:04.56 33.77	200m: 2:14.05		34.62	300m: 3:23.64	34.67	400m: 4:32.00	33.24	
44.	KOWALEWSKI Mateusz		06	MKS JEDYNKA Łódź				4:32.90	524
	50m: 30.91 30.91	150m: 1:40.70		35.64	250m: 2:51.02	34.77	350m: 4:00.28	34.74	
	100m: 1:05.06 34.15	200m: 2:16.25		35.55	300m: 3:25.54	34.52	400m: 4:32.90	32.62	
45.	PAWLAK Dawid		08	UKS 190 Łódź				4:33.80	519
	50m: 30.30 30.30	150m: 1:39.29		34.83	250m: 2:51.12	35.91	350m: 4:01.43	34.40	
	100m: 1:04.46 34.16	200m: 2:15.21		35.92	300m: 3:27.03	35.91	400m: 4:33.80	32.37	
46.	ROZMIAREK Mateusz		06	MKP SŁOWIANKA Gorzów Wlkp.				4:35.36	510
	50m: 30.07 30.07	150m: 1:38.65		34.66	250m:		350m:		
	100m: 1:03.99 33.92	200m: 2:13.66		35.01	300m: 3:24.51		400m: 4:35.36		
47.	TRUDNOS Ignacy		08	UKS 190 Łódź				4:36.02	506
	50m: 31.86 31.86	150m: 1:42.11		35.47	250m: 2:52.78	35.18	350m: 4:02.69	35.01	
	100m: 1:06.64 34.78	200m: 2:17.60		35.49	300m: 3:27.68	34.90	400m: 4:36.02	33.33	
48.	NIECKARZ Paweł		06	UKS 190 Łódź				4:36.38	504
	50m: 30.31 30.31	150m: 1:39.88		35.19	250m: 2:50.77	35.65	350m: 4:01.73	35.57	
	100m: 1:04.69 34.38	200m: 2:15.12		35.24	300m: 3:26.16	35.39	400m: 4:36.38	34.65	
49.	KONIECZNY Witold		08	UKS ABIANKA Gdańsk				4:37.37	499
	50m: 30.60 30.60	150m: 1:39.84		35.31	250m: 2:51.31	35.52	350m: 4:03.27	35.41	
	100m: 1:04.53 33.93	200m: 2:15.79		35.95	300m: 3:27.86	36.55	400m: 4:37.37	34.10	
50.	GŁOWACKI Sebastian		07	UKS NAWA Skierniewice				4:38.00	496
	50m: 32.60 32.60	150m: 1:43.80		35.75	250m: 2:55.65	36.20	350m: 4:06.16	34.55	
	100m: 1:08.05 35.45	200m: 2:19.45		35.65	300m: 3:31.61	35.96	400m: 4:38.00	31.84	
51.	ŁUCZAK Filip		08	UKS 190 Łódź				4:39.52	488
	50m: 32.06 32.06	150m: 1:43.43		35.15	250m: 2:54.38		350m: 4:06.49	35.40	
	100m: 1:08.28 36.22	200m:			300m: 3:31.09	36.71	400m: 4:39.52	33.03	
52.	CAŁKA Piotr		08	KP Solne Miasto Wieliczka				4:45.13	459
	50m: 31.74 31.74	150m: 1:42.76		35.79	250m: 2:55.95	36.42	350m: 4:10.03	37.21	
	100m: 1:06.97 35.23	200m: 2:19.53		36.77	300m: 3:32.82	36.87	400m: 4:45.13	35.10	

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Pozycja			Rok ur.					Czas	Pkt.
53.	BEDNAREK Adam		09	UKS 190 Łód				4:45.83	456
	50m: 32.35	32.35	150m: 1:44.99	36.87	250m: 2:58.98	36.87	350m: 4:12.00	36.22	
	100m: 1:08.12	35.77	200m: 2:22.11	37.12	300m: 3:35.78	36.80	400m: 4:45.83	33.83	
54.	PRZYSTAŁ Antonio		07	KP Solne Miasto Wieliczka				4:51.40	430
	50m: 32.12	32.12	150m: 1:44.40	36.90	250m: 2:59.32	37.70	350m: 4:15.36	38.18	
	100m: 1:07.50	35.38	200m: 2:21.62	37.22	300m: 3:37.18	37.86	400m: 4:51.40	36.04	
55.	CHABOWSKI Nathaniel		06	UKS ABIANKA Gda sk				4:51.93	428
	50m: 26.82	26.82	150m: 1:38.10	41.87	250m: 2:56.04	38.58	350m: 4:13.54	38.79	
	100m: 56.23	29.41	200m: 2:17.46	39.36	300m: 3:34.75	38.71	400m: 4:51.93	38.39	
56.	DRELICH Mateusz		09	UKS 190 Łód				4:52.22	427
	50m: 32.34	32.34	150m: 1:45.72	36.84	250m: 3:00.09	37.34	350m: 4:15.88	37.77	
	100m: 1:08.88	36.54	200m: 2:22.75	37.03	300m: 3:38.11	38.02	400m: 4:52.22	36.34	
57.	SAPKOWSKI Michał		09	MUKS OLIMPIJCZYK Suwałki				4:55.55	412
	50m: 32.25	32.25	150m: 1:48.61	39.58	250m: 3:06.75	39.04	350m: 4:21.30	36.94	
	100m: 1:09.03	36.78	200m: 2:27.71	39.10	300m: 3:44.36	37.61	400m: 4:55.55	34.25	
58.	OLSZY SKI-SEKLECKI Jakub		07	MKP Gda sk				4:56.14	410
	50m: 32.57	32.57	150m: 1:46.80	37.87	250m: 3:03.65	38.41	350m: 4:20.20	38.13	
	100m: 1:08.93	36.36	200m: 2:25.24	38.44	300m: 3:42.07	38.42	400m: 4:56.14	35.94	
59.	BELZYT Maksymilian		05	UKS ABIANKA Gda sk				5:00.86	391
	50m: 24.94	24.94	150m: 1:43.34	50.48	250m: 3:04.86		350m: 4:23.48		
	100m: 52.86	27.92	200m: 3:44.57	2:01.23	300m:		400m: 5:00.86	37.38	
60.	OLSZYCA Igor		09	UKS 190 Łód				5:05.29	374
	50m: 32.95	32.95	150m: 1:47.95	38.16	250m: 3:06.51	39.50	350m: 4:26.85	39.85	
	100m: 1:09.79	36.84	200m: 2:27.01	39.06	300m: 3:47.00	40.49	400m: 5:05.29	38.44	