

Finał ARENA Grand Prix Puchar Polski
Łódź, 02-04.06.2023
Konkurencja 22
03.06.2023 - 19:20
M czynn, 400m dowolny
14 lat i starsi
Wyniki Finał
Rekord Polski 3:45.71 **STANCZYK Przemysław** **POL** **Chiba (JPN)** 21.08.2007

Punkty: FINA 2023

Pozycja			Rok ur.							Czas	Pkt.
Finał A											
1.	CHMIELEWSKI Krzysztof		04	IUKS MUSZELKA Warszawa						3:52.86	844
	50m:	26.36 26.36	150m:	1:23.77	29.02	250m:	2:22.79	29.63	350m:	3:23.18	30.32
	100m:	54.75 28.39	200m:	1:53.16	29.39	300m:	2:52.86	30.07	400m:	3:52.86	29.68
2.	ZAREMBA Adam		05	WKS L SK Wrocław						4:00.07	770
	50m:	27.05 27.05	150m:	1:26.95	30.43	250m:	2:28.44	30.56	350m:	3:29.89	30.45
	100m:	56.52 29.47	200m:	1:57.88	30.93	300m:	2:59.44	31.00	400m:	4:00.07	30.18
3.	KOZIEJKO Bartłomiej		00	AZS AWF Warszawa						4:00.81	763
	50m:	27.93 27.93	150m:	1:28.54	30.54	250m:	2:29.95	30.51	350m:	3:31.25	30.24
	100m:	58.00 30.07	200m:	1:59.44	30.90	300m:	3:01.01	31.06	400m:	4:00.81	29.56
4.	KOSI SKI Filip		04	AZS AWF Warszawa						4:01.60	755
	50m:	27.26 27.26	150m:	1:27.48	30.59	250m:	2:29.23	31.03	350m:	3:31.68	31.52
	100m:	56.89 29.63	200m:	1:58.20	30.72	300m:	3:00.16	30.93	400m:	4:01.60	29.92
5.	KAPAŁA Szymon		03	AZS AWF Warszawa						4:04.30	730
	50m:	28.05 28.05	150m:	1:29.70	31.09	250m:	2:32.67	31.43	350m:	3:35.25	30.88
	100m:	58.61 30.56	200m:	2:01.24	31.54	300m:	3:04.37	31.70	400m:	4:04.30	29.05
6.	KAPAŁA Bartosz		06	MTP KORMORAN Olsztyn						4:04.46	729
	50m:	28.43 28.43	150m:	1:30.24	31.05	250m:	2:32.97	30.91	350m:	3:35.33	31.06
	100m:	59.19 30.76	200m:	2:02.06	31.82	300m:	3:04.27	31.30	400m:	4:04.46	29.13
7.	WO NIAK Piotr		05	MTP KORMORAN Olsztyn						4:06.44	712
	50m:	28.04 28.04	150m:	1:30.56	31.68	250m:	2:33.88	31.63	350m:	3:37.23	31.62
	100m:	58.88 30.84	200m:	2:02.25	31.69	300m:	3:05.61	31.73	400m:	4:06.44	29.21
8.	MRÓZ Adam		03	KU AZS UMCS Lublin						4:10.11	681
	50m:	28.25 28.25	150m:	1:29.76	31.13	250m:	2:32.94	31.57	350m:	3:37.98	32.46
	100m:	58.63 30.38	200m:	2:01.37	31.61	300m:	3:05.52	32.58	400m:	4:10.11	32.13
9.	NOWACKI Jacek		05	MTP KORMORAN Olsztyn						4:12.70	660
	50m:	28.51 28.51	150m:	1:32.49	32.35	250m:	2:38.41	33.06	350m:	3:42.63	31.38
	100m:	1:00.14 31.63	200m:	2:05.35	32.86	300m:	3:11.25	32.84	400m:	4:12.70	30.07
10.	BEKIER Wiktor		08	MUKP KORONA-SWIM Kielce						4:14.47	646
	50m:	27.86 27.86	150m:	1:30.18	31.47	250m:	2:34.83	32.55	350m:	3:41.95	33.45
	100m:	58.71 30.85	200m:	2:02.28	32.10	300m:	3:08.50	33.67	400m:	4:14.47	32.52
Finał B											
11.	PONIEWA Oliwier		07	KU AZS UMCS Lublin						4:10.57	677
	50m:	29.52 29.52	150m:	1:32.89	31.48	250m:	2:36.57	31.85	350m:	3:40.92	32.20
	100m:	1:01.41 31.89	200m:	2:04.72	31.83	300m:	3:08.72	32.15	400m:	4:10.57	29.65
12.	FRONCZAK Antoni		06	UKS G-8 Bielany Warszawa						4:10.66	676
	50m:	29.67 29.67	150m:	1:32.67	31.40	250m:	2:36.61	31.93	350m:	3:40.63	32.02
	100m:	1:01.27 31.60	200m:	2:04.68	32.01	300m:	3:08.61	32.00	400m:	4:10.66	30.03
13.	BIE KOWSKI Mateusz		08	UKS ABIANKA Gda sk						4:14.62	645
	50m:	29.91 29.91	150m:	1:33.90	31.87	250m:	2:39.25	32.67	350m:	3:44.09	32.10
	100m:	1:02.03 32.12	200m:	2:06.58	32.68	300m:	3:11.99	32.74	400m:	4:14.62	30.53
14.	HLUSHCHENKO Zakhar		06	UKS 190 Łódź						4:16.14	634
	50m:	29.20 29.20	150m:	1:33.07	31.91	250m:	2:37.89	32.62	350m:	3:44.88	33.51
	100m:	1:01.16 31.96	200m:	2:05.27	32.20	300m:	3:11.37	33.48	400m:	4:16.14	31.26
15.	SKOLASI SKI Jakub		05	KU AZS UMCS Lublin						4:16.16	634
	50m:	29.79 29.79	150m:	1:34.31	32.25	250m:	2:40.03	33.02	350m:	3:46.91	33.66
	100m:	1:02.06 32.27	200m:	2:07.01	32.70	300m:	3:13.25	33.22	400m:	4:16.16	29.25
16.	TARCZY SKI Bartosz		07	UKS 190 Łódź						4:19.87	607
	50m:	29.98 29.98	150m:	1:36.09	33.19	250m:	2:42.33	33.02	350m:	3:48.47	32.96
	100m:	1:02.90 32.92	200m:	2:09.31	33.22	300m:	3:15.51	33.18	400m:	4:19.87	31.40

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Łódź, 02-04.06.2023
Konkurencja 22, M czołozyn, 400m dowolny, Finał, 14 lat i starsi

Pozycja	Rok ur.								Czas	Pkt.				
17. BORUSZEWSKI Filip	07 UKS SP-149 Łódź								4:20.00	606				
50m: 29.66 29.66	150m: 1:36.20	33.55	250m: 2:42.23	32.60	350m: 3:48.91	33.25	100m: 1:02.65	32.99	200m: 2:09.63	33.43	300m: 3:15.66	33.43	400m: 4:20.00	31.09
18. RYSTWEJ Maksymilian	06 UKS G-8 Bielany Warszawa								4:20.25	604				
50m: 28.79 28.79	150m: 1:33.51	32.52	250m: 2:40.66	33.69	350m: 3:47.91	33.52	100m: 1:00.99	32.20	200m: 2:06.97	33.46	300m: 3:14.39	33.73	400m: 4:20.25	32.34
19. KRAWCZYK Jakub	08 Mokotowski UKP Warszawianka-Wodny								4:21.03	599				
50m: 28.86 28.86	150m: 1:34.14	33.28	250m: 2:41.56	33.53	350m: 3:48.82	33.68	100m: 1:00.86	32.00	200m: 2:08.03	33.89	300m: 3:15.14	33.58	400m: 4:21.03	32.21
20. WALKOWSKI Bartosz	07 UKS 190 Łódź								4:21.09	598				
50m: 29.59 29.59	150m: 1:35.12	33.14	250m: 2:42.10	33.29	350m: 3:49.33	33.10	100m: 1:01.98	32.39	200m: 2:08.81	33.69	300m: 3:16.23	34.13	400m: 4:21.09	31.76