

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 13 lat II RUNDA
Ostrowiec wi tokrzyski, 17-18.06.2023

Konkurencja 7
2023-06-17 - 18:26

Dziewcz t, 400m dowolny

13 lat
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.			
1.	SOBÓTKA Oliwia		10	UKS GIM 92 Ursynów				4:36.74	603			
	50m:	31.72 31.72	150m:	1:41.53	34.54	250m:	2:51.38	34.63	350m:	4:02.45	35.88	
	100m:	1:06.99	35.27	200m:	2:16.75	35.22	300m:	3:26.57	35.19	400m:	4:36.74	34.29
2.	KOZUBOWSKA Paulina		10	UKS MANTA Kochłowice Ruda I ska				4:42.73	566			
	50m:	32.85 32.85	150m:	1:44.51	36.15	250m:	2:56.26	35.84	350m:	4:08.23	35.85	
	100m:	1:08.36	35.51	200m:	2:20.42	35.91	300m:	3:32.38	36.12	400m:	4:42.73	34.50
3.	WOŁ CEWICZ Natalia		10	MTP Lublinianka				4:46.30	545			
	50m:	32.25 32.25	150m:	1:43.81	36.13	250m:	2:56.61	36.06	350m:	4:10.62	36.81	
	100m:	1:07.68	35.43	200m:	2:20.55	36.74	300m:	3:33.81	37.20	400m:	4:46.30	35.68
4.	BERDECHOWSKA Martyna		10	WKS L SK Wrocław				4:46.68	543			
	50m:	32.02 32.02	150m:	1:43.80	36.33	250m:	2:57.39	36.68	350m:	4:10.83	36.95	
	100m:	1:07.47	35.45	200m:	2:20.71	36.91	300m:	3:33.88	36.49	400m:	4:46.68	35.85
5.	GOŁUB Karolina		10	UKS GIM 92 Ursynów				4:47.45	538			
	50m:	32.08 32.08	150m:	1:45.37	37.31	250m:	2:58.93	36.85	350m:	4:12.51	36.34	
	100m:	1:08.06	35.98	200m:	2:22.08	36.71	300m:	3:36.17	37.24	400m:	4:47.45	34.94
6.	GACA Izabela		10	UKS MOS Opole				4:48.01	535			
	50m:	33.19 33.19	150m:	1:46.42	37.01	250m:	3:00.21	36.57	350m:	4:13.00	36.34	
	100m:	1:09.41	36.22	200m:	2:23.64	37.22	300m:	3:36.66	36.45	400m:	4:48.01	35.01
7.	NOWACKA Emilia		10	UKS SMS Galicja Kraków				4:48.34	533			
	50m:	32.78 32.78	150m:	1:44.76	36.49	250m:	2:58.93	37.06	350m:	4:14.69	37.50	
	100m:	1:08.27	35.49	200m:	2:21.87	37.11	300m:	3:37.19	38.26	400m:	4:48.34	33.65
8.	NOSAL Nela		10	WKS L SK Wrocław				4:50.52	522			
	50m:	32.03 32.03	150m:	1:46.68	37.99	250m:	3:01.67	37.51	350m:	4:16.94	37.00	
	100m:	1:08.69	36.66	200m:	2:24.16	37.48	300m:	3:39.94	38.27	400m:	4:50.52	33.58
9.	CZOPEK Lena		10	UKS Olimpijczyk 23				4:50.96	519			
	50m:	33.73 33.73	150m:	1:48.14	37.35	250m:	3:03.19	37.39	350m:	4:17.83	37.07	
	100m:	1:10.79	37.06	200m:	2:25.80	37.66	300m:	3:40.76	37.57	400m:	4:50.96	33.13
10.	KOPP Zuzanna		10	MKS JAGIELLONKA Warszawa				4:52.36	512			
	50m:	32.38 32.38	150m:	1:46.91	37.71	250m:	3:02.90	38.02	350m:	4:17.73	37.03	
	100m:	1:09.20	36.82	200m:	2:24.88	37.97	300m:	3:40.70	37.80	400m:	4:52.36	34.63
	JAWORSKA Aleksandra		10	WKS L SK Wrocław				4:52.36	512			
	50m:	32.15 32.15	150m:	1:45.66	37.21	250m:	3:00.61	37.50	350m:	4:16.19	37.75	
	100m:	1:08.45	36.30	200m:	2:23.11	37.45	300m:	3:38.44	37.83	400m:	4:52.36	36.17
12.	NIZIO Kamila		10	UKS GIM 92 Ursynów				4:53.24	507			
	50m:	32.64 32.64	150m:	1:47.34	37.83	250m:	3:02.49	37.14	350m:	4:18.18	38.03	
	100m:	1:09.51	36.87	200m:	2:25.35	38.01	300m:	3:40.15	37.66	400m:	4:53.24	35.06
13.	BALCERZAK Barbara		10	SKP DELFIN Kozienice				4:54.35	501			
	50m:	32.38 32.38	150m:	1:46.02	37.65	250m:	3:01.94	37.84	350m:	4:18.61	38.60	
	100m:	1:08.37	35.99	200m:	2:24.10	38.08	300m:	3:40.01	38.07	400m:	4:54.35	35.74
14.	WO NY Izabela		10	UKS Sokół-Mo cice Tarnów				4:54.52	501			
	50m:	34.44 34.44	150m:	1:50.26	38.15	250m:	3:05.70	37.81	350m:	4:20.08	36.91	
	100m:	1:12.11	37.67	200m:	2:27.89	37.63	300m:	3:43.17	37.47	400m:	4:54.52	34.44
15.	GORDZIEJKO Joanna		10	MTP Lublinianka				4:55.29	497			
	50m:	34.24 34.24	150m:	1:49.64	38.02	250m:	3:04.72	36.74	350m:	4:19.16	37.12	
	100m:	1:11.62	37.38	200m:	2:27.98	38.34	300m:	3:42.04	37.32	400m:	4:55.29	36.13
16.	MALEC Matylda		10	MKS IKAR Stal Mielec				4:55.39	496			
	50m:	33.56 33.56	150m:	1:48.53	37.79	250m:	3:04.52	37.81	350m:	4:19.44	37.43	
	100m:	1:10.74	37.18	200m:	2:26.71	38.18	300m:	3:42.01	37.49	400m:	4:55.39	35.95
17.	NEUHORN Diana		10	MKS JAGIELLONKA Warszawa				4:55.68	495			
	50m:	34.41 34.41	150m:	1:49.43	37.69	250m:	3:05.38	37.53	350m:	4:19.82	36.66	
	100m:	1:11.74	37.33	200m:	2:27.85	38.42	300m:	3:43.16	37.78	400m:	4:55.68	35.86

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 13 lat II RUNDA
Ostrowiec wi tokrzyski, 17-18.06.2023

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.							Czas	Pkt.
18.	CZECHMA	SKA Antonina	10	UKS MANTA Warszawa Włochy						4:56.27	492
	50m:	33.38 33.38	150m:	1:48.41	37.55	250m:	3:03.96	37.96	350m:	4:20.97	38.62
	100m:	1:10.86 37.48	200m:	2:26.00	37.59	300m:	3:42.35	38.39	400m:	4:56.27	35.30
19.	EMERLING	Diana	10	Swim Team MOSiR K dzierzyn-Ko le						4:56.56	490
	50m:	32.63 32.63	150m:	1:48.35	38.14	250m:	3:04.88	38.80	350m:	4:21.18	38.46
	100m:	1:10.21 37.58	200m:	2:26.08	37.73	300m:	3:42.72	37.84	400m:	4:56.56	35.38
20.	RACHWAŁ	Olga	10	UKS SMS Galicja Kraków						4:57.10	488
	50m:	34.77 34.77	150m:	1:50.88	38.34	250m:	3:07.17	37.99	350m:	4:21.93	37.30
	100m:	1:12.54 37.77	200m:	2:29.18	38.30	300m:	3:44.63	37.46	400m:	4:57.10	35.17
21.	HARTWIG	Michalina	10	WKS L SK Wrocław						4:57.70	485
	50m:	33.09 33.09	150m:	1:48.75	38.01	250m:	3:05.28	38.05	350m:	4:21.61	38.00
	100m:	1:10.74 37.65	200m:	2:27.23	38.48	300m:	3:43.61	38.33	400m:	4:57.70	36.09
22.	ZYDRO	Wiktoria	10	Mokotowski UKP Warszawianka- Wodny						4:57.84	484
	50m:	34.25 34.25	150m:	1:49.50	37.96	250m:	3:06.30	38.00	350m:	4:22.14	37.59
	100m:	1:11.54 37.29	200m:	2:28.30	38.80	300m:	3:44.55	38.25	400m:	4:57.84	35.70
23.	BARANOWSKA	Maria	10	UKS SMS Galicja Kraków						4:58.14	482
	50m:	34.36 34.36	150m:	1:49.93	37.70	250m:	3:06.22	38.23	350m:	4:22.44	38.12
	100m:	1:12.23 37.87	200m:	2:27.99	38.06	300m:	3:44.32	38.10	400m:	4:58.14	35.70
24.	RZEPKA	Klara	10	UKS Aqua Team Mikołów						4:58.39	481
	50m:	33.71 33.71	150m:	1:48.80	37.90	250m:	3:05.45	38.38	350m:	4:22.08	38.00
	100m:	1:10.90 37.19	200m:	2:27.07	38.27	300m:	3:44.08	38.63	400m:	4:58.39	36.31
25.	GORGOSZ	Martyna	10	UKS Sokół-Mo cice Tarnów						4:58.90	479
	50m:	34.06 34.06	150m:	1:48.90	38.12	250m:	3:05.26	38.04	350m:	4:21.77	38.02
	100m:	1:10.78 36.72	200m:	2:27.22	38.32	300m:	3:43.75	38.49	400m:	4:58.90	37.13
26.	SZYBAJŁO	Zuzanna	10	MUKS UNIA Busko Zdrój						4:58.92	479
	50m:	33.46 33.46	150m:	1:48.73	38.43	250m:	3:05.55	38.05	350m:	4:22.44	38.60
	100m:	1:10.30 36.84	200m:	2:27.50	38.77	300m:	3:43.84	38.29	400m:	4:58.92	36.48
27.	ŁA KO	Emilia	10	BOSiR Brzesko						4:59.68	475
	50m:	34.27 34.27	150m:	1:50.67	38.28	250m:	3:08.09	38.86	350m:	4:23.52	37.72
	100m:	1:12.39 38.12	200m:	2:29.23	38.56	300m:	3:45.80	37.71	400m:	4:59.68	36.16
28.	OLSZEWSKA	Natalia	10	MUKP MOSiR ORKA Kielce						5:00.76	470
	50m:	33.01 33.01	150m:	1:47.52	37.82	250m:	3:05.04	38.77	350m:	4:23.68	39.27
	100m:	1:09.70 36.69	200m:	2:26.27	38.75	300m:	3:44.41	39.37	400m:	5:00.76	37.08
29.	NOWAK	Laura	10	MKS TRÓJKA Łód						5:01.06	469
	50m:	34.49 34.49	150m:	1:51.97	39.03	250m:	3:09.54	38.73	350m:	4:25.67	37.85
	100m:	1:12.94 38.45	200m:	2:30.81	38.84	300m:	3:47.82	38.28	400m:	5:01.06	35.39
30.	STEFANIW	Martyna	10	SP MEDUZA Paj czno						5:01.15	468
	50m:	34.15 34.15	150m:	1:50.08	38.13	250m:	3:08.51	39.55	350m:	4:25.45	37.97
	100m:	1:11.95 37.80	200m:	2:28.96	38.88	300m:	3:47.48	38.97	400m:	5:01.15	35.70
31.	MICHAEL	Emma	10	CSiR MOS w D browie Górniczej						5:01.56	466
	50m:	35.31 35.31	150m:	1:53.10	39.30	250m:	3:10.57	38.40	350m:	4:26.14	37.25
	100m:	1:13.80 38.49	200m:	2:32.17	39.07	300m:	3:48.89	38.32	400m:	5:01.56	35.42
32.	JE EWSKA	Blanka	10	UKP POLONIA Warszawa						5:02.29	463
	50m:	33.70 33.70	150m:	1:51.65	39.00	250m:	3:09.94	39.53	350m:	4:26.69	38.13
	100m:	1:12.65 38.95	200m:	2:30.41	38.76	300m:	3:48.56	38.62	400m:	5:02.29	35.60
33.	LISOWSKA	Zofia	10	IKS Konstancin						5:02.83	460
	50m:	34.20 34.20	150m:	1:49.68	38.09	250m:	3:07.08	38.90	350m:	4:24.06	37.70
	100m:	1:11.59 37.39	200m:	2:28.18	38.50	300m:	3:46.36	39.28	400m:	5:02.83	38.77
34.	SUROWIEC	Emilia	10	UKP FALA Kra nik						5:03.76	456
	50m:	34.29 34.29	150m:	1:51.36	38.61	250m:	3:08.52	38.61	350m:	4:26.22	38.87
	100m:	1:12.75 38.46	200m:	2:29.91	38.55	300m:	3:47.35	38.83	400m:	5:03.76	37.54
35.	MATOWICKA	Maja	10	MKS JAGIELLONKA Warszawa						5:04.01	455
	50m:	31.72 31.72	150m:	1:45.69	38.07	250m:	3:05.33	39.86	350m:	4:25.30	40.15
	100m:	1:07.62 35.90	200m:	2:25.47	39.78	300m:	3:45.15	39.82	400m:	5:04.01	38.71

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
36.	GŁOWACKA Julia		10	MKS JUVENIA Wrocław				5:04.08	455
	50m:	34.89 34.89	150m:	1:51.86 38.57	250m:	3:08.89 38.81	350m:	4:26.29 38.78	
	100m:	1:13.29 38.40	200m:	2:30.08 38.22	300m:	3:47.51 38.62	400m:	5:04.08 37.79	
37.	WILCZEK Lena		10	UKS Olimpijczyk 23				5:05.06	450
	50m:	32.63 32.63	150m:	1:48.88 38.72	250m:	3:08.55 39.71	350m:	4:27.55 39.30	
	100m:	1:10.16 37.53	200m:	2:28.84 39.96	300m:	3:48.25 39.70	400m:	5:05.06 37.51	
38.	JENDRZEJ Klara		10	DOKiS SP Vega Dobrodzie				5:05.53	448
	50m:	34.51 34.51	150m:	1:52.17 39.53	250m:	3:10.79 39.22	350m:	4:27.86 37.50	
	100m:	1:12.64 38.13	200m:	2:31.57 39.40	300m:	3:50.36 39.57	400m:	5:05.53 37.67	
39.	JANAS Oliwia		10	UKS JUNIOR Kluczbork				5:05.86	447
	50m:	34.53 34.53	150m:	1:48.81 37.35	250m:	3:06.32 39.13	350m:	4:26.90 40.46	
	100m:	1:11.46 36.93	200m:	2:27.19 38.38	300m:	3:46.44 40.12	400m:	5:05.86 38.96	
40.	BARCI SKA Ida		10	MKS JAGIELLONKA Warszawa				5:07.11	441
	50m:	34.28 34.28	150m:	1:50.72 38.42	250m:	3:09.19 39.36	350m:	4:28.02 40.02	
	100m:	1:12.30 38.02	200m:	2:29.83 39.11	300m:	3:48.00 38.81	400m:	5:07.11 39.09	
41.	WÓJCIK Agata		10	KU AZS UMCS Lublin				5:08.79	434
	50m:	34.94 34.94	150m:	1:54.50 40.13	250m:	3:13.98 38.40	350m:	4:31.66 36.77	
	100m:	1:14.37 39.43	200m:	2:35.58 41.08	300m:	3:54.89 40.91	400m:	5:08.79 37.13	
42.	CICHOSZ Lena		10	UKS WODNIK Krasnystaw				5:09.04	433
	50m:	34.40 34.40	150m:	1:52.37 39.16	250m:	3:12.19 40.03	350m:	4:31.69 39.59	
	100m:	1:13.21 38.81	200m:	2:32.16 39.79	300m:	3:52.10 39.91	400m:	5:09.04 37.35	
43.	WIELGUS Nela		10	Champion Tomaszów Maz.				5:09.17	433
	50m:	34.84 34.84	150m:	1:53.51 39.59	250m:	3:12.92 39.44	350m:	4:31.93 39.17	
	100m:	1:13.92 39.08	200m:	2:33.48 39.97	300m:	3:52.76 39.84	400m:	5:09.17 37.24	
44.	OGÓREK Zofia		10	KS PI TKA Chorzów				5:09.35	432
	50m:	34.56 34.56	150m:	1:52.00 39.08	250m:	3:10.62 39.50	350m:	4:29.14 39.44	
	100m:	1:12.92 38.36	200m:	2:31.12 39.12	300m:	3:49.70 39.08	400m:	5:09.35 40.21	
45.	SOKÓŁ Sara		10	KS KSZO Ostrowiec w.				5:09.64	431
	50m:	35.43 35.43	150m:	1:54.49 39.40	250m:	3:14.34 39.87	350m:	4:34.04 39.58	
	100m:	1:15.09 39.66	200m:	2:34.47 39.98	300m:	3:54.46 40.12	400m:	5:09.64 35.60	
46.	KIERUCZENKO Michalina		10	KS AZS AWF Biała Podlaska				5:10.96	425
	50m:	35.01 35.01	150m:	1:54.31 40.25	250m:	3:15.22 39.86	350m:	4:31.32 36.10	
	100m:	1:14.06 39.05	200m:	2:35.36 41.05	300m:	3:55.22 40.00	400m:	5:10.96 39.64	
47.	STANISZEWSKA Maja		10	KS KSZO Ostrowiec w.				5:12.59	419
	50m:	33.87 33.87	150m:	1:51.70 39.21	250m:	3:11.92 39.84	350m:	4:32.93 40.76	
	100m:	1:12.49 38.62	200m:	2:32.08 40.38	300m:	3:52.17 40.25	400m:	5:12.59 39.66	
48.	SŁOWIKOWSKA Kinga		10	CSiR MOS w D browie Górniczej				5:13.00	417
	50m:	34.96 34.96	150m:	1:52.14 39.38	250m:	3:12.29 40.34	350m:	4:33.76 40.50	
	100m:	1:12.76 37.80	200m:	2:31.95 39.81	300m:	3:53.26 40.97	400m:	5:13.00 39.24	
49.	SADOWSKA Zofia		10	UKS 307 Warszawa				5:13.26	416
	50m:	34.68 34.68	150m:	1:52.11 39.17	250m:	3:12.23 40.44	350m:	4:34.02 40.73	
	100m:	1:12.94 38.26	200m:	2:31.79 39.68	300m:	3:53.29 41.06	400m:	5:13.26 39.24	
50.	RZ SA Amelia		10	MKS JAGIELLONKA Warszawa				5:14.19	412
	50m:	33.80 33.80	150m:	1:51.98 39.90	250m:	3:13.24 40.74	350m:	4:34.12 40.23	
	100m:	1:12.08 38.28	200m:	2:32.50 40.52	300m:	3:53.89 40.65	400m:	5:14.19 40.07	
51.	SZPAKIEWICZ Bianka		10	UKS H2O Warszawa				5:15.80	406
	50m:	34.73 34.73	150m:	1:53.53 39.85	250m:	3:14.38 40.18	350m:	4:35.42 40.43	
	100m:	1:13.68 38.95	200m:	2:34.20 40.67	300m:	3:54.99 40.61	400m:	5:15.80 40.38	
52.	OTULAK Julia		10	UKP POLONIA Warszawa				5:18.28	396
	50m:	36.11 36.11	150m:	1:55.25 39.33	250m:	3:16.05 40.27	350m:	4:37.72 40.38	
	100m:	1:15.92 39.81	200m:	2:35.78 40.53	300m:	3:57.34 41.29	400m:	5:18.28 40.56	
53.	URAKOWSKA Zuzanna		10	KS NEPTUN widnica				5:18.31	396
	50m:	36.50 36.50	150m:	1:57.81 40.43	250m:	3:19.37 40.56	350m:	4:39.09 39.35	
	100m:	1:17.38 40.88	200m:	2:38.81 41.00	300m:	3:59.74 40.37	400m:	5:18.31 39.22	

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
54.	SZOTEK Isabella		10	UKS Kapry-Armexim Pruszków				5:18.44	396		
	50m:	35.24 35.24	150m:	1:56.11	40.66	250m:	3:18.27	40.77	350m:	4:38.53	38.98
	100m:	1:15.45 40.21	200m:	2:37.50	41.39	300m:	3:59.55	41.28	400m:	5:18.44	39.91
55.	ARABSKA Maja		10	MUKS UNIA Busko Zdrój				5:18.69	395		
	50m:	34.53 34.53	150m:	1:54.24	41.10	250m:	3:18.00	41.86	350m:	4:40.49	41.51
	100m:	1:13.14 38.61	200m:	2:36.14	41.90	300m:	3:58.98	40.98	400m:	5:18.69	38.20
56.	WAWRZUTA Kamila		10	UKS ÓSEMKA O wi cim				5:18.94	394		
	50m:	35.36 35.36	150m:	1:56.59	41.42	250m:	3:19.39	41.92	350m:	4:41.09	40.96
	100m:	1:15.17 39.81	200m:	2:37.47	40.88	300m:	4:00.13	40.74	400m:	5:18.94	37.85
57.	SZARLIK Eliza		10	UKS Kapry-Armexim Pruszków				5:19.87	391		
	50m:	33.89 33.89	150m:	1:53.85	41.52	250m:	3:17.58	41.58	350m:	4:41.34	40.98
	100m:	1:12.33 38.44	200m:	2:36.00	42.15	300m:	4:00.36	42.78	400m:	5:19.87	38.53
58.	BONDYRA Zuzanna		10	UKS ORKA Zamo				5:20.44	389		
	50m:	34.79 34.79	150m:	1:55.72	41.26	250m:	3:18.59	41.76	350m:	4:41.79	41.54
	100m:	1:14.46 39.67	200m:	2:36.83	41.11	300m:	4:00.25	41.66	400m:	5:20.44	38.65
59.	SOBCZAK Małgorzata		10	UKS 307 Warszawa				5:20.60	388		
	50m:	35.64 35.64	150m:	1:57.07	41.43	250m:	3:20.25	41.78	350m:	4:42.41	40.44
	100m:	1:15.64 40.00	200m:	2:38.47	41.40	300m:	4:01.97	41.72	400m:	5:20.60	38.19
60.	KOŁODZIEJ Lena		10	SKS 137 DELFIN Łód				5:20.66	388		
	50m:	20.66 20.66	150m:	1:55.12	40.03	250m:	3:16.97	41.35	350m:	4:36.78	39.93
	100m:	1:15.09 54.43	200m:	2:35.62	40.50	300m:	3:56.85	39.88	400m:	5:20.66	43.88
61.	URBANEK Maria		10	UKS NAWA Skierniewice				5:21.35	385		
	50m:	35.83 35.83	150m:	1:58.12	42.11	250m:	3:22.35	42.20	350m:	4:44.57	40.31
	100m:	1:16.01 40.18	200m:	2:40.15	42.03	300m:	4:04.26	41.91	400m:	5:21.35	36.78
62.	FRYSZKOWSKA Sonia		10	UKS VICTORIA Józefów				5:21.39	385		
	50m:	37.20 37.20	150m:	1:57.32	40.90	250m:	3:19.94	40.86	350m:	4:42.31	41.64
	100m:	1:16.42 39.22	200m:	2:39.08	41.76	300m:	4:00.67	40.73	400m:	5:21.39	39.08
63.	JA CZUK Klara		10	MKS JAGIELLONKA Warszawa				5:21.47	385		
	50m:	36.53 36.53	150m:	2:00.05	41.66	250m:	3:22.29	40.45	350m:	4:43.42	40.61
	100m:	1:18.39 41.86	200m:	2:41.84	41.79	300m:	4:02.81	40.52	400m:	5:21.47	38.05
64.	GRUDZI SKA Nadia		10	SKS 137 DELFIN Łód				5:21.74	384		
	50m:	36.35 36.35	150m:	1:57.85	40.94	250m:	3:20.91	41.75	350m:	4:42.99	41.08
	100m:	1:16.91 40.56	200m:	2:39.16	41.31	300m:	4:01.91	41.00	400m:	5:21.74	38.75
65.	SUKIENNIK Anna		10	MUKS WODNIK Łask				5:21.86	383		
	50m:	35.51 35.51	150m:	1:54.78	40.84	250m:	3:18.15	42.20	350m:	4:41.90	41.50
	100m:	1:13.94 38.43	200m:	2:35.95	41.17	300m:	4:00.40	42.25	400m:	5:21.86	39.96
66.	LIZAK Salomea		10	UKS Sokół-Mo cice Tarnów				5:22.08	383		
	50m:	37.76 37.76	150m:	1:59.49	40.75	250m:	3:22.21	40.94	350m:	4:43.50	40.80
	100m:	1:18.74 40.98	200m:	2:41.27	41.78	300m:	4:02.70	40.49	400m:	5:22.08	38.58
67.	KANCLERZ Maja		10	MKS JAGIELLONKA Warszawa				5:23.98	376		
	50m:	34.52 34.52	150m:	1:55.16	40.97	250m:	3:19.73	41.96	350m:	4:42.93	39.99
	100m:	1:14.19 39.67	200m:	2:37.77	42.61	300m:	4:02.94	43.21	400m:	5:23.98	41.05
68.	DZIEWANOWSKA Nikola		10	UKS DELFIN Garwolin				5:24.52	374		
	50m:	36.58 36.58	150m:	1:59.38	41.87	250m:	3:23.83	42.08	350m:	4:46.28	40.49
	100m:	1:17.51 40.93	200m:	2:41.75	42.37	300m:	4:05.79	41.96	400m:	5:24.52	38.24
69.	DZIAŁACH Magdalena		10	UKS ÓSEMKA O wi cim				5:24.62	374		
	50m:	34.11 34.11	150m:	1:56.88	42.77	250m:	3:20.42	41.56	350m:	4:42.98	41.13
	100m:	1:14.11 40.00	200m:	2:38.86	41.98	300m:	4:01.85	41.43	400m:	5:24.62	41.64
70.	OGI SKA Lena		10	UKS MANTA Kochłowice Ruda I ska				5:25.25	372		
	50m:	36.58 36.58	150m:	1:59.41	41.78	250m:	3:23.32	41.86	350m:	4:45.59	40.73
	100m:	1:17.63 41.05	200m:	2:41.46	42.05	300m:	4:04.86	41.54	400m:	5:25.25	39.66
71.	GOS Maja		10	MKS JORDAN Kraków				5:25.70	370		
	50m:	36.87 36.87	150m:	2:00.09	41.92	250m:	3:24.46	42.41	350m:	4:47.08	40.66
	100m:	1:18.17 41.30	200m:	2:42.05	41.96	300m:	4:06.42	41.96	400m:	5:25.70	38.62

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 13 lat II RUNDA
Ostrowiec wi tokrzyski, 17-18.06.2023

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
71.	KARWAJ Paulina		10	UKS SP AQUARIUS Lesko				5:25.70	370
	50m: 36.05 36.05	150m: 1:58.73		42.53	250m: 3:25.56	43.80	350m: 4:49.70	41.74	
	100m: 1:16.20 40.15	200m: 2:41.76		43.03	300m: 4:07.96	42.40	400m: 5:25.70	36.00	
73.	AUGUSTYN Marcelina		10	UKS Sokół-Mo cice Tarnów				5:26.32	368
	50m: 35.76 35.76	150m: 2:00.63		42.28	250m: 3:25.19	42.66	350m: 4:48.02	41.52	
	100m: 1:18.35 42.59	200m: 2:42.53		41.90	300m: 4:06.50	41.31	400m: 5:26.32	38.30	
74.	FILANOWSKA Martyna		10	UKS ÓSEMKA O wi cim				5:26.78	366
	50m: 37.77 37.77	150m: 1:59.63		41.07	250m: 3:22.79	41.63	350m: 4:46.60	42.00	
	100m: 1:18.56 40.79	200m: 2:41.16		41.53	300m: 4:04.60	41.81	400m: 5:26.78	40.18	
75.	ZYCH Martyna		10	MKS JAGIELLONKA Warszawa				5:26.80	366
	50m: 35.93 35.93	150m: 1:59.00		41.83	250m: 3:22.52	42.04	350m: 4:46.43	42.14	
	100m: 1:17.17 41.24	200m: 2:40.48		41.48	300m: 4:04.29	41.77	400m: 5:26.80	40.37	
76.	ZWIERZCHOWSKA Aleksandra		10	MKS TRÓJKA Łód				5:27.18	365
	50m: 37.10 37.10	150m: 2:00.63		41.78	250m: 3:24.66	41.21	350m: 4:47.79	41.57	
	100m: 1:18.85 41.75	200m: 2:43.45		42.82	300m: 4:06.22	41.56	400m: 5:27.18	39.39	
77.	AGLIANO Victoria		10	SSiR CENTRUM Staszów				5:27.27	365
	50m: 37.35 37.35	150m: 1:58.63		41.26	250m: 3:23.44	42.05	350m: 4:48.34	42.31	
	100m: 1:17.37 40.02	200m: 2:41.39		42.76	300m: 4:06.03	42.59	400m: 5:27.27	38.93	
78.	MIECI SKA Anna		10	UKS GIM 92 Ursynów				5:27.44	364
	50m: 36.75 36.75	150m: 2:00.28		41.43	250m: 3:24.10	42.12	350m: 4:46.22	40.76	
	100m: 1:18.85 42.10	200m: 2:41.98		41.70	300m: 4:05.46	41.36	400m: 5:27.44	41.22	
79.	JÄGER Anna		10	UKS DELFIN Krapkowice				5:28.77	360
	50m: 34.94 34.94	150m: 1:56.45		41.78	250m: 3:22.19	42.84	350m: 4:46.97	42.09	
	100m: 1:14.67 39.73	200m: 2:39.35		42.90	300m: 4:04.88	42.69	400m: 5:28.77	41.80	
80.	RYCHTER Zofia		10	MKS Park Wodny Tarnowskie Góry				5:29.36	358
	50m: 38.13 38.13	150m: 2:01.48		42.11	250m: 3:25.70	42.22	350m: 4:49.44	41.43	
	100m: 1:19.37 41.24	200m: 2:43.48		42.00	300m: 4:08.01	42.31	400m: 5:29.36	39.92	
81.	WROTEK Zofia		10	UKS Na Fali Bytom				5:29.97	356
	50m: 37.71 37.71	150m: 2:00.50		41.81	250m: 3:25.53	42.41	350m: 4:47.68	40.63	
	100m: 1:18.69 40.98	200m: 2:43.12		42.62	300m: 4:07.05	41.52	400m: 5:29.97	42.29	
82.	BERNATOWICZ Gaja		10	UKS ÓSEMKA O wi cim				5:31.01	352
	50m: 38.18 38.18	150m: 2:02.55		42.77	250m: 3:27.20	41.95	350m: 4:52.34	42.35	
	100m: 1:19.78 41.60	200m: 2:45.25		42.70	300m: 4:09.99	42.79	400m: 5:31.01	38.67	
83.	CYWKA Zuzanna		10	KS WISŁA Puławy				5:31.51	351
	50m: 35.66 35.66	150m: 2:00.50		42.47	250m: 3:25.40	42.07	350m: 4:50.83	42.42	
	100m: 1:18.03 42.37	200m: 2:43.33		42.83	300m: 4:08.41	43.01	400m: 5:31.51	40.68	
84.	BRYSIAK Nikola		10	Champion Tomaszów Maz.				5:31.82	350
	50m: 36.31 36.31	150m: 2:00.98		43.09	250m: 3:26.94	43.17	350m: 4:51.95	41.44	
	100m: 1:17.89 41.58	200m: 2:43.77		42.79	300m: 4:10.51	43.57	400m: 5:31.82	39.87	
85.	TRAUTZEL Matylda		10	UKS GIM 92 Ursynów				5:33.31	345
	50m: 34.82 34.82	150m: 1:56.73		41.99	250m: 3:23.51	43.62	350m: 4:50.93	43.80	
	100m: 1:14.74 39.92	200m: 2:39.89		43.16	300m: 4:07.13	43.62	400m: 5:33.31	42.38	
86.	AGAIBY Weronika		10	SP MOTYL MOSiR Stalowa Wola				5:33.32	345
	50m: 36.02 36.02	150m: 2:00.37		42.27	250m: 3:26.08	42.99	350m: 4:51.87	42.98	
	100m: 1:18.10 42.08	200m: 2:43.09		42.72	300m: 4:08.89	42.81	400m: 5:33.32	41.45	
87.	SUŁKOWSKA Oliwia		10	UKS JUNIOR Kluczbork				5:33.41	345
	50m: 37.59 37.59	150m: 2:02.00		42.60	250m: 3:27.85	42.45	350m: 4:52.85	42.03	
	100m: 1:19.40 41.81	200m: 2:45.40		43.40	300m: 4:10.82	42.97	400m: 5:33.41	40.56	
88.	SEBIGULI-MARISHEKOME Nathalie		10	UKS VICTORIA Józefów				5:33.75	344
	50m: 38.56 38.56	150m: 2:02.82		42.07	250m: 3:28.89	42.85	350m: 4:54.61	42.81	
	100m: 1:20.75 42.19	200m: 2:46.04		43.22	300m: 4:11.80	42.91	400m: 5:33.75	39.14	
89.	CHABKO Emilia		10	UKS Na Fali Bytom				5:34.13	343
	50m: 38.07 38.07	150m: 2:04.00		43.50	250m: 3:30.32	43.14	350m: 4:54.56	42.01	
	100m: 1:20.50 42.43	200m: 2:47.18		43.18	300m: 4:12.55	42.23	400m: 5:34.13	39.57	

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
90.	ULANOWSKA Irmina		10	UKS Na Fali Bytom				5:34.31	342
	50m: 37.15	37.15	150m: 2:00.61	42.74	250m: 3:27.48	43.92	350m: 4:55.05	43.32	
	100m: 1:17.87	40.72	200m: 2:43.56	42.95	300m: 4:11.73	44.25	400m: 5:34.31	39.26	
91.	SZKLENNIK Lena		10	MKS JUVENIA Wrocław				5:34.37	342
	50m: 36.86	36.86	150m: 2:01.50	42.84	250m: 3:27.65	42.57	350m: 4:53.35	42.64	
	100m: 1:18.66	41.80	200m: 2:45.08	43.58	300m: 4:10.71	43.06	400m: 5:34.37	41.02	
92.	HANDZLIK Aleksandra		10	Mokotowski UKP Warszawianka- Wodny				5:34.56	341
	50m: 36.92	36.92	150m: 2:03.27	44.03	250m: 3:27.03	44.14	350m: 4:52.91	41.80	
	100m: 1:19.24	42.32	200m: 2:42.89	39.62	300m: 4:11.11	44.08	400m: 5:34.56	41.65	
93.	CZARNECKA Lena		10	MKS JORDAN Kraków				5:34.99	340
	50m: 35.64	35.64	150m: 1:58.46	42.25	250m: 3:24.74	43.80	350m: 4:52.52	44.06	
	100m: 1:16.21	40.57	200m: 2:40.94	42.48	300m: 4:08.46	43.72	400m: 5:34.99	42.47	
94.	PIANKA Emilia		10	UKS JUNIOR Kluczbork				5:35.19	339
	50m: 35.78	35.78	150m: 1:59.18	42.70	250m: 3:25.60	43.62	350m: 4:53.25	43.87	
	100m: 1:16.48	40.70	200m: 2:41.98	42.80	300m: 4:09.38	43.78	400m: 5:35.19	41.94	
95.	SIWEK Lilianna		10	MKS JORDAN Kraków				5:35.71	338
	50m: 37.10	37.10	150m: 2:04.09	44.61	250m: 3:31.23	43.70	350m: 4:57.15	42.62	
	100m: 1:19.48	42.38	200m: 2:47.53	43.44	300m: 4:14.53	43.30	400m: 5:35.71	38.56	
96.	UMI SKA Klara		10	SKS 137 DELFIN Łód				5:36.46	336
	50m: 36.63	36.63	150m: 2:01.58	43.23	250m: 3:29.07	43.84	350m: 4:56.54	43.94	
	100m: 1:18.35	41.72	200m: 2:45.23	43.65	300m: 4:12.60	43.53	400m: 5:36.46	39.92	
97.	DZI GIELEWSKA Nikola		10	UKP FALA Kra nik				5:36.61	335
	50m: 35.16	35.16	150m: 2:01.58	43.54	250m: 3:28.91	43.80	350m: 4:56.41	43.74	
	100m: 1:18.04	42.88	200m: 2:45.11	43.53	300m: 4:12.67	43.76	400m: 5:36.61	40.20	
98.	TASARZ Natalia		10	UKS JUNIOR Kluczbork				5:36.62	335
	50m: 37.49	37.49	150m: 2:03.48	43.52	250m: 3:29.57	43.11	350m: 4:54.99	42.20	
	100m: 1:19.96	42.47	200m: 2:46.46	42.98	300m: 4:12.79	43.22	400m: 5:36.62	41.63	
99.	POPANDA Blanka		10	DOKiS SP Vega Dobrodzie				5:36.74	335
	50m: 36.44	36.44	150m: 2:01.96	43.43	250m: 3:29.17	44.16	350m: 4:55.66	42.44	
	100m: 1:18.53	42.09	200m: 2:45.01	43.05	300m: 4:13.22	44.05	400m: 5:36.74	41.08	
100.	SOWA Aleksandra		10	UKS Kapry-Armexim Pruszków				5:37.09	334
	50m: 35.39	35.39	150m: 1:58.64	43.01	250m: 3:26.89	44.46	350m: 4:54.14	43.51	
	100m: 1:15.63	40.24	200m: 2:42.43	43.79	300m: 4:10.63	43.74	400m: 5:37.09	42.95	
101.	W GRZYN Emilia		10	KP SOKÓŁ Rzeszów				5:37.14	334
	50m: 38.60	38.60	150m: 2:05.91	44.18	250m: 3:33.91	43.99	350m: 4:58.80	41.70	
	100m: 1:21.73	43.13	200m: 2:49.92	44.01	300m: 4:17.10	43.19	400m: 5:37.14	38.34	
102.	RYDZEWSKA Paula		10	KU AZS UMCS Lublin				5:37.31	333
	50m: 38.56	38.56	150m: 2:05.85	44.11	250m: 3:33.26	43.41	350m: 4:58.38	42.08	
	100m: 1:21.74	43.18	200m: 2:49.85	44.00	300m: 4:16.30	43.04	400m: 5:37.31	38.93	
103.	SAŁUDA Kamila		10	UKS NAWA Skierniewice				5:37.50	332
	50m: 37.53	37.53	150m: 2:02.58	42.96	250m: 3:30.76	43.87	350m: 4:56.74	41.90	
	100m: 1:19.62	42.09	200m: 2:46.89	44.31	300m: 4:14.84	44.08	400m: 5:37.50	40.76	
104.	HABRYCH Dominika		10	UKS JUNIOR Kluczbork				5:40.01	325
	50m: 38.70	38.70	150m: 2:04.06	43.47	250m: 3:31.03	43.16	350m: 4:58.37	43.76	
	100m: 1:20.59	41.89	200m: 2:47.87	43.81	300m: 4:14.61	43.58	400m: 5:40.01	41.64	
105.	BILEWSKA Amelia		10	Akademia Aqua Sport				5:40.52	324
	50m: 39.34	39.34	150m: 2:06.78	44.22	250m: 3:34.20	43.45	350m: 5:00.59	42.74	
	100m: 1:22.56	43.22	200m: 2:50.75	43.97	300m: 4:17.85	43.65	400m: 5:40.52	39.93	
106.	FLOREK Aleksandra		10	UKS SP AQUARIUS Lesko				5:43.52	315
	50m: 40.47	40.47	150m: 2:07.85	43.75	250m: 3:35.64	44.07	350m: 5:02.30	42.71	
	100m: 1:24.10	43.63	200m: 2:51.57	43.72	300m: 4:19.59	43.95	400m: 5:43.52	41.22	
107.	SZCZAWI SKA Wiktoria		10	KS WISŁA Puławy				5:44.20	313
	50m: 37.01	37.01	150m: 2:05.32	45.01	250m: 3:35.43	44.83	350m: 5:04.97	45.07	
	100m: 1:20.31	43.30	200m: 2:50.60	45.28	300m: 4:19.90	44.47	400m: 5:44.20	39.23	

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja					Rok ur.					Czas	Pkt.	
108.	KLIMCZAK Natalia				10	MKS JUVENIA Wrocław				5:44.54	312	
	50m:	34.86	34.86	150m:	2:03.19	45.33	250m:	3:34.64	45.65	350m:	5:02.78	42.33
	100m:	1:17.86	43.00	200m:	2:48.99	45.80	300m:	4:20.45	45.81	400m:	5:44.54	41.76
109.	JEZIORSKA Wiktoria				10	MKS JORDAN Kraków				5:44.66	312	
	50m:	37.45	37.45	150m:	2:05.22	44.43	250m:	3:35.29	45.07	350m:	5:04.21	44.75
	100m:	1:20.79	43.34	200m:	2:50.22	45.00	300m:	4:19.46	44.17	400m:	5:44.66	40.45
110.	BAJ Gabriela				10	KS AZS AWF Biała Podlaska				5:48.46	302	
	50m:	37.50	37.50	150m:	2:03.40	43.64	250m:	3:31.85	44.67	350m:	5:03.06	45.46
	100m:	1:19.76	42.26	200m:	2:47.18	43.78	300m:	4:17.60	45.75	400m:	5:48.46	45.40
111.	SOCHA Zuzanna				10	UKS FENIKS D bica				5:50.96	296	
	50m:	37.17	37.17	150m:	2:04.90	44.72	250m:	3:36.78	46.60	350m:	5:07.58	45.48
	100m:	1:20.18	43.01	200m:	2:50.18	45.28	300m:	4:22.10	45.32	400m:	5:50.96	43.38
112.	GAWEŁ Marta				10	KS PI TKA Chorzów				5:53.97	288	
	50m:	39.19	39.19	150m:	2:08.73	46.23	250m:	3:41.24	46.28	350m:	5:11.49	44.90
	100m:	1:22.50	43.31	200m:	2:54.96	46.23	300m:	4:26.59	45.35	400m:	5:53.97	42.48
113.	CZEKAJ Maja				10	CSiR MOS w D browie Górnicej				5:54.33	287	
	50m:	38.89	38.89	150m:	2:08.15	45.58	250m:	3:40.71	46.83	350m:	5:11.93	44.85
	100m:	1:22.57	43.68	200m:	2:53.88	45.73	300m:	4:27.08	46.37	400m:	5:54.33	42.40
114.	MAZUR Antonina				10	MKS IKAR Stal Mielec				5:54.57	287	
	50m:	39.58	39.58	150m:	2:10.15	46.04	250m:	3:40.85	45.93	350m:	5:10.98	44.89
	100m:	1:24.11	44.53	200m:	2:54.92	44.77	300m:	4:26.09	45.24	400m:	5:54.57	43.59
115.	MOJ Karolina				10	KS PI TKA Chorzów				5:56.65	282	
	50m:	38.70	38.70	150m:	2:08.02	44.98	250m:	3:40.15	46.44	350m:	5:13.10	45.39
	100m:	1:23.04	44.34	200m:	2:53.71	45.69	300m:	4:27.71	47.56	400m:	5:56.65	43.55
116.	KIELAR Julia				10	MKS JORDAN Kraków				5:59.36	275	
	50m:	39.19	39.19	150m:	2:11.19	46.46	250m:	3:44.47	47.08	350m:	5:17.71	45.66
	100m:	1:24.73	45.54	200m:	2:57.39	46.20	300m:	4:32.05	47.58	400m:	5:59.36	41.65
117.	PALE Milena				10	SP MOTYL MOSiR Stalowa Wola				5:59.77	274	
	50m:	39.21	39.21	150m:	2:10.23	46.04	250m:	3:43.39	46.81	350m:	5:17.22	46.90
	100m:	1:24.19	44.98	200m:	2:56.58	46.35	300m:	4:30.32	46.93	400m:	5:59.77	42.55
118.	ŁOPACI SKA Karina				10	IKS Konstancin				6:01.04	271	
	50m:	40.83	40.83	150m:	2:11.97	46.63	250m:	3:44.74	46.25	350m:	5:17.87	46.21
	100m:	1:25.34	44.51	200m:	2:58.49	46.52	300m:	4:31.66	46.92	400m:	6:01.04	43.17
119.	DOMA SKA Karolina				10	UKS DELFIN Garwolin				6:01.95	269	
	50m:	39.26	39.26	150m:	2:10.47	45.76	250m:	3:44.04	47.24	350m:	5:17.45	47.10
	100m:	1:24.71	45.45	200m:	2:56.80	46.33	300m:	4:30.35	46.31	400m:	6:01.95	44.50
120.	SYPEREK Zofia				10	MKS JAGIELLONKA Warszawa				6:06.55	259	
	50m:	39.22	39.22	150m:	2:12.40	47.45	250m:	3:46.44	47.02	350m:	5:21.14	47.11
	100m:	1:24.95	45.73	200m:	2:59.42	47.02	300m:	4:34.03	47.59	400m:	6:06.55	45.41
121.	REPE Nadia				10	UKS ORKA Zamo				6:08.79	255	
	50m:	40.94	40.94	150m:	2:14.57	47.39	250m:	3:49.85	47.79	350m:	5:24.80	47.64
	100m:	1:27.18	46.24	200m:	3:02.06	47.49	300m:	4:37.16	47.31	400m:	6:08.79	43.99
122.	SZCZE NIAK Zofia				10	UKS H2O Warszawa				6:12.35	247	
	50m:	41.36	41.36	150m:	2:15.71	47.18	250m:	3:51.84	47.91	350m:	5:26.65	47.53
	100m:	1:28.53	47.17	200m:	3:03.93	48.22	300m:	4:39.12	47.28	400m:	6:12.35	45.70
123.	KALBARCZYK Alicja				10	SKP DELFIN Kozienice				6:38.41	202	
	50m:	40.39	40.39	150m:	2:19.76	51.02	250m:	4:04.33	52.35	350m:	5:50.64	53.10
	100m:	1:28.74	48.35	200m:	3:11.98	52.22	300m:	4:57.54	53.21	400m:	6:38.41	47.77