

Letnie Mistrzostwa Polski Juniorów Młodszych 14 lat
Ostrowiec wi tokrzyski, 06-09-07-2023

Konkurencja 1
2023-07-06 - 16:00

Dziewcz t, 1500m dowolny

14 lat
Wyniki

Rekord Polski 14-lat 17:27.17 KNOP Aleksandra 01605 Lublin 2017-05-21

Punkty: FINA 2023

Pozycja			Rok ur.							Czas	Pkt.	
1.	KAPKA Antonina		09	CSiR MOS w D browie Górniczej						17:50.74	635	
	50m:	32.17	32.17	450m:	5:18.27	35.68	850m:	10:03.72	35.78	1250m:	14:52.16	36.05
	100m:	1:07.46	35.29	500m:	5:54.17	35.90	900m:	10:39.56	35.84	1300m:	15:28.33	36.17
	150m:	1:42.77	35.31	550m:	6:29.79	35.62	950m:	11:15.64	36.08	1350m:	16:04.28	35.95
	200m:	2:18.69	35.92	600m:	7:05.10	35.31	1000m:	11:51.35	35.71	1400m:	16:40.10	35.82
	250m:	2:54.47	35.78	650m:	7:40.90	35.80	1050m:	12:27.40	36.05	1450m:	17:16.06	35.96
	300m:	3:30.21	35.74	700m:	8:16.16	35.26	1100m:	13:03.63	36.23	1500m:	17:50.74	34.68
	350m:	4:06.31	36.10	750m:	8:52.11	35.95	1150m:	13:40.01	36.38			
	400m:	4:42.59	36.28	800m:	9:27.94	35.83	1200m:	14:16.11	36.10			
2.	KUCZMAR Aleksandra		09	MKS Ochota Warszawa						18:07.71	606	
	50m:	32.73	32.73	450m:	5:19.67	36.03	850m:	10:10.88	36.81	1250m:	15:06.39	37.03
	100m:	1:07.93	35.20	500m:	5:55.68	36.01	900m:	10:48.39	37.51	1300m:	15:43.40	37.01
	150m:	1:43.84	35.91	550m:	6:32.05	36.37	950m:	11:25.56	37.17	1350m:	16:20.75	37.35
	200m:	2:19.53	35.69	600m:	7:07.62	35.57	1000m:	12:02.96	37.40	1400m:	16:57.74	36.99
	250m:	2:55.60	36.07	650m:	7:43.97	36.35	1050m:	12:39.35	36.39	1450m:	17:33.63	35.89
	300m:	3:31.58	35.98	700m:	8:20.43	36.46	1100m:	13:15.58	36.23	1500m:	18:07.71	34.08
	350m:	4:07.61	36.03	750m:	8:57.37	36.94	1150m:	13:52.29	36.71			
	400m:	4:43.64	36.03	800m:	9:34.07	36.70	1200m:	14:29.36	37.07			
3.	KARKOCHA Gabriela		09	UKS MANTA Kochłowice Ruda I ska						18:11.06	600	
	50m:	31.82	31.82	450m:	5:18.79	36.39	850m:	10:10.40	37.04	1250m:	15:07.09	37.22
	100m:	1:06.39	34.57	500m:	5:54.75	35.96	900m:	10:46.92	36.52	1300m:	15:43.25	36.16
	150m:	1:42.29	35.90	550m:	6:31.43	36.68	950m:	11:23.98	37.06	1350m:	16:21.33	38.08
	200m:	2:17.95	35.66	600m:	7:07.81	36.38	1000m:	12:00.79	36.81	1400m:	16:58.22	36.89
	250m:	2:54.15	36.20	650m:	7:44.33	36.52	1050m:	12:38.66	37.87	1450m:	17:34.97	36.75
	300m:	3:30.03	35.88	700m:	8:20.51	36.18	1100m:	13:15.77	37.11	1500m:	18:11.06	36.09
	350m:	4:07.24	37.21	750m:	8:56.92	36.41	1150m:	13:53.18	37.41			
	400m:	4:42.40	35.16	800m:	9:33.36	36.44	1200m:	14:29.87	36.69			
4.	POLAK Iga		09	KS PŁETWAŁ Zakopane						18:15.51	593	
	50m:	31.93	31.93	450m:	5:20.71	37.02	850m:	10:16.34	37.16	1250m:	15:14.39	37.32
	100m:	1:06.86	34.93	500m:	5:57.17	36.46	900m:	10:53.67	37.33	1300m:	15:51.03	36.64
	150m:	1:42.91	36.05	550m:	6:34.32	37.15	950m:	11:30.94	37.27	1350m:	16:27.89	36.86
	200m:	2:18.97	36.06	600m:	7:10.83	36.51	1000m:	12:08.13	37.19	1400m:	17:04.22	36.33
	250m:	2:55.01	36.04	650m:	7:48.05	37.22	1050m:	12:46.22	38.09	1450m:	17:40.88	36.66
	300m:	3:30.93	35.92	700m:	8:24.85	36.80	1100m:	13:22.97	36.75	1500m:	18:15.51	34.63
	350m:	4:07.69	36.76	750m:	9:02.45	37.60	1150m:	14:00.14	37.17			
	400m:	4:43.69	36.00	800m:	9:39.18	36.73	1200m:	14:37.07	36.93			
5.	CHYCZEWSKA Pola		09	MKP SŁOWIANKA Gorzów Wlkp.						18:43.49	549	
	50m:	31.94	31.94	450m:	5:27.02	37.56	850m:	10:29.73	38.20	1250m:	15:35.88	38.55
	100m:	1:07.22	35.28	500m:	6:04.30	37.28	900m:	11:07.66	37.93	1300m:	16:14.01	38.13
	150m:	1:43.91	36.69	550m:	6:42.13	37.83	950m:	11:45.94	38.28	1350m:	16:53.17	39.16
	200m:	2:20.72	36.81	600m:	7:19.66	37.53	1000m:	12:24.52	38.58	1400m:	17:31.17	38.00
	250m:	2:58.22	37.50	650m:	7:58.08	38.42	1050m:	13:02.48	37.96	1450m:	18:08.16	36.99
	300m:	3:34.94	36.72	700m:	8:35.96	37.88	1100m:	13:41.05	38.57	1500m:	18:43.49	35.33
	350m:	4:12.14	37.20	750m:	9:13.96	38.00	1150m:	14:19.47	38.42			
	400m:	4:49.46	37.32	800m:	9:51.53	37.57	1200m:	14:57.33	37.86			
6.	CIUPA Ewelina		09	KP SUKCES Chorzów						18:46.92	544	
	50m:	32.35	32.35	450m:	5:34.06	38.44	850m:	10:37.77	37.98	1250m:	15:43.31	37.40
	100m:	1:08.64	36.29	500m:	6:12.25	38.19	900m:	11:15.92	38.15	1300m:	16:20.54	37.23
	150m:	1:45.85	37.21	550m:	6:50.86	38.61	950m:	11:54.11	38.19	1350m:	16:58.32	37.78
	200m:	2:23.56	37.71	600m:	7:29.10	38.24	1000m:	12:32.76	38.65	1400m:	17:35.20	36.88
	250m:	3:00.99	37.43	650m:	8:07.25	38.15	1050m:	13:11.97	39.21	1450m:	18:11.58	36.38
	300m:	3:38.93	37.94	700m:	8:44.59	37.34	1100m:	13:49.17	37.20	1500m:	18:46.92	35.34
	350m:	4:17.14	38.21	750m:	9:22.25	37.66	1150m:	14:27.47	38.30			
	400m:	4:55.62	38.48	800m:	9:59.79	37.54	1200m:	15:05.91	38.44			

Letnie Mistrzostwa Polski Juniorów Młodszych 14 lat
Ostrowiec wi tokrzyski, 06-09-07-2023

Konkurencja 1, Dziewcz t, 1500m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.			
7.	GRYKO Patrycja		09	KS WARTA Pozna				18:50.06	540			
	50m:	32.37	32.37	450m:	5:31.42	38.06	850m:	10:36.36	38.20	1250m:	15:42.81	38.46
	100m:	1:08.42	36.05	500m:	6:09.48	38.06	900m:	11:14.95	38.59	1300m:	16:21.22	38.41
	150m:	1:45.51	37.09	550m:	6:47.43	37.95	950m:	11:53.21	38.26	1350m:	16:59.32	38.10
	200m:	2:22.77	37.26	600m:	7:25.82	38.39	1000m:	12:31.56	38.35	1400m:	17:37.02	37.70
	250m:	3:00.13	37.36	650m:	8:03.94	38.12	1050m:	13:09.91	38.35	1450m:	18:14.76	37.74
	300m:	3:38.02	37.89	700m:	8:42.26	38.32	1100m:	13:47.94	38.03	1500m:	18:50.06	35.30
	350m:	4:15.80	37.78	750m:	9:19.81	37.55	1150m:	14:26.12	38.18			
	400m:	4:53.36	37.56	800m:	9:58.16	38.35	1200m:	15:04.35	38.23			
8.	KISZCZAK Olga		09	UKS ÓSEMKA O wi cim				19:05.62	518			
	50m:	34.50	34.50	450m:	5:42.40	38.46	850m:	10:49.59	38.14	1250m:	15:56.25	38.70
	100m:	1:12.86	38.36	500m:	6:20.83	38.43	900m:	11:28.16	38.57	1300m:	16:34.87	38.62
	150m:	1:51.34	38.48	550m:	6:59.11	38.28	950m:	12:06.76	38.60	1350m:	17:13.52	38.65
	200m:	2:30.04	38.70	600m:	7:37.45	38.34	1000m:	12:45.05	38.29	1400m:	17:51.78	38.26
	250m:	3:08.34	38.30	650m:	8:15.95	38.50	1050m:	13:23.00	37.95	1450m:	18:29.45	37.67
	300m:	3:47.40	39.06	700m:	8:54.63	38.68	1100m:	14:00.87	37.87	1500m:	19:05.62	36.17
	350m:	4:25.89	38.49	750m:	9:32.70	38.07	1150m:	14:39.07	38.20			
	400m:	5:03.94	38.05	800m:	10:11.45	38.75	1200m:	15:17.55	38.48			
9.	G SKA Paulina		09	MKS IKAR Stal Mielec				19:10.47	512			
	50m:	33.44	33.44	450m:	5:36.84	38.38	850m:	10:46.64	38.95	1250m:	15:58.32	38.77
	100m:	1:09.79	36.35	500m:	6:15.60	38.76	900m:	11:25.54	38.90	1300m:	16:36.98	38.66
	150m:	1:47.49	37.70	550m:	6:53.85	38.25	950m:	12:04.29	38.75	1350m:	17:15.77	38.79
	200m:	2:25.44	37.95	600m:	7:32.36	38.51	1000m:	12:43.18	38.89	1400m:	17:54.16	38.39
	250m:	3:03.48	38.04	650m:	8:11.41	39.05	1050m:	13:22.28	39.10	1450m:	18:32.66	38.50
	300m:	3:41.45	37.97	700m:	8:50.19	38.78	1100m:	14:01.43	39.15	1500m:	19:10.47	37.81
	350m:	4:19.86	38.41	750m:	9:28.82	38.63	1150m:	14:40.45	39.02			
	400m:	4:58.46	38.60	800m:	10:07.69	38.87	1200m:	15:19.55	39.10			
10.	MAZUREK Dagmara		09	UKS Olimpijczyk 23				19:10.63	511			
	50m:	32.99	32.99	450m:	5:29.17	38.25	850m:	10:40.43	39.25	1250m:	15:55.60	39.43
	100m:	1:08.61	35.62	500m:	6:07.45	38.28	900m:	11:19.81	39.38	1300m:	16:35.01	39.41
	150m:	1:45.02	36.41	550m:	6:46.08	38.63	950m:	11:59.22	39.41	1350m:	17:14.37	39.36
	200m:	2:21.50	36.48	600m:	7:24.69	38.61	1000m:	12:38.45	39.23	1400m:	17:54.01	39.64
	250m:	2:58.49	36.99	650m:	8:03.83	39.14	1050m:	13:17.83	39.38	1450m:	18:32.87	38.86
	300m:	3:35.69	37.20	700m:	8:42.81	38.98	1100m:	13:57.16	39.33	1500m:	19:10.63	37.76
	350m:	4:13.12	37.43	750m:	9:21.89	39.08	1150m:	14:36.71	39.55			
	400m:	4:50.92	37.80	800m:	10:01.18	39.29	1200m:	15:16.17	39.46			
11.	WIECZOREK Michalina		09	UKS ÓSEMKA O wi cim				19:16.28	504			
	50m:	36.47	36.47	450m:	5:49.24	39.63	850m:	10:59.35	38.67	1250m:	16:08.26	39.48
	100m:	1:14.57	38.10	500m:	6:28.08	38.84	900m:	11:37.45	38.10	1300m:	16:46.72	38.46
	150m:	1:54.15	39.58	550m:	7:07.50	39.42	950m:	12:16.63	39.18	1350m:	17:25.63	38.91
	200m:	2:32.97	38.82	600m:	7:46.17	38.67	1000m:	12:54.58	37.95	1400m:	18:03.57	37.94
	250m:	3:12.85	39.88	650m:	8:25.78	39.61	1050m:	13:33.21	38.63	1450m:	18:40.81	37.24
	300m:	3:51.74	38.89	700m:	9:03.84	38.06	1100m:	14:11.58	38.37	1500m:	19:16.28	35.47
	350m:	4:31.17	39.43	750m:	9:42.62	38.78	1150m:	14:50.77	39.19			
	400m:	5:09.61	38.44	800m:	10:20.68	38.06	1200m:	15:28.78	38.01			
12.	DŁUGOPOLSKA Nikola		09	Stow. OLIMPIJCZYK Kraków				19:17.55	502			
	50m:	34.14	34.14	450m:	5:44.85	38.80	850m:	10:54.75	38.85	1250m:	16:04.97	39.17
	100m:	1:11.86	37.72	500m:	6:23.32	38.47	900m:	11:33.12	38.37	1300m:	16:43.80	38.83
	150m:	1:51.08	39.22	550m:	7:02.00	38.68	950m:	12:11.80	38.68	1350m:	17:23.29	39.49
	200m:	2:29.61	38.53	600m:	7:40.85	38.85	1000m:	12:49.85	38.05	1400m:	18:02.30	39.01
	250m:	3:08.44	38.83	650m:	8:19.87	39.02	1050m:	13:28.53	38.68	1450m:	18:40.28	37.98
	300m:	3:47.32	38.88	700m:	8:58.43	38.56	1100m:	14:07.64	39.11	1500m:	19:17.55	37.27
	350m:	4:26.83	39.51	750m:	9:37.18	38.75	1150m:	14:46.74	39.10			
	400m:	5:06.05	39.22	800m:	10:15.90	38.72	1200m:	15:25.80	39.06			
13.	SZCZEPANIK Nikola		09	MKP SŁOWIANKA Gorzów Wlkp.				19:21.93	497			
	50m:	33.49	33.49	450m:	5:44.44	39.48	850m:	10:56.69	39.05	1250m:	16:10.64	39.80
	100m:	1:11.59	38.10	500m:	6:22.97	38.53	900m:	11:35.71	39.02	1300m:	16:49.77	39.13
	150m:	1:50.55	38.96	550m:	7:02.40	39.43	950m:	12:15.25	39.54	1350m:	17:29.05	39.28
	200m:	2:29.22	38.67	600m:	7:41.04	38.64	1000m:	12:54.06	38.81	1400m:	18:08.05	39.00
	250m:	3:08.55	39.33	650m:	8:20.41	39.37	1050m:	13:33.53	39.47	1450m:	18:45.91	37.86
	300m:	3:46.95	38.40	700m:	8:59.46	39.05	1100m:	14:12.04	38.51	1500m:	19:21.93	36.02
	350m:	4:26.38	39.43	750m:	9:39.03	39.57	1150m:	14:51.83	39.79			
	400m:	5:04.96	38.58	800m:	10:17.64	38.61	1200m:	15:30.84	39.01			

Letnie Mistrzostwa Polski Juniorów Młodszych 14 lat
Ostrowiec wi tokrzyski, 06-09-07-2023

Konkurencja 1, Dziewcz t, 1500m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.			
14.	GNA Nadia		09	UKS Tri-Team Rumia				19:25.36	492			
	50m:	34.92	34.92	450m:	5:46.53	39.42	850m:	10:57.17	39.29	1250m:	16:11.41	38.80
	100m:	1:12.70	37.78	500m:	6:25.75	39.22	900m:	11:36.31	39.14	1300m:	16:50.81	39.40
	150m:	1:51.32	38.62	550m:	7:04.86	39.11	950m:	12:15.33	39.02	1350m:	17:30.38	39.57
	200m:	2:30.15	38.83	600m:	7:43.23	38.37	1000m:	12:54.48	39.15	1400m:	18:09.46	39.08
	250m:	3:09.30	39.15	650m:	8:22.03	38.80	1050m:	13:34.05	39.57	1450m:	18:48.08	38.62
	300m:	3:48.34	39.04	700m:	9:00.64	38.61	1100m:	14:13.17	39.12	1500m:	19:25.36	37.28
	350m:	4:27.93	39.59	750m:	9:39.42	38.78	1150m:	14:52.65	39.48			
	400m:	5:07.11	39.18	800m:	10:17.88	38.46	1200m:	15:32.61	39.96			
15.	ELASKOWSKA Wiktoria		09	MKS TRÓJKA Łód				19:26.88	490			
	50m:	33.04	33.04	450m:	5:43.21	38.26	850m:	10:57.54	39.78	1250m:	16:14.60	41.19
	100m:	1:10.20	37.16	500m:	6:22.11	38.90	900m:	11:37.26	39.72	1300m:	16:55.36	40.76
	150m:	1:49.68	39.48	550m:	7:01.04	38.93	950m:	12:16.48	39.22	1350m:	17:34.26	38.90
	200m:	2:29.11	39.43	600m:	7:40.30	39.26	1000m:	12:55.60	39.12	1400m:	18:13.25	38.99
	250m:	3:08.26	39.15	650m:	8:19.26	38.96	1050m:	13:36.27	40.67	1450m:	18:52.35	39.10
	300m:	3:47.62	39.36	700m:	8:58.72	39.46	1100m:	14:15.69	39.42	1500m:	19:26.88	34.53
	350m:	4:26.25	38.63	750m:	9:38.24	39.52	1150m:	14:53.32	37.63			
	400m:	5:04.95	38.70	800m:	10:17.76	39.52	1200m:	15:33.41	40.09			
16.	CHAŁUPKA Amelia		09	MKS Piaseczno				19:32.61	483			
	50m:	33.92	33.92	450m:	5:51.69	40.12	850m:	11:09.43	40.28	1250m:	16:23.22	39.29
	100m:	1:12.28	38.36	500m:	6:31.10	39.41	900m:	11:48.51	39.08	1300m:	17:01.37	38.15
	150m:	1:52.24	39.96	550m:	7:11.30	40.20	950m:	12:28.76	40.25	1350m:	17:40.89	39.52
	200m:	2:31.37	39.13	600m:	7:50.43	39.13	1000m:	13:08.01	39.25	1400m:	18:18.93	38.04
	250m:	3:11.74	40.37	650m:	8:29.96	39.53	1050m:	13:47.18	39.17	1450m:	18:56.84	37.91
	300m:	3:51.37	39.63	700m:	9:09.53	39.57	1100m:	14:25.93	38.75	1500m:	19:32.61	35.77
	350m:	4:32.34	40.97	750m:	9:49.62	40.09	1150m:	15:05.38	39.45			
	400m:	5:11.57	39.23	800m:	10:29.15	39.53	1200m:	15:43.93	38.55			
17.	BOGIELCZYK Natalia		09	KS NEPTUN widnica				19:32.88	483			
	50m:	35.12	35.12	450m:	5:45.90	39.42	850m:	11:00.67	39.61	1250m:	16:16.99	40.11
	100m:	1:13.02	37.90	500m:	6:25.01	39.11	900m:	11:39.82	39.15	1300m:	16:56.53	39.54
	150m:	1:51.94	38.92	550m:	7:04.53	39.52	950m:	12:19.52	39.70	1350m:	17:36.80	40.27
	200m:	2:30.56	38.62	600m:	7:43.77	39.24	1000m:	12:58.86	39.34	1400m:	18:16.04	39.24
	250m:	3:09.37	38.81	650m:	8:23.23	39.46	1050m:	13:38.50	39.64	1450m:	18:55.34	39.30
	300m:	3:48.34	38.97	700m:	9:02.11	38.88	1100m:	14:17.72	39.22	1500m:	19:32.88	37.54
	350m:	4:27.58	39.24	750m:	9:41.83	39.72	1150m:	14:57.33	39.61			
	400m:	5:06.48	38.90	800m:	10:21.06	39.23	1200m:	15:36.88	39.55			
18.	MICHALIK Wiktoria		09	UKS ÓSEMKA O wi cim				19:39.58	475			
	50m:	34.68	34.68	450m:	5:52.12	40.34	850m:	11:09.89	39.71	1250m:	16:26.35	39.35
	100m:	1:12.86	38.18	500m:	6:31.92	39.80	900m:	11:49.12	39.23	1300m:	17:05.95	39.60
	150m:	1:52.29	39.43	550m:	7:11.69	39.77	950m:	12:29.42	40.30	1350m:	17:45.24	39.29
	200m:	2:32.12	39.83	600m:	7:51.88	40.19	1000m:	13:09.09	39.67	1400m:	18:24.18	38.94
	250m:	3:11.70	39.58	650m:	8:31.43	39.55	1050m:	13:48.49	39.40	1450m:	19:03.12	38.94
	300m:	3:51.51	39.81	700m:	9:10.92	39.49	1100m:	14:27.75	39.26	1500m:	19:39.58	36.46
	350m:	4:31.99	40.48	750m:	9:51.00	40.08	1150m:	15:07.83	40.08			
	400m:	5:11.78	39.79	800m:	10:30.18	39.18	1200m:	15:47.00	39.17			
19.	BILI SKA Iga		09	UKS MANTA Kochłowice Ruda I ska				19:46.21	467			
	50m:	33.85	33.85	450m:	5:53.10	39.43	850m:	11:14.24	40.09	1250m:	16:30.28	39.19
	100m:	1:13.39	39.54	500m:	6:33.74	40.64	900m:	11:54.21	39.97	1300m:	17:10.28	40.00
	150m:	1:52.98	39.59	550m:	7:14.09	40.35	950m:	12:33.65	39.44	1350m:	17:50.05	39.77
	200m:	2:33.32	40.34	600m:	7:54.29	40.20	1000m:	13:13.32	39.67	1400m:	18:30.74	40.69
	250m:	3:13.25	39.93	650m:	8:33.82	39.53	1050m:	13:52.47	39.15	1450m:	19:10.00	39.26
	300m:	3:53.58	40.33	700m:	9:14.10	40.28	1100m:	14:32.03	39.56	1500m:	19:46.21	36.21
	350m:	4:33.81	40.23	750m:	9:53.91	39.81	1150m:	15:11.34	39.31			
	400m:	5:13.67	39.86	800m:	10:34.15	40.24	1200m:	15:51.09	39.75			
20.	BALICKA Ada		09	KS WARTA Pozna				19:46.29	467			
	50m:	34.20	34.20	450m:	5:49.03	39.77	850m:	11:10.03	40.09	1250m:	16:30.29	39.48
	100m:	1:11.38	37.18	500m:	6:29.31	40.28	900m:	11:50.45	40.42	1300m:	17:09.92	39.63
	150m:	1:49.64	38.26	550m:	7:09.32	40.01	950m:	12:30.44	39.99	1350m:	17:49.82	39.90
	200m:	2:28.95	39.31	600m:	7:49.34	40.02	1000m:	13:10.15	39.71	1400m:	18:29.92	40.10
	250m:	3:09.06	40.11	650m:	8:30.28	40.94	1050m:	13:50.29	40.14	1450m:	19:09.51	39.59
	300m:	3:49.52	40.46	700m:	9:10.15	39.87	1100m:	14:30.24	39.95	1500m:	19:46.29	36.78
	350m:	4:29.61	40.09	750m:	9:49.97	39.82	1150m:	15:10.42	40.18			
	400m:	5:09.26	39.65	800m:	10:29.94	39.97	1200m:	15:50.81	40.39			

Letnie Mistrzostwa Polski Juniorów Młodszych 14 lat
Ostrowiec wi tokrzyski, 06-09-07-2023

Konkurencja 1, Dziewcz t, 1500m dowolny, 14 lat

Pozycja			Rok ur.				Czas	Pkt.				
21.	GŁA EWSKA Zofia		09		UKS GIM 92 Ursynów		19:50.52	462				
	50m:	34.17	34.17	450m:	5:46.93	39.42	850m:	11:07.27	40.19	1250m:	16:28.87	40.42
	100m:	1:13.28	39.11	500m:	6:27.21	40.28	900m:	11:47.79	40.52	1300m:	17:09.36	40.49
	150m:	1:51.54	38.26	550m:	7:06.66	39.45	950m:	12:27.69	39.90	1350m:	17:49.65	40.29
	200m:	2:31.13	39.59	600m:	7:46.63	39.97	1000m:	13:07.57	39.88	1400m:	18:30.56	40.91
	250m:	3:09.87	38.74	650m:	8:26.16	39.53	1050m:	13:47.44	39.87	1450m:	19:10.80	40.24
	300m:	3:49.34	39.47	700m:	9:06.61	40.45	1100m:	14:27.60	40.16	1500m:	19:50.52	39.72
	350m:	4:28.19	38.85	750m:	9:46.69	40.08	1150m:	15:07.96	40.36			
	400m:	5:07.51	39.32	800m:	10:27.08	40.39	1200m:	15:48.45	40.49			
22.	GIERACH Maja		09		UKS MANTA Kochłowice Ruda I ska		19:55.36	456				
	50m:	35.56	35.56	450m:	5:51.58	38.34	850m:	11:14.16	40.15	1250m:	16:40.22	40.66
	100m:	1:14.36	38.80	500m:	6:32.50	40.92	900m:	11:55.04	40.88	1300m:	17:20.45	40.23
	150m:	1:53.72	39.36	550m:	7:13.18	40.68	950m:	12:35.91	40.87	1350m:	18:00.07	39.62
	200m:	2:33.80	40.08	600m:	7:53.51	40.33	1000m:	13:16.76	40.85	1400m:	18:40.15	40.08
	250m:	3:12.73	38.93	650m:	8:32.65	39.14	1050m:	13:57.50	40.74	1450m:	19:18.49	38.34
	300m:	3:53.31	40.58	700m:	9:13.36	40.71	1100m:	14:38.34	40.84	1500m:	19:55.36	36.87
	350m:	4:33.03	39.72	750m:	9:53.75	40.39	1150m:	15:18.63	40.29			
	400m:	5:13.24	40.21	800m:	10:34.01	40.26	1200m:	15:59.56	40.93			