

Konkurencja 14
2023-07-07 - 11:30
Dziewcz t, 400m zmienny
14 lat
Wyniki Eliminacje
Rekord Polski 14-lat 4:52.05 **KNOP Aleksandra** 01605 **Lublin** 2017-05-19

Punkty: FINA 2023

Pozycja			Rok ur.							Czas	Pkt.
1.	DUDEK Lena		09	CSiR MOS w D browie Górniczej						5:18.22	586 A
	50m:	33.22 33.22	150m:	1:54.13 42.22	250m:	3:20.69 45.40	350m:	4:43.08 37.72			
	100m:	1:11.91 38.69	200m:	2:35.29 41.16	300m:	4:05.36 44.67	400m:	5:18.22 35.14			
2.	KAPKA Antonina		09	CSiR MOS w D browie Górniczej						5:19.91	577 A
	50m:	33.06 33.06	150m:	1:53.90 43.03	250m:	3:21.43 45.58	350m:	4:44.84 36.98			
	100m:	1:10.87 37.81	200m:	2:35.85 41.95	300m:	4:07.86 46.43	400m:	5:19.91 35.07			
3.	KOSTA CZYK Kaja		09	CSiR MOS w D browie Górniczej						5:20.51	573 A
	50m:	33.76 33.76	150m:	1:54.95 41.53	250m:	3:22.38 47.56	350m:	4:46.12 36.48			
	100m:	1:13.42 39.66	200m:	2:34.82 39.87	300m:	4:09.64 47.26	400m:	5:20.51 34.39			
4.	KUCZMAR Aleksandra		09	MKS Ochota Warszawa						5:24.25	554 A
	50m:	33.77 33.77	150m:	1:55.97 43.00	250m:	3:24.33 47.21	350m:	4:49.01 37.13			
	100m:	1:12.97 39.20	200m:	2:37.12 41.15	300m:	4:11.88 47.55	400m:	5:24.25 35.24			
5.	GRYKO Patrycja		09	KS WARTA Pozna						5:26.01	545 A
	50m:	32.09 32.09	150m:	1:53.22 42.19	250m:	3:22.38 47.43	350m:	4:50.23 37.97			
	100m:	1:11.03 38.94	200m:	2:34.95 41.73	300m:	4:12.26 49.88	400m:	5:26.01 35.78			
6.	GRAJDURA Nina		09	UKS Sokół-Mo cice Tarnów						5:31.59	518 A
	50m:	33.92 33.92	150m:	1:58.48 44.95	250m:	3:28.20 46.36	350m:	4:54.29 39.23			
	100m:	1:13.53 39.61	200m:	2:41.84 43.36	300m:	4:15.06 46.86	400m:	5:31.59 37.30			
7.	SOBOLAK Gabriela		09	TP OLIMPIJCZYK Aleksandrów Łódzki						5:31.77	517 A
	50m:	35.39 35.39	150m:	2:03.06 44.85	250m:	3:31.07 44.28	350m:	4:55.28 39.20			
	100m:	1:18.21 42.82	200m:	2:46.79 43.73	300m:	4:16.08 45.01	400m:	5:31.77 36.49			
8.	CIUPA Ewelina		09	KP SUKCES Chorzów						5:34.54	504 A
	50m:	34.56 34.56	150m:	1:59.52 44.70	250m:	3:31.89 49.20	350m:	4:59.06 37.58			
	100m:	1:14.82 40.26	200m:	2:42.69 43.17	300m:	4:21.48 49.59	400m:	5:34.54 35.48			
9.	GNA Nadia		09	UKS Tri-Team Rumia						5:37.79	490 A
	50m:	35.61 35.61	150m:	2:03.04 44.46	250m:	3:31.40 46.02	350m:	4:59.06 41.27			
	100m:	1:18.58 42.97	200m:	2:45.38 42.34	300m:	4:17.79 46.39	400m:	5:37.79 38.73			
10.	CHAŁUPKA Amelia		09	MKS Piaseczno						5:37.87	489 A
	50m:	36.63 36.63	150m:	2:05.01 44.79	250m:	3:35.87 47.38	350m:	5:02.36 38.21			
	100m:	1:20.22 43.59	200m:	2:48.49 43.48	300m:	4:24.15 48.28	400m:	5:37.87 35.51			
11.	BOGIELCZYK Natalia		09	KS NEPTUN widnica						5:40.41	479 B
	50m:	34.24 34.24	150m:	2:02.69 48.48	250m:	3:35.36 46.38	350m:	5:02.59 39.64			
	100m:	1:14.21 39.97	200m:	2:48.98 46.29	300m:	4:22.95 47.59	400m:	5:40.41 37.82			
12.	ROZWADOWSKA Karolina		09	SKS 137 DELFIN Łód						5:40.72	477 B
	50m:	36.28 36.28	150m:	2:06.86 46.84	250m:	3:37.29 43.85	350m:	5:03.31 39.79			
	100m:	1:20.02 43.74	200m:	2:53.44 46.58	300m:	4:23.52 46.23	400m:	5:40.72 37.41			
13.	ZI TEK Julia		09	UKP Ruda I ska						5:42.47	470 B
	50m:	35.10 35.10	150m:	2:02.95 45.63	250m:	3:37.15 50.25	350m:	5:05.09 38.32			
	100m:	1:17.32 42.22	200m:	2:46.90 43.95	300m:	4:26.77 49.62	400m:	5:42.47 37.38			
14.	FTARA Maja		09	MKS IKAR Stal Mielec						5:48.25	447 B
	50m:	34.47 34.47	150m:	2:06.56 45.83	250m:	3:38.55 47.21	350m:	5:10.06 43.05			
	100m:	1:20.73 46.26	200m:	2:51.34 44.78	300m:	4:27.01 48.46	400m:	5:48.25 38.19			
15.	EKIERT Gabriela		09	MKS JUVENIA Białystok						5:49.71	441 B
	50m:	38.29 38.29	150m:	2:07.85 45.87	250m:	3:40.82 50.74	350m:	5:12.60 40.81			
	100m:	1:21.98 43.69	200m:	2:50.08 42.23	300m:	4:31.79 50.97	400m:	5:49.71 37.11			
16.	GROCKA Natalia		09	MKS JUVENIA Wrocław						5:56.70	416 B
	50m:	38.08 38.08	150m:	2:10.28 46.08	250m:	3:48.53 53.70	350m:	5:20.02 38.84			
	100m:	1:24.20 46.12	200m:	2:54.83 44.55	300m:	4:41.18 52.65	400m:	5:56.70 36.68			

Letnie Mistrzostwa Polski Juniorów Młodszych 14 lat
Ostrowiec wi tokrzyski, 06-09-07-2023

Konkurencja 14, Dziewcz t, 400m zmienny, Eliminacje, 14 lat

Pozycja					Rok ur.					Czas	Pkt.	
17.	KOSI SKA Olga				09	UKS Salmo ury				5:58.02	411 B	
	50m:	38.25	38.25	150m:	2:10.24	46.41	250m:	3:45.70	50.00	350m:	5:18.48	41.95
	100m:	1:23.83	45.58	200m:	2:55.70	45.46	300m:	4:36.53	50.83	400m:	5:58.02	39.54
18.	PONI SKA Lena				09	MOSM Tychy				5:58.19	411 B	
	50m:	35.45	35.45	150m:	2:09.04	46.21	250m:	3:46.08	52.07	350m:	5:20.76	41.68
	100m:	1:22.83	47.38	200m:	2:54.01	44.97	300m:	4:39.08	53.00	400m:	5:58.19	37.43
19.	PATYRA Joanna				09	UKS SP-149 Łód				5:59.28	407 B	
	50m:	38.00	38.00	150m:	2:14.00	49.16	250m:	3:49.29	46.69	350m:	5:19.13	42.10
	100m:	1:24.84	46.84	200m:	3:02.60	48.60	300m:	4:37.03	47.74	400m:	5:59.28	40.15
20.	KWIATO Natalia				09	UKS ALIGATOR Gorzyce				6:02.64	396 B	
	50m:	36.50	36.50	150m:	2:12.16	48.19	250m:	3:49.93	50.23	350m:	5:22.32	41.96
	100m:	1:23.97	47.47	200m:	2:59.70	47.54	300m:	4:40.36	50.43	400m:	6:02.64	40.32
21.	JAROS Martyna				09	KS NEPTUN widnica				6:06.95	382 R	
	50m:	40.10	40.10	150m:	2:17.90	48.07	250m:	3:55.10	49.42	350m:	5:27.29	40.00
	100m:	1:29.83	49.73	200m:	3:05.68	47.78	300m:	4:47.29	52.19	400m:	6:06.95	39.66
22.	SZEWCZYK Amelia				09	UKS Marato czyk Ostrów Wlkp.				6:10.63	371 R	
	50m:	39.70	39.70	150m:	2:18.14	50.00	250m:	3:57.12	50.95	350m:	5:30.21	41.64
	100m:	1:28.14	48.44	200m:	3:06.17	48.03	300m:	4:48.57	51.45	400m:	6:10.63	40.42
23.	KLOC Martyna				09	UKS MANTA Kochłowice Ruda l ska				6:17.09	352	
	50m:	40.66	40.66	150m:	2:17.53	48.66	250m:	3:58.14	52.92	350m:	5:37.38	44.18
	100m:	1:28.87	48.21	200m:	3:05.22	47.69	300m:	4:53.20	55.06	400m:	6:17.09	39.71
24.	NIEDZWIECKA Judyta				09	St. KP Olimpia wiecie				6:28.01	323	
	50m:	37.99	37.99	150m:	2:20.67	51.07	250m:	4:02.58	54.49	350m:	5:44.92	45.61
	100m:	1:29.60	51.61	200m:	3:08.09	47.42	300m:	4:59.31	56.73	400m:	6:28.01	43.09
DYSKW.	STY Zuzanna				09	MKS JAGIELLONKA Warszawa						
	<i>O1 - Pływak zainicjował start przed sygnałem startu.</i>											
DYSKW.	KOSTYŁA Kaja				09	UKS SP5 Swim						
	<i>O2 - Pływak nie uko czył całego dystansu.</i>											
	50m:	35.05	35.05	150m:			250m:			350m:		
	100m:			200m:			300m:			400m:		