

Letnie Mistrzostwa Polski Juniorów Młodszych 14 lat
Ostrowiec wi tokrzyski, 06-09-07-2023
Konkurencja 23
2023-07-08 - 17:37
Chłopców, 400m dowolny
14 lat
Wyniki Finał
Rekord Polski 14-lat 4:07.63 **ORLICZ Filip** 05114 **Olsztyn** 2016-07-09

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.
Finał A									
1.	WIRASZKA Piotr		09	UKS GIM 92 Ursynów				4:15.15	641
	50m:	28.51 28.51	150m:	1:33.22 32.89	250m:	2:39.14 32.99	350m:	3:43.87 32.01	
	100m:	1:00.33 31.82	200m:	2:06.15 32.93	300m:	3:11.86 32.72	400m:	4:15.15 31.28	
2.	MAJEWSKI Igor		09	UKS DELFIN Tarnobrzeg				4:17.33	625
	50m:	29.44 29.44	150m:	1:34.99 32.90	250m:	2:40.84 33.02	350m:	3:45.91 32.27	
	100m:	1:02.09 32.65	200m:	2:07.82 32.83	300m:	3:13.64 32.80	400m:	4:17.33 31.42	
3.	SZEL EK Alan		09	MKP Szczecin				4:18.63	616
	50m:	29.00 29.00	150m:	1:34.54 33.09	250m:	2:41.39 33.62	350m:	3:47.08 32.35	
	100m:	1:01.45 32.45	200m:	2:07.77 33.23	300m:	3:14.73 33.34	400m:	4:18.63 31.55	
4.	DZIEDZIC Michał		09	UKS ORKA Luba				4:19.34	611
	50m:	28.41 28.41	150m:	1:34.18 33.37	250m:	2:41.40 33.80	350m:	3:48.33 33.22	
	100m:	1:00.81 32.40	200m:	2:07.60 33.42	300m:	3:15.11 33.71	400m:	4:19.34 31.01	
5.	WŁODARCZYK Michał		09	UKP POLONIA Warszawa				4:23.02	585
	50m:	29.40 29.40	150m:	1:35.60 33.26	250m:	2:43.03 34.04	350m:	3:50.38 33.09	
	100m:	1:02.34 32.94	200m:	2:08.99 33.39	300m:	3:17.29 34.26	400m:	4:23.02 32.64	
6.	BLUJ Aleksander		09	IKS Konstancin				4:25.20	571
	50m:	29.79 29.79	150m:	1:36.30 33.54	250m:	2:43.58 33.56	350m:	3:52.78 34.48	
	100m:	1:02.76 32.97	200m:	2:10.02 33.72	300m:	3:18.30 34.72	400m:	4:25.20 32.42	
7.	JANISZEWSKI Fabian		09	UKS 190 Łód				4:25.29	570
	50m:	30.12 30.12	150m:	1:36.91 33.91	250m:	2:45.00 34.42	350m:	3:53.28 33.81	
	100m:	1:03.00 32.88	200m:	2:10.58 33.67	300m:	3:19.47 34.47	400m:	4:25.29 32.01	
8.	CICHO Patryk		09	KS NEPTUN widnica				4:30.08	541
	50m:	30.00 30.00	150m:	1:37.50 34.25	250m:	2:47.08 35.09	350m:	3:57.26 34.59	
	100m:	1:03.25 33.25	200m:	2:11.99 34.49	300m:	3:22.67 35.59	400m:	4:30.08 32.82	
9.	MARYJOWSKI Marcin		09	UKS Kro nicka Przysa				4:30.50	538
	50m:	28.93 28.93	150m:	1:35.83 34.07	250m:	2:45.96 34.92	350m:	3:55.88 34.34	
	100m:	1:01.76 32.83	200m:	2:11.04 35.21	300m:	3:21.54 35.58	400m:	4:30.50 34.62	
10.	ZIELI SKI Dawid		09	MKP Szczecin				4:33.59	520
	50m:	29.66 29.66	150m:	1:38.60 35.49	250m:	2:48.18 34.18	350m:	3:59.09 35.52	
	100m:	1:03.11 33.45	200m:	2:14.00 35.40	300m:	3:23.57 35.39	400m:	4:33.59 34.50	
Finał B									
11.	ROZUMEK Jan		09	KP Solne Miasto Wieliczka				4:31.47	532
	50m:	30.80 30.80	150m:	1:40.51 35.27	250m:	2:49.57 33.74	350m:	3:58.94 34.83	
	100m:	1:05.24 34.44	200m:	2:15.83 35.32	300m:	3:24.11 34.54	400m:	4:31.47 32.53	
12.	WOJTKOWIAK Wiktor		09	KS WARTA Pozna				4:33.14	523
	50m:	28.92 28.92	150m:	1:38.28 35.31	250m:	2:49.87 35.83	350m:	4:00.30 34.58	
	100m:	1:02.97 34.05	200m:	2:14.04 35.76	300m:	3:25.72 35.85	400m:	4:33.14 32.84	
13.	MICHALSKI Maksymilian		09	MUKS PI TNASTKA Bydgoszcz				4:36.57	503
	50m:	31.33 31.33	150m:	1:43.73 36.56	250m:	2:55.03 35.06	350m:	4:04.66 34.56	
	100m:	1:07.17 35.84	200m:	2:19.97 36.24	300m:	3:30.10 35.07	400m:	4:36.57 31.91	
14.	WOJTAL Wiktor		09	UKS MANTA Kochłowice Ruda I ska				4:37.28	499
	50m:	31.24 31.24	150m:	1:42.19 36.27	250m:	2:54.02 35.91	350m:	4:05.28 35.14	
	100m:	1:05.92 34.68	200m:	2:18.11 35.92	300m:	3:30.14 36.12	400m:	4:37.28 32.00	
15.	MIZGALSKI Kacper		09	KS WARTA Pozna				4:37.92	496
	50m:	30.62 30.62	150m:	1:40.84 35.45	250m:	2:52.52 35.74	350m:	4:04.49 35.73	
	100m:	1:05.39 34.77	200m:	2:16.78 35.94	300m:	3:28.76 36.24	400m:	4:37.92 33.43	
16.	NOWACKI Mieszko		09	UKS Olimpijczyk 23				4:38.46	493
	50m:	31.11 31.11	150m:	1:40.08 35.11	250m:	2:55.18 35.78	350m:	4:05.98 34.61	
	100m:	1:04.97 33.86	200m:	2:19.40 39.32	300m:	3:31.37 36.19	400m:	4:38.46 32.48	

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Ostrowiec wi tokrzyski, 06-09-07-2023

Konkurencja 23, Chłopców, 400m dowolny, Finał, 14 lat

Pozycja	Rok ur.								Czas	Pkt.	
17. NADAJ Filip	09 Stow. UKS SIÓDEMKA Sopot								4:38.71	492	
50m:	31.38	31.38	150m:	1:41.33	35.49	250m:	2:53.13	36.14	350m:	4:04.77	35.53
100m:	1:05.84	34.46	200m:	2:16.99	35.66	300m:	3:29.24	36.11	400m:	4:38.71	33.94
18. JANKIEWICZ Szymon	09 MKS NEPTUN Stargard								4:39.01	490	
50m:	30.80	30.80	150m:	1:39.63	35.38	250m:	2:51.96	36.11	350m:	4:05.08	36.23
100m:	1:04.25	33.45	200m:	2:15.85	36.22	300m:	3:28.85	36.89	400m:	4:39.01	33.93
19. BEDNAREK Adam	09 UKS 190 Łódź								4:40.72	481	
50m:	31.71	31.71	150m:	1:42.85	35.62	250m:	2:55.11	36.27	350m:	4:06.69	35.52
100m:	1:07.23	35.52	200m:	2:18.84	35.99	300m:	3:31.17	36.06	400m:	4:40.72	34.03
20. WO NIAK Fabian	09 MKP SŁOWIANKA Gorzów Wlkp.								4:42.53	472	
50m:	29.96	29.96	150m:	1:41.11	36.49	250m:	2:56.14	37.74	350m:	4:11.21	37.49
100m:	1:04.62	34.66	200m:	2:18.40	37.29	300m:	3:33.72	37.58	400m:	4:42.53	31.32