

XI Ogólnopolskie Integracyjne Zawody Pływackie
Cz. stochowa, 16- - 17-9-2023

Konkurencja 1
2023-09-16 - 10:45

Kobiet, 400m dowolny

Open
Wyniki

Punkty: WPS 2023

Pozycja			Rok ur.					Czas	Pkt.
1.	BORUSZEWSKA Zuzanna		05	UKS SP 149 Łódź				5:14.20	726
	50m:	36.06 36.06	150m:	1:55.07	39.72	250m:	3:14.26 39.70	350m:	4:33.58 40.04
	100m:	1:15.35 39.29	200m:	2:34.56	39.49	300m:	3:53.54 39.28	400m:	5:14.20 40.62
2.	SOŁTYSIK Julia		11	START Katowice - Tychy				6:20.68	93
	50m:	40.55 40.55	150m:	2:16.08	48.64	250m:	3:54.38 48.58	350m:	5:33.16 48.99
	100m:	1:27.44 46.89	200m:	3:05.80	49.72	300m:	4:44.17 49.79	400m:	6:20.68 47.52
3.	STRZOP Roksana		05	START Katowice - Tychy				6:44.15	36
	50m:	43.63 43.63	150m:	2:22.62	50.21	250m:	4:05.05 52.00	350m:	5:51.56 53.33
	100m:	1:32.41 48.78	200m:	3:13.05	50.43	300m:	4:58.23 53.18	400m:	6:44.15 52.59
4.	COVEY Alyshia		07	START Katowice - Tychy				6:45.21	63
	50m:	44.09 44.09	150m:	2:22.52	50.38	250m:	4:06.23 52.01	350m:	5:54.58 54.33
	100m:	1:32.14 48.05	200m:	3:14.22	51.70	300m:	5:00.25 54.02	400m:	6:45.21 50.63
5.	KOZA Inez		09	For Move Kraków				7:27.70	2
	50m:	45.48 45.48	150m:	2:35.14	56.73	250m:	4:33.75 59.61	350m:	6:31.91 58.12
	100m:	1:38.41 52.93	200m:	3:34.14	59.00	300m:	5:33.79 1:00.04	400m:	7:27.70 55.79
6.	LEWANDOWSKA Emilia		12	START Katowice - Tychy				7:51.64	3
	50m:	51.90 51.90	150m:	2:56.06	1:02.02	250m:	4:57.95 1:00.86	350m:	6:58.47 1:01.07
	100m:	1:54.04 1:02.14	200m:	3:57.09	1:01.03	300m:	5:57.40 59.45	400m:	7:51.64 53.17
7.	CHWALISZ Zofia		07	GZSN START Gorzów Wielkopolski				9:16.72	
	50m:	57.19 57.19	150m:	3:13.37	1:10.33	250m:	5:40.28 1:15.24	350m:	8:09.83 1:17.47
	100m:	2:03.04 1:05.85	200m:	4:25.04	1:11.67	300m:	6:52.36 1:12.08	400m:	9:16.72 1:06.89
DYSKW.	KOŁOCZEK Malwina		11	START Katowice - Tychy					
	11.8.2								
	50m:	1:06.07 1:06.07	150m:	3:35.98	1:15.39	250m:	6:11.44 1:15.61	350m:	9:29.43 1:59.06
	100m:	2:20.59 1:14.52	200m:	4:55.83	1:19.85	300m:	7:30.37 1:18.93	400m:	