

XI Ogólnopolskie Integracyjne Zawody Pływackie  
Cz stochowa, 16- - 17-9-2023

Konkurencja 2  
2023-09-16 - 11:07

M czynn, 400m dowolny

Open  
Wyniki

Punkty: WPS 2023

Pozycja			Rok ur.					Czas	Pkt.		
1.	BORUSZEWSKI Filip		07	UKS SP 149 Łódź				<b>4:24.54</b>			
	50m:	29.99 29.99	150m:	1:36.40	33.42	250m:	2:44.29	33.60	350m:	3:51.17	33.25
	100m:	1:02.98 32.99	200m:	2:10.69	34.29	300m:	3:17.92	33.63	400m:	4:24.54	33.37
2.	KOWALIK Andrzej		06	START Katowice - Tychy				<b>4:42.61</b>	724		
	50m:	30.20 30.20	150m:	1:37.94	34.40	250m:	2:51.50	37.83	350m:	4:07.19	36.59
	100m:	1:03.54 33.34	200m:	2:13.67	35.73	300m:	3:30.60	39.10	400m:	4:42.61	35.42
3.	BURZY SKI Rafał		09	WZSN START Wrocław				<b>4:54.87</b>	458		
	50m:	33.00 33.00	150m:	1:46.53	37.00	250m:	3:02.80	38.22	350m:	4:18.83	37.80
	100m:	1:09.53 36.53	200m:	2:24.58	38.05	300m:	3:41.03	38.23	400m:	4:54.87	36.04
4.	KRZYSZKOWSKI Oliwier		07	LKS OMEGA Kleszczów				<b>5:10.37</b>	305		
	50m:	33.55 33.55	150m:	1:51.01	39.34	250m:	3:10.64	38.89	350m:	4:31.54	40.41
	100m:	1:11.67 38.12	200m:	2:31.75	40.74	300m:	3:51.13	40.49	400m:	5:10.37	38.83
5.	TAME Mateusz		09	Cz stochowski KP Pirania				<b>5:33.41</b>			
	50m:	35.31 35.31	150m:	1:58.19	42.28	250m:	3:25.17	43.29	350m:	4:53.74	44.38
	100m:	1:15.91 40.60	200m:	2:41.88	43.69	300m:	4:09.36	44.19	400m:	5:33.41	39.67
6.	WIECZOREK Kacper		08	Cz stochowski KP Pirania				<b>5:58.09</b>			
	50m:	33.34 33.34	150m:	1:53.97	42.08	250m:	3:27.95	48.31	350m:	5:09.24	51.09
	100m:	1:11.89 38.55	200m:	2:39.64	45.67	300m:	4:18.15	50.20	400m:	5:58.09	48.85
7.	WAŁASZEK Tomasz		07	WZSN START Wrocław				<b>6:19.14</b>	178		
	50m:	43.32 43.32	150m:	2:20.60	49.09	250m:	3:58.96	49.30	350m:		
	100m:	1:31.51 48.19	200m:	3:09.66	49.06	300m:	4:48.58	49.62	400m:	6:19.14	
8.	BRZÓZKA Marcel		11	START Katowice - Tychy				<b>6:24.47</b>	24		
	50m:	43.87 43.87	150m:	2:22.54	49.70	250m:	4:00.95	48.84	350m:	5:39.66	48.31
	100m:	1:32.84 48.97	200m:	3:12.11	49.57	300m:	4:51.35	50.40	400m:	6:24.47	44.81
9.	BUŁAT Bartosz		12	IKS DSS Kraków				<b>7:12.61</b>	3		
	50m:	49.10 49.10	150m:	2:37.87	55.81	250m:	4:28.89	56.15	350m:	6:20.19	56.30
	100m:	1:42.06 52.96	200m:	3:32.74	54.87	300m:	5:23.89	55.00	400m:	7:12.61	52.42
10.	HERLA Aleks		08	START Katowice - Tychy				<b>10:51.75</b>			
	50m:		150m:			250m:			350m:		
	100m:	2:26.93	200m:			300m:	7:57.83		400m:	10:51.75	