

Konkurencja 39
2023-11-18 - 12:06

M czyzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2023

Pozycja	Rok ur.	Czas	Pkt.
13 lat			
1. KOSIAREK Mateusz	10 WKS L SK Wrocław	4:32.45	472
50m: 30.04 30.04	150m: 1:39.22 34.93	250m: 2:50.01 35.06	350m: 4:00.28 35.08
100m: 1:04.29 34.25	200m: 2:14.95 35.73	300m: 3:25.20 35.19	400m: 4:32.45 32.17
2. WERESZCZY SKI Igor	10 WKS L SK Wrocław	4:35.24	458
50m: 30.40 30.40	150m: 1:39.53 34.92	250m: 2:51.06 35.80	350m: 4:02.46 35.56
100m: 1:04.61 34.21	200m: 2:15.26 35.73	300m: 3:26.90 35.84	400m: 4:35.24 32.78
3. D BICKI Marcel	10 WKS L SK Wrocław	4:42.50	424
50m: 32.38 32.38	150m: 1:44.20 36.29	250m: 2:56.53 35.93	350m: 4:08.45 35.70
100m: 1:07.91 35.53	200m: 2:20.60 36.40	300m: 3:32.75 36.22	400m: 4:42.50 34.05
4. PISARSKI Kornel	10 MKS Dziewi tka Dzier oniów	4:50.78	388
50m: 32.01 32.01	150m: 1:45.20 37.31	250m: 2:59.64 36.98	350m: 4:14.67 37.37
100m: 1:07.89 35.88	200m: 2:22.66 37.46	300m: 3:37.30 37.66	400m: 4:50.78 36.11
5. LEWANDOWSKI Jacek	10 WKS L SK Wrocław	4:51.17	387
50m: 32.01 32.01	150m: 1:47.86 38.12	250m: 3:02.96 37.59	350m: 4:17.81 37.31
100m: 1:09.74 37.73	200m: 2:25.37 37.51	300m: 3:40.50 37.54	400m: 4:51.17 33.36
6. PAWLAK Oliwier	10 WKS L SK Wrocław	5:01.52	348
50m: 32.53 32.53	150m: 1:48.48 39.09	250m: 3:06.42 38.77	350m: 4:25.74 39.63
100m: 1:09.39 36.86	200m: 2:27.65 39.17	300m: 3:46.11 39.69	400m: 5:01.52 35.78
7. CHWA CIK Wiktor	10 WKS L SK Wrocław	5:07.65	328
50m: 34.46 34.46	150m: 1:52.32 38.82	250m: 3:11.65 39.79	350m: 4:30.64 39.36
100m: 1:13.50 39.04	200m: 2:31.86 39.54	300m: 3:51.28 39.63	400m: 5:07.65 37.01
8. LIPI SKI Bartosz	10 WKS L SK Wrocław	5:11.96	314
50m: 35.43 35.43	150m: 1:54.58 40.02	250m: 3:14.60 40.15	350m: 4:34.96 40.14
100m: 1:14.56 39.13	200m: 2:34.45 39.87	300m: 3:54.82 40.22	400m: 5:11.96 37.00
9. SKORUPA Sławek	10 UKS SHARK Rudna	5:13.60	310
50m: 35.52 35.52	150m: 1:55.58 40.16	250m: 3:15.90 40.36	350m: 4:36.14 40.34
100m: 1:15.42 39.90	200m: 2:35.54 39.96	300m: 3:55.80 39.90	400m: 5:13.60 37.46
10. SMOLI SKI Jan	10 MKS JUVENIA Wrocław	5:14.33	307
50m: 34.57 34.57	150m: 1:54.50 40.24	250m: 3:14.99 40.31	350m: 4:36.79 40.62
100m: 1:14.26 39.69	200m: 2:34.68 40.18	300m: 3:56.17 41.18	400m: 5:14.33 37.54
11. KALETA Bartłomiej	10 WKS L SK Wrocław	5:14.53	307
50m: 32.70 32.70	150m: 1:52.43 41.09	250m: 3:14.94 41.10	350m: 4:36.85 40.63
100m: 1:11.34 38.64	200m: 2:33.84 41.41	300m: 3:56.22 41.28	400m: 5:14.53 37.68
12. ŁUKAWSKI Emanuel	10 KS Swimmers I za	5:17.82	297
50m: 33.40 33.40	150m: 1:52.04 40.54	250m: 3:15.06 41.68	350m: 4:38.24 41.42
100m: 1:11.50 38.10	200m: 2:33.38 41.34	300m: 3:56.82 41.76	400m: 5:17.82 39.58
13. SZYMCZAK Dawid	10 UKS KORAL Wrocław	5:41.48	240
50m: 37.30 37.30	150m: 2:05.60 45.00	250m: 3:35.12 44.64	350m: 5:01.66 42.92
100m: 1:20.60 43.30	200m: 2:50.48 44.88	300m: 4:18.74 43.62	400m: 5:41.48 39.82
14. DZIE -RAKOCZY Kacper	10 KS REKIN wiebodzice	6:02.90	200
50m: 39.64 39.64	150m: 2:12.90 47.50	250m: 3:47.71 47.43	350m: 5:22.41 46.70
100m: 1:25.40 45.76	200m: 3:00.28 47.38	300m: 4:35.71 48.00	400m: 6:02.90 40.49
15. KONSENCJUSZ Wiktor	10 Sport Active	6:53.27	135
50m: 39.75 39.75	150m: 2:21.99 52.87	250m: 4:09.80 54.09	350m: 5:56.77 52.08
100m: 1:29.12 49.37	200m: 3:15.71 53.72	300m: 5:04.69 54.89	400m: 6:53.27 56.50
16. CICHOCKI Filip	10 MKS Karkonosze-Jelenia Góra	7:01.13	128
50m: 46.72 46.72	150m: 2:32.30 54.13	250m: 4:21.72 54.50	350m: 6:11.06 55.27
100m: 1:38.17 51.45	200m: 3:27.22 54.92	300m: 5:15.79 54.07	400m: 7:01.13 50.07

Konkurencja 39, Chłopców, 400m dowolny, 13 lat

Pozycja	Rok ur.	Czas	Pkt.
DYSKW. JO CZYK Nikodem	10 WKS L SK Wrocław		
<i>O1 - Pływak zainicjował start przed sygnałem startu.</i>			

14 lat

1. DZIEDZIC Michał	09 UKS ORKA Luba	4:13.20	589
50m: 28.27 28.27	150m: 1:31.67 32.09	250m: 2:36.48 32.46	350m: 3:41.89 32.54
100m: 59.58 31.31	200m: 2:04.02 32.35	300m: 3:09.35 32.87	400m: 4:13.20 31.31
2. MARYJOWSKI Marcin	09 WKS L SK Wrocław	4:19.49	547
50m: 27.82 27.82	150m: 1:32.70 32.99	250m: 2:39.69 33.69	350m: 3:47.59 33.90
100m: 59.71 31.89	200m: 2:06.00 33.30	300m: 3:13.69 34.00	400m: 4:19.49 31.90
3. CICHO Patryk	09 KS NEPTUN widnica	4:26.72	503
50m: 29.58 29.58	150m: 1:36.38 33.81	250m: 2:45.34 34.28	350m: 3:53.28 34.32
100m: 1:02.57 32.99	200m: 2:11.06 34.68	300m: 3:18.96 33.62	400m: 4:26.72 33.44
4. GOŁ BIEWSKI Wiktor	09 WKS L SK Wrocław	4:47.09	404
50m: 31.66 31.66	150m: 1:43.50 36.30	250m: 2:57.29 37.26	350m: 4:11.47 37.09
100m: 1:07.20 35.54	200m: 2:20.03 36.53	300m: 3:34.38 37.09	400m: 4:47.09 35.62
5. RYNIEJSKI Tymon	09 UKS KORAL Wrocław	5:07.57	328
50m: 33.15 33.15	150m: 1:50.78 39.85	250m: 3:10.51 40.49	350m: 4:31.13 39.97
100m: 1:10.93 37.78	200m: 2:30.02 39.24	300m: 3:51.16 40.65	400m: 5:07.57 36.44
6. USTIANOVSKYI Nazar	09 WKS L SK Wrocław	5:11.21	317
50m: 32.82 32.82	150m: 1:51.00 40.18	250m: 3:11.84 40.29	350m: 4:31.43 39.34
100m: 1:10.82 38.00	200m: 2:31.55 40.55	300m: 3:52.09 40.25	400m: 5:11.21 39.78
7. BAŁAMUT Witold	09 Sport Active	6:09.55	189
50m: 39.66 39.66	150m: 2:11.88 46.25	250m: 3:48.96 48.93	350m: 5:24.65 47.00
100m: 1:25.63 45.97	200m: 3:00.03 48.15	300m: 4:37.65 48.69	400m: 6:09.55 44.90
8. KONICKI Tymoteusz	09 Sport Active	6:16.26	179
50m: 39.84 39.84	150m: 2:12.79 47.11	250m: 3:50.53 49.51	350m: 5:23.71 45.66
100m: 1:25.68 45.84	200m: 3:01.02 48.23	300m: 4:38.05 47.52	400m: 6:16.26 52.55

15 lat

1. TWARÓG Mateusz	08 UKS Kro nicka Przyska	4:16.62	565
50m: 28.70 28.70	150m: 1:31.94 32.05	250m: 2:37.22 32.75	350m: 3:44.05 33.78
100m: 59.89 31.19	200m: 2:04.47 32.53	300m: 3:10.27 33.05	400m: 4:16.62 32.57
2. PAKUŁA Patryk	08 UKS SHARK Rudna	4:20.63	540
50m: 30.34 30.34	150m: 1:35.65 32.70	250m: 2:42.51 33.44	350m: 3:48.48 32.62
100m: 1:02.95 32.61	200m: 2:09.07 33.42	300m: 3:15.86 33.35	400m: 4:20.63 32.15
3. RÓ YCZKA Oliwier	08 WKS L SK Wrocław	4:32.92	470
50m: 29.53 29.53	150m: 1:38.54 35.28	250m: 2:49.24 35.69	350m: 4:00.41 35.18
100m: 1:03.26 33.73	200m: 2:13.55 35.01	300m: 3:25.23 35.99	400m: 4:32.92 32.51
4. GONERA Miłosz	08 UKS SHARK Rudna	4:33.34	468
50m: 30.18 30.18	150m: 1:39.71 35.03	250m: 2:49.77 34.96	350m: 3:59.99 34.90
100m: 1:04.68 34.50	200m: 2:14.81 35.10	300m: 3:25.09 35.32	400m: 4:33.34 33.35

15 lat i starsi

1. OKO Jakub	07 MKS JUVENIA Wrocław	4:05.01	650
50m: 28.44 28.44	150m: 1:30.14 31.21	250m: 2:32.13 30.95	350m: 3:34.68 31.03
100m: 58.93 30.49	200m: 2:01.18 31.04	300m: 3:03.65 31.52	400m: 4:05.01 30.33
2. KOWALI SKI Adrian	06 WKS L SK Wrocław	4:09.50	615
50m: 28.39 28.39	150m: 1:30.46 31.32	250m: 2:33.78 31.72	350m: 3:38.02 32.18
100m: 59.14 30.75	200m: 2:02.06 31.60	300m: 3:05.84 32.06	400m: 4:09.50 31.48
3. BORKOWSKI Marcel	07 KS NEPTUN widnica	4:13.39	587
50m: 28.42 28.42	150m: 1:31.27 31.91	250m: 2:36.09 32.54	350m: 3:41.99 32.71
100m: 59.36 30.94	200m: 2:03.55 32.28	300m: 3:09.28 33.19	400m: 4:13.39 31.40


 Zimowe Mistrzostwa DOZP w kat. 13 lat i starsi w pływaniu
 Nowa Ruda-Stupiec, 17-18.11.2023

Konkurencja 39, M czyzn, 400m dowolny, 15 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
4.	TWARÓG Mateusz				08	UKS Kro nicka Przysa				4:16.62	565	
	50m:	28.70	28.70	150m:	1:31.94	32.05	250m:	2:37.22	32.75	350m:	3:44.05	33.78
	100m:	59.89	31.19	200m:	2:04.47	32.53	300m:	3:10.27	33.05	400m:	4:16.62	32.57
5.	PAKUŁA Patryk				08	UKS SHARK Rudna				4:20.63	540	
	50m:	30.34	30.34	150m:	1:35.65	32.70	250m:	2:42.51	33.44	350m:	3:48.48	32.62
	100m:	1:02.95	32.61	200m:	2:09.07	33.42	300m:	3:15.86	33.35	400m:	4:20.63	32.15
6.	RÓ YCZKA Oliwier				08	WKS L SK Wrocław				4:32.92	470	
	50m:	29.53	29.53	150m:	1:38.54	35.28	250m:	2:49.24	35.69	350m:	4:00.41	35.18
	100m:	1:03.26	33.73	200m:	2:13.55	35.01	300m:	3:25.23	35.99	400m:	4:32.92	32.51
7.	GONERA Miłosz				08	UKS SHARK Rudna				4:33.34	468	
	50m:	30.18	30.18	150m:	1:39.71	35.03	250m:	2:49.77	34.96	350m:	3:59.99	34.90
	100m:	1:04.68	34.50	200m:	2:14.81	35.10	300m:	3:25.09	35.32	400m:	4:33.34	33.35
8.	SKOWRON Hubert				06	MKS Jedenastka				4:38.58	442	
	50m:	30.82	30.82	150m:	1:41.23	35.81	250m:	2:52.54	35.73	350m:	4:04.74	35.85
	100m:	1:05.42	34.60	200m:	2:16.81	35.58	300m:	3:28.89	36.35	400m:	4:38.58	33.84
9.	KOCZERGA Mikołaj				07	MKS JUVENIA Wrocław				4:44.26	416	
	50m:	31.53	31.53	150m:	1:43.04	36.23	250m:	2:56.35	36.95	350m:	4:09.33	36.11
	100m:	1:06.81	35.28	200m:	2:19.40	36.36	300m:	3:33.22	36.87	400m:	4:44.26	34.93
10.	HANUS Lateef				05	MKS Dziewi tka Dzier oniów				5:06.54	331	
	50m:	30.85	30.85	150m:	1:45.00	38.42	250m:	3:05.34	40.68	350m:	4:27.37	41.07
	100m:	1:06.58	35.73	200m:	2:24.66	39.66	300m:	3:46.30	40.96	400m:	5:06.54	39.17

Open

1.	OKO Jakub				07	MKS JUVENIA Wrocław				4:05.01	650	
	50m:	28.44	28.44	150m:	1:30.14	31.21	250m:	2:32.13	30.95	350m:	3:34.68	31.03
	100m:	58.93	30.49	200m:	2:01.18	31.04	300m:	3:03.65	31.52	400m:	4:05.01	30.33
2.	KOWALI SKI Adrian				06	WKS L SK Wrocław				4:09.50	615	
	50m:	28.39	28.39	150m:	1:30.46	31.32	250m:	2:33.78	31.72	350m:	3:38.02	32.18
	100m:	59.14	30.75	200m:	2:02.06	31.60	300m:	3:05.84	32.06	400m:	4:09.50	31.48
3.	DZIEDZIC Michał				09	UKS ORKA Luba				4:13.20	589	
	50m:	28.27	28.27	150m:	1:31.67	32.09	250m:	2:36.48	32.46	350m:	3:41.89	32.54
	100m:	59.58	31.31	200m:	2:04.02	32.35	300m:	3:09.35	32.87	400m:	4:13.20	31.31
4.	BORKOWSKI Marcel				07	KS NEPTUN widnica				4:13.39	587	
	50m:	28.42	28.42	150m:	1:31.27	31.91	250m:	2:36.09	32.54	350m:	3:41.99	32.71
	100m:	59.36	30.94	200m:	2:03.55	32.28	300m:	3:09.28	33.19	400m:	4:13.39	31.40
5.	TWARÓG Mateusz				08	UKS Kro nicka Przysa				4:16.62	565	
	50m:	28.70	28.70	150m:	1:31.94	32.05	250m:	2:37.22	32.75	350m:	3:44.05	33.78
	100m:	59.89	31.19	200m:	2:04.47	32.53	300m:	3:10.27	33.05	400m:	4:16.62	32.57
6.	MARYJOWSKI Marcin				09	WKS L SK Wrocław				4:19.49	547	
	50m:	27.82	27.82	150m:	1:32.70	32.99	250m:	2:39.69	33.69	350m:	3:47.59	33.90
	100m:	59.71	31.89	200m:	2:06.00	33.30	300m:	3:13.69	34.00	400m:	4:19.49	31.90
7.	PAKUŁA Patryk				08	UKS SHARK Rudna				4:20.63	540	
	50m:	30.34	30.34	150m:	1:35.65	32.70	250m:	2:42.51	33.44	350m:	3:48.48	32.62
	100m:	1:02.95	32.61	200m:	2:09.07	33.42	300m:	3:15.86	33.35	400m:	4:20.63	32.15
8.	CICHO Patryk				09	KS NEPTUN widnica				4:26.72	503	
	50m:	29.58	29.58	150m:	1:36.38	33.81	250m:	2:45.34	34.28	350m:	3:53.28	34.32
	100m:	1:02.57	32.99	200m:	2:11.06	34.68	300m:	3:18.96	33.62	400m:	4:26.72	33.44
9.	KOSIAREK Mateusz				10	WKS L SK Wrocław				4:32.45	472	
	50m:	30.04	30.04	150m:	1:39.22	34.93	250m:	2:50.01	35.06	350m:	4:00.28	35.08
	100m:	1:04.29	34.25	200m:	2:14.95	35.73	300m:	3:25.20	35.19	400m:	4:32.45	32.17
10.	RÓ YCZKA Oliwier				08	WKS L SK Wrocław				4:32.92	470	
	50m:	29.53	29.53	150m:	1:38.54	35.28	250m:	2:49.24	35.69	350m:	4:00.41	35.18
	100m:	1:03.26	33.73	200m:	2:13.55	35.01	300m:	3:25.23	35.99	400m:	4:32.92	32.51


 Zimowe Mistrzostwa DOZP w kat. 13 lat i starsi w pływaniu
 Nowa Ruda-Stupiec, 17-18.11.2023

Konkurencja 39, M czyzn, 400m dowolny, Open

Pozycja					Rok ur.					Czas	Pkt.	
11.	GONERA Miłosz				08	UKS SHARK Rudna				4:33.34	468	
	50m:	30.18	30.18	150m:	1:39.71	35.03	250m:	2:49.77	34.96	350m:	3:59.99	34.90
	100m:	1:04.68	34.50	200m:	2:14.81	35.10	300m:	3:25.09	35.32	400m:	4:33.34	33.35
12.	WERESZCZY SKI Igor				10	WKS L SK Wrocław				4:35.24	458	
	50m:	30.40	30.40	150m:	1:39.53	34.92	250m:	2:51.06	35.80	350m:	4:02.46	35.56
	100m:	1:04.61	34.21	200m:	2:15.26	35.73	300m:	3:26.90	35.84	400m:	4:35.24	32.78
13.	SKOWRON Hubert				06	MKS Jedenastka				4:38.58	442	
	50m:	30.82	30.82	150m:	1:41.23	35.81	250m:	2:52.54	35.73	350m:	4:04.74	35.85
	100m:	1:05.42	34.60	200m:	2:16.81	35.58	300m:	3:28.89	36.35	400m:	4:38.58	33.84
14.	D BICKI Marcel				10	WKS L SK Wrocław				4:42.50	424	
	50m:	32.38	32.38	150m:	1:44.20	36.29	250m:	2:56.53	35.93	350m:	4:08.45	35.70
	100m:	1:07.91	35.53	200m:	2:20.60	36.40	300m:	3:32.75	36.22	400m:	4:42.50	34.05
15.	KOCZERGA Mikołaj				07	MKS JUVENIA Wrocław				4:44.26	416	
	50m:	31.53	31.53	150m:	1:43.04	36.23	250m:	2:56.35	36.95	350m:	4:09.33	36.11
	100m:	1:06.81	35.28	200m:	2:19.40	36.36	300m:	3:33.22	36.87	400m:	4:44.26	34.93
16.	GOŁ BIEWSKI Wiktor				09	WKS L SK Wrocław				4:47.09	404	
	50m:	31.66	31.66	150m:	1:43.50	36.30	250m:	2:57.29	37.26	350m:	4:11.47	37.09
	100m:	1:07.20	35.54	200m:	2:20.03	36.53	300m:	3:34.38	37.09	400m:	4:47.09	35.62
17.	PISARSKI Kornel				10	MKS Dziewi tka Dzier oniów				4:50.78	388	
	50m:	32.01	32.01	150m:	1:45.20	37.31	250m:	2:59.64	36.98	350m:	4:14.67	37.37
	100m:	1:07.89	35.88	200m:	2:22.66	37.46	300m:	3:37.30	37.66	400m:	4:50.78	36.11
18.	LEWANDOWSKI Jacek				10	WKS L SK Wrocław				4:51.17	387	
	50m:	32.01	32.01	150m:	1:47.86	38.12	250m:	3:02.96	37.59	350m:	4:17.81	37.31
	100m:	1:09.74	37.73	200m:	2:25.37	37.51	300m:	3:40.50	37.54	400m:	4:51.17	33.36
19.	PAWLAK Oliwier				10	WKS L SK Wrocław				5:01.52	348	
	50m:	32.53	32.53	150m:	1:48.48	39.09	250m:	3:06.42	38.77	350m:	4:25.74	39.63
	100m:	1:09.39	36.86	200m:	2:27.65	39.17	300m:	3:46.11	39.69	400m:	5:01.52	35.78
20.	HANUS Lateef				05	MKS Dziewi tka Dzier oniów				5:06.54	331	
	50m:	30.85	30.85	150m:	1:45.00	38.42	250m:	3:05.34	40.68	350m:	4:27.37	41.07
	100m:	1:06.58	35.73	200m:	2:24.66	39.66	300m:	3:46.30	40.96	400m:	5:06.54	39.17
21.	RYNIEJSKI Tymon				09	UKS KORAL Wrocław				5:07.57	328	
	50m:	33.15	33.15	150m:	1:50.78	39.85	250m:	3:10.51	40.49	350m:	4:31.13	39.97
	100m:	1:10.93	37.78	200m:	2:30.02	39.24	300m:	3:51.16	40.65	400m:	5:07.57	36.44
22.	CHWA CIK Wiktor				10	WKS L SK Wrocław				5:07.65	328	
	50m:	34.46	34.46	150m:	1:52.32	38.82	250m:	3:11.65	39.79	350m:	4:30.64	39.36
	100m:	1:13.50	39.04	200m:	2:31.86	39.54	300m:	3:51.28	39.63	400m:	5:07.65	37.01
23.	USTIANOVSKYI Nazar				09	WKS L SK Wrocław				5:11.21	317	
	50m:	32.82	32.82	150m:	1:51.00	40.18	250m:	3:11.84	40.29	350m:	4:31.43	39.34
	100m:	1:10.82	38.00	200m:	2:31.55	40.55	300m:	3:52.09	40.25	400m:	5:11.21	39.78
24.	LIPI SKI Bartosz				10	WKS L SK Wrocław				5:11.96	314	
	50m:	35.43	35.43	150m:	1:54.58	40.02	250m:	3:14.60	40.15	350m:	4:34.96	40.14
	100m:	1:14.56	39.13	200m:	2:34.45	39.87	300m:	3:54.82	40.22	400m:	5:11.96	37.00
25.	SKORUPA Sławek				10	UKS SHARK Rudna				5:13.60	310	
	50m:	35.52	35.52	150m:	1:55.58	40.16	250m:	3:15.90	40.36	350m:	4:36.14	40.34
	100m:	1:15.42	39.90	200m:	2:35.54	39.96	300m:	3:55.80	39.90	400m:	5:13.60	37.46
26.	SMOLI SKI Jan				10	MKS JUVENIA Wrocław				5:14.33	307	
	50m:	34.57	34.57	150m:	1:54.50	40.24	250m:	3:14.99	40.31	350m:	4:36.79	40.62
	100m:	1:14.26	39.69	200m:	2:34.68	40.18	300m:	3:56.17	41.18	400m:	5:14.33	37.54
27.	KALETA Bartłomiej				10	WKS L SK Wrocław				5:14.53	307	
	50m:	32.70	32.70	150m:	1:52.43	41.09	250m:	3:14.94	41.10	350m:	4:36.85	40.63
	100m:	1:11.34	38.64	200m:	2:33.84	41.41	300m:	3:56.22	41.28	400m:	5:14.53	37.68
28.	ŁUKAWSKI Emanuel				10	KS Swimmers I za				5:17.82	297	
	50m:	33.40	33.40	150m:	1:52.04	40.54	250m:	3:15.06	41.68	350m:	4:38.24	41.42
	100m:	1:11.50	38.10	200m:	2:33.38	41.34	300m:	3:56.82	41.76	400m:	5:17.82	39.58


 Zimowe Mistrzostwa DOZP w kat. 13 lat i starsi w pływaniu
 Nowa Ruda-Stupiec, 17-18.11.2023

Konkurencja 39, M czynn, 400m dowolny, Open

Pozycja			Rok ur.				Czas				Pkt.	
29.	SZYMCZAK Dawid		10				UKS KORAL Wrocław				5:41.48	240
	50m:	37.30	37.30	150m:	2:05.60	45.00	250m:	3:35.12	44.64	350m:	5:01.66	42.92
	100m:	1:20.60	43.30	200m:	2:50.48	44.88	300m:	4:18.74	43.62	400m:	5:41.48	39.82
30.	DZIE -RAKOCZY Kacper		10				KS REKIN wiebodzice				6:02.90	200
	50m:	39.64	39.64	150m:	2:12.90	47.50	250m:	3:47.71	47.43	350m:	5:22.41	46.70
	100m:	1:25.40	45.76	200m:	3:00.28	47.38	300m:	4:35.71	48.00	400m:	6:02.90	40.49
31.	BAŁAMUT Witold		09				Sport Active				6:09.55	189
	50m:	39.66	39.66	150m:	2:11.88	46.25	250m:	3:48.96	48.93	350m:	5:24.65	47.00
	100m:	1:25.63	45.97	200m:	3:00.03	48.15	300m:	4:37.65	48.69	400m:	6:09.55	44.90
32.	KONICKI Tymoteusz		09				Sport Active				6:16.26	179
	50m:	39.84	39.84	150m:	2:12.79	47.11	250m:	3:50.53	49.51	350m:	5:23.71	45.66
	100m:	1:25.68	45.84	200m:	3:01.02	48.23	300m:	4:38.05	47.52	400m:	6:16.26	52.55
33.	KONSENCJUSZ Wiktor		10				Sport Active				6:53.27	135
	50m:	39.75	39.75	150m:	2:21.99	52.87	250m:	4:09.80	54.09	350m:	5:56.77	52.08
	100m:	1:29.12	49.37	200m:	3:15.71	53.72	300m:	5:04.69	54.89	400m:	6:53.27	56.50
34.	CICHOCKI Filip		10				MKS Karkonosze-Jelenia Góra				7:01.13	128
	50m:	46.72	46.72	150m:	2:32.30	54.13	250m:	4:21.72	54.50	350m:	6:11.06	55.27
	100m:	1:38.17	51.45	200m:	3:27.22	54.92	300m:	5:15.79	54.07	400m:	7:01.13	50.07
DYSKW.	JO CZYK Nikodem		10				WKS L SK Wrocław					
	<i>O1 - Pływak zainicjował start przed sygnałem startu.</i>											