



Zimowe Mistrzostwa Polski Juniorów Młodszych 16-lat w pływaniu  
Bydgoszcz, 15- - 17-12-2023

Konkurencja 11

Dziewcz t, 400m zmienny

16 lat

2023-12-15 - 10:26

Wyniki Eliminacje

Rekord Polski 16-lat 4:35.65 KNOP Aleksandra 01605 Ostrowiec Sw 2019-12-18

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.	
1.	PRZYBYLSKA Oliwia		07	KU AZS UMCS Lublin				<b>4:52.03</b>	697	A
	50m:	31.19 31.19	150m:	1:44.38	37.41	250m:	3:01.65	40.67	350m:	4:17.84 35.02
	100m:	1:06.97 35.78	200m:	2:20.98	36.60	300m:	3:42.82	41.17	400m:	4:52.03 34.19
2.	GLI SKA Oliwia		07	TP Zielona Góra				<b>5:02.54</b>	626	A
	50m:	32.56 32.56	150m:	1:47.36	38.07	250m:	3:08.50	43.42	350m:	4:27.46 35.86
	100m:	1:09.29 36.73	200m:	2:25.08	37.72	300m:	3:51.60	43.10	400m:	5:02.54 35.08
3.	SKRZYPCZAK Natalia		07	Akademia Sms Racibórz				<b>5:04.30</b>	616	A
	50m:	31.92 31.92	150m:	1:47.98	39.44	250m:	3:08.88	42.61	350m:	4:28.31 37.14
	100m:	1:08.54 36.62	200m:	2:26.27	38.29	300m:	3:51.17	42.29	400m:	5:04.30 35.99
4.	PLAGA Olga		07	TP SKALAR Słupsk				<b>5:05.26</b>	610	A
	50m:	33.03 33.03	150m:	1:50.33	40.09	250m:	3:11.12	41.63	350m:	4:29.82 36.49
	100m:	1:10.24 37.21	200m:	2:29.49	39.16	300m:	3:53.33	42.21	400m:	5:05.26 35.44
5.	SKROK Julia		07	WKS L SK Wrocław				<b>5:05.43</b>	609	A
	50m:	32.45 32.45	150m:	1:50.91	40.57	250m:	3:12.78	42.17	350m:	4:31.73 36.25
	100m:	1:10.34 37.89	200m:	2:30.61	39.70	300m:	3:55.48	42.70	400m:	5:05.43 33.70
6.	MARCINIAK Aleksandra		07	UKS SMS GALICJA Kraków				<b>5:09.95</b>	583	A
	50m:	31.66 31.66	150m:	1:48.29	40.56	250m:	3:11.69	43.94	350m:	4:33.26 37.16
	100m:	1:07.73 36.07	200m:	2:27.75	39.46	300m:	3:56.10	44.41	400m:	5:09.95 36.69
7.	ZAKRZEWSKA Oliwia		07	UKS NAWA Skierniewice				<b>5:10.30</b>	581	A
	50m:	32.23 32.23	150m:	1:49.23	40.17	250m:	3:14.96	46.24	350m:	4:36.77 34.98
	100m:	1:09.06 36.83	200m:	2:28.72	39.49	300m:	4:01.79	46.83	400m:	5:10.30 33.53
8.	TEODOROWICZ Michalina		07	UKS SMS GALICJA Kraków				<b>5:12.63</b>	568	A
	50m:	32.19 32.19	150m:	1:49.00	40.03	250m:	3:13.53	44.96	350m:	4:35.67 37.41
	100m:	1:08.97 36.78	200m:	2:28.57	39.57	300m:	3:58.26	44.73	400m:	5:12.63 36.96
9.	CI SZCZYK Emilia		07	MTP Lublinianka				<b>5:12.95</b>	566	A
	50m:	33.97 33.97	150m:	1:50.51	38.54	250m:	3:14.53	46.58	350m:	4:37.86 36.24
	100m:	1:11.97 38.00	200m:	2:27.95	37.44	300m:	4:01.62	47.09	400m:	5:12.95 35.09
10.	JAROS Aleksandra		07	KS NEPTUN widnica				<b>5:27.67</b>	493	A
	50m:	33.59 33.59	150m:	1:57.07	43.39	250m:	3:27.37	46.83	350m:	4:52.49 37.18
	100m:	1:13.68 40.09	200m:	2:40.54	43.47	300m:	4:15.31	47.94	400m:	5:27.67 35.18
11.	KALATA Zuzanna		07	MKS SMS Victoria Racibórz				<b>5:33.79</b>	466	B
	50m:	33.98 33.98	150m:	1:59.60	44.01	250m:	3:26.49	44.61	350m:	4:54.44 41.58
	100m:	1:15.59 41.61	200m:	2:41.88	42.28	300m:	4:12.86	46.37	400m:	5:33.79 39.35
12.	MAKOWSKA Maria		07	MKP Szczecin				<b>5:33.97</b>	466	B
	50m:	35.82 35.82	150m:	2:02.51	44.44	250m:	3:31.32	44.84	350m:	4:57.76 39.22
	100m:	1:18.07 42.25	200m:	2:46.48	43.97	300m:	4:18.54	47.22	400m:	5:33.97 36.21
13.	CISŁOWICZ Kinga		07	KS NEPTUN widnica				<b>5:35.25</b>	460	B
	50m:	34.82 34.82	150m:	2:02.96	45.92	250m:	3:31.60	45.79	350m:	4:58.22 40.45
	100m:	1:17.04 42.22	200m:	2:45.81	42.85	300m:	4:17.77	46.17	400m:	5:35.25 37.03

