



Zimowe Mistrzostwa Polski Juniorów Młodszych 16-lat w pływaniu
Bydgoszcz, 15-17.12.2023

Konkurencja 20 Chłopców, 400m dowolny 16 lat
2023-12-16 - 9:46 Wyniki Eliminacje

Rekord Polski 16-lat 3:44.32 FILIPIAK Mikołaj 04610 Gorzow 2022-12-10

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.		
1.	PONIEWA	Oliwier	07	KU AZS UMCS Lublin				4:03.14	665 A		
	50m:	28.32 28.32	150m:	1:30.18	31.32	250m:	2:32.40	30.77	350m:	3:34.74	30.95
	100m:	58.86 30.54	200m:	2:01.63	31.45	300m:	3:03.79	31.39	400m:	4:03.14	28.40
2.	JABŁO	SKI Bartłomiej	07	Stow. Hobby Sport				4:03.38	663 A		
	50m:	27.94 27.94	150m:	1:29.91	31.00	250m:	2:32.20	31.05	350m:	3:34.65	31.50
	100m:	58.91 30.97	200m:	2:01.15	31.24	300m:	3:03.15	30.95	400m:	4:03.38	28.73
3.	GNACZY	SKI Michał	07	MKP Szczecin				4:03.60	661 A		
	50m:	27.80 27.80	150m:	1:29.87	31.46	250m:	2:32.49	31.20	350m:	3:34.23	30.56
	100m:	58.41 30.61	200m:	2:01.29	31.42	300m:	3:03.67	31.18	400m:	4:03.60	29.37
4.	PI	TKA Miłosz	07	MKP Szczecin				4:03.77	660 A		
	50m:	28.14 28.14	150m:	1:29.77	31.08	250m:	2:32.44	31.05	350m:	3:34.30	30.65
	100m:	58.69 30.55	200m:	2:01.39	31.62	300m:	3:03.65	31.21	400m:	4:03.77	29.47
5.	MAJOR	Erik	07	MKS Park Wodny Tarnowskie Góry				4:03.91	658 A		
	50m:	28.28 28.28	150m:	1:30.11	30.99	250m:	2:32.26	30.98	350m:	3:34.60	31.10
	100m:	59.12 30.84	200m:	2:01.28	31.17	300m:	3:03.50	31.24	400m:	4:03.91	29.31
6.	WI	NIEWSKI Wiktor	07	UKP UNIA O wi cim				4:03.97	658 A		
	50m:	28.35 28.35	150m:	1:29.99	31.01	250m:	2:32.27	31.11	350m:	3:34.41	30.97
	100m:	58.98 30.63	200m:	2:01.16	31.17	300m:	3:03.44	31.17	400m:	4:03.97	29.56
7.	SIKORA	Cyprian	07	KS KSZO Ostrowiec w.				4:04.28	655 A		
	50m:	27.84 27.84	150m:	1:29.72	31.12	250m:	2:32.39	31.29	350m:	3:35.10	31.38
	100m:	58.60 30.76	200m:	2:01.10	31.38	300m:	3:03.72	31.33	400m:	4:04.28	29.18
8.	OKO	Jakub	07	MKS JUVENIA Wrocław				4:04.46	654 A		
	50m:	28.03 28.03	150m:	1:29.85	31.12	250m:	2:32.51	31.19	350m:	3:34.59	30.80
	100m:	58.73 30.70	200m:	2:01.32	31.47	300m:	3:03.79	31.28	400m:	4:04.46	29.87
9.	KRASKA	Mateusz	07	KU AZS UMCS Lublin				4:04.62	653 A		
	50m:	27.83 27.83	150m:	1:29.79	31.53	250m:	2:32.65	31.29	350m:	3:34.66	30.93
	100m:	58.26 30.43	200m:	2:01.36	31.57	300m:	3:03.73	31.08	400m:	4:04.62	29.96
10.	KOWAL	Maciej	07	MKP Szczecin				4:05.24	648 A		
	50m:	28.32 28.32	150m:	1:30.68	31.37	250m:	2:33.00	30.99	350m:	3:35.14	30.77
	100m:	59.31 30.99	200m:	2:02.01	31.33	300m:	3:04.37	31.37	400m:	4:05.24	30.10
11.	KANCZKOWSKI	Szymon	07	UKS Tri-Team Rumia				4:07.48	630 B		
	50m:	29.32 29.32	150m:	1:32.10	31.59	250m:	2:35.34	31.77	350m:	3:38.37	31.32
	100m:	1:00.51 31.19	200m:	2:03.57	31.47	300m:	3:07.05	31.71	400m:	4:07.48	29.11
12.	BORKOWSKI	Marcel	07	KS NEPTUN widnica				4:07.77	628 B		
	50m:	27.79 27.79	150m:	1:29.63	31.22	250m:	2:32.80	31.54	350m:	3:36.86	31.98
	100m:	58.41 30.62	200m:	2:01.26	31.63	300m:	3:04.88	32.08	400m:	4:07.77	30.91
13.	SZMYTKE	Bartosz	07	UKS G-8 Bielany Warszawa				4:07.87	627 B		
	50m:	28.26 28.26	150m:	1:31.31	31.61	250m:	2:35.06	31.53	350m:	3:38.36	31.49
	100m:	59.70 31.44	200m:	2:03.53	32.22	300m:	3:06.87	31.81	400m:	4:07.87	29.51
14.	DWORAKOWSKI	Bła ej	07	KS DELFIN Gdynia				4:08.29	624 B		
	50m:	27.77 27.77	150m:	1:30.20	31.50	250m:	2:33.70	31.83	350m:	3:37.63	32.01
	100m:	58.70 30.93	200m:	2:01.87	31.67	300m:	3:05.62	31.92	400m:	4:08.29	30.66
15.	FILIPIAK	Mateusz	07	MUKS PI TNASTKA Bydgoszcz				4:08.32	624 B		
	50m:	28.09 28.09	150m:	1:30.67	31.19	250m:	2:34.34	31.88	350m:	3:37.65	31.30
	100m:	59.48 31.39	200m:	2:02.46	31.79	300m:	3:06.35	32.01	400m:	4:08.32	30.67
16.	WENTLAND	Miłosz	07	MKS TRÓJKA Łód				4:10.33	609 B		
	50m:	28.05 28.05	150m:	1:30.81	31.94	250m:	2:34.60	31.79	350m:	3:38.99	32.21
	100m:	58.87 30.82	200m:	2:02.81	32.00	300m:	3:06.78	32.18	400m:	4:10.33	31.34



Zimowe Mistrzostwa Polski Juniorów Młodszych 16-lat w pływaniu
Bydgoszcz, 15-17.12.2023

Konkurencja 20, Chłopców, 400m dowolny, Eliminacje, 16 lat

Pozycja			Rok ur.						Czas	Pkt.	
17.	ŁOJEWSKI Adam		07	MTP Kormoran Olsztyn					4:10.48	608	B
	50m: 28.45	28.45	150m: 1:31.48	32.01	250m: 2:35.58	32.09	350m: 3:39.41	31.88			
	100m: 59.47	31.02	200m: 2:03.49	32.01	300m: 3:07.53	31.95	400m: 4:10.48	31.07			
18.	SELDER Krystian		07	MKS TRÓJKA Łódź					4:12.57	593	B
	50m: 28.64	28.64	150m: 1:31.49	31.71	250m: 2:36.09	32.51	350m: 3:40.72	32.38			
	100m: 59.78	31.14	200m: 2:03.58	32.09	300m: 3:08.34	32.25	400m: 4:12.57	31.85			
19.	KONIECZNY Miłosz		07	UKS NIKA Sport Team Kraków					4:12.67	592	B
	50m: 28.36	28.36	150m: 1:32.36	32.40	250m: 2:37.10	32.18	350m: 3:42.68	32.86			
	100m: 59.96	31.60	200m: 2:04.92	32.56	300m: 3:09.82	32.72	400m: 4:12.67	29.99			
20.	BARANOWSKI Alex		07	KS Posenania Poznań					4:13.65	585	B
	50m: 28.66	28.66	150m: 1:32.48	31.95	250m: 2:37.37	32.31	350m: 3:42.14	31.96			
	100m: 1:00.53	31.87	200m: 2:05.06	32.58	300m: 3:10.18	32.81	400m: 4:13.65	31.51			
21.	KUŁTON Jakub		07	O AZS w Poznaniu					4:13.79	584	R
	50m: 28.80	28.80	150m: 1:32.12	31.85	250m: 2:36.74	32.39	350m: 3:42.12	32.56			
	100m: 1:00.27	31.47	200m: 2:04.35	32.23	300m: 3:09.56	32.82	400m: 4:13.79	31.67			
22.	FICEK Aleksander		07	UKS WODNIK Siemianowice I skie					4:15.80	571	R
	50m: 27.94	27.94	150m: 1:31.78	32.30	250m: 2:38.16	33.32	350m: 3:44.96	32.87			
	100m: 59.48	31.54	200m: 2:04.84	33.06	300m: 3:12.09	33.93	400m: 4:15.80	30.84			
23.	SYLWESTROWICZ Wiktor		07	MUKS PI TNASTKA Bydgoszcz					4:16.22	568	
	50m: 29.26	29.26	150m: 1:34.42	32.69	250m: 2:40.53	33.18	350m: 3:45.93	32.21			
	100m: 1:01.73	32.47	200m: 2:07.35	32.93	300m: 3:13.72	33.19	400m: 4:16.22	30.29			
24.	MIKOŁAJCZYK Adrian		07	MKS TRÓJKA Łódź					4:17.97	556	
	50m: 28.97	28.97	150m: 1:33.70	32.74	250m: 2:40.65	33.53	350m: 3:46.52	32.68			
	100m: 1:00.96	31.99	200m: 2:07.12	33.42	300m: 3:13.84	33.19	400m: 4:17.97	31.45			
25.	ŁUKAWSKI Tomasz		07	Mokotowski UKP Warszawianka- Wodny					4:18.06	556	
	50m: 28.45	28.45	150m: 1:32.70	32.86	250m: 2:39.44	33.61	350m: 3:46.30	33.36			
	100m: 59.84	31.39	200m: 2:05.83	33.13	300m: 3:12.94	33.50	400m: 4:18.06	31.76			
26.	JO CZYK Patryk		07	UKS FENIKS D bica					4:18.10	556	
	50m: 29.40	29.40	150m: 1:34.28	32.45	250m: 2:40.41	33.04	350m: 3:47.30	33.36			
	100m: 1:01.83	32.43	200m: 2:07.37	33.09	300m: 3:13.94	33.53	400m: 4:18.10	30.80			
27.	BIŁE KI Szymon		07	KP BAŁTYK Kołobrzeg					4:18.23	555	
	50m: 28.70	28.70	150m: 1:33.40	32.56	250m: 2:39.94	33.15	350m: 3:46.30	33.21			
	100m: 1:00.84	32.14	200m: 2:06.79	33.39	300m: 3:13.09	33.15	400m: 4:18.23	31.93			
28.	MAZUR Adam		07	Grupa 5Styl					4:18.41	554	
	50m: 29.89	29.89	150m: 1:34.09	32.25	250m: 2:40.03	33.12	350m: 3:46.22	32.88			
	100m: 1:01.84	31.95	200m: 2:06.91	32.82	300m: 3:13.34	33.31	400m: 4:18.41	32.19			
29.	TOMCZYK Jan		07	SSP ORKA Iława					4:18.43	554	
	50m: 27.70	27.70	150m: 1:32.31	32.95	250m: 2:39.18	33.57	350m: 3:46.74	33.72			
	100m: 59.36	31.66	200m: 2:05.61	33.30	300m: 3:13.02	33.84	400m: 4:18.43	31.69			
30.	WOJCIECHOWSKI Wiktor		07	UKS G-8 Bielany Warszawa					4:18.95	550	
	50m: 29.52	29.52	150m: 1:34.68	32.70	250m: 2:40.59	32.98	350m: 3:47.54	33.37			
	100m: 1:01.98	32.46	200m: 2:07.61	32.93	300m: 3:14.17	33.58	400m: 4:18.95	31.41			
31.	CHMIELEWSKI Jan		07	UKS G-8 Bielany Warszawa					4:20.09	543	
	50m: 29.29	29.29	150m: 1:33.38	32.10	250m: 2:39.76	33.20	350m: 3:46.57	33.84			
	100m: 1:01.28	31.99	200m: 2:06.56	33.18	300m: 3:12.73	32.97	400m: 4:20.09	33.52			
32.	KIERO SKI Marcel		07	KS AZS AGH Kraków					4:20.33	541	
	50m: 28.64	28.64	150m: 1:33.43	32.81	250m: 2:41.14	33.97	350m: 3:47.89	33.60			
	100m: 1:00.62	31.98	200m: 2:07.17	33.74	300m: 3:14.29	33.15	400m: 4:20.33	32.44			
33.	KOZDROWSKI Maciej		07	WKS L SK Wrocław					4:21.39	535	
	50m: 28.56	28.56	150m: 1:33.46	33.10	250m: 2:40.89	33.79	350m: 3:48.86	33.64			
	100m: 1:00.36	31.80	200m: 2:07.10	33.64	300m: 3:15.22	34.33	400m: 4:21.39	32.53			



Zimowe Mistrzostwa Polski Juniorów Młodszych 16-lat w pływaniu
Bydgoszcz, 15-17.12.2023

Konkurencja 20, Chłopców, 400m dowolny, Eliminacje, 16 lat

Pozycja		Rok ur.						Czas	Pkt.
34.	TARAPATA Bartłomiej	07	SIKRET Gliwice					4:23.16	524
	50m: 30.06 30.06	150m: 1:36.23	33.43	250m: 2:44.26	34.26	350m: 3:52.47	33.92		
	100m: 1:02.80 32.74	200m: 2:10.00	33.77	300m: 3:18.55	34.29	400m: 4:23.16	30.69		
35.	WIECZOREK Kacper	07	UKS WODNIK Siemianowice I skie					4:25.07	513
	50m: 29.22 29.22	150m: 1:34.82	33.50	250m: 2:42.32	33.87	350m: 3:50.97	34.44		
	100m: 1:01.32 32.10	200m: 2:08.45	33.63	300m: 3:16.53	34.21	400m: 4:25.07	34.10		
36.	CHMIELEWSKI Franciszek	07	UKS G-8 Bielany Warszawa					4:27.33	500
	50m: 30.03 30.03	150m: 1:36.27	33.59	250m: 2:45.31	34.64	350m: 3:55.12	34.96		
	100m: 1:02.68 32.65	200m: 2:10.67	34.40	300m: 3:20.16	34.85	400m: 4:27.33	32.21		
37.	MIELCZAREK Maciej	07	UKP POLONIA Warszawa					4:27.83	497
	50m: 30.19 30.19	150m: 1:36.12	33.60	250m: 2:44.78	34.87	350m: 3:54.12	34.74		
	100m: 1:02.52 32.33	200m: 2:09.91	33.79	300m: 3:19.38	34.60	400m: 4:27.83	33.71		
38.	STA KIEWICZ Wiktor	07	Mokotowski UKP Warszawianka- Wodny					4:29.27	489
	50m: 30.49 30.49	150m: 1:37.39	33.97	250m: 2:45.78	34.30	350m: 3:55.43	35.02		
	100m: 1:03.42 32.93	200m: 2:11.48	34.09	300m: 3:20.41	34.63	400m: 4:29.27	33.84		
39.	MYDLARZ Wiktor	07	UKS FALA Swarzędz					4:43.32	420
	50m: 30.95 30.95	150m: 1:40.59	35.61	250m: 2:54.26	36.96	350m: 4:08.06	36.41		
	100m: 1:04.98 34.03	200m: 2:17.30	36.71	300m: 3:31.65	37.39	400m: 4:43.32	35.26		