



Zimowe Mistrzostwa Polski Juniorów Młodszych 16-lat w pływaniu
Bydgoszcz, 15-17.12.2023

Konkurencja 20
2023-12-16 - 17:47

Chłopców, 400m dowolny

16 lat
Wyniki Finał

Rekord Polski 16-lat 3:44.32 FILIPIAK Mikołaj 04610 Gorzow 2022-12-10

Punkty: FINA 2023

Pozycja			Rok ur.							Czas	Pkt.
Finał A											
1.	GNACZY	SKI Michał	07	MKP Szczecin						3:51.29	772
	50m:	26.64 26.64	150m:	1:25.02	29.27	250m:	2:24.25	29.65	350m:	3:23.08	29.43
	100m:	55.75 29.11	200m:	1:54.60	29.58	300m:	2:53.65	29.40	400m:	3:51.29	28.21
2.	PI	TKA Miłosz	07	MKP Szczecin						3:56.48	723
	50m:	27.14 27.14	150m:	1:26.78	29.86	250m:	2:27.17	30.29	350m:	3:27.48	29.87
	100m:	56.92 29.78	200m:	1:56.88	30.10	300m:	2:57.61	30.44	400m:	3:56.48	29.00
3.	JABŁO	SKI Bartłomiej	07	Stow. Hobby Sport						3:56.92	719
	50m:	26.42 26.42	150m:	1:25.98	30.22	250m:	2:27.01	30.52	350m:	3:28.02	30.13
	100m:	55.76 29.34	200m:	1:56.49	30.51	300m:	2:57.89	30.88	400m:	3:56.92	28.90
4.	KRASKA	Mateusz	07	KU AZS UMCS Lublin						3:57.43	714
	50m:	26.86 26.86	150m:	1:26.43	30.22	250m:	2:27.29	30.46	350m:	3:28.07	30.48
	100m:	56.21 29.35	200m:	1:56.83	30.40	300m:	2:57.59	30.30	400m:	3:57.43	29.36
5.	KOWAL	Maciej	07	MKP Szczecin						3:59.23	698
	50m:	27.79 27.79	150m:	1:28.30	30.32	250m:	2:29.18	30.33	350m:	3:30.53	30.51
	100m:	57.98 30.19	200m:	1:58.85	30.55	300m:	3:00.02	30.84	400m:	3:59.23	28.70
6.	WI	NIEWSKI Wiktor	07	UKP UNIA O wi cim						3:59.59	695
	50m:	27.34 27.34	150m:	1:27.35	30.16	250m:	2:28.74	30.69	350m:	3:30.56	30.81
	100m:	57.19 29.85	200m:	1:58.05	30.70	300m:	2:59.75	31.01	400m:	3:59.59	29.03
7.	SIKORA	Cyprian	07	KS KSZO Ostrowiec w.						4:02.62	669
	50m:	27.00 27.00	150m:	1:26.92	30.30	250m:	2:28.79	31.09	350m:	3:32.55	32.05
	100m:	56.62 29.62	200m:	1:57.70	30.78	300m:	3:00.50	31.71	400m:	4:02.62	30.07
8.	PONIEWA	Oliwier	07	KU AZS UMCS Lublin						4:02.80	668
	50m:	27.35 27.35	150m:	1:27.56	30.49	250m:	2:29.83	31.48	350m:	3:32.84	31.52
	100m:	57.07 29.72	200m:	1:58.35	30.79	300m:	3:01.32	31.49	400m:	4:02.80	29.96
9.	OKO	Jakub	07	MKS JUVENIA Wrocław						4:03.43	662
	50m:	27.76 27.76	150m:	1:28.32	30.44	250m:	2:30.26	30.90	350m:	3:32.86	31.15
	100m:	57.88 30.12	200m:	1:59.36	31.04	300m:	3:01.71	31.45	400m:	4:03.43	30.57
10.	KANCZKOWSKI	Szymon	07	UKS Tri-Team Rumia						4:08.63	622
	50m:	28.95 28.95	150m:	1:31.33	31.48	250m:	2:35.17	31.98	350m:	3:38.95	31.57
	100m:	59.85 30.90	200m:	2:03.19	31.86	300m:	3:07.38	32.21	400m:	4:08.63	29.68
Finał B											
11.	BORKOWSKI	Marcel	07	KS NEPTUN widnica						4:06.06	641
	50m:	27.98 27.98	150m:	1:29.74	31.23	250m:	2:31.98	31.30	350m:	3:35.86	31.96
	100m:	58.51 30.53	200m:	2:00.68	30.94	300m:	3:03.90	31.92	400m:	4:06.06	30.20
12.	FILIPIAK	Mateusz	07	MUKS PI TNASTKA Bydgoszcz						4:07.54	630
	50m:	28.13 28.13	150m:	1:30.42	31.41	250m:	2:33.76	31.68	350m:	3:37.20	31.59
	100m:	59.01 30.88	200m:	2:02.08	31.66	300m:	3:05.61	31.85	400m:	4:07.54	30.34
13.	ŁOJEWSKI	Adam	07	MTP Kormoran Olsztyn						4:07.69	629
	50m:	28.01 28.01	150m:	1:30.61	31.56	250m:	2:33.93	31.69	350m:	3:37.14	31.46
	100m:	59.05 31.04	200m:	2:02.24	31.63	300m:	3:05.68	31.75	400m:	4:07.69	30.55
14.	WENTLAND	Miłosz	07	MKS TRÓJKA Łód						4:09.02	619
	50m:	27.84 27.84	150m:	1:30.12	31.53	250m:	2:33.88	32.05	350m:	3:37.93	31.40
	100m:	58.59 30.75	200m:	2:01.83	31.71	300m:	3:06.53	32.65	400m:	4:09.02	31.09
15.	BARANOWSKI	Alex	07	KS Posnania Pozna						4:09.72	614
	50m:	28.27 28.27	150m:	1:31.65	31.72	250m:	2:35.22	31.34	350m:	3:38.27	31.67
	100m:	59.93 31.66	200m:	2:03.88	32.23	300m:	3:06.60	31.38	400m:	4:09.72	31.45





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Bydgoszcz, 15-17.12.2023

Konkurencja 20, Chłopców, 400m dowolny, Finał, 16 lat

Pozycja			Rok ur.					Czas	Pkt.
16.	SZMYTKE Bartosz		07	UKS G-8 Bielany Warszawa				4:10.73	606
	50m: 28.23	28.23	150m: 1:30.29	31.42	250m: 2:33.98	31.90	350m: 3:38.94	32.49	
	100m: 58.87	30.64	200m: 2:02.08	31.79	300m: 3:06.45	32.47	400m: 4:10.73	31.79	
17.	FICEK Aleksander		07	UKS WODNIK Siemianowice I skie				4:12.85	591
	50m: 28.31	28.31	150m: 1:31.97	31.91	250m: 2:36.75	32.47	350m: 3:41.75	32.08	
	100m: 1:00.06	31.75	200m: 2:04.28	32.31	300m: 3:09.67	32.92	400m: 4:12.85	31.10	
18.	MIKOŁAJCZYK Adrian		07	MKS TRÓJKA Łód				4:13.94	583
	50m: 28.69	28.69	150m: 1:32.50	32.13	250m: 2:37.37	32.38	350m: 3:42.63	32.30	
	100m: 1:00.37	31.68	200m: 2:04.99	32.49	300m: 3:10.33	32.96	400m: 4:13.94	31.31	
19.	KUŁTON Jakub		07	O AZS w Poznaniu				4:13.96	583
	50m: 29.06	29.06	150m: 1:32.46	32.19	250m: 2:37.42	32.59	350m: 3:42.48	32.57	
	100m: 1:00.27	31.21	200m: 2:04.83	32.37	300m: 3:09.91	32.49	400m: 4:13.96	31.48	
20.	SYLWESTROWICZ Wiktor		07	MUKS PI TNASTKA Bydgoszcz				4:16.53	566
	50m: 29.71	29.71	150m: 1:33.62	32.42	250m: 2:39.16	33.03	350m: 3:44.36	32.45	
	100m: 1:01.20	31.49	200m: 2:06.13	32.51	300m: 3:11.91	32.75	400m: 4:16.53	32.17	