



Konkurencja 7
2024-03-15 - 17:24

Dziewcz t, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2023

Pozycja	Rok ur.	Czas	Pkt.
12 lat			
1. NOSAL Lena	12	5:08.98	419
50m: 33.34 33.34	150m: 1:50.23 39.51	250m: 3:09.14 38.57	350m: 4:30.99 41.61
100m: 1:10.72 37.38	200m: 2:30.57 40.34	300m: 3:49.38 40.24	400m: 5:08.98 37.99
2. DZIUBI SKA-GAŁKOWSKA Laura	12	5:14.91	396
50m: 34.69 34.69	150m: 1:53.93 39.91	250m: 3:15.71 41.20	350m: 4:35.62 39.43
100m: 1:14.02 39.33	200m: 2:34.51 40.58	300m: 3:56.19 40.48	400m: 5:14.91 39.29
3. WERESZCZY SKA Lila	12	5:24.87	360
50m: 35.71 35.71	150m: 1:58.59 42.08	250m: 3:21.91 41.79	350m: 4:45.05 41.26
100m: 1:16.51 40.80	200m: 2:40.12 41.53	300m: 4:03.79 41.88	400m: 5:24.87 39.82
4. BEBEL Luiza	12	5:39.15	317
50m: 37.24 37.24	150m: 2:04.53 43.71	250m: 3:33.19 43.95	350m: 4:59.96 43.30
100m: 1:20.82 43.58	200m: 2:49.24 44.71	300m: 4:16.66 43.47	400m: 5:39.15 39.19
5. GOŁ BIEWSKA Helena	12	5:41.99	309
50m: 37.05 37.05	150m: 2:04.71 44.41	250m: 3:34.60 45.09	350m: 5:01.60 42.63
100m: 1:20.30 43.25	200m: 2:49.51 44.80	300m: 4:18.97 44.37	400m: 5:41.99 40.39
6. GÓRSKA Emilia	12	5:45.58	299
50m: 39.01 39.01	150m: 2:08.10 45.16	250m: 3:37.99	350m: 5:06.36
100m: 1:22.94 43.93	200m:	300m:	400m: 5:45.58 39.22
7. STEPLI SKA Amelia	12	5:56.63	272
50m: 40.30 40.30	150m: 2:11.30 46.12	250m: 3:43.65 46.07	350m: 5:15.08 46.51
100m: 1:25.18 44.88	200m: 2:57.58 46.28	300m: 4:28.57 44.92	400m: 5:56.63 41.55
8. WOJEWÓDZKA Zofia	12	5:57.03	271
50m: 40.17 40.17	150m: 2:10.28 45.46	250m: 3:43.07 46.77	350m: 5:16.11 46.49
100m: 1:24.82 44.65	200m: 2:56.30 46.02	300m: 4:29.62 46.55	400m: 5:57.03 40.92
9. TRACZYK Maja	12	5:57.08	271
50m:	150m: 2:09.06 46.47	250m:	350m: 5:15.02 46.24
100m: 1:22.59	200m: 2:56.33 47.27	300m: 4:28.78	400m: 5:57.08 42.06
10. SKOCZYLAS Julia	12	5:58.81	267
50m: 37.91 37.91	150m: 2:09.98 47.44	250m: 3:44.53 47.10	350m: 5:19.48 47.38
100m: 1:22.54 44.63	200m: 2:57.43 47.45	300m: 4:32.10 47.57	400m: 5:58.81 39.33
11. MYCEK Zuzanna	12	6:01.79	261
50m: 39.00 39.00	150m: 2:10.29 46.61	250m: 3:44.66 47.39	350m: 5:18.70 46.54
100m: 1:23.68 44.68	200m: 2:57.27 46.98	300m: 4:32.16 47.50	400m: 6:01.79 43.09
12. MUDA Liwia	12	6:02.88	258
50m: 40.62 40.62	150m: 2:11.18 45.72	250m: 3:45.06 47.04	350m: 5:19.07 45.56
100m: 1:25.46 44.84	200m: 2:58.02 46.84	300m: 4:33.51 48.45	400m: 6:02.88 43.81
13. LEE Natalia	12	6:04.60	255
50m: 38.79 38.79	150m: 2:14.34 49.95	250m: 3:48.12 48.55	350m: 5:22.53 47.01
100m: 1:24.39 45.60	200m: 2:59.57 45.23	300m: 4:35.52 47.40	400m: 6:04.60 42.07
14. MOCZULSKA Marcelina	12	6:04.76	254
50m: 37.18 37.18	150m: 2:07.90 47.11	250m:	350m: 5:16.67 48.01
100m: 1:20.79 43.61	200m: 2:54.76 46.86	300m: 4:28.66	400m: 6:04.76 48.09
15. KRUPSKA Hanna	12	6:05.33	253
50m: 41.01 41.01	150m: 2:13.51 46.85	250m: 3:48.27 47.09	350m: 5:21.42 46.54
100m: 1:26.66 45.65	200m: 3:01.18 47.67	300m: 4:34.88 46.61	400m: 6:05.33 43.91
16. FIKOWSKA Liliana	12	6:07.36	249
50m: 41.19 41.19	150m: 2:14.45 47.20	250m: 3:51.12 48.84	350m: 5:25.65 46.38
100m: 1:27.25 46.06	200m: 3:02.28 47.83	300m: 4:39.27 48.15	400m: 6:07.36 41.71

Konkurencja 7, Dziewcząt, 400m dowolny, 12 lat

Pozycja	Rok ur.	Club	Time	Pkt.
17.	12	UKS KORAL Wrocław	6:23.91	218
		50m: 43.64 43.64 150m: 2:22.02 49.95 250m: 4:01.63 59.68 350m: 5:40.98 49.36		
		100m: 1:32.07 48.43 200m: 3:01.95 39.93 300m: 4:51.62 49.99 400m: 6:23.91 42.93		
18.	12	UKS Energetyk Zgorzelec	6:26.86	213
		50m: 39.56 39.56 150m: 2:14.51 48.72 250m: 3:57.13 51.61 350m: 5:39.07 50.48		
		100m: 1:25.79 46.23 200m: 3:05.52 51.01 300m: 4:48.59 51.46 400m: 6:26.86 47.79		
19.	12	UKS KORAL Wrocław	6:35.19	200
		50m: 44.40 44.40 150m: 2:25.67 51.60 250m: 4:08.65 51.22 350m: 5:49.04 49.76		
		100m: 1:34.07 49.67 200m: 3:17.43 51.76 300m: 4:59.28 50.63 400m: 6:35.19 46.15		
20.	12	UKS Zespołu Szkół Mistrzostwa Sportowego	6:35.49	200
		50m: 44.84 44.84 150m: 2:24.67 50.05 250m: 4:08.60 52.51 350m: 5:51.16 51.49		
		100m: 1:34.62 49.78 200m: 3:16.09 51.42 300m: 4:59.67 51.07 400m: 6:35.49 44.33		
21.	12	KS MARLIN Mława	6:39.39	194
		50m: 44.18 44.18 150m: 2:26.90 52.26 250m: 4:11.13 52.78 350m: 5:53.90 50.86		
		100m: 1:34.64 50.46 200m: 3:18.35 51.45 300m: 5:03.04 51.91 400m: 6:39.39 45.49		
22.	12	KS HARPUN Osiecznica	6:43.81	187
		50m: 45.38 45.38 150m: 2:26.58 51.49 250m: 5:02.57 1:45.36 350m: 6:43.81 48.29		
		100m: 1:35.09 49.71 200m: 3:17.21 50.63 300m: 5:55.52 52.95 400m: 6:43.81		
23.	12	UKS Zespołu Szkół Mistrzostwa Sportowego	6:49.38	180
		50m: 44.19 44.19 150m: 2:27.45 53.14 250m: 4:12.24 53.09 350m: 6:49.38		
		100m: 1:34.31 50.12 200m: 3:19.15 51.70 300m: 5:07.35 55.11 400m: 6:49.38		
24.	12	UKS ORKA Luba	7:05.86	160
		50m: 45.26 45.26 150m: 2:31.98 54.88 250m: 7:05.86		
		100m: 1:37.10 51.84 200m: 3:26.67 54.69 300m: 7:05.86		

13 lat

1.	11	KS Swimmers I za	4:53.75	488
		50m: 32.75 32.75 150m: 1:46.45 37.34 250m: 3:02.31 38.04 350m: 4:17.78 37.62		
		100m: 1:09.11 36.36 200m: 2:24.27 37.82 300m: 3:40.16 37.85 400m: 4:53.75 35.97		
2.	11	KS HARPUN Osiecznica	5:03.33	443
		50m: 31.63 31.63 150m: 1:46.35 38.08 250m: 3:04.95 39.51 350m: 4:26.13 40.37		
		100m: 1:08.27 36.64 200m: 2:25.44 39.09 300m: 3:45.76 40.81 400m: 5:03.33 37.20		
3.	11	KS NEPTUN widnica	5:03.52	442
		50m: 36.48 36.48 150m: 1:53.31 38.48 250m: 3:09.77 38.44 350m: 4:26.18 38.62		
		100m: 1:14.83 38.35 200m: 2:31.33 38.02 300m: 3:47.56 37.79 400m: 5:03.52 37.34		
4.	11	UKS Krońska Przyska	5:10.55	413
		50m: 34.02 34.02 150m: 1:51.70 39.60 250m: 3:12.01 40.52 350m: 4:33.51 40.94		
		100m: 1:12.10 38.08 200m: 2:31.49 39.79 300m: 3:52.57 40.56 400m: 5:10.55 37.04		
5.	11	MKS JUVENIA Wrocław	5:13.18	402
		50m: 36.58 36.58 150m: 1:58.06 40.85 250m: 3:20.77 40.94 350m: 4:38.57 38.29		
		100m: 1:17.21 40.63 200m: 2:39.83 41.77 300m: 4:00.28 39.51 400m: 5:13.18 34.61		
6.	11	UKS KORAL Wrocław	5:16.23	391
		50m: 34.19 34.19 150m: 1:52.55 39.70 250m: 3:15.49 41.60 350m: 4:38.19 41.23		
		100m: 1:12.85 38.66 200m: 2:33.89 41.34 300m: 3:56.96 41.47 400m: 5:16.23 38.04		
7.	11	WKS LSK Wrocław	5:16.76	389
		50m: 34.59 34.59 150m: 1:54.09 39.90 250m: 3:15.33 40.66 350m: 4:35.35 39.25		
		100m: 1:14.19 39.60 200m: 2:34.67 40.58 300m: 3:56.10 40.77 400m: 5:16.76 41.41		
8.	11	MKS JUVENIA Wrocław	5:20.45	376
		50m: 36.14 36.14 150m: 1:56.96 41.07 250m: 3:20.49 41.79 350m: 4:40.55 39.70		
		100m: 1:15.89 39.75 200m: 2:38.70 41.74 300m: 4:00.85 40.36 400m: 5:20.45 39.90		
9.	11	KS BALTI Bielawa	5:22.95	367
		50m: 35.14 35.14 150m: 1:57.26 42.52 250m: 3:21.08 41.88 350m: 4:45.98 42.43		
		100m: 1:14.74 39.60 200m: 2:39.20 41.94 300m: 4:03.55 42.47 400m: 5:22.95 36.97		

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.				Czas	Pkt.
10.	TRAM Hanna		11	MKS JUVENIA Wrocław			5:24.48	362
	50m: 34.12	34.12	150m: 1:53.56	40.90	250m: 3:17.21	41.63	350m: 4:42.13	42.24
	100m: 1:12.66	38.54	200m: 2:35.58	42.02	300m: 3:59.89	42.68	400m: 5:24.48	42.35
11.	TYMI SKA Adrianna		11	WKS L SK Wrocław			5:25.41	359
	50m: 37.87	37.87	150m: 2:02.28	43.05	250m: 4:09.77	1:24.70	350m: 5:25.41	36.08
	100m: 1:19.23	41.36	200m: 2:45.07	42.79	300m: 4:49.33	39.56	400m: 5:25.41	
12.	KAMI SKA Julia		11	MKS JUVENIA Wrocław			5:31.30	340
	50m: 34.63	34.63	150m: 1:57.62	42.45	250m: 3:24.56	43.61	350m: 4:50.39	43.45
	100m: 1:15.17	40.54	200m: 2:40.95	43.33	300m: 4:06.94	42.38	400m: 5:31.30	40.91
13.	NAJDEWSKA Maria		11	Just Swim Beavers			5:32.92	335
	50m: 37.43	37.43	150m: 2:01.17	42.55	250m: 3:26.98	42.78	350m: 5:32.92	39.67
	100m: 1:18.62	41.19	200m: 2:44.20	43.03	300m: 4:53.25	1:26.27	400m: 5:32.92	
14.	HANUSZKO Natalia		11	MKS JUVENIA Wrocław			5:35.26	328
	50m: 35.22	35.22	150m: 1:58.18	42.18	250m: 3:25.46	44.65	350m: 4:54.30	44.02
	100m: 1:16.00	40.78	200m: 2:40.81	42.63	300m: 4:10.28	44.82	400m: 5:35.26	40.96
15.	J DRO Zuzanna		11	MKS JUVENIA Wrocław			5:37.78	321
	50m: 36.26	36.26	150m: 2:00.36	43.12	250m: 3:27.63	43.95	350m: 4:55.16	43.56
	100m: 1:17.24	40.98	200m: 2:43.68	43.32	300m: 4:11.60	43.97	400m: 5:37.78	42.62
16.	TRUSZKOWSKA Ada		11	MKS JUVENIA Wrocław			5:39.14	317
	50m: 37.75	37.75	150m: 2:04.42	43.84	250m: 3:32.76	44.29	350m: 4:59.81	43.14
	100m: 1:20.58	42.83	200m: 2:48.47	44.05	300m: 4:16.67	43.91	400m: 5:39.14	39.33
17.	MA CZYK Emilia		11	KS Swimmers I za			5:39.94	315
	50m: 38.19	38.19	150m: 2:06.43	45.26	250m: 3:34.11	43.87	350m: 5:00.03	42.81
	100m: 1:21.17	42.98	200m: 2:50.24	43.81	300m: 4:17.22	43.11	400m: 5:39.94	39.91
18.	SUCHAR Aleksandra		11	WKS L SK Wrocław			5:40.56	313
	50m: 38.92	38.92	150m: 2:06.41	44.54	250m: 3:34.83	44.07	350m: 5:01.83	43.27
	100m: 1:21.87	42.95	200m: 2:50.76	44.35	300m: 4:18.56	43.73	400m: 5:40.56	38.73
19.	KOWALSKA Ewa		11	TP Zielona Góra			5:42.87	307
	50m: 38.44	38.44	150m: 2:05.82	44.86	250m: 3:34.97	44.62	350m: 5:03.65	43.94
	100m: 1:20.96	42.52	200m: 2:50.35	44.53	300m: 4:19.71	44.74	400m: 5:42.87	39.22
20.	OŁ DEK Dorota		11	TP Zielona Góra			5:46.98	296
	50m: 38.95	38.95	150m: 2:06.82	44.74	250m: 3:36.53	44.85	350m: 5:05.48	44.67
	100m: 1:22.08	43.13	200m: 2:51.68	44.86	300m: 4:20.81	44.28	400m: 5:46.98	41.50
21.	TELEGO Liwia		11	UKS KORAL Wrocław			5:57.27	271
	50m: 38.31	38.31	150m: 2:06.97	45.14	250m: 3:39.97		350m: 5:13.58	46.56
	100m: 1:21.83	43.52	200m:		300m: 4:27.02	47.05	400m: 5:57.27	43.69
22.	HAMRYSZAK Julia		11	UKS KORAL Wrocław			6:07.34	249
	50m: 40.77	40.77	150m: 2:13.73	48.24	250m: 3:50.27	48.32	350m: 5:25.33	46.50
	100m: 1:25.49	44.72	200m: 3:01.95	48.22	300m: 4:38.83	48.56	400m: 6:07.34	42.01
23.	JERZYK Carmen		11	KS REKIN wiebodzice			6:07.45	249
	50m: 38.76	38.76	150m: 2:08.83	45.69	250m: 3:43.61	48.11	350m: 5:20.05	47.55
	100m: 1:23.14	44.38	200m: 2:55.50	46.67	300m: 4:32.50	48.89	400m: 6:07.45	47.40
24.	HURSZTYN Helena		11	UKS KORAL Wrocław			6:08.54	247
	50m: 38.27	38.27	150m: 2:12.04	48.30	250m: 3:48.66	48.66	350m: 5:24.29	48.21
	100m: 1:23.74	45.47	200m: 3:00.00	47.96	300m: 4:36.08	47.42	400m: 6:08.54	44.25
25.	POLACZEK Natalia		11	KS NEPTUN widnica			6:09.04	246
	50m: 40.78	40.78	150m: 2:13.02	47.31	250m: 3:47.76	47.70	350m: 5:24.28	49.53
	100m: 1:25.71	44.93	200m: 3:00.06	47.04	300m: 4:34.75	46.99	400m: 6:09.04	44.76
26.	JU Agata		11	KS REKIN wiebodzice			6:26.69	214
	50m: 42.34	42.34	150m: 2:17.78	48.53	250m: 3:56.76	49.43	350m: 5:37.25	50.37
	100m: 1:29.25	46.91	200m: 3:07.33	49.55	300m: 4:46.88	50.12	400m: 6:26.69	49.44
27.	HOJKA Blanka		11	UKS KORAL Wrocław			6:28.04	211
	50m: 39.32	39.32	150m: 2:16.45	49.74	250m: 3:58.17	51.28	350m: 5:16.40	27.84
	100m: 1:26.71	47.39	200m: 3:06.89	50.44	300m: 4:48.56	50.39	400m: 6:28.04	1:11.64



Konkurencja 7, Dziewczyna, 400m dowolny, 13 lat

Pozycja				Rok ur.						Czas	Pkt.	
28.	YŁA Natasza			11	KS NEPTUN	widnica				6:37.09	197	
	50m:	39.89	39.89	150m:	2:17.33	50.19	250m:	4:01.35	52.55	350m:	5:45.95	51.65
	100m:	1:27.14	47.25	200m:	3:08.80	51.47	300m:	4:54.30	52.95	400m:	6:37.09	51.14
29.	WOJDAK Joanna			11	UKS Energetyk	Zgorzelec				6:55.40	172	
	50m:	38.88	38.88	150m:	2:17.53	51.99	250m:			350m:		
	100m:	1:25.54	46.66	200m:			300m:			400m:	6:55.40	