

VII Aquathlon Rzeszów 2024, Grand Prix Polskiego Związku Triathlonu w Aquathlonie  
Rzeszów, 24.03.2024

Konkurencja 5  
2024-03-24 - 10:22

400m dowolny

15 - 17 lat  
Wyniki

Punkty: FINA 2024

Pozycja	Rok ur.	Czas	Pkt.
<b>Juniorzy młodsi (K15, M15), Dziewcz t</b>			
1. GAJDA Martyna	08	<b>4:44.31</b>	
50m: 31.22 31.22	150m: 1:40.61 35.26	250m: 2:54.06 36.95	350m: 4:08.18 36.28
100m: 1:05.35 34.13	200m: 2:17.11 36.50	300m: 3:31.90 37.84	400m: 4:44.31 36.13
2. GRAJDURA Nina	09	<b>4:53.37</b>	
50m: 31.92 31.92	150m: 1:44.70 37.20	250m: 3:00.59 37.95	350m: 4:16.03 37.46
100m: 1:07.50 35.58	200m: 2:22.64 37.94	300m: 3:38.57 37.98	400m: 4:53.37 37.34
3. WO NIAK Beata	08	<b>5:01.81</b>	
50m: 33.18 33.18	150m: 1:48.16 37.75	250m: 3:05.46 38.78	350m: 4:24.21 39.55
100m: 1:10.41 37.23	200m: 2:26.68 38.52	300m: 3:44.66 39.20	400m: 5:01.81 37.60
4. SŁABIK Nadia	08	<b>5:25.38</b>	
50m: 37.36 37.36	150m: 1:58.29 40.98	250m: 3:21.13 41.52	350m: 4:44.18 41.33
100m: 1:17.31 39.95	200m: 2:39.61 41.32	300m: 4:02.85 41.72	400m: 5:25.38 41.20
5. ROCZON Jagoda	07	<b>5:49.04</b>	
50m: 38.60 38.60	150m: 2:03.42 43.14	250m: 3:33.48 45.26	350m: 5:04.54 45.12
100m: 1:20.28 41.68	200m: 2:48.22 44.80	300m: 4:19.42 45.94	400m: 5:49.04 44.50
6. AMBROSZKO Weronika	08	<b>5:52.45</b>	
50m: 37.54 37.54	150m: 2:00.67 42.48	250m: 3:33.41 47.59	350m: 5:07.04 46.80
100m: 1:18.19 40.65	200m: 2:45.82 45.15	300m: 4:20.24 46.83	400m: 5:52.45 45.41
<b>Juniorzy młodsi (K15, M15), Chłopców</b>			
1. JO CZYK Patryk	07	<b>4:24.83</b>	
50m: 30.61 30.61	150m: 1:37.36 33.66	250m: 2:44.74 33.70	350m: 3:52.19 33.47
100m: 1:03.70 33.09	200m: 2:11.04 33.68	300m: 3:18.72 33.98	400m: 4:24.83 32.64
2. ARTWIK-SIERO Allan	09	<b>4:40.45</b>	
50m: 31.00 31.00	150m: 1:39.99 35.40	250m: 2:51.93 36.06	350m: 4:05.94 36.63
100m: 1:04.59 33.59	200m: 2:15.87 35.88	300m: 3:29.31 37.38	400m: 4:40.45 34.51
3. SARNA Maksymilian	07	<b>4:41.78</b>	
50m: 30.28 30.28	150m: 1:38.71 35.30	250m: 2:51.62 36.84	350m: 4:05.51 37.30
100m: 1:03.41 33.13	200m: 2:14.78 36.07	300m: 3:28.21 36.59	400m: 4:41.78 36.27
4. SERWI SKI Kacper	07	<b>4:47.09</b>	
50m: 32.03 32.03	150m: 1:42.90 35.57	250m: 2:55.42 36.57	350m: 4:10.02 37.46
100m: 1:07.33 35.30	200m: 2:18.85 35.95	300m: 3:32.56 37.14	400m: 4:47.09 37.07
5. SŁAWI SKI Bartłomiej	08	<b>5:00.53</b>	
50m: 32.58 32.58	150m: 1:47.29 38.08	250m: 3:04.47 38.57	350m: 4:22.24 38.87
100m: 1:09.21 36.63	200m: 2:25.90 38.61	300m: 3:43.37 38.90	400m: 5:00.53 38.29
6. SOKÓŁ Przemysław	08	<b>5:25.72</b>	
50m: 34.15 34.15	150m: 1:52.62 40.08	250m: 3:16.77 42.56	350m: 4:43.59 43.46
100m: 1:12.54 38.39	200m: 2:34.21 41.59	300m: 4:00.13 43.36	400m: 5:25.72 42.13
7. SOKALSKI Franciszek	09	<b>5:26.73</b>	
50m: 33.32 33.32	150m: 1:52.30 41.21	250m: 3:17.87 43.12	350m: 4:45.18 43.76
100m: 1:11.09 37.77	200m: 2:34.75 42.45	300m: 4:01.42 43.55	400m: 5:26.73 41.55
8. RYMARZ Karol	07	<b>5:55.97</b>	
50m: 1:22.38 1:22.38	150m: 3:06.89	250m: 4:02.00 55.11	350m: 5:55.97
100m: 2:11.61 49.23	200m: 3:06.89	300m: 4:57.97 55.97	400m: 5:55.97
9. WADOWSKI-DUDEK Michał	09	<b>6:43.03</b>	
50m: 38.41 38.41	150m: 2:12.83 49.23	250m: 3:58.41 54.05	350m: 5:50.14 56.25
100m: 1:23.60 45.19	200m: 3:04.36 51.53	300m: 4:53.89 55.48	400m: 6:43.03 52.89